

## One-Day Train-the-Trainer Institute

# SCHOOL NURSES: Enhance Effective Medical Emergency Response Teams at Each of Your School Sites



A Unique One-Day Train-the Trainer Institute Presented by

**Evilia Jankowski**

Outstanding School Nurse and National Presenter

Specifically Designed for School Nurses, District Nurses,  
Supervisors, and Coordinators Serving Grades PreK-12

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**Train and establish effective teams** to respond to school medical emergencies  
(You'll receive all the training materials for use in your own schools)

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**Implement highly-effective protocols** for medical emergency planning

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**Develop standardized emergency action plans** for the most common  
emergency conditions using current, evidence-based recommendations

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**Equip your team with the current, best knowledge and skills** in caring for  
Sudden Cardiac Arrest and the BIG 4 (Asthma, Anaphylaxis, Diabetes, and Seizures)

### California

**Sacramento** (Elk Grove) – **March 6**

**San Jose** (Cupertino) – **March 7**

### Hawaii

**Honolulu** – **March 8**

### Utah

**Salt Lake City** – **March 4**

### Washington

**Seattle** (Bellevue) – **March 5**

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Nursing CEUs and Graduate Credit Available  
See page 6 for details

*'Excellent! Lots of ideas.  
I plan to improve our  
medical emergency  
response using tools  
I learned today.'*

– DEB JOHNSON, SCHOOL NURSE

# Ten Key Benefits of Attending

*'Can't say  
enough!  
Awesome ideas  
and resources!'*

– KATIE ENGELHARDT,  
SCHOOL NURSE



## Who Should Attend

School Nurses, District  
Nurses, Supervisors, and  
Coordinators Serving  
Grades PreK-12

- 1. Establish and Train a School Medical Emergency Response Team (MERT)**  
Receive the training you need to enhance a Medical Emergency Response Team at each of your school sites ... Leave this train-the-trainer workshop with a wealth of tools and an implementation plan
- 2. Streamline Medical Emergency Response**  
Learn highly effective practices to plan for and address medical emergencies that occur before, during and after school
- 3. Empower and Train Your Staff**  
Receive the tools, strategies and components you need to conduct professional development to train and empower staff to respond effectively in emergencies (You'll receive all the training materials for use in your own schools)
- 4. Sudden Cardiac Arrest and the BIG 4**  
Receive current, best information and practices for the emergency management of Sudden Cardiac Arrest, Asthma, Anaphylaxis, Diabetes and Seizures ... Learn what you and your team need to know most
- 5. Essential Elements of Emergency Response Plans**  
Craft emergency response plans that reflect the most important local and national data, trends and requirements ... Leverage evidence-based approaches from NASN's Framework for the 21st Century School Nursing Practice
- 6. Maximize Effective Staff Communication During Emergencies**  
Facilitate clear communication and problem solving among all staff for a smooth and effective response to medical emergencies
- 7. Build School and District Support**  
Learn strategies to build support among administrators and staff ... Become the change agent for a coordinated and effective emergency response plan in your school and district
- 8. Who, What, When, and Where**  
How to delegate appropriate roles and responsibilities for the most effective response to medical emergencies ... Maximize medical expertise
- 9. Practice and Plan for MERT Trainings**  
Participate in hands-on activities to help you learn and practice essential elements of a school medical response team ... Establish a clear action plan
- 10. Receive an Extensive Medical Emergency Response Team Handbook**  
As a participant, you will receive a MERT handbook packed with tools and strategies to help you establish and train school medical response teams at each of your school sites ... Plus receive online access to the tools and the ability to customize to meet your specific needs

