

# PRACTICAL THERAPY TECHNIQUES FOR CHALLENGING ARTICULATION CASES: Frontal Lisp, Lateral Lisp and Distorted "R"



Unique, One-Day, Live Online Seminar Presented by  
**CHAR BOSHART, MA, CCC-SLP**  
Outstanding Speech-Language Pathologist, Author and Presenter

## Specifically Designed for Speech-Language Pathologists Serving Students in Grades K-12

- **Dozens of practical, effective evidence-based therapy techniques** for the distorted "R" and the frontal and lateral lisps ... **Proven ideas for in-person and online therapy**
- **Timesaving strategies** to stimulate a correct "R, S, Sh, and Ch even when the oral structure is not perfect
- **Carryover activities** to progressively and quickly move into conversational speech
- **Proven ways** to incorporate teachers and parents into the therapy process – how to broaden the therapy spectrum for greater success
- **Receive a detailed articulation therapy digital resource handbook** to support your immediate use of the therapy techniques you'll receive in this seminar

## LIVE ONLINE SEMINARS

### December 9

**9 AM Pacific**, 12 PM Eastern,  
11 AM Central, 10 AM Mountain

### December 10

**9 AM Central**, 10 AM Eastern,  
8 AM Mountain, 7 AM Pacific

### December 11

**9 AM Eastern**, 8 AM Central,  
7 AM Mountain, 6 AM Pacific

### CAN'T ATTEND?

Order the recorded version and take  
the course online at your convenience  
(see page 6)

### ASHA CEUs Available

CEUs and Graduate Credit Available  
See page 6 for details

*“Excellent! This is the  
kind of knowledge that I can  
use in therapy tomorrow!”*

– SUE LEITZEL, SPEECH THERAPIST

## Practical Ideas and Strategies

As speech-language pathologists, we have our work cut out for us, especially when we encounter a student who mispronounces “R” and “S” as well as other sibilants. These sounds have been called “simple artic errors.” In reality, however, when working in therapy with a lateral lisp, there’s nothing “simple” about it. In this seminar, outstanding speech-language pathologist and presenter, **Char Boshart**, shares a variety of highly effective, researched-based sequential strategies to increase the success of your therapy with many of your challenging cases. Have a frontal lisp that you just can’t generalize? You’ll learn the secret to establishing carryover, to use not only for “S” cases, but with just about your entire caseload. This *one* technique can revolutionize the way you look at your cases and the way you perform therapy. In addition, you’ll receive a wealth of information and techniques to enhance your “R” therapy, decrease your caseload and make your students more successful. Char will also present a variety of teacher/parent collaboration and child motivation strategies designed to decrease your students’ time in therapy. ***You’ll leave with an arsenal of new ideas to strengthen articulation whether your therapy is in-person or online.***



## Ten Key Benefits of Attending

- 1. Maximize Your Students’ Time in Treatment for Persistent Articulation Errors In-Person and Online**  
Utilize proven methods to facilitate a correct “R,” “S,” “Z,” “Sh,” “Ch,” and “J” whether your therapy is in-person or online
- 2. Improve Your Skill in Analyzing Tongue Movement Problems**  
Learn how to analyze incorrect tongue movements and the techniques to remediate them
- 3. Utilize Traditional as Well as Oral Capability Building Methods to Facilitate Sound Production**  
Combine traditional methods with new and effective ways to develop oral capability to consistently produce the new speech sounds ... Get to the source of speech movement problems
- 4. Manage Stubborn Articulation Cases More Effectively**  
Learn proven methods to remediate your most challenging cases involving “R,” frontal lisp or lateral lisp ... Reduce therapy time, decrease out-of-class time and feel more in control of your therapy
- 5. Move from “Sound-in-Isolation” to Conversational Speech**  
Ensure success by incorporating proven carryover techniques into the fabric of your therapy process ... Help your students achieve competent communication skills
- 6. Apply Direct Therapy Solutions to Your Articulation Problems**  
Acquire an arsenal of therapy options to use with your vast variety of cases with speech difficulties
- 7. Become Proficient at Techniques Essential to Remediating Frontal Lisps**  
Incorporate valuable strategies to consistently “keep the tongue” back for a frontal “S,” “Z,” “Sh,” “Ch,” and “J”
- 8. Plan and Implement a Process for Teaching “R” – From Start to Finish**  
Learn how to apply “progressive therapy” ... Successfully advance your students through each step to their completion
- 9. Learn Indispensable Ideas to Collaborate with Teachers and Parents**  
Collaboration – involving others in the training process – can make the difference ... Learn how to successfully incorporate willing helpers into your program
- 10. Receive a Detailed Articulation Therapy Digital Resource Handbook**  
Char Boshart’s entire developmental articulation program is outlined for you in the detailed digital resource handbook that you’ll receive at this intensive day of training

