

Day One

Keynote • 8:30 - 9:05 am

“MINDSETS – Transforming Education: From the Rotary Phone to the Smart Phone” – Catherine Wilson

Just as technology has completely transformed our lives, mindsets are huge game changers and are transforming education. Just think about it ... you can change lives by helping students change the way they think. Let's examine what current research tells us about failure, motivation, vulnerability and mindsets. Discover powerful and practical Growth Mindset strategies you can use to influence and transform your own 3rd to 12th grade classrooms into fearless learning environments.

MORNING SESSIONS • 9:15 - 11:50 am

Choose **ONE** Full Morning Session OR **TWO** 70-Minute Sessions • *One mid-morning break*

Full Morning Session • 9:15 – 11:50 am

A-1: How to Cultivate a Growth Mindset in Your Classroom – Sandy Stewart

As educators, we know that success in the classroom isn't determined by inborn skills and intelligence. Your DNA is not your destiny! Come and learn what Growth Mindset is and what it is not. Learn how to create an atmosphere in which your students are aware of their own mindset, their own self-talk and their own beliefs about their intelligence.

70-Minute Sessions • 9:15 – 10:25 am

CHOOSE ONE: A-2 or A-3

A-2: Make Challenge the New Comfort Zone – Kay Law

Getting lots of easy problems right or literal answers correct should not be a cause for celebration. "Easy" means students are not learning as much as they could. Learn powerful Growth Mindset approaches you can share with your grades 3-12 students that will put them on the path toward greater success. Strengthen students' Growth Mindset toolkit as you teach them about the "art of mistake making," learning moments and successfully dealing with failure.

A-3: Shame in Schools: The Kryptonite of Growth Mindset – Catherine Wilson

This could be a missing puzzle piece for students who aren't building Growth Mindsets. Explore key differences between shame, guilt, and embarrassment, and their effect on Growth Mindset. Learn how to recognize shame and examine factors that can contribute to shame in our classrooms. Best of all, learn about the antidote for shame and leave with valuable strategies for supporting your grades 3-12 students.

70-Minute Sessions • 10:40 – 11:50 am

CHOOSE ONE: A-4 or A-5

A-4: Using Photo-Stories, Technology, and Current Events to Teach Growth Mindset – Kay Law

Use technology to help all students, and especially your grades 3-12 ELL, learning different, and twice exceptional learners realize a Growth Mindset. As educators, we know how important a Growth Mindset is for helping students experience success in school. Learn effective ways, particularly for our struggling students, to help support and scaffold their learning and to develop a positive Growth Mindset.

A-5: Getting Gritty: Building Perseverance in Your Students – Catherine Wilson

When the going gets tough, it's time to get gritty. Studies show that grit, perseverance and passion aren't things we are born with – they have to be taught and learned! In this session, you'll learn how. Explore specific ways to create a learning environment that fosters grit development for all grades 3-12 students, regardless of their ability. Leave with concrete lessons and strategies to increase your students' grittiness tomorrow!

Lunch break on your own • 11:50 am – 1:05 pm (A great time to network with colleagues!)



“One of the best conferences I've been to in 19 years! Thanks!”

– Debra Tidwell,
General Education Teacher



“FANTASTIC! Very relevant information for today's classroom. Ideas can be implemented immediately. This is practice-changing information.”

– Jill LaCount, Teacher



Team Discount

ONE DAY

One Person: \$269

BOTH DAYS

One person: \$449

Team of 3+: \$429 per person
when registered at the same time.

“SO many ideas I can take back and use in my classroom tomorrow.”



Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/onlinelearning



Who is BER?

The Bureau of Education & Research is North America's leading presenter of training for professional educators. Our goal is to provide high-quality PD programs, based on sound research, with an emphasis on practical strategies and techniques that can be immediately implemented.

Day One

AFTERNOON SESSIONS • 1:05 - 3:35 pm

Choose **ONE** Full Afternoon Session OR **TWO** 70-Minute Sessions
One mid-afternoon break

Full Afternoon Session • 1:05 – 3:35 pm

B-1: Harness the Full Power of Mistakes and Struggle – Catherine Wilson

Growth Mindset research suggests we create classrooms that truly value vulnerability and celebrate mistakes. One of the most powerful moves we can make as grades 3-12 educators is in shifting the messages we give students about their mistakes and struggles. In this session, we will explore our own attitudes toward making mistakes, learn how to normalize mistakes, and gain practical Growth Mindset ideas that can yield big results in your students' lives.

