

RESTORATIVE PRACTICES in the Classroom: Powerful Strategies that Build Better Relationships and Manage Student Behavior More Effectively



A Unique One-Day Seminar Presented by

Alan Krenek

Outstanding Teacher and Presenter

Specifically Designed for Classroom Teachers, Title I Staff,
Special Education Staff, Behavior Intervention Specialists, Counselors,
Instructional Assistants, School Improvement Teams, Discipline
Committee Members, and Administrators Serving Grades K-12

Practical ideas for effectively using a **restorative mindset approach**
in the classroom

Teacher-tested strategies for building a more productive learning environment
creating quality relationships, strengthening interpersonal skills and promoting
high-quality instruction

Practical, easy-to-implement methods for reducing students' problematic behavior
while increasing their desire to act more responsibly and respectfully

Innovative techniques that help students develop more effective skills to deal with
difficult situations

Arizona

Phoenix (Mesa) – November 12

California

San Jose – November 14

Hawaii

Honolulu – November 15

Utah

Salt Lake City – November 13

CEUs and Graduate Credits Available
See page 6 for details

*'Alan is an incredible
speaker! He lives the
job so he can speak
to educators.'*

– MATT MORELAND, PRINCIPAL

Ten Key Benefits of Attending

'Alan is a wonderful, inspirational, knowledgeable, and interesting presenter! His love for students and for the teaching profession is evident.'

– KAY HELFRICH, TEACHER



Who Should Attend

Classroom Teachers,
Title I Staff, Special
Education Staff,
Behavior Intervention
Specialists, Counselors,
Instructional Assistants,
School Improvement
Teams, Discipline
Committee Members,
and Administrators Serving
Grades K-12

- 1. Reduce Teacher Time in Discipline**
Learn proven strategies to reduce teacher time in discipline, increase time for instruction and learning and help students take greater ownership of their own behavior
- 2. Decrease Power Struggles**
Discover specific ways to decrease power struggles without losing respect ... Learn how to verbally respond to upset or out-of-control students to de-escalate tense situations and lay the groundwork for a positive outcome
- 3. Reduce Student Misbehaviors**
Dramatically decrease your students' misbehaviors using restorative discipline strategies that emphasize relationships rather than retribution
- 4. Build Greater Trust and Respect**
Discover how an invitational style of classroom management can build greater empathy, trust, respect, and optimism in students and staff
- 5. Strengthen Your Students' Self-Regulation Skills**
Learn new, innovative strategies you can implement immediately to strengthen your students' self-regulation skills
- 6. Respond Effectively to Problematic Behavior**
Intervene appropriately in teaching students constructive skills for dealing with trigger situations to stop recurring behavior problems
- 7. Utilize Constructive Alternatives to Suspension and Detention that Focus on Teaching and Learning, Not Punishment**
Learn how to create a restorative mindset that focuses on keeping, making and building peace by shifting the focus from rules to relationships
- 8. Incorporate Restorative Practices that Switch the Emphasis from Getting Even to Getting Well**
Strategies for using student mistakes in behavior as an opportunity for them to learn to focus on more positive, productive behaviors in the future
- 9. Help Students Improve Their Behavior**
Discover practical, classroom-tested restorative discipline strategies for helping students improve their behavior
- 10. Receive a Valuable Restorative Practices Resource Handbook**
Each participant will receive a restorative practices resource handbook filled with the techniques, strategies and activities discussed in the seminar

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Specific strategies** to adjust your responses to help guide students toward their own behavior change
- **Practical ways to incorporate a restorative mindset approach** in your classroom
- Realistic and doable strategies to create a more emotionally safe classroom **through building trusting relationships**
- How to make a positive mindset a part of your daily classroom culture **so your students model positive interactions**
- **Specific strategies** to adjust your responses to help guide students toward their own behavior change
- How to **take yourself out of the conflict cycle** when teaching underperforming and unmotivated students
- **Down-to-earth, common sense methods** to effectively communicate with the most challenging students
- How to **encourage positive change in students** by facilitating, not punishing
- **Ways to help your students better regulate their thinking**, emotions and behaviors for success
- **How to effectively use relationships with students** to solve problems within the classroom
- **Powerful ways to develop a classroom atmosphere** that builds positive relationships and fosters mutual respect
- **How to create a culture of accountability** with effective ways to hold students accountable



'Alan Knows his stuff! Not your typical PD - very energetic. He gave me hope that I'm on the right track on and showed me where I have work to do. Inspiring!'

– PAM LONG, SPEC. ED. TEACHER

Practical Ideas and Strategies

In this outstanding **NEW** seminar, **Alan Krenek**, nationally-recognized expert on restorative practices, will share dozens of practical strategies you can use immediately to develop and maintain a more positive, productive classroom environment that is focused on teaching and learning, utilizing a restorative practices approach. Alan will share proven ways to significantly reduce instructional time lost to student behavior issues by helping students develop a greater understanding of how their behaviors affect you and others in the classroom. You'll learn how an emphasis on restoring relationships rather than punishment when misbehavior occurs can be a valuable opportunity for learning.