# Outstanding Therapy Strategies You Can Use In-Person and Online

- **How to stimulate both “R” production styles** – the Back-Up and the Retroflex – as well as how to know which type to teach
- **How to determine what students are doing and not doing when they produce a distorted “R”** and how to personalize techniques to shape their production into a correct, differentiated “R”
- **How to build oral capability** to generate good tongue-jaw differentiation and stabilization placement for “R” as well as “K,” “G,” “S,” “Z,” “Sh,” “Ch,” and “J”
- **How to solidify and generalize the new, correct “R”** ... Learn nine killer techniques that really work
- **How to analyze a child’s “S” production** and determine appropriate procedures for hard palate, dental, tonsillar, thumb, or breathing issues
- **Proven ways to generate a “compensatory” tongue placement for “S”** when large tonsils fill the pharynx
- **How to effectively treat cases that omit “S,”** produce stops for “S,” produce “Sh” for “S,” and/or do “S” cluster reductions
- **How to systematically analyze oral resting postures** ... Discover how good tongue resting posture can make or break “S” carryover
- **How to apply the 3-step process of changing oral resting postures—** and why you’ll be glad you did
- **How to re-stabilize the tongue and re-direct the airflow for lateral sibilants** using straightforward, simple techniques
- **How to treat a nasal “S”** (a nasal snort) and just why the air flows through the nose in these cases
- **Effective methods to encourage teacher/parent support and participation** in articulation therapy
- **How to design a program that will motivate your students to complete their speech homework** ... Help them take responsibility for changing their sounds!

“*Char’s seminar has completely changed the way I view articulation therapy. She is a wealth of knowledge and provides so many real-world practical applications for treatment.*”

– LORI SPURR, SPEECH-LANGUAGE PATHOLOGIST/  
DIRECTOR OF SPECIAL SERVICES



**To Register,  
Call Toll-Free**

**1-800-735-3503**

# A Message From Your Seminar Leader, Char Boshart



**Bureau of Education & Research**

915 118th Avenue SE • PO Box 96068 • Bellevue, WA 98009-9668  
Phone (800) 735-3503 • Fax (425) 453-1134 • [www.ber.org](http://www.ber.org)

Dear Colleague:

In more than thirty years of experience as a speech-language pathologist working in both public schools and as a private clinician, I have had many opportunities to face the challenge of persistent articulation errors in my therapy sessions. My work with hundreds of cases over the years has provided a great deal of “evidence-based practice” that has helped me continually reflect and refine my approach to articulation therapy. As a university instructor and international presenter, I have had many requests from other speech pathologists to provide a clear synthesis of the most effective therapy approaches for challenging articulation cases. Consequently, I have developed this seminar to provide the most current, highly effective articulation therapy strategies I know really work.

