

# STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)



A Unique, One-Day, Live Online Seminar Presented by

## Barbara Meleney

Award-Winning Adapted PE Specialist, PE Teacher  
and Outstanding Presenter

**Specifically Designed for General PE Teachers, Adapted PE Specialists, Special Education Teachers, Paraprofessionals Who Work with Special Needs Students, and School-Based Physical Therapists**

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**Practical strategies** to more effectively include students with special needs into your general PE program and **for adapted PE use in-person, online and hybrid learning environments**

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**Proven techniques** to modify equipment, activities, games, sports, and environments for students with special needs whether you are teaching in-person or online

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**Engaging movement, rhythm and team-building activities** that will encourage all students to participate and promote full inclusion for all your students

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**Easy-to-implement ideas to improve communication** with students with special needs, even those with communication challenges

### Live Online Seminars

#### January 5

**9 AM Central**, 10 AM Eastern,  
8 AM Mountain, 7 AM Pacific

#### January 6

**9 AM Pacific**, 12 PM Eastern,  
11 AM Central, 10 AM Mountain

#### January 19

**9 AM Eastern**, 8 AM Central,  
7 AM Mountain, 6 AM Pacific

#### January 20

**9 AM Mountain**, 11 AM Eastern,  
10 AM Central, 8 AM Pacific

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#### CAN'T ATTEND?

Order the recorded version  
and take the seminar online at  
your convenience (see page 6)

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CEUs and Graduate Credit Available  
See page 6 for details

# Ten Key Benefits of Attending

*'Barbara presents very relevant information - ideas I can use immediately!'*



## 1. **More Effectively Include Students with Special Needs in Your General PE Program In-Person and Online**

Learn practical strategies to engage and excite all your students in physical education ... Peer mentoring/partnering, grouping without tears, managing paraprofessionals, proving leadership opportunities, and more whether your PE instruction is in-person, online or in a hybrid learning environment

## 2. **Gain a Variety of Fun Fitness Activities that Include All Students**

Learn how to modify fitness activities so all students will benefit ... Discover interactive and engaging fitness games that allow students with special needs to participate alongside their classmates

## 3. **Increase Student Participation and Success In-Person and Online**

Learn a variety of innovative and motivating ways to increase participation and success for all students

## 4. **Learn How to Modify Any Sport or Activity for Students with Special Needs**

Discover the latest techniques on how to even the playing field without changing the integrity of the game ... Explore simple ways to modify sports, activities and equipment so students with special needs can activity participate in any lesson

## 5. **Boost Student Motivation with Fun Rhythm and Dance Activities**

Learn innovative ways to use music and dance activities with all grades and ability levels ... Discover engaging dances and rhythm activities students will love

## 6. **Acquire Innovative Cooperative and Team-Building Activities**

Discover cooperative activities and games that will engage all students as well as encourage and foster positive interaction among classmates

## 7. **Acquire Budget-Friendly Equipment Ideas to Enhance Your PE Instruction**

Discover great money-saving ideas using equipment that you already have and equipment you can make or purchase at minimal cost including creative ways to use household items as equipment in distance learning environments

## 8. **Differentiate and Modify PE Instruction to Foster Greater Success for All Students**

Learn a variety of proven methods that foster increased participation and guarantee greater success for all students

## 9. **Utilize the Most Effective Gross Motor Screening and Assessment Tools to Determine Eligibility for Adapted PE**

Discover how to determine a student's ability to safely and successfully participate in the general PE program ... Learn which assessment tools are most appropriate for determining a student's eligibility for adapted PE services

## 10. **Receive an Extensive Grades K-8 Physical Education Digital Resource Handbook**

You'll leave with an extensive physical education digital resource handbook designed specifically for grades K-8 physical education teachers and adapted PE teachers that is packed with innovative activities and strategies to effectively include students with special needs both in-person and online

### **Who Should Attend**

General PE Teachers,  
Adapted PE Specialists,  
Special Education  
Teachers, Paraprofessionals  
Who Work with Special  
Needs Students,  
and School-Based  
Physical Therapists

