

Enhancing Your SCHOOL NURSE Practice: Making Time for What Matters Most



A Unique One-Day Live Online Seminar Presented by

Sandi Delack,
M.Ed, BSN, RN, NCSN, FNASN

Outstanding School Nurse, National Presenter
and Past President of NASN

Specifically Designed for School Nurses, District Nurses, Supervisors,
and Coordinators Serving Grades PreK-12

Dozens of innovative ideas to streamline your workflow, maximize your efficiency and effectiveness, and make time for what matters most – whether you are working at school or online

The latest evidence-based strategies to assess and treat frequently visiting students and students with anxiety

How to avoid the most common legal issues facing school nurses

Recent updates on hot topics including working in a pandemic environment, ACES, medical marijuana and new funding streams

Live Online Seminars

December 2

9 AM Central, 10 AM Eastern,
8 AM Mountain, 7 AM Pacific

December 3

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

December 4

9 AM Pacific, 12 PM Eastern,
11 AM Central, 10 AM Mountain

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

CEUs and Graduate Credit Available
See page 6 for details

Ten Key Benefits of Attending

'I've been a school nurse for 23 years and I learned so much today. Sandi did a wonderful job!'



Who Should Attend

School Nurses, District Nurses, Supervisors, and Coordinators Serving Grades PreK-12

1. **Work Smarter, Not Harder in Your School Nurse Role – Whether You are Working at School or Online**

Learn timesaving tips and strategies to help you allocate your time to the most important priorities each day, helping you accomplish more in your busy work day

2. **Effectively Address Health Outcomes in a Virtual Environment**

Explore and share tips and strategies to meet student health needs in our new normal – whether you are working in-person, online or somewhere in between ... Redesign your workspace to make it work for you!

3. **Explore Lessons Learned from the COVID-19 Outbreak**

What do we know about the impact of the pandemic on students and families? ... Discuss how the pandemic has changed our thinking and how to seize this opportunity as school nurses to improve health outcomes

4. **Enhance Your Understanding of Legal Issues Impacting School Nurses**

Learn about the most frequent pitfalls for liability in school nursing and tips to reduce your exposure

5. **Stay Current on the Latest Hot Topics for School Nurses**

Receive the latest information on hot topics including working in a pandemic environment, the impact of ACES, medical marijuana, and new Medicaid funding possibilities

6. **Improve your Communication Skills as a School Nurse**

Discover your communication style and increase your efficiency and effectiveness in communicating with students, staff, administrators and parents

7. **Demystify IEPs, 504s, IHCPs, and EAPs**

Who needs which plan? ... Explore the purpose of each plan and learn about technology tools to help you more easily and effectively write and implement student health plans

8. **Learn Which Common Health Office Practices are No Longer Recommended**

Learn the latest evidence-based nursing procedures to replace those "sacred cows" ... Gain back valuable time for what matters most

9. **Utilize Innovative Strategies to Reduce Chronic Absenteeism**

Discover the latest research on chronic absenteeism and learn essential ways school nurses can work with administrators to improve student attendance

10. **Receive an Extensive Digital School Nursing Resource Handbook**

Each seminar participant will receive an extensive digital resource handbook filled with timesaving strategies, techniques, activities, and resources that you can use immediately – whether you're working at school or online

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Dozens of time-efficient, evidence-based strategies** to address common challenges school nurses face every day – whether you are working at school or online
- **Proven ideas** for ensuring your top priorities stay at the top of your to do list
- **Timesaving tips for improving communication**, handling difficult conversations and improving student health outcomes
- **The 21st Century Framework for School Nursing** ... Best practice, practical and efficient ways of incorporating the framework into your daily practice
- **Creative solutions** for addressing students who frequently visit the nurse's office
- **Valuable tips to streamline documentation** while assuring accuracy
- **The most up-to-date information** on the school nurse's role in chronic absenteeism
- **Templates to help you more quickly and effectively** create IHCPs and Emergency Action Plans
- **Medicaid billing** ... Ways to ensure you are not leaving money on the table that could support school nursing services
- **New, innovative ideas** for vital community partnerships and collaboration
- **Easy-to-use, helpful tools for writing IHCPs, EAPs, and 504 Plans**
- **The latest evidence-based updates** on treating student anxiety
- **Strategies for promoting greater student independence** ... Harness the power of motivational interviewing with your students



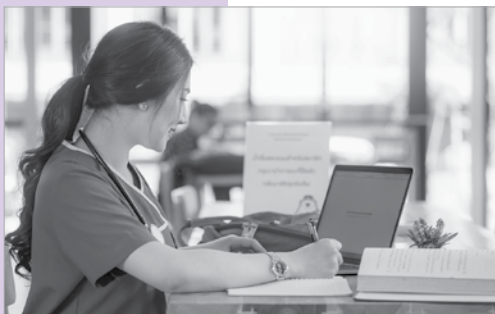
"Sandi was very engaging and informative! Her upbeat personality and extensive knowledge made this seminar a joy to attend!"