During our day together, as we explore practical, proven ways to confront the challenges of articulation therapy, I will focus on the following topics:

- The most effective therapy strategies for the distorted “R” and front and lateral lisps
- Timesaving strategies to stimulate a correct “R” and “S,” even when the oral structure is not perfect
- Highly effective carryover activities to progressively and quickly move into conversational speech
- Proven methods to motivate your students to do speech homework and make even faster progress
- Ways to incorporate and utilize teachers and parents in the therapy process
- How to more proficiently evaluate and treat “R” and “S” cases

My goal will be that you leave our day together rejuvenated with a wealth of the best, current ways to more effectively provide therapy for your challenging articulation cases. **Whether your therapy is in-person, online or in a hybrid therapy format, you’ll leave with numerous therapy techniques you can use right away.**

I look forward to meeting you at the seminar.

Sincerely,

Char Boshart, MA, CCC-SLP

P.S. Again, the focus of our day together will be on **practical, highly effective articulation methods** you will be able to use immediately.

“My goal will be that you leave our day together rejuvenated with a wealth of the best current ways to more effectively provide therapy for your challenging articulation cases.”

## What Your Colleagues Say About Char Boshart

*"This is **the most practical seminar I have attended**. The information can be used immediately because of the high frequency of articulation disorders."*

– Cheri Holdredge, Speech-Language Pathologist

*"I learned many strategies, tools and ideas for motivating students. Char is **extremely knowledgeable and answered all our questions**. I'd definitely attend one of her seminars again."*

– Stephanie Sweigart, MS, CCC-SLP

*"**Wonderful activities, ideas and suggestions** to apply to my practice today!"*

– Amy Lees, Speech-Language Pathologist

*"**Excellent information and hands-on activities/techniques to use!** I now feel confident that I can elicit a good "R" and remediate lateralized sibilants."*

– Grace Irwin, Speech-Language Pathologist

*"Char is **very informative and interesting to listen to**. Techniques are explained in such an easy-to-understand manner. I can't wait to get back to school to try them out!"*

– Karen Hosier, Speech-Language Pathologist

*"Ms. Boshart has **inspired me to be creative and more effective in areas I once feared**."*

– Chikina Williams, Speech-Language Pathologist

*"Finally, a seminar that tells you what's wrong, why it's wrong and **how to fix it**. Excellent!"*

– Mary Lou Simpson, Speech-Language Pathologist

## About BER Live Online Seminars

**With the current health challenges, all BER in-person PD events are currently being presented in a Live Online format:**

### Outstanding Instructors

All programs are led by outstanding BER national trainers

### Extensive Resource Handbooks

You'll have access to an extensive digital Resource Handbook before, during and after your seminar

### Highly Interactive

You'll be able to ask questions in real time and interact with the instructor and other participants

### Program Guarantee

As we have for 43 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

## Outstanding SLP, Author and Seminar Leader

**Char Boshart** is an experienced school-based speech-language therapist and an exceptional presenter who has a passion for effective quality therapy. With more than 30 years of experience in the speech-language pathology field, she has worked with cases of all ages and disabilities. In addition, Char has been a private practitioner and university assistant professor. Char is a prolific author and has written *PRACTICAL THERAPY TECHNIQUES FOR CHALLENGING ARTICULATION CASES: Frontal Lip, Lateral Lip and Distorted "R,"* the extensive articulation therapy digital resource handbook each participant will receive at the seminar. Her books and courses reflect her great depth of knowledge and enthusiasm for treatment of articulation disorders. She has presented hundreds of well-received seminars throughout North America. Char's presentation style is infectious, as well as exhilarating, and she offers highly effective methods in a clear and organized manner.



## Special Benefits of Attending



### Who Should Attend

Speech-Language Pathologists working with students in grades K-12 who have persistent mild articulation errors.

### Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at [www.ber.org/online](http://www.ber.org/online)

### On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## You'll Receive an Extensive Articulation Therapy Digital Resource Handbook

Each participant will receive an extensive articulation therapy digital resource handbook, specifically designed for this seminar. Included in the handbook are:

- Step-by-step articulation treatment techniques for in-person and online therapy
- Explanations of how the toys and tools for articulation therapy are used

### ASHA CEUs Available



The **Bureau of Education & Research** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

This course is offered for 0.50 ASHA CEUs (Intermediate level, Professional area).