First 70-Minute Afternoon Sessions 1:05 – 2:15 pm

CHOOSE ONE: B-2 or B-3

B-2: Increasing Achievement with Growth Mindset – Kay Law

Teachers and students with a Growth Mindset have important and deep beliefs around intelligence. Learn the key components of Growth Mindset, which you can powerfully share with students, teachers, staff, and parents. Explore your own mindset as an adult and learn multiple use-tomorrow strategies and activities that can increase Growth Mindset and achievement in your grades 3-12 students.

B-3: The Many Benefits of Mindfulness in the Classroom – Sandy Stewart

Our students are stressed and anxious. Our lives are busy, and we often find our thoughts buzzing over the past or worrying about the future. Press the "pause button." We know students learn best when they are comfortable, safe and relaxed. Mindfulness is about putting down our juggling balls for a bit. Discover how to introduce mindfulness and its many benefits into your grades 3-12 classroom.

Second 70-Minute Afternoon Sessions 2:25 – 3:35 pm

CHOOSE ONE: B-4 or B-5

B-4: Growth Mindset: Thinking Strategies: Miner, Mirroring, Mentor – Kay Law

Learn effective strategies to maximize the benefits of conferencing with your grades 3-12 students. Learn effective ways to dig deeper into their thinking (miner), to model effective thinking strategies (mirroring) and then push and nudge your students to take greater risks as learners (mentor).

B-5: Strengthen Mindset, Motivation and Student Learning – Sandy Stewart

A key element of mindset and motivation is the set up and feel of a classroom. Second only to the quality of the teacher, classroom environment is the most influential factor to student success. Learn practical strategies and approaches based on the latest neuroscience research to create classroom environments that strengthen students' motivation, learning and Growth Mindsets.

Can't Attend? Online Professional Development Option:

Related Online Course

A related On Demand Video-Based Online Learning course, *Motivation, Mindset and Grit: Practical, Proven Strategies to Increase Learning*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/onlinelearning

Day Two

MORNING SESSIONS • 8:30 – 11:15 am

Choose **ONE** Full Morning Session OR **TWO** 75-Minute Sessions
One mid-morning break

Full Morning Session • 8:30 – 11:15 am

C-1: Infuse Growth Mindset in your Differentiated Classroom – *Kay Law*

Growth Mindset is one of the keys to a differentiated classroom. Discover a wealth of practical Growth Mindset strategies to better manage and motivate your differentiated grades 3-12 classroom. Learn tiering activities, where students opt to tackle more challenging activities, student choice and formative assessment models that encourage student buy in, modes of learning as pathways toward Growth Mindset, and more!

First 75-Minute Morning Sessions 8:30 – 9:45 am

CHOOSE ONE: C-2 or C-3

C-2: Managing States in the Growth Mindset Classroom – *Sandy Stewart*

Managing states has to do with the emotional environment in a classroom. When this element is not in an optimal place, Growth Mindset and student motivation suffer greatly. This is why as educators we are so concerned with creating or changing particular states in a Growth Mindset classroom. Learn practical ways to effectively manage and influence the many changing states with your grades 3-12 students.

C-3: DNA is Not Your Destiny ... Growth Mindset Begins in the Brain – *Catherine Wilson*

To fully realize a Growth Mindset, studies show students need concrete evidence of the brain and its amazing capability to learn, grow and adapt. Dive into the neuroscience behind Growth Mindset and gain easy-to-implement lessons and activities you can use to teach your grades 3-12 students about their brains and the relationship between effort and learning. Gain strategies to increase students' confidence in their potential, desire to learn and willingness to work hard.

Second 75-Minute Morning Sessions 10:00 – 11:15 am

CHOOSE ONE: C-4 or C-5

C-4: The Revolutionary Approach of Mind Mapping in the Growth Mindset Classroom – *Sandy Stewart*

Mind mapping is a highly emotional, revolutionary approach to both teaching and learning. Its endless benefits include encouraging creativity, easing organization of ideas and concepts, creating lasting memories, and teaching students how to learn rather than simply how to memorize content. Discover practical and proven ways to help your grades 3-12 students realize the full power of mind mapping in your Growth Mindset classroom!

C-5: From Dreaming to Doing: Goal Setting Strategies for the Growth Mindset Classroom – *Catherine Wilson*

Setting and achieving goals is a life skill necessary for success and happiness, but it's also a skill that we as adults can REALLY struggle with. Learn how you can effectively teach your grades 3-12 students to set goals and actually follow through. Explore important implications from the latest research on motivation and goal setting as you gain valuable resources and new strategies that will inspire your students to move from dreaming to doing.