Practical Ideas and Strategies

If you have ever felt like there is not enough time in your school nursing day, this is a live online seminar that you won't want to miss! Award-winning certified school nurse leader and NASN Past President, **SANDI DELACK**, will share valuable tips and strategies she has developed and successfully used in her more than 30 years in the field. You will learn dozens of timesaving techniques and ideas to help you streamline your daily office workflow. Explore time-efficient, evidence-based ways to enhance your communication and build strong teams that improve student health outcomes. Learn innovative strategies to leverage your role as the school health expert and to maximize your impact. Gain innovative ideas to build resiliency and self-sufficiency in your students, and much more! The focus will be on highly practical ways to enhance your school nursing practice and to ensure that your most important priorities get accomplished on even your busiest and most unpredictable of days. **Armed with an extensive digital resource handbook and dozens of innovative ideas, you will leave this seminar energized to make a greater impact – whether you are working at school or online – by making time for what matters most.**



A Message From Seminar Leader, Sandi Delack



Uniquely Qualified Instructor

SANDI DELACK is an award-winning, nationally certified school nurse leader with over 30 years of experience as a school nurse and district health services coordinator. She understands firsthand the challenges and complexities facing school nurses today. Sandi has served as President of the National Association of School Nurses (NASN) as well as President of the National Board for Certification of School Nurses (NBCSN). She has dedicated her career to advocating for the profession of school nursing and empowering nurses to become exemplars in their communities. Sandi's presidential theme *Vision, Voice, and Visibility* speaks to the powerful role school nurses serve in creating an environment where all students can thrive. Sandi is a frequent presenter at state and national levels, and participants regularly praise her knowledge, passion and energy. She is also the author of, *Enhance Your SCHOOL NURSE Practice: Making Time for What Matters Most*, the extensive digital resource handbook each participant will receive at the seminar. **Join Sandi for a dynamic day filled with practical ways to help you make more time for what matters most in your school nursing practice.**

Dear Colleague:

As a fellow school nurse, I am passionate about the vitally important role we play in ensuring healthy, academically successful students.

But sometimes it can feel overwhelming trying to fit it all in – especially in the context of our busy and often unpredictable days. From Monday morning triage of weekend injuries to panic attacks to hypoglycemic episodes, school nurses today are expected to manage a wide range of conditions effectively and efficiently.

I can't give you more time in your day, but I can equip you with dozens of practical ways to make the best use of your time. As a school nurse with over 30 years of experience, I have designed this live online seminar specifically to help you enhance your practice while working smarter, not harder. I want to provide you with an enormous toolbox of evidence-based tips, tricks and strategies that I have found to be most helpful in my own practice. Whether you are working at school or online, and whether you are new to school nursing, a veteran or anywhere in between, this seminar is for you!

Everything that I share will be practical, useful and applicable to your daily work as a school nurse. I am excited to share my experience, knowledge and skills with you. I know you will find the many timesaving tips and evidence-based strategies that I share to be very useful in your own practice.

Let's work together to help you make time for what matters most and to make a greater difference in the lives of your students. I look forward to meeting you at the seminar!

Sincerely,

Sandi Delack

Sandi Delack, M.Ed, BSN, RN, NCSN, FNASN

P.S. At the end of the day, you will leave feeling reenergized, renewed and excited about the wealth of innovative, use-tomorrow ideas you will receive!

"I can't give you more time in your day, but I can equip you with dozens of practical ways to make the best use of your time."

What Your Colleagues Say About Sandi Delack

*"Fantastic! Great support for school nurses! **Empowering!**"*

*"Sandi shared up-to-date knowledge and experiences along with a wide range of helpful ideas. **I am inspired!**"*

*"Just the right balance of information, personal experience, networking, sharing, and excellent resources. **I loved the stories and the humor!**"*

*"**Excellent information.** Great learning environment and topics. I'm so glad that I came today!"*

*"**Best, most interesting, most practical training** I've attended in a very long time! Give yourself a treat by participating – you'll return to your office renewed."*



About BER Live Online Seminars

With the current health challenges, all BER in-person PD events are currently being presented in a Live Online format:

Outstanding Instructors

All programs are led by outstanding BER national trainers

Extensive Resource Handbooks

You'll have access to an extensive digital Resource Handbook before, during and after your seminar

Highly Interactive

You'll be able to ask questions in real time and interact with the instructor and other participants

Program Guarantee

As we have for 43 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'I cannot wait to apply what I've learned today! Wonderful!'

