

# Strengthen Your Special Needs Students' **EXECUTIVE FUNCTION SKILLS:** Strategies to Reduce Impulsive Behaviors, Increase Focus and Develop Working Memory



A Unique One-Day Seminar Presented by

## **Kathy Morris**

Outstanding Educator, Author and Nationally Recognized Speaker

Specifically Designed for Special Education Teachers, Speech-Language Pathologists, Occupational Therapists, General Education Classroom Teachers, Counselors, and Paraprofessionals

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**Help your special needs students improve** in these key executive function areas: organization, time management, working memory, task completion, impulse control, emotional self-regulation, anger management, and social skills

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**Practical ways you can adapt your instruction** to enhance students' ability to develop and use key executive function skills

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Dozens of **practical strategies that can be used to help students with special needs who have difficulty maintaining attention** and organizing their time, tasks, personal space, and materials

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**Demonstrations, activities, examples, checklists**, and much more, including a comprehensive resource handbook you can take back and begin using immediately with your students

### **Illinois**

**Chicago North – December 19**  
(Elk Grove Village)

**Chicago South – December 18**  
(Alsip)

### **New York**

**Buffalo – December 16**  
(Amherst)

### **Ohio**

**Cleveland – December 17**  
(Middleburg Heights)

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**ASHA CEUs Available at all Locations**  
CEUs and Graduate Credits Available  
See page 6 for details

# Ten Key Benefits of Attending

*'Wow! What a great seminar. Kathy is a great presenter. I will be able to immediately implement the strategies she shared.'*

– DEANN KNOX, SPECIAL EDUCATION TEACHER



## Who Should Attend

Grades PreK-12: Special Education Teachers, Speech-Language Pathologists, Occupational Therapists, General Education Classroom Teachers, Co-Teachers, School Psychologists, Counselors and Paraprofessionals

### 1. Practical Strategies to Address Executive Function Weaknesses that Prevent Students from Success in School

What skills should we expect at certain ages and how can we help students with special needs who don't gain these vital executive function skills? Learn how you can recognize and strategize to teach your students who struggle to think and act in an organized way to manage their time, tasks, schedules, assignments, and behavior

### 2. Walk Away with Numerous Practical Strategies to Teach Executive Functioning Skills

Leave with specific strategies to teach and increase special needs students' skills in working memory, inhibitory control and mental flexibility ... How to teach these skills in ways that students learn best

### 3. Strategies to Help Your Students Improve in Key Executive Function Areas

Help students who have trouble completing assignments, focusing, setting goals, planning, sequencing, and initiating and persisting in task completion ... Strategies that work!

### 4. Address Self-Regulation and Self-Management Skills

Learn ways to help special needs students with impulse control, whole-body listening and managing anxiety

### 5. Ways to Adapt Your Instruction and Classroom Structure

Techniques and tips to adapt your teaching that works for all students, but especially those who have difficulties with key executive functioning skills ... Quick and easy ideas for setting up routines and your classroom structure

### 6. Discover the Connection to Brain Research: What it Teaches Us About Best Practices for Instruction

Executive function work is all based on current research about how the brain takes in, processes and stores information ... Learn the practical application of this research that will greatly benefit your students with special needs

### 7. Tools and Strategies to Teach Independence and Emotional Regulation

Learn how to help these students become more independent with strategies that teach the steps in planning, implementing the plan and self-evaluating when finished ... Strategies students can use for emotional regulation

### 8. How Executive Function Skills Impact Student Behavior and What You Can Do About It

Understand and learn practical solutions for impulse control, self-regulation and self-management ... Help your students with special needs to develop situational awareness to stop, think and plan before they respond negatively

### 9. How to Use Visual Strategies to Teach Executive Function Skills

Create visual strategies that help students gain and retain information

### 10. Receive an Extensive Resource Handbook

Each participant will receive a comprehensive resource handbook developed specifically for this seminar filled with strategies, ideas and research-based techniques that will support you when you return to your classroom and school

# Outstanding Strategies You Can Use Immediately

## What You Will Learn ...

- **Practical strategies for identifying and teaching** special needs students who lack the necessary executive function skills to be successful in both inclusive and resource classrooms
- Strengthen your **special needs students' EXECUTIVE FUNCTION skills** in grades P-12
- Dozens of practical strategies designed to **increase attention, focus and impulse control**
- Recognize and strategize to **teach your students who struggle to think and act in an organized way** to manage their time, tasks, schedules, assignments, and behavior
- Help your students with **impulse control and self-regulation**
- **Strategies for co-teaching**, inclusive and general education classrooms
- Flexible **problem-solving strategies** to fit the needs of specific students
- **Emotional regulation and anti-anxiety strategies** you can use immediately
- **Memory strategies** for studying, test taking, homework, and long-term project planning
- **Clearly define key executive function skills** and how they impact academic and social success
- **Low-prep strategies** you can use in the classroom or resource room the very next day
- **Proven ideas** for helping students plan their homework, manage short- and long-term projects or assignments, and carry out tasks to completion
- **Set up all your students for success** in an inclusive classroom
- **Dozens of practical strategies** for teaching students to remember, manipulate information, self-monitor, and self-check