# Outstanding Strategies You Can Use Immediately

## What You Will Learn ...

- **Create and train a school Medical Emergency Response Team (MERT)** that is prepared to respond to medical emergencies at each of your school sites
- Powerful ways to utilize NASN's Framework for 21<sup>st</sup> Century School Nursing Practice to **plan for school medical emergencies**
- Train your MERT on **the latest information and best practices regarding the BIG 4** (Asthma, Anaphylaxis, Diabetes, and Seizures)
- Easy-to-follow **action sequence algorithms** to respond to common medical emergencies
- Implement **effective systems-level leadership**
- **Secure buy-in from administrators and stakeholders** for the MERT Plan
- **Develop protocols** to address medical emergencies during the school day, after school and during large evening events
- **Assemble interdisciplinary teams** to effectively respond to medical emergencies
- Manage school medical emergencies through a **team approach**
- Easy-to-implement tools to **delegate responsibilities**
- Create a collaborative and **effective emergency communication plan**
- **How to integrate communication strategies** for maximum effectiveness
- **Implement common language and protocols** to enhance communication during medical emergencies in the school setting
- **Comply with state and national regulations** regarding school medical emergencies



*'Amazing seminar! Great research and resources to help us move forward in a systematic manner.'*

– CHRIS SIMPSON, SCHOOL NURSE

## Practical Ideas and Strategies

Are the school staff you support fully prepared and trained to respond in case of an emergency — whether you are on campus or not?

In this one-day train-the-trainer program you will learn to craft effective school emergency medical interventions and establish and train a Medical Emergency Response Team (MERT) in every building where you work! **EVILIA JANKOWSKI**, an expert on developing school MERTs brings over 24 years of school nursing experience to this important topic. Evilia provides critical and practical strategies to ensure that your MERT is prepared for any emergency situation.

Empower building staff with the skills, confidence and preparation needed for the unexpected. Leverage strategies outlined in the NASN Framework for the 21<sup>st</sup> Century School Nursing Practice to develop a multi-disciplinary, collaborative response to medical emergencies.

You will leave this seminar with all of the tools and training materials you need to create an effective Medical Emergency Response Team in your school building(s). Join Evilia for a dynamic, fast-paced day filled with evidence-based, yet practical, proven ways you can help safeguard the buildings where you work in case of an emergency. Gain the tools, knowledge and confidence to establish and train effective Medical Emergency Response Teams.



# A Message From Your Seminar Leader, Evilia Jankowski



## Uniquely Qualified Instructor

**EVILIA JANKOWSKI** is an outstanding school nurse and national presenter with a broad base of over 37 years of nursing experience. For more than 25 years, Evilia has pursued her passion for public health, serving as a school nurse at elementary, middle and high schools. Evilia currently supports over 33 school districts and 290,000 students PreK-12, as one of two School Health Nurse Consultants. Evilia has also been involved at the state level as president of her state association of school nurses. She is one of two Epinephrine Resource School Nurses in her state and has worked on her state asthma program for more than 17 years.

Evilia is a highly sought after speaker on the topic of training and implementing School Medical Emergency Response Teams (MERT). She is also the author of *SCHOOL NURSES: Enhance Effective Medical Emergency Response Teams at Each of Your School Sites*, the comprehensive resource handbook each participant will receive. Join Evilia for a fast-paced, learning-rich, practical day!

Dear Colleague:

Medical emergencies occur in our schools. Inevitably, emergencies often happen when the school nurse is away from the building. What if you could be assured that anyone experiencing a medical emergency will have an effective response, even when the school nurse is not able to respond?

In this one-day train-the-trainer program, I will show you how to establish or enhance your Medical Emergency Response Team (MERT) with well-defined individual actions and responsibilities so that all required actions will be taken.

There is nothing more frightening to staff than a student or adult struggling to breathe, experiencing a seizure or another medical emergency. Even more frightening is the feeling of helplessness when they don't know how to help in these situations.

I want to help you provide the staff with whom you work the knowledge and skills they need to respond appropriately to any medical emergency in school—whether you are present or not. Learn how to empower your staff and get the added benefit of a team who can provide competent assistance when it is most needed.

Please join me for a critical day in which I will provide you with all the practical tips, tools and approaches you need to successfully implement the MERT process in your school(s). I want to help you be a leader and change agent in effectively preparing staff to respond in case of an emergency. I look forward to meeting you and working with you!

