

# SCHOOL NURSES: Best, Current Practices for School Medical Emergencies



A Unique One-Day Seminar Presented by

**Sandra Moritz, M.Ed, BS, RN CSN**

2010 Pennsylvania School Nurse of the Year, Exceptional School Nurse Trainer

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**The most emergency-ready practices**, including response plans for the 21st Century school nurse

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**Be better prepared for the unplanned ...** Utilize the most current assessment techniques and training resources during life-threatening emergencies

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**Apply the evidence from the latest research to your first aid protocols ...**  
Be better prepared for lockdowns, evacuations and school violence

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**Streamline emergency care plans** to better manage medical emergencies ... Utilize the most up-to-date interventions to manage anaphylaxis, overdoses, cardiac arrest, and more!

#### **Nursing CEUs Available in These Locations:**

Provider approved by the California Board of Registered Nursing, Provider #CEP 15144, for five (5) Contact Hours for RNs and LPNs. This approval is valid in the states of New Jersey and Pennsylvania. This seminar meets the requirements of the Massachusetts Board of Registration in Nursing listed in 244 CMR 5.00 for 6 Contact Hours.

\*\*APRNs in all states need to check with their credentialing agency to determine if this seminar meets the additional CEU requirements for their specialty area.\*\*

#### **Connecticut**

**Hartford (Bristol) – March 12**

#### **Maryland**

**Baltimore – March 1**  
(Hunt Valley)

#### **New Jersey**

**Newark – February 26**  
(West Orange)

#### **New York**

**Long Island – March 14**  
(Ronkonkoma)

**Rochester – March 15**  
(West Henrietta)

**Syracuse – March 16**

**White Plains – March 13**  
(New Rochelle)

#### **Pennsylvania**

**Allentown (Bethlehem) – February 28**

**Philadelphia (Frazer) – February 27**

#### **Virginia**

**Northern Virginia – March 2**  
(Springfield)

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CEUs and Graduate Credit Available  
See page 6 for details

# Ten Key Benefits of Attending

*'Well organized, interactive, great, useful information! Also a wonderful opportunity to meet and exchange ideas with other school nurses.*

– ROZ BALWIN,  
SCHOOL NURSE, RN, BSN



## Who Should Attend

School Nurses, District Nurses and School Health Coordinators serving grades K-12

- 1. What Every School Nurse Should Know When Responding to School Medical Emergencies**  
Know the very latest research-based recommendations on interventions during hypoglycemia, traumatic brain injury, acute bronchospasm, and more!
- 2. Be Better Prepared for the Unplanned During Life-Threatening Situations**  
Sudden cardiac arrest, anaphylaxis and seizures are occurring more frequently in schools and preparation is key
- 3. Be Better Prepared with New Assessment Skills**  
Apply new assessment skills according to the Pediatric Assessment Triangle (AAP) to determine your response during a medical crisis
- 4. Recognize the Critical Symptoms of an Opioid Overdose**  
Implement and administer Naloxone as appropriate to your practice ... Why, when and how
- 5. Be Better Prepared for Students with Special Needs and Chronic Health Concerns**  
Examine health care and emergency plans for our most vulnerable students during lockdowns and evacuations
- 6. Incorporate the Best Assessment Techniques for Common Injuries and Provide for Smooth Transfer**  
Review new splinting materials and application skills to get students safely to the next level of care
- 7. Improve Trainings for Lockdowns, Evacuations and Your Emergency Teams**  
Understand triage from the school nurse perspective and prepare for 72 hours of emergency supplies
- 8. Learn the Key Components for Smooth Ambulance Transfers**  
Examine medical transfer forms and get practical tips from first aid and safety organizations to document critical details of school emergencies
- 9. More Effectively Address Issues Surrounding the Use of Unlicensed Personnel**  
Use checklists and apps to increase the safe collaboration of others who work with school nurses
- 10. Receive a Detailed School Medical Resource Handbook Complete with Handouts and Forms**  
Each participant will receive an extensive resource handbook full of ready-to-implement materials that will streamline and increase efficiency in your school nursing practice on a daily basis

