

Day One

Keynote • 9:00 – 9:30 am

“Growth Mindsets – Achieving More Lasting High Fives in Your Classroom” – Ryan Doetch

Join Ryan Doetch, a Presidential Awardee Teacher, for an inspiring, upbeat, motivating opening presentation on how to teach in-person or online with more high fives. Mindsets are critically important because they lead to different learning behaviors, which in turn create different learning outcomes. When students change their mindsets and start to believe that they can learn to high levels, they change their learning pathways and achieve at higher levels.



Team Discount

ONE DAY

One Person: \$289

BOTH DAYS

One person: \$479

Team of 3+: \$459 per person
when enrolled at the same time

MORNING SESSIONS • 9:40 am – 12:10 pm

Choose **ONE** Full Morning Session OR **TWO** 70-Minute Sessions
One mid-morning break

Full Morning Session • 9:40 am – 12:10 pm

A-1: Increase Student Success with an Invitation of Gratitude – Kristin Burke

Mindset can be evaluated in a variety of ways. In this session, discuss some common misconceptions about what a Growth Mindset is and what it can do for achievement. Introduce an ATTITUDE OF GRATITUDE into your art of teaching and shift your students in their tracks towards endurance for engagement and achievement. Discover the formula for success whether you are teaching in person or online. Could it really be so simple? YES, thankfully!

“It is always great to leave with ideas that can be implemented right away.”

– Cindy Petersen, Teacher

First 70–Minute Morning Sessions 9:40 – 10:50 am

CHOOSE ONE: A-2 or A-3

A-2: Harness the Power of Growth Mindset in Guided Reading as a Tool for Improving Reading Instruction In-Person or Online – Ryan Doetch

Examine guided reading as a tool for better meeting the needs of each student, and mindset connection to guided reading. Teaching specific reading strategies explicitly is a proven way to promote literacy skills. In this session you will learn key strategies for making your students more effective readers. Research shows that fluency and comprehension are directly related. Learn effective strategies and practical techniques for using guided reading as a tool to improve literacy instruction.

A-3: I Wish My Teacher Knew ... How Asking One Question Can Improve the Mindset of Your Students – Kathy Morris

Our students face significant challenges that can sometimes leave them feeling defeated and discouraged. This downward spiral thinking can get in the way of the learning process and inhibit the development of a growth mindset. Learn how to help your students shape a more positive outlook and overcome those challenges by asking the right questions.

Second 70–Minute Morning Sessions 11:00 am – 12:10 pm

CHOOSE ONE: A-4 or A-5

A-4: Make One Simple Change to Any Math Problem to Strengthen Depth, Increase Rigor and Strengthen Problem Solving – Ryan Doetch

Transform classroom and online learning using one simple change that can be made to any math problem that will jumpstart your students' thinking skills and growth mindset in ways that will increase their involvement, improve their learning and give them ownership of the learning process ... Build a deeper, richer understanding of mathematics for all of your students. A highly effective strategy for both in person and distant learning.

A-5: In Other Words ... Strategies, Tips, and Go-To Phrases to Develop Student's Growth Mindset in Your Classroom or Online Learning Environment – Kathy Morris

Learn key strategies, helpful tips and go-to phrases that will empower your students to higher levels of learning and help them better transition their thoughts, words and actions into the growth mindset zone. This practical session will inspire new ways to help students develop a growth mindset.

Lunch break • 12:10 – 1:10 pm (A great time to network with colleagues!)

... “Excellent” “Informative” “Positive” “Inspiring” ...

ABOUT BER LIVE ONLINE CONFERENCES

With the current health challenges, all BER in-person PD events are currently being presented in a Live Online format:

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Day One

AFTERNOON SESSIONS • 1:10 – 3:40 pm

Choose **ONE** Full Afternoon Session OR **TWO** 70-Minute Sessions
One mid-afternoon break

Full Afternoon Session • 1:10 – 3:40 pm

B-1: Effective Interventions to Help Accelerate Student Learning and Transform Students' Math and Reading Experience – *Ryan Doetch*

Did you know you can change a student's brain in just three weeks? Discover how the brains works best and learn about brain-based strategies that will have students who struggle in math and reading go on to higher levels of achievement, engagement and persistence. Learn about practical strategies to use with Response to Intervention students in math and reading that are comprehensive, grounded in research and can be powerfully applied both in-person and online.

