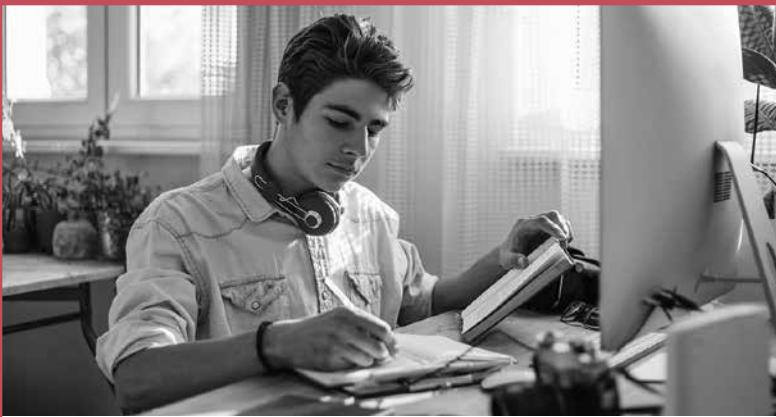


MOTIVATION, MINDSET and GRIT: Practical, Proven Strategies to Increase Learning



A Unique One-Day Seminar Presented by

Catherine Wilson

Outstanding Author and National Presenter

**Specifically Designed for Classroom Teachers, Reading Specialists,
Special Education Staff, Behavior Intervention Specialists,
Counselors, Instructional Assistants, School Psychologists,
and Administrators Serving Grades 3-12**

Ready-to-use resources to help your students develop a positive growth mindset to increase their success in school – socially, emotionally and academically ...

Proven ideas for in-person and distance learning environments

Innovative ways to teach grit and increase perseverance that will maximize instructional time, reduce “I can’t” language and self-defeating attitudes

Proven tips and strategies that will inspire and motivate your students to develop a growth mindset and strengthen grit

Receive an extensive resource handbook filled with an abundance of practical strategies, lessons and models designed to accelerate each student’s learning and success in your classroom

Live Online Seminars

November 17

9 AM Central, 10 AM Eastern,
8 AM Mountain, 7 AM Pacific

November 18

9 AM Mountain, 11 AM Eastern,
10 AM Central, 8 AM Pacific

November 19

9 AM Pacific, 12 PM Eastern,
11 AM Central, 10 AM Mountain

November 20

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CAN'T ATTEND?

Order the recorded version and take the seminar online at your convenience (see page 6)

CEUs and Graduate Credit Available
See page 6 for details

Ten Key Benefits of Attending

'This is an awesome seminar! Catherine provided practical tools to get me started with implementing growth mindset in the classroom.'

TANNITA SMITH, ELA TEACHER



Who Should Attend

Classroom Teachers,
Interventionists, Title I
Staff, Program Specialists,
Paraprofessionals, and
Administrators Serving
Grades 3-12

1. Help Students Experience Greater Motivation in Your Classroom

Connect positively with the most difficult students and breach their cycles of failure and misbehavior ... Gain proven ways to increase students' motivation to learn and succeed **whether you are teaching in-person, online or in a hybrid learning environment**

2. Increase Student Engagement

Learn how to use universal interventions to foster academic perseverance ... Gain useful resources, tools and tricks you can use immediately

3. Help Your Students Develop Growth Mindsets

Discover the difference between fixed and growth mindsets and how mindset directly affects student achievement ... Learn techniques extraordinary teachers use to motivate even the most unmotivated students

4. Enhance Students' Attention and Memory

Gain insight from the latest scientific research on how students learn and what you can do to strengthen your classroom teaching ... Learn proven strategies that enhance struggling students' motivation, attention and memory

5. Help Your Students Take Greater Responsibility for Their Own Learning

Help your students take greater responsibility for their own learning and experience increased success in your classroom ... Gain easy-to-use mindset and grit lessons to counter learned helplessness that affects many of today's students

6. Develop the Powerful Drive Inside All Learners

Discover the motivating and energizing effects of grit and ways that developing a 21st Century mindset can help alter a student's trajectory ... Learn how to cultivate a classroom built on curiosity and increase student drive

7. Increase Active Engagement, Decrease Negative Student Behavior

Learn specific techniques, activities and routines to increase active engagement, student interest and collaboration, while decreasing negative student behaviors

8. Make Instruction More Meaningful for Students

Explore how the use of explicit, relevant instruction allows for increased success and understanding for students when applied to everyday activities and concepts ... Here's how!