*"Extremely beneficial seminar filled with strategies that I'll be able to use to help all students at our school!"*

– MELISSA CREED, SPECIAL EDUCATION TEACHER

## Practical Ideas and Strategies

Over the past decade the research has exploded in the diagnosis and treatment of students who have difficulties in executive functioning. Executive dysfunction is thought to be the underlying neurological difficulty for many of our students with special needs. In this **NEW** stimulating and interactive seminar, designed for grades Preschool-12 inclusive and special education settings, you will gain dozens of interventions and practical strategies you can use to help students lacking executive function skills. Join **Kathy Morris**, long-time and experienced teacher in the area of executive function disorders, for a day filled with ready-to-use ideas and strategies that will make a significant difference for your students with special needs who appear to be unorganized, off task and have self-regulation behavior issues. You won't want to miss this day filled with highly effective ideas and interventions to support your students to become more independent and develop greater executive control of their time, tasks and materials.



# A Message From Your Seminar Leader, Kathy Morris



## Uniquely Qualified Instructor

**Kathy Morris** has been a special education teacher for more than 30 years and a consultant for executive function disorders, behavior disorders, autism, assistive technology, and LIFE Skills, providing technical assistance, seminars and workshops to educators throughout the United States. She was named "Outstanding Educator of the Year" in her state and has served as Advisor to the President's Commission on Special Education. Kathy knows through experience what works for students who have trouble with executive function skills such as focusing, getting and staying organized, regulating their behavior, and making the choices that will help them be successful in school, both socially and academically. She is known for her fast-paced and interactive seminars that leave participants inspired to try new strategies with their students who struggle in school. You won't want to miss this day filled with highly effective ideas and interventions to support your students to become more independent and develop greater executive control of their time, tasks and materials. **You will leave her seminar with renewed energy and a toolkit of strategies to help you be more successful in your classroom immediately!**

Dear Colleague:

Children and adolescents who struggle with executive function disorders often look like those who just aren't paying attention, have difficulty making transitions or are purposely not controlling themselves. They may be unaware of the connections of their behavior and the consequences of the behavior. Their desks, backpacks and everything around them is disorganized and they may have an inability to plan ahead. The exciting news is that current research clearly indicates that this deficit can be effectively addressed with proper interventions.

In this strategy-packed seminar, designed for grades Preschool-12 inclusive and special education settings, you will learn how to recognize executive functioning deficits and how they can inhibit learning, along with a toolbox of practical strategies for helping these students get organized, stay focused for longer periods of time and be more successful in school. Strategies in self-awareness, work completion, task initiation, planning, and organizing, will all be shared as well as ideas for impulse control, motivation, self-regulation and more!

You won't want to miss this opportunity to understand how executive functioning or dysfunction makes or breaks students' ability to be successful in school, both academically and socially. Come and learn new strategies and interventions that will make a significant difference for all your students.

Sincerely,

Kathy Morris

**P.S.** You will also receive the **extensive resource handbook** I designed specifically for this seminar **filled with strategies and ideas** ready for you to try with your students.

*'...you will learn how to recognize executive functioning deficits and how they can inhibit learning, along with a toolbox of practical strategies...'*

# What Your Colleagues Say About Kathy Morris

*"Kathy is fantastic! I left feeling inspired, with a ton of new resources to use with my private practice clients and high school students. Fantastic seminar with a wonderful personal touch!"*

– Stacie Bennett, Speech-Language Pathologist

*"Kathy did an excellent job. She delivered the information through a variety of ways, including videos, visuals and personal experience. Her passion to help children and adults is contagious; hats off to Kathy for inspiring others."*

– Annie Roy, Special Education Teacher

*"This was a very informative seminar. I'll be able to use these strategies in my inclusion classroom starting tomorrow."*

– Sandy Fitzpatrick, Teacher

*"Kathy is an extremely knowledgeable presenter. She made the seminar fun and entertaining and shared great resources. I appreciated her sharing her expertise."*

– Dr. Jane Petrozzino, Supervisor of Student Services



*"Thank you for so many wonderful strategies!"*

– Aron Ferrell, 3rd Grade Teacher

*"So many immediately usable resources and strategies. Perfect to use for addressing all students where they are to elicit their best potential and show them they can and will achieve!"*

– Heather Rich, Title I

*"Kathy is a passionate instructor who compiled a very useful resource handbook of strategies and information that I can start using as soon as I head back to work."*