First 70-Minute Afternoon Sessions 1:10 – 2:20 pm

CHOOSE ONE: B-2 or B-3

B-2: Empowering Students: The Impact of Empathy in Any Classroom Format

– *Kristin Burke*

Empathy empowers children to own their feelings and find greater success academically and socially. Underlying negative feelings can intrude into the classroom and disrupt learning. Learn how to create a safer environment to help students explore and express their feelings so they can successfully put their problems aside and move on with a productive school day for everyone, both in person and online.

B-3: Practical Strategies for Instilling Self-Regulation in Your K-5 Students

– *Kathy Morris*

Learn ten key strategies that will help your K-5 students avoid resorting to anger and react to everyday disappointments more appropriately. Increase the effectiveness of your prevention, intervention and instructional consequences to help your elementary level students learn how to self-regulate and become more successful in their classroom and online learning interactions.

Second 70-Minute Afternoon Sessions 2:30 – 3:40 pm

CHOOSE ONE: B-4 or B-5

B-4: The Power of Mindful Movement: Increase Circulation from Your Seat to Impact Engagement – *Kristin Burke*

Stimulate academic readiness on any given day without disrupting the structure and order of your classroom. Strategic movement can have a massive impact on engagement without asking students to leave their seats, equally important in the classroom or your distance learning environment. Once mindful movement strategies are a known part of your common dialogue students can call on them for a boost on their own without disrupting others – Win! Win!

B-5: Self-Regulation, Growth Mindset, and Adolescents ... What to Do

– *Kathy Morris*

What do you do when your adolescent students quickly resort to anger and easily lose control of their emotions and behavior? What does this say about your student's mindset? Learn how to provide more effective prevention, intervention and instructional consequences geared for your adolescent students whether they are learning in-person or online.

Can't Attend? Online Professional Development Options:



Related Online Courses

A related On Demand Video-Based Online Learning course, *Motivation, Mindset and Grit: Practical, Proven Strategies to Increase Learning*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

Day Two

MORNING SESSIONS • 9:00 – 11:40 am

Choose **ONE** Full Morning Session OR **TWO** 75-Minute Sessions
One mid-morning break

Full Morning Session • 9:00 – 11:40 am

C-1: Why Can't They Get This Done? Executive Function Breakdowns and Recovery – *Kathy Morris*

There's nothing more frustrating than watching a student struggle to finish their work, follow basic instructions, keep track of their belongings and assignments, and be organized at school and when learning online. In this session, learn practical strategies to teach your students how to improve their organization and take control of managing their own learning whether it is in-person or online.

First 75-Minute Morning Sessions 9:00 – 10:15 am

CHOOSE ONE: C-2 or C-3

C-2: Level the Playing Field: Create an Atmosphere of Empowerment While Teaching to Diverse Needs in Diverse Classroom Environments – *Kristin Burke*

Conversations around the expected and unexpected spread of diverse needs and challenges apparent in current teaching and learning climates that will leave you with a game-changing mindset. Learn how to impact your own teaching lens to level the playing field for best outcomes and growth in any kind of classroom setting, regardless of where your students have been leading up to today.

C-3: Foster Students' Well-Being Through Mindfulness Activities Based in Neuroscience and Growth Mindset – *Ryan Doetch*

Learn about mindfulness and Social Emotional Learning (SEL) strategies that foster a growth mindset. Walk away with tools which foster and support social connections among all students, and to promote the social, emotional, and cognitive skills students need to successfully negotiate peer interactions, develop positive peer relationships, and thrive in school whether in-person or online.

Second 75-Minute Morning Sessions 10:25 – 11:40 am

CHOOSE ONE: C-4 or C-5

C-4: The Science of Breath: Bring Self-Regulation Strategies into Your Classroom – *Kristin Burke*

Self-Awareness and Self-Regulations Strategies as taught through The Science of Breath will provide you with tools you can deliver to your students immediately, that they will carry with them for a lifetime. The mindful practices provided in this session will weave seamlessly and efficiently into any teaching style and make a massive impact!