# Outstanding Strategies You Can Use Immediately

## What You Will Learn ...

- **Practical strategies** to strengthen inclusion in your K-8 physical education program in-person and online
- **The difference between modified PE and specialized instruction (APE)** that will help you determine who may require APE services
- **Money-saving tips on how to use equipment you already have or find** inexpensive options to purchase or make
- Motivating fitness activities that will **accommodate all abilities**
- **Fun, exciting, engaging games and activities** to ignite interest in all students
- Creative ways to **integrate health-related topics** into your PE lessons
- **Easy ways to modify/adapt** any PE activity or lesson to meet all students' abilities
- Innovative ideas for incorporating **cooperative and team-building activities**
- **Proven assessment tools** you can use to evaluate students and use for IEP goals and objectives
- Strategies to **improve communication with non-verbal students and students on the autism spectrum**
- **Disability awareness activities** to promote understanding and acceptance of students with disabilities



*'Barbara has great insight into how to modify PE activities to meet the needs of students with special needs.'*

## Practical Ideas and Strategies

Join outstanding adapted physical educator and presenter, **Barbara Meleney**, for a **NEW** engaging and innovative seminar filled with practical PE strategies for grades K-8 PE and adapted PE teachers. In this unique and highly practical seminar, you will learn dozens of ideas to strengthen your PE instruction to include students with a variety of abilities in-person and online. Barbara has taken what works for her own PE and adapted PE programs and packed it into a day filled with effective strategies, engaging activities, creative use of equipment, including homemade options, assessment ideas, and recommended modifications and adaptations for motor skills, movement concepts, sports and activities to accommodate a wide range of student abilities. Barbara's focus is on solutions for developing and increasing student participation, physical fitness, and motor development as well as adapting any teaching environment no matter which obstacles PE teachers face. Whether you are experienced or new to teaching PE, you will walk away with exciting and engaging strategies you can immediately implement in your own PE program.



# A Message From Seminar Leader, Barbara Meleney



## Uniquely Qualified Instructor

**BARBARA MELENEY** is a highly experienced, award-winning adapted physical education specialist and physical education teacher, and national adapted PE and PE presenter. She has mentored numerous adapted PE teachers and provided consultation to many public school systems. Barbara is known for her passion for including students with special needs in PE classes and offering innovative and engaging activities for students in adapted PE classes. She has dozens of ideas for engaging students, cooperative activities and using appropriate equipment and materials to promote full inclusion and successful participation for all students. You will receive her extensive handbook filled with current innovative practices, activities, evaluation tools, and equipment ideas. **You will find Barbara's seminar enjoyable, fast-paced and filled with practical ideas that can be immediately incorporated into your own physical education or adapted physical education program.**

Dear Colleague:

I believe teaching physical education is the most important as well as the most challenging job in our education system. As an adapted physical education specialist, I have experienced firsthand the many and varied challenges physical educators face each day.

As physical educators, we are responsible for meeting the unique needs of every child who enters our school building and reaching and teaching these students in a classroom environment like no other. Our students have a wide range of abilities, sometimes even significant disabilities, as well as varied levels of social and emotional maturity. Our classrooms are often large, wide open, noisy, and unpredictable which makes classroom management tough as well.

In this seminar I will show you how to manage all these challenges. Through fun and interactive games and activities, I will share my favorite strategies and techniques for creating an inclusive classroom while maintaining the safety, integrity, rigor, and fun in your lessons.

You will learn the recipe for inclusion and how to successfully implement the key ingredients for managing a diverse group of learners while ensuring they are maximally active while engaged in meaningful learning the majority of class time.

***Whether your PE instruction is in-person, online or in a hybrid learning environment, you'll leave with numerous ideas you can use immediately.*** Be prepared to leave excited about improving your inclusive PE program.

Sincerely,

Barbara Meleney

P.S. I want to make the most of our time together and in turn help you make the most of your time with your students. During our **interactive exploration of the tools** needed to create a more inclusive PE program, there will be ample time to address your individual teaching challenges.

*"I will share my favorite strategies and techniques for creating an inclusive classroom while maintaining the safety, integrity, rigor, and fun in your lessons."*

# What Your Colleagues Say About Barbara Meleney

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*"Barbara is very knowledgeable and it was so helpful to be given the opportunity to apply the information taught to real-life scenarios and brainstorm with other participants to come up with adaptations for a variety of situations."*

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*"Barbara's seminar was interactive and fun and I left with ideas that I will be able to implement with my special education students on Monday!"*

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*"Barbara's seminar is informative, interactive and fun!"*

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*"I liked that Barbara encouraged us to share our individual experiences and allowed time for discussion and brainstorming for solutions."*