Sincerely,

Evilia Jankowski

**P.S. You will leave this seminar with a handbook complete with templates and tools to help you implement the MERT process. Don't miss this opportunity!**

*"I want to help you provide the staff with whom you work the knowledge and skills they need to respond appropriately to any medical emergency in school—whether you are present or not."*

# What Your Colleagues Say About Evilia Jankowski

*"This was a **wonderful and informative institute**. I can't wait to get teams going in my district."*

Victoria Bainbridge, School Nurse

*"**Great material**. I appreciate the information, resources and organization of MERT. Thank you!"*

Tonia Hoffman, District Nurse

*"Thanks Evilia! I am so grateful for the **online access and ability to customize the materials** for our own purpose."*

Carol Bruce, District Nurse

*"**Excellent! This gave me the tools I need** to establish a MERT in my school."*

Kathleen Bringardner, CSN



*"Great information. Experienced presenter. **Would recommend to all school nurses!**"*

Jeanette Slimmer, School Nurse

*"**Ms. Jankowski's training on the MERT process is a valuable tool** for all school nurses. It is a comprehensive and well-thought-out training program that enhances the safety and well-being of our students."*

Sandra Eggerl, BSN, RN, NCSN

*"Excellent presentation and content! **Learned a lot of useful and important information.**"*

Lauren Baldwin, CSN

*"**Wonderful seminar**, thank you Evilia!"*

Claire Wood, School Nurse

# Special Benefits of Attending



## Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at [www.ber.org/onlinelearning](http://www.ber.org/onlinelearning)

## On-Site Training

Most BER seminars can be brought to your school or district. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Extensive Medical Emergency Response Team Resource Handbook

Each participant will receive an extensive resource handbook specifically designed for this seminar. The handbook includes:

- Strategies, ideas, resources, documents, training materials, and forms to help your school staff effectively address school medical emergencies
- Ways to gain support from school staff
- Checklists to ensure supplies are ready when needed
- Ready-to-use emergency and healthcare forms to prepare for medical events
- Practical tips to engage and build relationships with EMS
- Samples procedures to make your medical emergency training drills efficient and complete

## Meet and Share

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in training and developing a Medical Emergency Response Team.

## Meet Inservice Requirements / Earn State CEUs

Participants will receive a certificate of participation that may be used to verify continuing education hours.

### Nursing CEUs Available in These Locations

Provider approved by the California Board of Registered Nursing, Provider #CEP 15144, for five (5) Contact Hours for RNs and LPNs. This approval is valid in the state of California.

APRNs in all states need to check with their credentialing agency to determine if this seminar meets the additional CEU requirements for their specialty area.

### CEUs Available:

#### Utah

UT Inservice Credit Available with District Approval

#### Washington

WA Clock Hours Available

## Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

## Can't Attend? Other Professional Development Options:



### Related Online Course

A related On Demand Video-Based Online Learning course, *School Nurses: Best, Current Practices for School Medical Emergencies*, for Grades K-12, is available for immediate registration. To enroll, visit [www.ber.org/onlinelearning](http://www.ber.org/onlinelearning)

### •))) Related Staff Development Audio Training

A related BER seminar, *Practical Strategies to Increase Your Impact and Enhance Your Practice as a SCHOOL NURSE*, presented by another expert school nurse, Rebecca Hudlow, is available on CDs with a comprehensive resource handbook at a cost of \$99.00 plus \$9.00 shipping and handling; for WA State deliveries, please add 10% sales tax to the total amount. To order, call toll-free 1-800-735-3503 (**Stock #A-XNY-2102**) or use the order form on page 7.

Please visit [www.berproducts.org/audio-seminars.html](http://www.berproducts.org/audio-seminars.html) for more information.

