

STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)



A Unique One-Day In-Person Seminar Presented by

Barbara Meleney

Award-Winning Adapted PE Specialist, PE Teacher
and Outstanding Presenter

**Specifically Designed for General PE Teachers, Adapted PE Specialists,
Special Education Teachers, Paraprofessionals Who Work with Special
Needs Students, and School-Based Physical Therapists**

Practical strategies to more effectively include students with special needs into your general PE program and **for adapted PE**

Proven techniques to modify equipment, activities, games, sports, and environments for students with special needs

Engaging movement, rhythm and team-building activities that will encourage all students to participate and promote full inclusion for all your students

Easy-to-implement ideas to improve communication with students with special needs, even those with communication challenges

"Barbara has a wealth of experience and practical ideas to make PE a successful experience for students with special needs."

Illinois

Chicago North – January 24
(Elk Grove Village)

Chicago South – January 25
(Burr Ridge)

Minnesota

Minneapolis – January 28
(Brooklyn Center)

Wisconsin

Appleton – January 27

Milwaukee – January 26
(Brown Deer)

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

Ten Key Benefits of Attending

"Barbara presents very relevant information - ideas I can use immediately!"



Who Should Attend

General PE Teachers,
Adapted PE Specialists,
Special Education
Teachers, Paraprofessionals
Who Work with Special
Needs Students,
and School-Based
Physical Therapists

1. **More Effectively Include Students with Special Needs in Your General PE Program In-Person and Online**

Learn practical strategies to engage and excite all your students in physical education ... Peer mentoring/partnering, grouping without tears, managing paraprofessionals, proving leadership opportunities, and more whether your PE instruction is in-person, online or in a hybrid learning environment

2. **Gain a Variety of Fun Fitness Activities that Include All Students**

Learn how to modify fitness activities so all students will benefit ... Discover interactive and engaging fitness games that allow students with special needs to participate alongside their classmates

3. **Increase Student Participation and Success**

Learn a variety of innovative and motivating ways to increase participation and success for all students

4. **Learn How to Modify Any Sport or Activity for Students with Special Needs**

Discover the latest techniques on how to even the playing field without changing the integrity of the game ... Explore simple ways to modify sports, activities and equipment so students with special needs can activity participate in any lesson

5. **Boost Student Motivation with Fun Rhythm and Dance Activities**

Learn innovative ways to use music and dance activities with all grades and ability levels ... Discover engaging dances and rhythm activities students will love

6. **Acquire Innovative, Cooperative and Team-Building Activities**

Discover cooperative activities and games that will engage all students as well as encourage and foster positive interaction among classmates

7. **Acquire Budget-Friendly Equipment Ideas to Enhance Your PE Instruction**

Discover great money-saving ideas using equipment that you already have and equipment you can make or purchase at minimal cost including creative ways to use household items as equipment in distance learning environments

8. **Differentiate and Modify PE Instruction to Foster Greater Success for All Students**

Learn a variety of proven methods that foster increased participation and guarantee greater success for all students

9. **Utilize the Most Effective Gross Motor Screening and Assessment Tools to Determine Eligibility for Adapted PE**

Discover how to determine a student's ability to safely and successfully participate in the general PE program ... Learn which assessment tools are most appropriate for determining a student's eligibility for adapted PE services

10. **Receive an Extensive Grades K-8 Physical Education Resource Handbook**

You'll leave with an extensive physical education resource handbook designed specifically for grades K-8 physical education teachers and adapted PE teachers that is packed with innovative activities and strategies to effectively include students with special needs both in-person and online

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Practical strategies** to strengthen inclusion in your K-8 physical education program in-person and online
- **The difference between modified PE and specialized instruction (APE)** that will help you determine who may require APE services
- **Money-saving tips on how to use equipment you already have or find** inexpensive options to purchase or make
- Motivating fitness activities that will **accommodate all abilities**
- **Fun, exciting, engaging games and activities** to ignite interest in all students
- Creative ways to **integrate health-related topics** into your PE lessons
- **Easy ways to modify/adapt** any PE activity or lesson to meet all students' abilities
- Innovative ideas for incorporating **cooperative and team-building activities**
- **Proven assessment tools** you can use to evaluate students and use for IEP goals and objectives
- Strategies to **improve communication with non-verbal students and students on the autism spectrum**
- **Disability awareness activities** to promote understanding and acceptance of students with disabilities



"Barbara has great insight into how to modify PE activities to meet the needs of students with special needs."

