

A Unique Two-Day Live Online Conference



RESTORATIVE DISCIPLINE Conference

July 13 and 14

Start Time: 9 AM Central

(8 AM Mountain, 7 AM Pacific, 10 AM Eastern)

CEUs and Graduate Credits Available

See page 7 for details

Choose from 21 Strategy-Packed Conference Sessions



Restorative Discipline Strategies to Take Back to Your Classroom!



Meet Your Team of Expert RESTORATIVE DISCIPLINE Instructors

JULIE COMPTON is a highly skilled educator and practitioner with proven experience working successfully with challenging, defiant students by applying Restorative Practices. She is a veteran classroom teacher, behavior specialist and trainer with expertise in restorative discipline. She has worked directly with students and their teachers in grades K-12. Her extensive experience across time and grade levels gives her a very unique perspective. The transparency with which she approaches teachers makes her very relatable and trustworthy. She teaches in a way that gets to the heart of the matter. Attendees walk away with highly practical strategies they can immediately implement into their restorative discipline classrooms.

SUSAN JONES is an energetic and engaging national presenter specializing in Restorative Discipline. Her lively, practical sessions will inform and empower you to create productive learning environments where students take greater responsibility for their own behavior. Susan is an experienced special education teacher, behavior specialist and school leader with 20+ years in education. Her passion for helping students and educators be their best led her to Restorative Practices, an alternative method for managing disruptive behaviors.

MARYANN BRITTINGHAM is a highly experienced teacher, national presenter and leading expert in working with challenging behavior and using Restorative Practices. She is known for her motivational sessions that inspire and give teachers the specific strategies they need to make positive changes to increase students' success. She brings not only her extensive knowledge of what drives behavior and the science behind it, but strategies and practices you will be able to put into practice to help students own and use the strategies themselves. You won't want to miss sessions with MaryAnn!



Who Should Attend

Grades K-12 Classroom Teachers, Title I Staff, Special Education Staff, Behavior Intervention Specialists, Counselors, Instructional Assistants, Program Specialists, School Improvement Teams, Discipline Committee



Day One

Keynote • 9:00 - 9:30 am

“Let Go! Rediscover Hope! Strengthen Resilience!” – MaryAnn Brittingham

“Happiness and freedom begin with a clear understanding of one principle: some things are within our control, and some things are not.” — Epictetus

Learning to “let go” is proven to bring more peace and happiness. Whether it is into your life or the lives of your students, research shows “letting go” and focusing on hope is a learnable, measurable skill. National Presenter MaryAnn Brittingham kicks off our Restorative Discipline conference with this powerful Keynote that addresses the question on all educators’ minds: How do I have a sizable impact on the success of my students? What strategies can I use right away to strengthen resilience, ignite hope, and positively impact learning? This past year has deeply tested our hope and our resilience. Join MaryAnn as she sets the stage for two powerful days of learning on the restorative practices all students need!

MORNING SESSIONS • 9:40 am – 12:10 pm

Choose **ONE** Full Morning Session OR **TWO** 70-Minute Sessions
One mid-morning break

Full Morning Session • 9:40 am – 12:10 pm

A-1: Doing Discipline Differently: Restorative Practices Offer a Differentiated Approach

– *Susan Jones*

Traditional consequences work well for traditional students. Typically, traditional students aren’t being sent to the office over and over again. Gain tools and strategies you will be able to implement immediately in your Restorative Discipline program to help meet the needs of your most challenging students. Utilizing a proactive, restorative approach to focus on strategies, students needs and practical outcomes to determine new alternatives to traditional consequences.

First 70–Minute Morning Sessions
9:40 – 10:50 am

Second 70–Minute Morning Sessions
11:00 am – 12:10 pm

CHOOSE ONE: A-2 or A-3

A-2: Fundamentals of Restorative Practices

– *Julie Compton*

What really works to reduce students’ problem behavior and increase their desire to act responsibly and respectfully? Learn the key elements for successfully implementing Restorative Discipline in your class or school. Assess your practices and understand where you are headed in your discipline journey. You will be able to analyze your classroom activities and leave with new ideas that will produce respectful and responsible behavior and maximal learning.

A-3: Why Behavior Plans Fail and How to Plan for Success – MaryAnn Brittingham

If the traditional behavior plan model is not working for your students, you won’t want to miss this session! MaryAnn will show you why they don’t work and what you can do instead using a restorative discipline lens. You will gain practical strategies and valuable tips for helping students take responsibility for their behavior and how you can break down the new behavior into small, doable steps.