C-5: Strengthen Questioning, Thinking, Problem Solving, & Discussions in Reading, Mathematics, Science, and Social Studies – *Ryan Doetch*

Discover practical strategies to jumpstart your students' thinking skills in ways that will increase their involvement, improve their learning and give them ownership of the learning process. Learn about a practical but highly effective process that will build a deeper, richer understanding of reading, math, science, and social studies. Help your students discover the power of asking questions in ways that will boost their achievement.

Lunch break • 11:40 am – 12:40 pm



Comprehensive Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this conference. Included in the handbook are resource materials for ALL conference sessions, even those you don't attend. These materials include:

- Timesaving, teacher-friendly ideas for helping students develop a positive Growth Mindset
- Key ideas and specific tips for implementing Growth Mindset in the classroom
- A variety of templates, tools, resources, and approaches – perfect for building Growth Mindset in your students



"The handbook is such a great resource for those who can't make it to all the sessions they'd like to attend."

– Katie Meyers, Teacher



Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/online



On-Site Training

Conferences like this one along with many other topics can be brought to your school or district. Please view all of our On-Site PD options at www.ber.org/onsite or call 877-857-8964 to speak with an On-Site Training PD Consultant.

Who is BER?

The Bureau of Education & Research is North America's leading presenter of training for professional educators. Our goal is to provide high-quality PD programs, based on sound research, with an emphasis on practical strategies and techniques that can be immediately implemented.

Day Two

AFTERNOON SESSIONS • 12:40 – 3:20 pm

Choose **TWO** 75-Minute Afternoon Sessions
One mid-afternoon break

First 75-Minute Afternoon Sessions 12:40 -1:55 pm

CHOOSE ONE: D-1, D-2 or D-3

D-1: Reboot: Use the Latest Research in Brain Science to Inform Strategies Supporting Optimum Performance and Engagement – *Kristin Burke*

What does what we know about Mindfulness, the latest in brain research on optimum performance, and rebooting your device when it's glitching have in common? Significantly more than we may assume! Learn Mindful REBOOT strategies that you can integrate into your daily classroom and online teaching routines and structure for optimum learning performance!

D-2: Unlock Children's Math Potential Through Differentiation – *Ryan Doetch*

Unlock your students' full potential during math with instruction that accounts for the diverse needs of your students in grades 1-5, from those who excel to those who struggle with math skills. Learn math tasks that are highly effective in creating a growth mindset in math, both in-person and distant learning.

D-3: Instructional Consequences vs. Punitive Consequences ... Give Me Practical Strategies for that Student! – *Kathy Morris*

How often have you heard a colleague say, "He gets no consequences for his behavior" when referring to a student who is on the autism spectrum or has ADHD? Learn some practical strategies for instructional consequences that work with your students' mindset to reduce undesirable behaviors and teach replacement behaviors.

Second 75-Minute Afternoon Sessions 2:05 – 3:20 pm

CHOOSE ONE: D-4, D-5 or D-6

D-4: Using Mindfulness to Help Students Reduce Stress and Anxiety, and Increase Focus – *Kristin Burke*

Discover the power of acceptance and letting go of resistance to help your students avoid getting stuck in a situation or mindset. Explore ways you can incorporate mindfulness practices into your already busy school day in ways that will actually make a difference for you and your students both in-person and online.

D-5: Using Videos and Messages that Motivate Students and Teachers – *Ryan Doetch*

Research has shown that our implicit beliefs about the nature of intelligence can have a great impact on our mindset and achievement. Transform your student's mindset using growth mindset videos and messages which focus on learning, increased effort, and a willingness to learn from mistakes.

D-6: The Wild Card ... Developing a Mindset for Creativity With a Deck of Cards – *Kathy Morris*

The deck is not stacked against you, no matter what kind of hand you have been dealt, don't listen to the joker, and how to use the wild card! Fun and thought provoking, this session will teach you how to draw the authentic self out of each of your students using a powerful analogy and a deck of cards.

Online Learning

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