# Outstanding Strategies You Can Use Immediately

## What You Will Learn ...

- Gain hands-on experience using **the latest products and supplies for first aid and medical treatment**
- **The best practices** from FEMA, American Red Cross and Heart Association on recommended school nurse response to medical emergencies
- **Learn advanced skills in assessing the major life-threatening medical emergencies** and current guidelines in nurse interventions ... Learn from real-life scenarios for sudden cardiac arrest, seizures, hypoglycemia and more
- **The most useful apps for mobile devices** to make training school staff easier
- **The latest equipment and products** to deliver first aid for emergencies
- **Hands-on experience for splinting common school injuries** ... Learn about products that keep your practice relevant in the changing practice of today's school nurse
- **New timesaving tools and supplies** to treat student health issues
- **Apply experts' evidence** to create the best medical emergency response plan using suggestions from medical authorities to review the school nurse's role
- **The school nurses' role in school emergency preparedness** ... "Team up" and be in charge with confidence
- **Five strategies every school nurse must implement** to excel in the changing world of the school nurse
- **How to best respond to mouth and teeth injuries** quickly to insure a safe re-implantation



*I would recommend this seminar to better prepare for emergencies and get up-to-date information on the changing best practices that face school nurses today.*

– CHRISTINE SIMMONS, RN, BSN, AE-C

## Practical Ideas and Strategies

If you are looking for current, best practices and evidence to support your school emergency medical interventions, this is a seminar you won't want to miss! During this intensive, interactive and collaborative seminar, outstanding school nurse of more than 30 years, **SANDRA MORITZ**, will share dozens of the most current practices, strategies and practical tips to help school nurses better respond to medical emergencies in a school setting. As a school nurse, Sandra can relate to the seriousness of the daily health and medical challenges in your practice. Your ever-changing role as a school nurse will be examined from a perspective of how you can best respond when medical emergencies occur in your school setting. Gain greater confidence in your practice, discover new products that are now available to make daily interventions more effective and become better prepared for the unexpected. Realize your full potential by addressing the stress of your career choice, and learn ways to be more proactive with stress-reducing tips to survive and flourish as today's school nurse.



# A Message From Seminar Leader, Sandra Moritz



## Uniquely Qualified Instructor

**SANDRA MORITZ** is a nationally recognized and experienced school nurse and coordinator with more than 30 years of hands-on school nursing practice. As her state's School Nurse of the Year, a recent National Association of School Nurses (2017) presenter and a national speaker, she is a frequent presenter at conferences, in-services and seminars. Sandra is the author of *SCHOOL NURSES: Best, Current Practices for School Medical Emergencies*, the extensive resource handbook participants will receive at the seminar. She has authored many articles in professional journals, including *Advance for Nurses* and *NASN's School Nurse*. She passionately interacts with other school nurses, supporting their personal challenges in dealing with medical emergencies in the school setting. As one school nurse to another, she understands the changing role of the school nurse.

The often solo role of the school nurse transforms into the sharing world of school nurses as a result of the interactions with others at Sandra's seminars. Sandra's participants find her seminars to be a knowledge-gaining experience and leave energized with new ideas and strategies and a personal connection to the world of school nursing.

Dear Colleague:

As a fellow school nurse and colleague, I understand the unique challenges we face in our changing role as today's school nurse. We are the first responders in schools, assisting students who need us the most. As a school nurse and health services coordinator of more than 31 years, I can relate to your daily concerns. To stay current in our roles today we must be prepared for the unexpected. As the first set of medical eyes in the school setting, planning for the unplanned is now another function of our role. We must respond quickly with assessment skills and knowledge based on the latest research. My ability to relate to other school nurses gives me a unique opportunity for a great day of sharing, as only one school nurse to another can understand. As your professional colleague, we will explore the current challenges in our career choice of school nursing.

Enjoy a day of sharing with other school nurses who also understand today's challenges. Learn practical new strategies to keep students safe while in your care. Get the latest information so that you can respond with confidence during the increasingly common school medical emergency. Be prepared for life-threatening situations by creating best practices during evacuations and lockdowns. Take care of yourself so your energies will be ready for our daily challenges. I believe you will leave this seminar refreshed, renewed with professional energy and better prepared to handle the stressors of your job. You will excel as the healthcare provider in your school setting and be confident in your skills as the school nurse! You'll gain practical information to use immediately in your school nurse setting and an extensive resource handbook written by your professional colleague—another school nurse!

Sincerely,

Sandra Moritz

P.S. You will receive **an extensive school medical emergency resource handbook** containing a summary of all the information and resources presented in this seminar.