You'll leave this seminar with an extensive restorative practices resource handbook and dozens of strategies to help students develop more positive relationship skills and become more responsible and accountable for their own behavior.



A Message From Your Seminar Leader, Alan Krenek



Uniquely Qualified Instructor

Experienced as a special education teacher, behavior specialist, and school administrator,

ALAN KRENEK has a unique understanding of a school day from both the teacher and campus administrator perspective. As a teacher, he taught students with behavior and emotional challenges; building relationships that transcended the school's walls. Outside the classroom, he championed for students; ensuring their voices were heard and needs met. As a behavior specialist, Alan began working with educators to equip them with instructional and behavioral proven strategies necessary to transform their classroom. His passion for helping students and educators led him to restorative practices; an alternative method for managing disruptive behavior. Now, Alan is an energetic and engaging national presenter specializing in restorative practices. ***His lively, practical seminars allow participants to leave informed and empowered to begin creating more productive learning environments where students take greater responsibility for their own behavior.***

Dear Colleague:

Working in classrooms and schools today is not easy! If you have been in education for any amount of time, chances are you have experienced that even the most fun and engaging lessons can easily fall victim to the unique and challenging behaviors of some of our students. These behaviors can take the classroom hostage; halting instruction and impeding others' ability to learn. We can find ourselves taking the behaviors personally and getting caught in a tug-of-war in which no one wins. I've designed this seminar to help you step outside of the "box" we often find ourselves in as educators and discover a more effective way of dealing with difficult behaviors.

It's now commonplace that we differentiate instruction and adopt new and improved strategies that will assist our students in being able to master the content we teach. When it comes to helping our students master their behavior, we often fall back on traditional, one-size-fits-all, exclusionary consequences. Frequently, these traditional consequences miss the mark, failing to bring about any true accountability or change in behavior. This leads many of us to participate in the repetitive practice of "educational insanity" in which we keep doing the same thing over and over expecting a different result. Do you know a student who has been suspended over and over, yet nothing changes? The restorative practices I will be sharing with you in this seminar will help break this cycle.

Restorative practices begin inside the classroom with educators who embrace the concept of placing connections above content. I invite you to discover a different way that places an emphasis on reaching students so that we can be more effective teachers. You will learn innovative techniques and applicable strategies that will benefit all students. These tools will help you to achieve a greater classroom community and a learning environment where norms like respect, trust and belonging thrive.

I look forward to meeting you at the seminar and working with you soon!

Sincerely,

Alan Krenek

P.S. Spend a day with me and **discover the transformative power of restorative practices and authentic connections** in the classroom.

"I've designed this seminar to help you step outside of the 'box' we often find ourselves in as educators and discover a more effective way of dealing with difficult behaviors."

What Your Colleagues Say About Alan Krenek

*"Alan is a **great speaker!** He is energetic and kept my attention the entire time. I have learned a lot of tools that I will definitely use in my classroom and share with my fellow teachers."*

– Jill Schmelz, 4th Grade Teacher

*"Alan presented totally engaging and realistic **material to apply in my classroom tomorrow.** I am excited to pass along my new knowledge to my kindergarten team of teachers."*

– Katelyn Cooper, Kindergarten Teacher

*"Alan's **seminar accomplishes so much in giving a new mindset, practical strategies that are doable and inspiration** to be a more loving, patient and effective professional."*

– Marcia Tinman, Paraprofessional

*"Alan **provides helpful strategies to implement in the classroom.**"* – Amy Borowiec, Teacher

*"Absolutely incredible! **Alan Krenek is a natural.** His seminar is memorable and I cannot wait to share with my staff. I've never been so motivated."*

– Sheri Engstrom, 2nd Grade Teacher



*"Alan's **seminar is rich in content** and the message of restoration is spoken from the heart."*

– Mary Novak, Teacher

*"Alan presents a **great seminar!** I can't wait to try sparking connection in my classroom."*

– Rebecca Hastings, Teacher

*"Alan's **enthusiasm really made the seminar enjoyable.** Very down-to-earth, common-sense and practical ideas."*

– Julia Zeleske, 1st Grade Teacher

*"Alan's seminar is **extremely informative and helpful.**"*

– Cliff Brugman, Student Coach

*"Alan has a **great deal of background knowledge and a wealth of experiences** working with students that contribute to the seminar. This is an excellent seminar with a great deal of strategies I can take back to my school and ED/BD program."*

– Gina Marinello, Special Education Teacher

*"Alan presents a **great eye-opening seminar!** I loved how engaging it is, the humor, the strategies – everything about it is relatable."*

– Sarah Davis, Special Education Teacher

Special Benefits of Attending



Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/online

On-Site Training

Most BER seminars can be brought to your school or district. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Can't Attend?