11:15 am – 12:30 pm • Lunch Break (on your own)

Comprehensive Resource Handbook

“The handbook provided contains all the information needed and more!”

– Leticia Miranda Blanco, Teacher

You will receive an extensive resource handbook, specifically designed for this conference. Included in the handbook are resource materials for ALL conference sessions, even those you don't attend. These materials include:

- Timesaving, teacher-friendly ideas for helping students develop a positive Growth Mindset
- Key ideas and specific tips for implementing Growth Mindset in the classroom
- A variety of templates, tools, resources and approaches – perfect for building Growth Mindset in grades 3-12 students

“The teaching strategies were impactful and relevant. I am ready to go!”

– Christy LeManske,
Reading Teacher



“Meaningful content and fantastic takeaway tools.”

Conference Locations & Hotel Accommodations



Anaheim offers a diverse array of entertainment and sightseeing opportunities, including Anaheim's GardenWalk, Angel Stadium, and Disneyland Resort.

Conference Location and Overnight Accommodations:

Red Lion Hotel
(714) 750-2801

Mention you are attending this BER conference prior to October 29, 2018 to receive the special rate of \$129 (Single/Double), rates subject to availability.



Phoenix The Valley of the Sun, a city rich with art and culture, resorts, and more, all surrounded by beautiful desert scenery.

Conference Location and Overnight Accommodations:

Four Points by Sheraton North
(602) 943-2341

Mention you are attending this BER conference prior to November 7, 2018 to receive the special rate of \$119 (Single/Double), rates subject to availability.

Day Two

AFTERNOON SESSIONS • 12:30 - 3:10 pm

Choose **TWO** 75-Minute Afternoon Sessions • *One mid-afternoon break*

First 75-Minute Afternoon Sessions 12:30 - 1:45 pm

CHOOSE ONE: D-1, D-2 or D-3

D-1: Making Growth Mindset an Every Day Practice in Your Grades 3-12 Classroom – *Kay Law*

Learn what successful teachers say and do in daily practice to help underperforming, low-confidence students to believe in themselves. Discover subtle but powerful language shifts we can use to help students develop a Growth Mindset. Explore perseverance strategies, confidence builders, and ways to directly teach students the attributes of effective effort and how to demonstrate it.

D-2: Increasing Motivation, Interest and Relevancy – *Sandy Stewart*

Motivation begins with interest. How can we best make our curricular approaches interesting and intriguing? How can we best create engaging, not merely compliant Growth Mindset classrooms? Here's how! Discover a host of Growth Mindset instructional strategies with the power to increase motivation, interest and relevancy in your grades 3-12 classrooms.

D-3: More than Praise: The Importance of Feedback in a Growth Mindset Classroom – *Catherine Wilson*

Our messages are hugely powerful. Students often develop ideas about their own potential from the subtle and not so subtle messages they receive in school. Learn how to ensure our words influence our grades 3-12 students for the better! Discover specific types of praise that promote Growth Mindset. See the most effective type of feedback in action and have opportunities to practice responding to real-world scenarios.

Second 75-Minute Afternoon Sessions 1:55 - 3:10 pm

CHOOSE ONE: D-4, D-5 or D-6

D-4: Failing Forward, Praise and The Power of Yet – *Kay Law*

Gain highly practical strategies you can use to change the mindset of your grades 3-12 students. Discover proven Growth Mindset strategies to encourage your students to challenge themselves and to tackle more complex tasks. Learn ways to help your students engage and persist longer, and to enjoy challenging tasks more.

D-5: Fostering Mindset and Motivation: It's All About Relationships! – *Sandy Stewart*

Let's be honest—we work harder for those to whom we feel connected and those that we like. It's human nature! Relationships are the hallmark of positive, welcoming and focused classrooms. Learn key ways we can enhance connection with students and between students. Discover important strategies to foster mindset and motivation through connection

D-6: Making Thinking Visible: Growing Lifelong Learners – *Catherine Wilson*

Imagine a classroom where students extend their work and investigate, see content as unexplored puzzles and freely ask and pose questions. It's possible! Explore multiple thinking routines in action – perfect for your grades 3-12 students. Discover specific use-tomorrow tools and resources to help your students become responsible, independent thinkers and learners in your Growth Mindset classroom.

On-Site Training

This conference, BER seminars on Growth Mindset and seminars and conferences on other topics can be brought to your school or district. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.