CHOOSE ONE: A-4 or A-5

A-4: Rules Alone Don’t Create an Orderly Environment – Julie Compton

Rules are everywhere but what is it that creates an engaged, orderly classroom? Join Julie to explore which restorative practices, classroom activities and compelling procedures produce the respectful and responsible behavior all students are capable of achieving. Discover the key strategies needed to achieve a more engaged and orderly classroom. Understand the difference between a rule-bound classroom and one that is pleasant yet upholds both high expectations for behavior and learning and low tolerances for misbehavior.

A-5: Incorporate GROWTH MINDSET Strategies to Improve a Restorative Atmosphere in Your Classroom – MaryAnn Brittingham

We must change the way we think about our challenging students if we want to reduce disruptive behavior. Restorative Practices have the power to help students self-regulate and make better decisions consciously, but it may require educators to think differently about the behavior and the student. Evaluate your mindset. Discover how you can help your students and yourself move from a fixed mindset to a growth mindset.

Lunch break • 12:10 – 1:10 pm

*“Highly recommend!
I am taking away
a lot to create
bite-sized lessons to
share with admin
and teaching staff!”*

– Christopher Samarripas,
Counselor



*“One of the best
conferences I’ve
attended! Great
presenters and
very informative.
LOVE, LOVE, LOVED
this!”*

– Raquel Edwards,
Elementary School Social Worker



Team Discount

ONE DAY

One Person: \$289

BOTH DAYS

One person: \$489

**Team of 3+: \$469 per person
when enrolled at the
same time**

... *“Great session options. Personable instructors.”* ...

Who is BER?

The Bureau of Education & Research is North America's leading presenter of training for professional educators. Our goal is to provide high-quality PD programs, based on sound research, with an emphasis on practical strategies and techniques that can be immediately implemented.



Can't Attend? Online Professional Development Options: Related Online Courses

Two related On Demand Video-Based Online Learning courses, *Restorative Discipline: Help Students Improve Their Behavior and Strengthen Their Learning*, for Grades K-12, and *Practical Strategies for Improving the Behavior of Attention-Seeking, Manipulative and Challenging Students*, for Grades 1-12, are available for immediate registration. To enroll, visit www.ber.org/online

Day One

AFTERNOON SESSIONS • 1:10 – 3:40 pm

Choose **ONE** Full Afternoon Session OR **TWO** 70-Minute Sessions
One mid-afternoon break

Full Afternoon Session • 1:10 – 3:40 pm

B-1: Practical Restorative Strategies to Effectively Respond to Power Struggles

– *MaryAnn Brittingham*

Learn highly effective strategies to defuse power struggles. Identify your response style while dealing with disrespectful students. Learn specific restorative strategies to avoid escalating conversations into arguments – what you can say and how to say it. Change the way you communicate with students in order to change their behavior.

First 70-Minute Afternoon Sessions 1:10 – 2:20 pm

CHOOSE ONE: B-2 or B-3

B-2: Transform Misbehaviors into Connections in Less Than 2 Minutes a Day

– *Susan Jones*

Discover the power of 60 Second Relate Breaks and Two-Minute Connections. These proactive restorative discipline tools give teachers the time to build and sustain relationships in micro-frequencies. A connected classroom is literally seconds away!

B-3: Proven Strategies to Teach Social-Emotional Skills for Personal and Interpersonal Success – *Julie Compton*

Misbehavior is often a sign that students do not have the skills necessary to respond effectively to others. Learn to look at misbehavior as a teaching opportunity and determine what skills need to be taught and strengthened for the student to be successful. Learn simple strategies taken from a restorative practices approach that teach and encourage those skills, helping students to develop life-long social competencies.

Second 70-Minute Afternoon Sessions 2:30 – 3:40 pm

CHOOSE ONE: B-4 or B-5

B-4: From Misbehavior to Accountability: Rules and Relationship Strategies that Successfully Co-Exist – *Susan Jones*

The Treatment Agreement is a foundational component of Restorative Practices that focuses on how we treat one another and replaces traditional rules. You will learn how to construct a Treatment Agreement as well as a strategic plan for implementing and utilizing it on a daily basis. Create a new way to facilitate greater student accountability and explore how you might do this in any classroom!

B-5: Debriefing: Seizing the Teachable Moment When Misbehavior Occurs

– *Julie Compton*

In the classroom where restorative practices are the focus, misbehavior is a teachable moment; the learner is active and the learning relevant. Few view problem behaviors as an opportunity to teach vital social and life skills. Learn a simple strategy to teach in response to troublesome behaviors, as they occur, and to restore relationships, and help students become successful as you create a more restorative environment in your classroom.

Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/online

Day Two

MORNING SESSIONS • 9:00 – 11:40 am

Choose **ONE** Full Morning Session OR **TWO** 75-Minute Sessions
One mid-morning break

Full Morning Session • 9:00 – 11:40 am

C-1: Administrative Intervention: Including Restorative Practices into Your Office Referrals – *Julie Compton*

There is scarcely a school that doesn't use the office discipline referral (ODR) as an eventual response for chronic or intense behavior. Come learn a proven process that supports teachers and maintains low tolerances for inappropriate behavior, all while strengthening the students' skills and avoiding typical punitive approaches such as suspensions and detentions. You will learn how to: help students regain self-control, problem solve with the student and teach skills vital for their success, assist the student with restitution that restores relationships, use predictable yet personal consequences, and ensure emotional security for the students through concern and a commitment to keep them successfully in school. ODRs will never be the same.

First 75-Minute Morning Sessions
9:00 – 10:15 am

Second 75-Minute Morning Sessions
10:25 – 11:40 am

CHOOSE ONE: C-2 or C-3

C-2: They're Baa-aack! Successfully Supporting Removed Students When Returning to Your Classroom – *Susan Jones*

Re-Entry Circles are a key restorative practice to breaking the vicious cycle so many students find themselves in. In this session, you will gain greater understanding as to what it entails to plan, prepare, and facilitate a Re-Entry Circle, as well as how to create plans to ensure that our students are completely supported upon return for greater success! Join Susan to discuss how this process can take place in any classroom!

C-3: Working with Resistant Team Members Who Don't Like Change – *MaryAnn Brittingham*

Whether you have volunteer or mandatory involvement, there are always those who don't seem to have a stake in a schoolwide plan that may or may not make sense to them. Change is difficult even though it is the only constant in life. Learn ways to transition and support staff and colleagues who are not ready to jump into a new model of working with students' behaviors and fear change.

CHOOSE ONE: C-4 or C-5

C-4: Minimize Negative Classroom Interactions with a GTKY Plan – *Susan Jones*

Many times, Circle is the vehicle used when attempting to repair relationships that have been harmed, but they aren't solely for repairing relationships. The most powerful tool in regards to building real relationships are Get To Know You (GTKY) Circles. GTKY Circles build greater classroom community by allowing everyone's voice to be heard. Attendees will discover how to prepare, facilitate and manage classroom relationship circles. When you start a conversation with someone, you never know where it will go; trust the process! What might that look like in your classroom? Join Susan for possible ways to more easily navigate GTCY Circles.

C-5: Nothing Is So Small It Can't Be Blown Out of Proportion – *MaryAnn Brittingham*

Anger comes from a variety of places most of which are not even found at school. Some students have anger simmering below the surface at all times. When students can see the patterns that lead to the release of that anger, together we can more effectively interrupt the pattern of anger. Through our response to an angry student we can simultaneously help them identify the real cause while we provide the necessary supports to result in an outcome that breaks the conflict cycle.

Lunch Break • 11:40 am – 12:40 pm

Comprehensive Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this conference. Included in the handbook are resource materials for ALL conference sessions, even those you don't attend. These materials include:

- Strategies to transform your discipline system to one based on Restorative Practices that foster learning and growth
- Effective verbal skills that decrease conflict, promote emotional intelligence and communicate respect and caring
- Techniques to help students replace negative attitudes with positive ones
- Clear steps for helping students give up the victim stance and take personal responsibility for their choices and actions

"I've learned so much. Each presenter was a joy to learn from, and the resources I've gathered from these short two days will alter how I reach moving forward!"

– Maximo Penichet, Behavior Development
Special Education Teacher





Day Two

AFTERNOON SESSIONS • 12:40 – 3:20 pm

Choose **TWO** 75-Minute Afternoon Sessions
One mid-afternoon break

First 75–Minute Afternoon Sessions
12:40 – 1:55 pm

Second 75–Minute Afternoon Sessions
2:05 – 3:20 pm

CHOOSE ONE: D-1, D-2 or D-3

D-1: Restitution and Restoration: Helping Students Make Things Right – Julie Compton

A punishment orientation reinforces a low level of moral development and does not help students develop a higher, more socially valuable level of morality. Learn the role of restitution in a restorative classroom to repair any damage or harm done to others, how to help students take ownership for making amends, and how to guide them to a successful classroom re-entry whether they are learning in the virtual or traditional setting.

D-2: Improve Emotion Dysregulation Through Mindfulness – MaryAnn Brittingham

Trauma is a common factor for people who have problems managing their emotions. Increased awareness helps us gain control of behavior. We can't change our thoughts or emotions unless we are aware of what we're thinking and feeling. Learn the benefits of weaving mindfulness as a restorative tool into your daily schedule in a variety of ways.

D-3: Proactive Strategies for the Restorative Classroom – Susan Jones

Positive interactions help grow more positive behavior. This session will give you specific restorative strategies to reinforce and sustain positive interactions within the classroom. Learn how to create a Positive Spark Plan to build momentum in students for a connected classroom culture.