## About BER Live Online Seminars

**With the current health challenges, all BER in-person PD events are currently being presented in a Live Online format:**

**Outstanding Instructors**

All programs are led by outstanding BER national trainers

**Extensive Resource Handbooks**

You'll have access to an extensive digital Resource Handbook before, during and after your seminar

**Highly Interactive**

You'll be able to ask questions in real time and interact with the instructor and other participants

**Program Guarantee**

As we have for 43 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

# Special Benefits of Attending



*'I loved all of Barbara's hands-on activities using different equipment.'*

## On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies before, during and after the seminar. The handbook includes:

- Helpful tips and strategies to improve your inclusive physical education program in-person and online
- Innovative equipment ideas that are inexpensive or easy to make
- Many ways to modify/adapt any sport or activity for inclusion
- Fun and engaging games/activities that foster inclusion
- Ideas for incorporating team-building activities and cooperative games

## Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in increasing the behavior and learning of their students.

## Consultation Available

Barbara Meleney will be available to answer your specific questions and the unique needs of your own PE program.

## Meet Inservice Requirements / Earn State CEUs

Participants of both the Live Online Seminar and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. In addition, state CEUs are available for both versions of the course. For details, visit [www.ber.org/ceus](http://www.ber.org/ceus)

## Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

## Can't Attend?

### Other Professional Development Options:



#### Recorded Version of the Seminar

This course will be video recorded and available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available. To enroll, see registration form on page 7.



#### Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Innovative, New Activities for Strengthening Your Physical Education Program*, for Grades K-8, is available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)

# STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)

## Registration (PXM1W1)

- 1. January 5, 2021** (Start time: 9 AM Central)
- 2. January 6, 2021** (Start time: 9 AM Pacific)
- 3. January 19, 2021** (Start time: 9 AM Eastern)
- 4. January 20, 2021** (Start time: 9 AM Mountain)
- or —
- 5. I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
_____		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
_____		
SEMINAR NUMBER: _____ (Please see list above)		

*List additional registrants on a copy of this form*

SCHOOL NAME	
_____	
SCHOOL MAILING ADDRESS	
_____	
CITY & STATE	ZIP CODE
_____	_____
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
(     )	(     )

**Registration confirmations and login details are sent via e-mail**

E-MAIL ADDRESS ( <u>REQUIRED</u> FOR EACH REGISTRANT)	
_____	
HOME MAILING ADDRESS	
_____	
CITY & STATE	ZIP CODE
_____	_____

**IMPORTANT: PRIORITY ID CODE: EPXM1W1**


## METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash please.


- A check (payable to **Bureau of Education & Research**) is attached
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## FOUR EASY WAYS TO REGISTER:

 REGISTER ONLINE at: [www.ber.org](http://www.ber.org)

 FAX this form to: **1-425-453-1134**

 PHONE toll-free: **1-800-735-3503**  
(Weekdays 5:30 am - 4 pm Pacific Time)

 MAIL this form to: **Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

## Program Hours

- All Live Online seminars start times are described on the cover
- Check-in 15 minutes prior to the seminar
- Live Online seminars are five hours in length plus breaks
- Registrants will receive login information by email four days before their Live Online seminar

## Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

## Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

## Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

## Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.



PXM1W1

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# STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)



**Boost the Success for ALL Students in Your PE  
 Program Including Students with Special Needs**

***Practical PD, No Travel***

**An outstanding one-day Live Online Seminar**

**Includes an extensive Resource Handbook**

**Can't Attend? A Recorded Version is available  
 to use online at your convenience**

PXM1W1



# STRENGTHENING YOUR INCLUSIVE PE PROGRAM: Increasing Success and Participation for All, Including Students with Special Needs (K-8)

*Live Online Seminar  
 or Recorded Version*



**A Unique One-Day Live Online Seminar  
 (Also available as a Recorded Online Version  
 to Use at Your Convenience)**

Presented by

**Barbara Meloney**

Award-Winning Adapted PE Specialist,  
 PE Teacher and Outstanding Presenter

**Practical strategies** to more effectively include students with special needs into your general PE program and **for adapted PE use in-person, online and hybrid learning environments**

**Proven techniques** to modify equipment, activities, games, sports, and environments for students with special needs whether you are teaching in-person or online

**Engaging movement, rhythm and team-building activities** that will encourage all students to participate and promote full inclusion for all your students