9. Low-Prep, High-Impact Strategies

All students can succeed when teachers create differentiated pathways for different learners ... Return to the classroom ready to put low-prep, high-impact perseverance strategies into action whether working in-person or online

10. Receive an Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook filled with practical strategies and useful resources presented in this seminar

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **The best instructional practices for students who struggle**, including dozens of differentiated instructional strategies that support multi-tiered systems of support ... **Proven ideas for in-person as well as distance learning environments**
- **Ready-to-use resources** to grow mindsets and grit in your classroom, including mindset assessment tools
- **Practical approaches** to building positive, trusting relationships with students and creating a learning community where students not only want to put forth their maximum efforts but enjoy learning
- **The latest scientific research** on how students learn and what you can do to motivate them to persevere
- Engaging and relevant instructional strategies for students that **increase student interest, time-on-task and self-reflection**
- **Specific strategies** to improve students' attitudes toward learning and themselves as learners
- **Tips and tools for effectively responding** to "I can't" language or self-defeating attitudes of struggling students
- Research-based instructional techniques that build grit by providing scaffolding while supporting your students in **overcoming learned helplessness, making progress academically and learning new skills**
- How to create a culture of accountability with **effective ways to increase students' intrinsic motivation**
- Innovative ways to **incorporate social-emotional learning** throughout your classroom



'This was the best seminar I have attended in the past 12 years as an educator. Not only is Catherine hilariously entertaining, she is incredibly knowledgeable.'

– TESSA SUNDARAM, SPANISH TEACHER

Practical Ideas and Strategies

In this outstanding seminar, **Catherine Wilson** will share dozens of practical ways to address the challenges of working with a diverse range of students and how you can help them achieve greater motivation, grit, determination, and perseverance. Throughout the seminar, you'll receive highly practical tips, strategies, instructional techniques, and activities to not only increase the rigor of your teaching, but engage your students in meaningful ways that will allow for greater connections and increased understanding. You will learn powerful ways to help students develop a positive growth mindset and a stronger capacity to actively engage in the learning process. Learn to help students understand the importance of effort and how to persevere when they meet obstacles in their path towards achievement.

You'll leave this seminar with a renewed sense of purpose, equipped with an expanded "toolbox" of proven strategies that will allow your students to become more engaged and motivated in ways that make learning more meaningful and achievable.



A Message From Your Seminar Leader, Catherine Wilson



Uniquely Qualified Instructor

CATHERINE WILSON is an outstanding educator, consultant and national presenter, who is known for her enthusiasm and practical ideas for teaching students with disabilities. Catherine brings an extraordinary passion for meeting the needs of all students through specially designed instruction, appropriate access and supports that shift the focus from student “disabilities” to student “abilities.”

She is the author of *MOTIVATION, MINDSET AND GRIT: Practical, Proven Strategies to Increase Learning*, the extensive digital resource handbook each participant will receive at the seminar. Through her work as an Access to General Curriculum Specialist, Catherine helped develop and co-author *Grading and Progress Monitoring for Students with Disabilities, A Resource for Teachers*. Catherine is known for her practical and innovative strategies in the area of inclusive practices.

Dear Colleague:

I know from my own experience that among the many challenges of working with students, often the most difficult is how to engage students who seem unmotivated, unreachable, refuse to participate, and disrupt other students. Many students have struggled for years, just don't believe they can be successful and that they are doomed to fail.

But all the current research confirms that humans are natural learners and that we are not limited by IQ or disability. As teachers, if we can provide the right environment to unleash students' curiosity we can produce increased motivation, engagement and time spent on task for all learners. We now know which elements are needed to accomplish this ... We also know the value in explicitly teaching our students about mindsets. We can literally teach our students the skills to move from a fixed mindset to a growth mindset, changing how they think about their own abilities and responsibility for learning.

Students who have learning differences are often very aware of which tasks are difficult for them. They may experience frustration that can result in a lack of confidence and eventually low self-esteem. Students often make a decision about themselves early on as to whether they are good at something and about their intelligence. This is why the development of skills such as perseverance, resiliency, grit, emotional regulation, and optimism; along with providing the right learning environment has never been more essential.

It is my goal that this seminar will open new doors to help you better reach the needs of all your students using growth mindset, grit and motivation strategies. You will learn practical strategies that can be used immediately within your classroom to help your students. I will share proven ways to teach students how to increase their academic success and quickly become aware of their own negative self-defeating attitudes that get in the way of learning.

I look forward to meeting you and sharing many innovative ideas and strategies you can add to your instructional “toolbox” for working more effectively with your learners **whether you are in-person, online or a hybrid learning environment.**

Sincerely,

Catherine Wilson

P.S. **This seminar is a MUST if you work with students who don't believe they can learn**, give up easily, don't want to try without significant assistance or believe that they're just “not good at school.”