– Nina Tsung-Sze, Junior High Math Teacher

*"I loved the very usable, relevant strategies, the activities for the participants and all of the examples."*

– Judy Schroeder, Learning Specialist

*"I loved all of the very applicable tools and strategies Kathy shared. They can be used immediately!"*

– Lindsey Grevert, Occupational Therapist

# Special Benefits of Attending



## Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at [www.ber.org/online](http://www.ber.org/online)

## On-Site Training

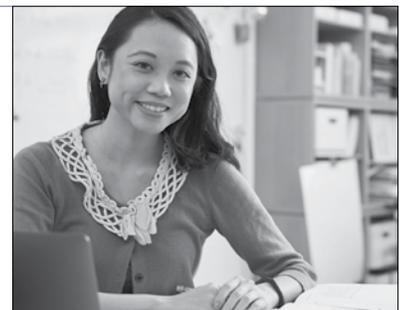
Most BER seminars can be brought to your school or district. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Can't Attend?

### Other Professional Development Options:

#### Related Online Course

A related On Demand Video-Based Online Learning course, *Strengthening the Executive Function Skills of Students with Special Needs*, for Grades K-12, is available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)



## Extensive Resource Handbook

Each participant will receive an extensive resource handbook specifically designed for this seminar. The handbook includes:

- Step-by-step strategies for meeting the needs of your students with executive function deficits
- Multiple resources and next-day ideas for organization, impulse control, memory, behavioral regulation, and attention/concentration
- Ideas for planning long-term projects, studying for tests, homework completion, as well as organizing space, materials and time

## ASHA CEUs Available



The **Bureau of Education & Research** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

This course is offered for **0.50 ASHA CEUs (Intermediate level, Professional area).**

ASHA-Required Disclosure Statement for Kathy Morris:

**Financial:** Consultant for Bureau of Education & Research and receives an honorarium and receives financial compensation from PESI, Stetson and Associates and igivuWings.

**Nonfinancial:** No relevant nonfinancial relationships exist.

**Please bring your ASHA Account Number to the seminar if you will be completing paperwork for the ASHA CE Registry.**

## Meet Inservice Requirements / Earn State CEUs

Participants will receive a certificate of participation that may be used to verify continuing education hours.

### CEUs Available

#### Illinois

5 IL PD Clock Hours Available

#### New York

5 NY CTLE Hours Available

PA CPE Hours Verification Available with Prior District Approval

#### Ohio

OH CEUs Available with District Approval

## Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

# Strengthen Your Special Needs Students' EXECUTIVE FUNCTION SKILLS: Strategies to Reduce Impulsive Behaviors, Increase Focus and Develop Working Memory

## Registration (XFX0F1)

1. **Buffalo** (Amherst), **NY** – December 16, 2019
2. **Chicago North** (Elk Grove Village), **IL** – December 19, 2019
3. **Chicago South** (Alsip), **IL** – December 18, 2019
4. **Cleveland** (Middleburg Heights), **OH** – December 17, 2019

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

**List additional registrants on a copy of this form**

SCHOOL NAME	
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SCHOOL MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
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SCHOOL PHONE NUMBER	HOME PHONE NUMBER
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**Registration confirmations are sent via e-mail.  
If you would like a confirmation, please provide your e-mail address.**

E-MAIL ADDRESS	
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HOME MAILING ADDRESS	
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CITY & STATE	ZIP CODE
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**IMPORTANT: PRIORITY ID CODE: EXFX0F1**

## METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash please.

- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # \_\_\_\_\_  
(Be sure to include priority ID code on the P.O.)
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(Found on back of card)
- \_\_\_\_\_  
/
- Please print name as it appears on card                      Signature (required for credit card purchases)

## FOUR EASY WAYS TO REGISTER:

 REGISTER ONLINE at: [www.ber.org](http://www.ber.org)

 FAX this form to: **1-425-453-1134**

 PHONE toll-free: **1-800-735-3503** (Weekdays 6 am - 5 pm Pacific Time)

 MAIL this form to: **Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

## Program Hours

All seminars are scheduled 8:30 a.m. - 3:15 p.m.  
Check-in 8:00 a.m. - 8:30 a.m.

## Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

## Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Buffalo: Hyatt Place – Amherst, (716) 839-4040
- Chicago North: Holiday Inn – Elk Grove Village, (847) 437-6010
- Chicago South: DoubleTree – Alsip, (708) 371-7300
- Cleveland: Crowne Plaza – Airport, (440) 243-4040

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

## Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

## Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

## Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of seminar training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

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**EXECUTIVE FUNCTION SKILLS:**  
Strategies to Reduce Impulsive  
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**Best Practices to Strengthen Special Needs  
Students' EXECUTIVE FUNCTION SKILLS**

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**A Unique One-Day Seminar**

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Strategies to Reduce Impulsive Behaviors,  
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**Demonstrations, activities, examples, checklists, and much more**