Other Professional Development Options:

Related Online Courses

Two related On Demand Video-Based Online Learning courses, *Restorative Discipline: Help Students Improve Their Behavior and Strengthen Their Learning*, for Grades K-12, and *Motivation, Mindset and Grit: Practical, Proven Strategies to Increase Learning*, for Grades K-12, are available for immediate registration. To enroll, visit www.ber.org/online

Extensive Restorative Practices Resource Handbook

Each participant will receive an extensive restorative practices resource handbook specifically designed for this seminar. The handbook includes:

- Strategies for increasing respectful, responsible and cooperative behaviors in hard-to-reach students
- Ready-to-use strategies for all students, even the most difficult
- Ideas for creating a consistent positive classroom environment with fewer discipline issues and more time for learning

Meet and Share

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in using restorative practices in their classrooms.

Consultation Available

Alan Krenek will be available at the seminar for consultation regarding your questions and the unique needs of your use of restorative practices in your own classroom.

Meet Inservice Requirements / Earn State CEUs

Participants will receive a certificate of participation that may be used to verify continuing education hours.

CEUs Available:

Arizona

AZ Clock Hours Available

Utah

UT Inservice Credit Available with District Approval

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.



RESTORATIVE PRACTICES in the Classroom: Powerful Strategies that Build Better Relationships and Manage Student Behavior More Effectively

Registration (LRK0F1)

1. **Honolulu, HI** – November 15, 2019
 2. **Phoenix (Mesa), AZ** – November 12, 2019
 3. **Salt Lake City, UT** – November 13, 2019
 4. **San Jose, CA** – November 14, 2019

FIRST NAME _____	M.I. _____	LAST NAME _____
POSITION, SUBJECT TAUGHT _____		GRADE LEVEL _____
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME _____	
SCHOOL MAILING ADDRESS _____	
CITY & STATE _____	ZIP CODE _____
SCHOOL PHONE NUMBER _____	HOME PHONE NUMBER _____
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**Registration confirmations are sent via e-mail.
If you would like a confirmation, please provide your e-mail address.**

E-MAIL ADDRESS _____	
HOME MAILING ADDRESS _____	
CITY & STATE _____	ZIP CODE _____

IMPORTANT: PRIORITY ID CODE: ELRK0F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person,
for teams of three or more registering at the same time, the fee is \$259
per person. **Payment is due prior to the program.** No cash please.

A check (payable to **Bureau of Education & Research**) is attached
 A purchase order is attached, P.O. # _____ (Be sure to include priority ID code on the P.O.)
 Charge my: MasterCard VISA Discover
 Account # _____ Exp. Date: _____ MO/YR
 Billing Zip Code: _____ 3 Digit CVV Code: _____
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 Please print name as it appears on card Signature (required for credit card purchases)

FOUR EASY WAYS TO REGISTER:

 **REGISTER ONLINE** at: www.ber.org

 **FAX this form to: 1-425-453-1134**

 **PHONE toll-free: 1-800-735-3503** (Weekdays 6 am - 5 pm Pacific Time)

 **MAIL this form to: Bureau of Education & Research**
 915 118th Avenue SE • PO Box 96068
 Bellevue, WA 98009-9668

Program Hours

All seminars are scheduled 8:30 a.m. - 3:15 p.m.
 Check-in 8:00 a.m. - 8:30 a.m.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Honolulu: DoubleTree Alana Waikiki, (808) 941-7275
- Phoenix: Mesa Convention Center – Building A, (480) 644-2178; hotel accommodations available at Delta Hotel – Mesa, (480) 898-8300
- Salt Lake City: Hilton Garden Inn Downtown, (801) 364-5200
- San Jose: Four Points by Sheraton – Airport, (408) 452-0200

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org



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Restorative Practices Reduce Behavior Problems, Increase Learning



Best RESTORATIVE PRACTICES for the Classroom

A Unique One-Day Seminar

Coming to a Location Near You

LRK0F1

RESTORATIVE PRACTICES **in the Classroom:** **Powerful Strategies that Build** **Better Relationships and Manage Student** **Behavior More Effectively**



Bureau of Education & Research



A Unique One-Day Seminar Coming to a Location Near You

Presented by

Alan Krenek

Outstanding Teacher and Presenter

Practical ideas for effectively using a **restorative mindset approach** in the classroom

Teacher-tested strategies for building a more productive learning environment creating quality relationships, strengthening interpersonal skills and promoting high-quality instruction

Practical, easy-to-implement methods for reducing students' problematic behavior while increasing their desire to act more responsibly and respectfully

Innovative techniques that help students develop more effective skills to deal with difficult situations