Practical Ideas and Strategies

Join outstanding adapted physical educator and presenter, **Barbara Meleney**, for a **NEW** engaging and innovative seminar filled with practical PE strategies for grades K-8 PE and adapted PE teachers. In this unique and highly practical seminar, you will learn dozens of ideas to strengthen your PE instruction to include students with a variety of abilities in-person and online. Barbara has taken what works for her own PE and adapted PE programs and packed it into a day filled with effective strategies, engaging activities, creative use of equipment, including homemade options, assessment ideas, and recommended modifications and adaptations for motor skills, movement concepts, sports and activities to accommodate a wide range of student abilities. Barbara's focus is on solutions for developing and increasing student participation, physical fitness, and motor development as well as adapting any teaching environment no matter which obstacles PE teachers face. Whether you are experienced or new to teaching PE, you will walk away with exciting and engaging strategies you can immediately implement in your own PE program.



A Message From Seminar Leader, Barbara Meleney



Uniquely Qualified Instructor

BARBARA MELENEY is a highly experienced, award-winning adapted physical education specialist and physical education teacher, and national adapted PE and PE presenter. She has mentored numerous adapted PE teachers and provided consultation to many public school systems. Barbara is known for her passion for including students with special needs in PE classes and offering innovative and engaging activities for students in adapted PE classes. She has dozens of ideas for engaging students, cooperative activities and using appropriate equipment and materials to promote full inclusion and successful participation for all students. You will receive her extensive handbook filled with current innovative practices, activities, evaluation tools, and equipment ideas. **You will find Barbara's seminar enjoyable, fast-paced and filled with practical ideas that can be immediately incorporated into your own physical education or adapted physical education program.**

Dear Colleague:

I believe teaching physical education is the most important as well as the most challenging job in our education system. As an adapted physical education specialist, I have experienced firsthand the many and varied challenges physical educators face each day.

As physical educators, we are responsible for meeting the unique needs of every child who enters our school building and reaching and teaching these students in a classroom environment like no other. Our students have a wide range of abilities, sometimes even significant disabilities, as well as varied levels of social and emotional maturity. Our classrooms are often large, wide open, noisy, and unpredictable which makes classroom management tough as well.

In this seminar I will show you how to manage all these challenges. Through fun and interactive games and activities, I will share my favorite strategies and techniques for creating an inclusive classroom while maintaining the safety, integrity, rigor, and fun in your lessons.

You will learn the recipe for inclusion and how to successfully implement the key ingredients for managing a diverse group of learners while ensuring they are maximally active while engaged in meaningful learning the majority of class time.

You'll leave with numerous ideas you can use immediately. Be prepared to leave excited about strengthening your inclusive PE program.

Sincerely,

Barbara Meleney

P.S. I want to make the most of our time together and in turn help you make the most of your time with your students. During our **interactive exploration of the tools** needed to create a more inclusive PE program, there will be ample time to address your individual teaching challenges.

"I will share my favorite strategies and techniques for creating an inclusive classroom while maintaining the safety, integrity, rigor, and fun in your lessons."

What Your Colleagues Say About Barbara Meleney

"Barbara is very knowledgeable and it was so helpful to be given the opportunity to apply the information taught to real-life scenarios and brainstorm with other participants to come up with adaptations for a variety of situations."

"Barbara's seminar was interactive and fun and I left with ideas that I will be able to implement with my special education students on Monday!"

"Barbara's seminar is informative, interactive and fun!"

"I liked that Barbara encouraged us to share our individual experiences and allowed time for discussion and brainstorming for solutions."