What Your Colleagues Say About Catherine Wilson

"Catherine presented many practical strategies. She is experienced and qualified."

– Joan Lewis, Special Education Teacher

"Very helpful strategies and resources that I can go back to school and implement. Love that I have a book to take home with me and links to resources. This seminar gave me a deeper understanding of reaching the needs of my students."

– Katelyn Lacafta, Special Education Teacher

*"Catherine Wilson is **amazing!** She has a wealth of information, which she is able to explain so very well."*

– Marlean Porter, Teacher

*"I learned **new tools to help me reach more students.** I gained a lot of information to take back to school."*

– Marissa Rosa, Teacher

*"Catherine is an **excellent presenter.** She is very knowledgeable and passionate about the subject matter I gained a lot of good information and resources."*

– Susan Squyres, Teacher



About BER Live Online Seminars

With the current health challenges, all BER in-person PD events are currently being presented in a Live Online format:

Outstanding Instructors

All programs are led by outstanding BER national trainers

Extensive Resource Handbooks

You'll have access to an extensive digital Resource Handbook before, during and after your seminar

Highly Interactive

You'll be able to ask questions in real time and interact with the instructor and other participants

Program Guarantee

As we have for 43 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund. Special Benefits of Attending

Special Benefits of Attending



'Catherine is a gifted presenter. Her passion is evident and contagious.'

CAROL JEFFS,
2ND GRADE TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook specifically designed for this seminar. The handbook includes:

- Key ideas, specific tips and numerous strategies for increasing achievement of students whether you're working at school or online
- Essential strategies for increasing students' intrinsic motivation and curiosity for learning
- Specific lesson ideas that grow mindsets and grit
- Practical approaches for increasing students' determination, ability to learn from failure and their perseverance
- Ready-to-use ideas to create an energized, engaged and motivated classroom culture built on mindsets
- Digital tools to help educators promote a rigorous and supportive classroom climate including resources, reproducibles, materials, and tools

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in enhancing their students' motivation and positive growth mindset.

Meet Inservice Requirements / Earn State CEUs

Participants of both the Live Online Seminar and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. In addition, state CEUs are available for both versions of the course. For details, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

This course will be video recorded and available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available. To enroll, see registration form on page 7.



Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Motivation, Mindset and Grit: Practical, Proven Strategies to Increase Learning*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

MOTIVATION, MINDSET AND GRIT: Practical, Proven Strategies to Increase Learning

Registration (LMW1F1)

1. **November 17, 2020** (Start time: 9 AM Central)
2. **November 18, 2020** (Start time: 9 AM Mountain)
3. **November 19, 2020** (Start time: 9 AM Pacific)
4. **November 20, 2020** (Start time: 9 AM Eastern)
- or —
5. **I'd like to order the recorded version of this seminar**

FIRST NAME _____ M.I. _____ LAST NAME _____

POSITION, SUBJECT TAUGHT _____ GRADE LEVEL _____

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME _____

SCHOOL MAILING ADDRESS _____

CITY & STATE _____ ZIP CODE _____

SCHOOL PHONE NUMBER _____ HOME PHONE NUMBER _____

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT) _____

HOME MAILING ADDRESS _____

CITY & STATE _____ ZIP CODE _____

IMPORTANT: PRIORITY ID CODE: ELMW1F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person,
for teams of three or more registering at the same time, the fee is \$259
per person. **Payment is due prior to the program.** No cash please.

- A check (payable to **Bureau of Education & Research**) is attached
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FOUR EASY WAYS TO REGISTER:

 **REGISTER ONLINE** at: www.ber.org

 **FAX this form to: 1-425-453-1134**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 4 pm Pacific Time)

 **MAIL this form to: Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

- All Live Online seminars start times are described on the cover
- Check-in 15 minutes prior to the seminar
- Live Online seminars are five hours in length plus breaks
- Registrants will receive login information by email four days before their Live Online seminar

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org. The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.



LMW1F1

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MOTIVATION, MINDSET AND GRIT: Practical, Proven Strategies to Increase Learning



An outstanding one-day Live Online Seminar

Includes an extensive Resource Handbook

Can't Attend? A Recorded Version is available
to use online at your convenience

Increase Students' MOTIVATION, MINDSET AND GRIT

Practical PD, No Travel

LMW1F1



Bureau of Education & Research

MOTIVATION, MINDSET AND GRIT: Practical, Proven Strategies to Increase Learning



A Unique One-Day Live Online Seminar
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Proven tips and strategies that will inspire and motivate your students to develop a growth mindset and strengthen grit

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or Recorded Version