# One-Day Train-the-Trainer Institute

## SCHOOL NURSES: Enhance Effective Medical Emergency Teams at Each of Your School Sites

### Registration (XN59S1)

- 1. **Honolulu, HI** – March 8, 2019
- 2. **Sacramento (Elk Grove), CA** – March 6, 2019
- 3. **Salt Lake City, UT** – March 4, 2019
- 4. **San Jose (Cupertino), CA** – March 7, 2019
- 5. **Seattle (Bellevue), WA** – March 5, 2019

FIRST NAME	M.I.	LAST NAME
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

*List additional registrants on a copy of this form*

SCHOOL NAME	
SCHOOL MAILING ADDRESS	
CITY & STATE	ZIP CODE
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
(   )	(   )

**Registration confirmations are sent via e-mail.**  
**If you would like a confirmation, please provide your e-mail address.**

E-MAIL ADDRESS	
HOME MAILING ADDRESS	
CITY & STATE	ZIP CODE





**IMPORTANT: PRIORITY ID CODE: EXN59S1**

### METHOD OF PAYMENT – Team Discount Available

**The registration fee is \$295 per person,** for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash please.

- A check (payable to **Bureau of Education & Research**) is attached
  - A purchase order is attached, P.O. # \_\_\_\_\_  
(Be sure to include priority ID code on the P.O.)
  - Charge my:     MasterCard     VISA     Discover
- Account # \_\_\_\_\_ Exp. Date: \_\_\_\_\_ MO/YR
- Billing Zip Code: \_\_\_\_\_ 3 Digit CVV Code: \_\_\_\_\_  
(Found on back of card)
- \_\_\_\_\_/\_\_\_\_\_  
Please print name as it appears on card                      Signature (required for credit card purchases)

### FOUR EASY WAYS TO REGISTER:

-  **REGISTER ONLINE** at: [www.ber.org](http://www.ber.org)
-  **FAX this form to: 1-425-453-1134**
-  **PHONE toll-free: 1-800-735-3503** (Weekdays 6 am - 6 pm Pacific Time)
-  **MAIL this form to: Bureau of Education & Research**  
915 118th Avenue SE \* PO Box 96068  
Bellevue, WA 98009-9668

### Program Hours

All seminars are scheduled 8:30 a.m. - 3:15 p.m.  
Check-in 8:00 a.m. - 8:30 a.m.

### Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

### Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Honolulu: Alohilani Resort Waikiki Beach, (808) 922-1233
- Sacramento: Holiday Inn Express & Suites East – Elk Grove, (916) 478-9000
- Salt Lake City: Hampton Inn & Suites – Airport, (801) 530-0088
- San Jose: Hilton Garden Inn – Cupertino, (408) 777-8787
- Seattle: Hilton – Bellevue, (425) 455-1300

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

### Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

### Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

### Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of seminar training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

### Can't Attend?

- I'd like to order the CD version of the related seminar, *Practical Strategies to Increase Your Impact and Enhance Your Practice as a SCHOOL NURSE*, by Rebecca Hudlow, \$99.00 plus \$9.00 shipping; for WA State deliveries, please add 10% sales tax to the total amount (**Stock #A-XNY-2102**).

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# SCHOOL NURSES:

## Enhance Effective Medical Emergency Teams at Each of Your School Sites



**Current, Best Practices For Establishing or  
Strengthening Medical Emergency Response Teams**

**A Unique One-Day Seminar**

**Coming to a Location Near You**



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# SCHOOL NURSES:

## Develop Effective Medical Emergency Response Teams at Each of Your School Sites

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One-Day Train-the-Trainer Institute

# SCHOOL NURSES:

## Enhance Effective Medical Emergency Response Teams at Each of Your School Sites



**A Unique One-Day Seminar Coming to a Location Near You**

Presented by

**Evilia Jankowski**

Outstanding School Nurse and National Presenter

**Train and establish effective teams** to respond to school medical emergencies

**Implement highly-effective protocols** for medical emergency planning

**Develop Standardized Emergency Action plans** for the most common emergency conditions using current evidence-based recommendations

**Equip your team with the current, best knowledge and skills** in caring for Sudden Cardiac Arrest and the BIG 4 (Asthma, Anaphylaxis, Diabetes, and Seizures)



Bureau of Education & Research