ASHA-Required Disclosure Statement for Char Boshart:

**Financial:** Consultant for the Bureau of Education & Research and receives honorarium compensation. ASHA CEU Administrator for the Bureau of Education & Research for which she receives compensation. Char is the owner of Speech Dynamics Incorporated from which she receives salary compensation.

**Nonfinancial:** No relevant nonfinancial relationships exist.

**Please bring your ASHA Account Number to the seminar if you will be completing paperwork for the ASHA CE Registry.**

### Meet Inservice Requirements / Earn State CEUs

Participants of both the Live Online Seminar and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. In addition, state CEUs are available for both versions of the course. For details, visit [www.ber.org/ceus](http://www.ber.org/ceus)

### Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

### Can't Attend?

#### Other Professional Development Options:

#### Recorded Version of the Seminar

This course will be video recorded and available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available. To enroll, see registration form on page 7.

#### Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *Timesaving Strategies to Integrate Your SLP Interventions into Classrooms: Moving from a Caseload to a Workload Approach*, for Grades P-12, and *SLPs: Enhance Therapy Effectiveness for Auditory Processing Disorder, Memory Deficits, Attention Deficit Disorder, and Language Processing*, are available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)

# PRACTICAL THERAPY TECHNIQUES FOR CHALLENGING ARTICULATION CASES: Frontal Lisp, Lateral Lisp and Distorted "R"

## Registration (XSV1F1)

- 1. **December 9, 2020** (Start time: 9 AM Pacific)
- 2. **December 10, 2020** (Start time: 9 AM Central)
- 3. **December 11, 2020** (Start time: 9 AM Eastern)  
— or —
- 4. **I'd like to order the recorded version of this seminar**

|  |             |           |
|--|-------------|-----------|
| FIRST NAME   | M.I.        | LAST NAME |
| _____  |             |           |
| POSITION, SUBJECT TAUGHT                               | GRADE LEVEL |           |
| _____  |             |           |
| SEMINAR LOCATION NUMBER: _____ (Please see list above) |             |           |

*List additional registrants on a copy of this form*

|                        |                   |
|------------------------|-------------------|
| SCHOOL NAME            |                   |
| _____                  |                   |
| SCHOOL MAILING ADDRESS |                   |
| _____                  |                   |
| CITY & STATE           | ZIP CODE          |
| _____                  | _____             |
| SCHOOL PHONE NUMBER    | HOME PHONE NUMBER |
| ( )                    | ( )               |

**Registration confirmations and login details are sent via e-mail**

|   |          |
|---|----------|
| E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT) |          |
| _____   |          |
| HOME MAILING ADDRESS                          |          |
| _____   |          |
| CITY & STATE                                  | ZIP CODE |
| _____   | _____    |

**IMPORTANT: PRIORITY ID CODE EXSV1F1**

## METHOD OF PAYMENT – Team Discount Available


The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash please.


- A check (payable to **Bureau of Education & Research**) is attached
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## FOUR EASY WAYS TO REGISTER:

 REGISTER ONLINE at: [www.ber.org](http://www.ber.org)

 FAX this form to: 1-425-453-1134

 PHONE toll-free: 1-800-735-3503 (Weekdays 5:30 am - 4 pm Pacific Time)

 MAIL this form to: **Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

## PRE-REGISTRATION REQUIRED DUE TO LIMITED ENROLLMENT

## Program Hours

- All Live Online seminars start times are described on the cover
- Check-in 15 minutes prior to the seminar
- Live Online seminars are five hours in length plus breaks
- Registrants will receive login information by email four days before their Live Online seminar

## Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

## Cancellations/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

## Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

## Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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- **Includes an extensive Resource Handbook**
- **Can't Attend? A Recorded Version is available to use online at your convenience**

XSV1F1

# PRACTICAL THERAPY TECHNIQUES FOR CHALLENGING ARTICULATION CASES: Frontal Lisp, Lateral Lisp and Distorted "R"



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(Also available as a Recorded Online Version to Use at Your Convenience)

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