CHOOSE ONE: D-4, D-5 or D-6

D-4: De-escalation of Intense Behavior – Julie Compton

When student behavior escalates it is crucial to have the skill set that will steer you to remain calm and supportive while also calming the student. Learn the language and behaviors to avoid as well as proven verbal interactions to calm students in crisis and help them regain self-control. You won't want to miss these key restorative strategies!

D-5: Creating a Trauma-Sensitive, Resilient Classroom – MaryAnn Brittingham

Does the thought of "getting it right" make you feel anxious? Imagine what your students feel as they enter your classroom each day worried that they may fail, or worse yet, bringing with them the traumas they experience daily in their home lives. It is clear that we all are striving to not only recognize the needs of our students but to provide the very best for them. In this powerful session, learn concrete actions on the "how" to create a restorative classroom set of supports for traumatized and anxious students and the school professionals who serve them. Implementing these strategies leads to increased self-regulation, reduced anxiety, and improved success for all.

D-6: How to Repair Relationships and Avoid Repeat Offenses – Susan Jones

What rule was broken and who broke it? What is the punishment? This traditional model is not working for many of today's students. Discover how you can use the Repair Process to help our students take responsibility for their behaviors and be accountable to those impacted. Learn how Harm Repair Circles allow all parties to develop understanding and avoid blame.

ABOUT BER CONFERENCES

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructors, and share ideas with other participants

Program Guarantee

As we have for 44 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.



On-Site Training

Conferences like this one along with many other topics can be brought to your school or district. Please view all of our On-Site PD options at www.ber.org/onsite or call 877-857-8964 to speak with an On-Site Training PD Consultant.

Restorative Discipline Conference

Registration (NIN2M1)

(Please copy this registration form for additional registrants)

JULY 13 and 14, 2022 (Start time: 9 AM Central)

Both days: July 13 and 14, 2022

One day only: July 13, 2022

One day only: July 14, 2022

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

PRIORITY ID CODE: EN012F1

METHOD OF PAYMENT - Group Discount Available

Payment is due prior to the program. No cash please.

One day only, **\$289**; both days, **\$489**;

\$469 per person for groups of three or more registering at the same time for both days.

- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Charge my: MasterCard VISA Discover

Account # _____ Exp. Date: _____ MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details for direct enrollment with University of Massachusetts Global, will be available at this program.

Meet Inservice Requirements / Earn State CEUs

Participants can receive a certificate of participation that may be used to verify continuing education hours. In addition, state CEUs are available. For details, visit www.ber.org/ceus

Registration Fee

The fee for the first or second day registration only is \$289 per person. If a person registers for both days, the registration fee is discounted to \$489 per person; \$469 per person for groups of three or more registering at the same time for both days. Registration fees are due prior to the program. No cash please.

Fee includes conference registration, a certificate of daily attendance and an extensive digital resource handbook with materials for all sessions – even those you don't attend.

FIVE EASY WAYS TO REGISTER

REGISTER ONLINE at:
www.ber.org

FAX this form to:
1-425-453-1134

EMAIL this form to:
register@ber.org

MAIL this form to:
Bureau of Education & Research
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

PHONE toll-free:
1-800-735-3503
(Weekdays 5:30 am - 4:00 pm Pacific Time)

Session Preferences: Session Numbers Required

DAY 1

- One Full Morning Session: A-1**
- OR -
- Two 70-Minute Morning Sessions**
A- _____ - and - A- _____
(A-2 or A-3) (A-4 or A-5)

- One Full Afternoon Session: B-1**
- OR -
- Two 70-Minute Afternoon Sessions**
B- _____ - and - B- _____
(B-2 or B-3) (B-4 or B-5)

DAY 2

- One Full Morning Session: C-1**
- OR -
- Two 75-Minute Morning Sessions**
C- _____ - and - C- _____
(C-2 or C-3) (C-4 or C-5)

- Two 75-Minute Afternoon Sessions**
D- _____ (D-1, D-2 or D-3)
- AND -
D- _____ (D-4, D-5 or D-6)

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations made prior to the conference date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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RESTORATIVE DISCIPLINE Conference (July 2022)

- **Outstanding Live Online Conference**
- **21 Strategy-Packed Sessions From Which to Choose**
- **Receive an Extensive Digital Resource Handbook**

NIN2M1



SUMMER 2022

A Unique Two-Day Live Online Conference

RESTORATIVE DISCIPLINE Conference

July 13 and 14

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 (8 AM Mountain, 7 AM Pacific, 10 AM Eastern)

CEUs and Graduate Credits Available
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Choose from 21 Strategy-Packed Conference Sessions



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