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers

Extensive Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources. (For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.)

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants

Program Guarantee

As we have for 44 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"I loved all of Barbara's hands-on activities using different equipment."

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies before, during and after the seminar. The handbook includes:

- Helpful tips and strategies to improve your inclusive physical education program
- Innovative equipment ideas that are inexpensive or easy to make
- Many ways to modify/adapt any sport or activity for inclusion
- Fun and engaging games/activities that foster inclusion
- Ideas for incorporating team-building activities and cooperative games

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in strengthening their inclusive PE program.

Consultation Available

Barbara Meleney will be available to answer your specific questions and the unique needs of your own PE program.

Meet Inservice Requirements / Earn State CEUs

Participants of In-Person Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

A video recorded version of this seminar will be available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available. To enroll, see registration form on page 7.



Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Innovative, New Activities for Strengthening Your Physical Education Program*, for Grades K-8, is available for immediate registration. To enroll, visit www.ber.org/online

STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)

Registration (PXM2W1)

- 1. **Appleton, WI** – January 27, 2022
- 2. **Chicago North** (Elk Grove Village), **IL** – January 24, 2022
- 3. **Chicago South** (Burr Ridge), **IL** – January 25, 2022
- 4. **Milwaukee** (Brown Deer), **WI** – January 26, 2022
- 5. **Minneapolis** (Brooklyn Center), **MN** – January 28, 2022
— or —
- 6. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
POSITION, SUBJECT TAUGHT		
GRADE LEVEL		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
SCHOOL MAILING ADDRESS	
CITY & STATE	ZIP CODE
SCHOOL PHONE NUMBER ()	HOME PHONE NUMBER ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
HOME MAILING ADDRESS	
CITY & STATE	ZIP CODE

IMPORTANT – PRIORITY ID CODE: EPXM2W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person,
for teams of three or more registering at the same time, the fee is \$259
per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
 - A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
 - Charge my: MasterCard VISA Discover
- Account # _____ Exp. Date: _____
MO/YR
- Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

- REGISTER ONLINE** at: www.ber.org
- EMAIL this form to:** register@ber.org
- PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:30 pm Pacific Time)
- FAX this form to: 1-425-453-1134**
- MAIL this form to: Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All In-Person Seminars are scheduled 8:30 a.m. – 3:15 p.m.
Check-in is 8:00 a.m. – 8:30 a.m.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for In-Person Seminars or Recorded Seminars.

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Appleton: Red Lion Paper Valley, (920) 733-8000
- Chicago North: Holiday Inn – Elk Grove Village, (847) 437-6010
- Chicago South: Crowne Plaza – Burr Ridge, (630) 325-2900
- Milwaukee: Four Points By Sheraton – Brown Deer, (414) 355-8585
- Minneapolis: Earle Brown Heritage Center – Brooklyn Center, (763) 569-6300; hotel accommodations available at Embassy Suites - Brooklyn Center, (763) 560-2700

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



BUREAU OF EDUCATION & RESEARCH
 915 118th Avenue SE
 PO Box 96068
 Bellevue, WA 98009-9668
www.ber.org

Prsrt Std
 U.S. Postage
PAID
 Bureau of
 Education &
 Research

STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)



Boost the Success for ALL Students in Your PE Program Including Students with Special Needs

An outstanding one-day In-Person Seminar

Includes an extensive Resource Handbook

Can't Attend? A Recorded Version is available to use online at your convenience

PXM2W1

STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)



In-Person Seminar
 or Recorded Version



A Unique One-Day In-Person Seminar
 (Also available as a Recorded Online Version
 to Use at Your Convenience)

Presented by

Barbara Meloney

Award-Winning Adapted PE Specialist,
 PE Teacher and Outstanding Presenter

Practical strategies to more effectively include students with special needs into your general PE program and **for adapted PE**

Proven techniques to modify equipment, activities, games, sports, and environments for students with special needs

Engaging movement, rhythm and team-building activities that will encourage all students to participate and promote full inclusion for all your students