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital School Nursing Resource Handbook

Each participant will receive an extensive digital resource handbook specifically designed by Sandi Delack, giving you access to countless strategies before, during and after the seminar. The handbook includes:

- Strategies to help better streamline and prioritize your work flow – whether working at school or online
- Helpful templates and ideas for IHPs, 504s, IHCPs, and EAPs
- Proven, timesaving, effective communication strategies
- Practical documentation tips that save time and reduce liability
- Innovative interventions to address chronic absenteeism

Share Ideas

This seminar provides a wonderful opportunity for participants to share ideas with other school nurses interested in enhancing their practice

Consultation Available

Sandi Delack will be available at the seminar for consultation regarding your questions and the unique needs of your own school nursing practice.

Meet Inservice Requirements / Earn State CEUs

Participants of both the Live Online Seminar and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. In addition, state CEUs are available for both versions of the course. For details, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

This course will be video recorded and available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available.

To enroll, see registration form on page 7.



Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *School Nurses: Best, Current Practices for School Medical Emergencies* and *Keys to Enhancing Your Effectiveness as a SCHOOL NURSE*, for Grades K-12, are available for immediate registration. To enroll, visit www.ber.org/online

Enhance Your SCHOOL NURSE Practice: Making Time for What Matters Most

Registration (XND1F1)

1. **December 2, 2020** (Start time: 9 AM Central)
2. **December 3, 2020** (Start time: 9 AM Eastern)
3. **December 4, 2020** (Start time: 9 AM Pacific)
- or —
4. **I'd like to order the recorded version of this seminar**

FIRST NAME _____	M.I. _____	LAST NAME _____
POSITION, SUBJECT TAUGHT _____		GRADE LEVEL _____
SEMINAR NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME _____	
SCHOOL MAILING ADDRESS _____	
CITY & STATE _____	ZIP CODE _____
SCHOOL PHONE NUMBER _____	HOME PHONE NUMBER _____
()	()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT) _____	
HOME MAILING ADDRESS _____	
CITY & STATE _____	ZIP CODE _____

IMPORTANT: PRIORITY ID CODE: EXND1F1


METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash please.


- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Charge my: MasterCard VISA Discover
- Account # _____ Exp. Date: _____
MO/YR
- Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)
- _____
Please print name as it appears on card Signature (required for credit card purchases)

FOUR EASY WAYS TO REGISTER:

 REGISTER ONLINE at: www.ber.org

 FAX this form to: **1-425-453-1134**

 PHONE toll-free: **1-800-735-3503**
(Weekdays 5:30 am - 4 pm Pacific Time)

 MAIL this form to: **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

- All Live Online seminars start times are described on the cover
- Check-in 15 minutes prior to the seminar
- Live Online seminars are five hours in length plus breaks
- Registrants will receive login information by email four days before their Live Online seminar

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org. The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.



XND1F1

© 2020 Bureau of Education & Research. All rights reserved.



915 118th Avenue SE
 PO Box 96068
 Bellevue, WA 98009-9668
www.ber.org

Prsrt Std
 U.S. Postage
PAID
 Bureau of
 Education &
 Research

SCHOOL NURSES: Enhance Your Practice by Making Time for What Matters Most



An outstanding one-day Live Online Seminar

Includes an extensive Resource Handbook

Can't Attend? A Recorded Version is available
 to use online at your convenience

Enhance Your SCHOOL NURSE Practice: Making Time for What Matters Most

Practical PD, No Travel

XND1F1



Enhance Your SCHOOL NURSE Practice: Making Time for What Matters Most

Live Online Seminar
 or Recorded Version



A Unique One-Day Live Online Seminar
 (Also available as a Recorded Online Version
 to Use at Your Convenience)

Presented by

Sandi Delack,
M.Ed, BSN, RN, NCSN, FNASN

Outstanding School Nurse, National Presenter
 and Past President of NASN

Dozens of innovative ideas to streamline your workflow, maximize your efficiency and effectiveness, and make time for what matters most – whether you are working at school or online

The latest evidence-based strategies to assess and treat frequently visiting students and students with anxiety

How to avoid the most common legal issues facing school nurses