*'To stay current in our roles today, we must be prepared for the unexpected. As the first set of medical eyes in the school setting, planning for the unplanned is part of our role today.'*

# What Your Colleagues Say About Sandra Moritz

*"Sandra is **extremely knowledgeable and engaging as a speaker**. The topics that were covered are reflective of what school nurses are dealing with today."*

Sheryl Zulkeski, Nurse Supervisor

*"Sandra Moritz is a great speaker. She is **engaging and fun**."*

Michele Britell, School Nurse, RN

*"This was **one of the best and most informative seminars** I have ever attended."*

Doreen Mondry, RN,

*"**Dynamic speaker!** Sandra kept the day moving and incorporated a lot of content into the seminar. Very interactive."*

Patti Falvey, School Nurse, RN

*"Sandra is a **very dynamic speaker**. Listening to her was a wonderful and empowering experience. It was like an adrenaline boost for school nurses. She had wonderful ideas and also allowed for brainstorming with other nurses."*

Mary Dever Brady, School Nurse



*"Absolutely enjoyed this seminar!. It is **great to have a presenter who knows and deals with all the challenges that a school nurse endures daily**."*

Tina Loomis, School Nurse

*"Sandy is highly entertaining and has a warm, genuine personality. **Great tips for the novice or practiced school nurse!**"*

Diane W. Andrew, School Nurse

*"This is my second seminar presented by Sandra – **she is excellent!** I would go to any seminar presented by her."*

Karen Johns, School Nurse

*"Sandra is a wonderful speaker – easy to understand, kept my attention! She made me feel special as a school nurse."*

Sherry Boyd, School Nurse, RN

*"I've been a school nurse 32 years and I still found the seminar most interesting and learned new information. **Most enjoyable day**."*

Judy Lewis, School Nurse

*"Beautifully presented. Sandy is **highly knowledgeable and informative**."*

Sylvia Kallich, School Nurse Administrator



# Special Benefits of Attending



## Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses as well as Scheduled Instructor-Led courses. You also may earn optional graduate-level credits for most courses. See the catalog of available courses at [www.ber.org/onlinelearning](http://www.ber.org/onlinelearning)

## On-Site Training

Most BER seminars can be brought to your school or district. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Can't Attend?



### Related Online Course

A related On Demand Video-Based Online Learning course, *School Nurses: Best, Current Practices for School Medical Emergencies*, for Grades K-12, is available for immediate registration. To enroll, visit [www.ber.org/onlinelearning](http://www.ber.org/onlinelearning)

### Related Staff Development Audio Training

A related BER seminar, *Practical Strategies to Increase Your Impact and Enhance Your Practice as a SCHOOL NURSE*, presented by another nursing expert, Rebecca Hudlow, is available on CDs with a comprehensive resource handbook at a cost of \$99.00 plus \$9.00 shipping and handling. To order, call toll-free 1-800-735-3503 (**Stock #A-XNY-2015**) or use the order form on page 7.

Please visit [www.berproducts.org/audio-seminars.html](http://www.berproducts.org/audio-seminars.html) for more information.



## Extensive School Medical Emergency Resource Handbook

Each participant will receive an extensive resource handbook specifically designed for this seminar.

## Meet and Share with Other School Nurses

This seminar provides a great opportunity for participants to meet and share ideas with other school nurses interested in enhancing their practices.

## Consultation Available

Sandra Moritz will be available at the seminar to answer questions about your own unique school practice needs.

## Meet Inservice Requirements / Earn State CEUs

Participants will receive a certificate of participation that may be used to verify continuing education hours.

## CEUs Available

### Connecticut

CT Five (5) Contact Hours Available with Prior District Approval; For MA Nursing, 6 Contact Hours Verification Available; RI Five (5) Contact Hours Available

### Maryland

Contact Hours Verification Available

### New Jersey

NJ Professional Development Hours Available with Prior District Approval

### New York

5 NY CTLE Hours Available

### Pennsylvania

PA CPE Hours Verification Available with Prior District Approval; DE Clock Hours Available with Prior District Approval in Philadelphia; NJ Professional Development Hours Available with Prior District Approval in Allentown

### Virginia

VA Renewal Points Available

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\*\*APRNs in all states need to check with their credentialing agency to determine if this seminar meets the additional CEU requirements for their specialty area.\*\*

## Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

# SCHOOL NURSES:

## Best, Current Practices for School Medical Emergencies

### Registration (XN48S1)

- 1. **Allentown** (Bethlehem), **PA** – February 28, 2018
- 2. **Baltimore** (Hunt Valley), **MD** – March 1, 2018
- 3. **Hartford** (Bristol), **CT** – March 12, 2018
- 4. **Long Island** (Ronkonkoma), **NY** – March 14, 2018
- 5. **Newark** (West Orange), **NJ** – February 26, 2018
- 6. **Northern Virginia** (Springfield), **VA** – March 2, 2018
- 7. **Philadelphia** (Frazer), **PA** – February 27, 2018
- 8. **Rochester** (West Henrietta), **NY** – March 15, 2018
- 9. **Syracuse**, **NY** – March 16, 2018
- 10. **White Plains** (New Rochelle), **NY** – March 13, 2018

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

**List additional registrants on a copy of this form**

SCHOOL NAME	
<hr/>	
SCHOOL MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
( )	( )

**Registration confirmations are sent via e-mail.**  
**If you would like a confirmation, please provide your e-mail address.**

E-MAIL ADDRESS	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	

**IMPORTANT: PRIORITY ID CODE: EXN48S1**

### METHOD OF PAYMENT – Team Discount Available


The registration fee is \$259 per person, for teams of three or more registering at the same time, the fee is \$239 per person. **Payment is due prior to the program.** No cash please.

- A check (payable to **Bureau of Education & Research**) is attached
  - A purchase order is attached, P.O. # \_\_\_\_\_  
(Be sure to include priority ID code on the P.O.)
  - Charge my:     MasterCard     VISA     Discover
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- Billing Zip Code: \_\_\_\_\_ 3 Digit CVV Code: \_\_\_\_\_  
(Found on back of card)


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 Please print name as it appears on card                      Signature (required for credit card purchases)

### FOUR EASY WAYS TO REGISTER:

 **REGISTER ONLINE at: [www.ber.org](http://www.ber.org)**

 **FAX this form to: 1-425-453-1134**

 **PHONE toll-free: 1-800-735-3503** (Weekdays 6 am - 6 pm Pacific Time)

 **MAIL this form to: Bureau of Education & Research**  
 915 118th Avenue SE \* PO Box 96068  
 Bellevue, WA 98009-9668

### Program Hours

All seminars are scheduled 8:30 a.m. - 3:15 p.m.  
 Check-in 8:00 a.m. - 8:30 a.m.

### Fee

The registration fee is \$259 per person, \$239 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

### Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Allentown: Best Western Plus – Bethlehem, (610) 866-5800
- Baltimore: Embassy Suites – Hunt Valley, (410) 584-1400
- Hartford: DoubleTree – Bristol, (860) 589-7766
- Long Island: Courtyard Marriott – MacArthur Airport, (631) 612-5000
- Newark: The Wilshire Grand Hotel – West Orange, (973) 731-7007
- Northern Virginia: Hilton – Springfield, (703) 971-8900
- Philadelphia: Sheraton – Frazer, (610) 524-5500
- Rochester: R.I.T. Inn & Conference Center – West Henrietta, (585) 359-1800
- Syracuse: Comfort Inn & Suites – Airport, (315) 457-4000
- White Plains: Radisson – New Rochelle, (914) 576-3700

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

### Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

### Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

### Can't Attend?

- I'd like to order the CD version of the related seminar, *Practical Strategies to Increase Your Impact and Enhance Your Practice as a SCHOOL NURSE*, by Rebecca Hudlow, \$99.00 plus \$9.00 shipping (**Stock #A-XNY-2015**).

XN48S1

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# SCHOOL NURSES: Best, Current Practices for School Medical Emergencies



**The Most Up-To-Date Approaches and Best Practices** to Strengthen Your School Nursing Practice

**A Unique One-Day Seminar**

**Coming to a Location Near You**

# School Nurses: Better Respond to School Medical Emergencies

XN4851

# SCHOOL NURSES: Best, Current Practices for School Medical Emergencies



Bureau of Education & Research



**A Unique One-Day Seminar Coming to a Location Near You**

Presented by

**Sandra Moritz, M.Ed, BS, RN CSN**

2010 Pennsylvania School Nurse of the Year, Exceptional  
School Nurse Trainer

**The most up-to-date practices** every school nurse needs to know for  
addressing school health and medical emergencies

**Be better prepared for the unplanned ...** Utilize the most current  
research to respond to major medical emergencies

**Apply the evidence from the latest research** to your first aid protocols  
... Be better prepared for common first aid issues