

Practical Strategies to Develop a Positive GROWTH MINDSET to Increase Your Students' Grit, Motivation and Responsibility for Their School Success (Grades 3-12)



Seminar Presented by **MARYANN BRITTINGHAM**
Outstanding Educator and National Presenter

Specifically Designed for Classroom Teachers, Instructional Specialists and Coaches, Special Education Staff, Title I Staff, Behavior Intervention Specialists, Counselors, School Psychologists, Instructional Assistants, and Administrators Serving Grades 3-12

- **Ready-to-use resources** to help all your students develop a positive growth mindset to increase their success in school, both socially and academically
- **Response strategies to reduce “I can’t” language** and self-defeating attitudes and thinking of students with a fixed mindset
- **Research-based strategies to increase student grit** to help students do their best and persevere when the going gets tough
- **Understand the barriers to developing a growth mindset and help your students work toward overcoming them** – learn why they are stuck in a fixed mindset that prevents success

SCHEDULE

Arizona

Phoenix (Mesa) – February 3

AZ Clock Hours Available

California

Anaheim – February 5

Pasadena (Arcadia) – February 6

Sacramento (Elk Grove) – February 4

Hawaii

Honolulu – February 7

Maine

Portland – December 12

(South Portland)

5 Contact Hours Available with Prior Approval
from your Local Certification Support System

Massachusetts

Boston (Woburn) – December 9

Contact Hours Verification Available

CT Five (5) Contact Hours Available
with Prior District Approval

RI Five (5) Contact Hours Available

New Hampshire

Manchester – December 11

NH Clock Hours Verification Available

For MA, Contact Hours Verification Available

New York

Long Island (Plainview) – December 13

5 NY CTLE Hours Available Hours Available

NJ Professional Development Hours
Available with Prior District Approval

Rhode Island

Providence (Warwick) – December 10

RI Five (5) Contact Hours Available

CT Five (5) Contact Hours Available
with Prior District Approval

For MA, Contact Hours Verification Available

Practical Strategies

Among the many challenges we face as teachers, often the most difficult is how to engage students who seem unreachable, unmotivated, resist or refuse to participate, and disrupt other students. Many just don't believe they can be successful and are doomed to failure. We now know that we can teach our students to move from a fixed mindset to a growth mindset, changing how they think about their own abilities and responsibility for learning.

This practical seminar is designed to give you strategies, activities and ideas to help students develop a growth mindset and a stronger capacity to actively engage in the learning process, put forth their best efforts and persevere when they meet obstacles.

MaryAnn Brittingham will give you dozens of specific, practical structures, strategies and resources that have the power to help all students become more successful. Implementing these valuable and must-have strategies will improve your students' attitudes toward themselves as learners, decrease destructive self-talk and disruptive behavior, while increasing your time to teach and develop greater student energy, engagement and achievement.



Ten Key Benefits of Attending

1. Practical Strategies to Help All Your Students Develop Growth Mindsets

Practical ways to help students choose a positive growth mindset to increase their academic and behavioral success ... Discover how fixed and growth mindsets affect behavior and achievement and how you impact the mindsets of all your students

2. Teach Students that 75% of Achievement is Effort and a Mere 25% is Intelligence

The development of skills such as perseverance, resiliency, grit, emotional regulation, and optimism is vital, so they need to be deliberately taught, modeled and promoted in the classroom ... Practical and doable strategies to teach your students that grades are earned, not gifted

3. How Judgment and Compassion Play a Role in Your Success with Students

Learn ways to teach students how to deal with the hidden messages of their self-talk ... Judgment vs compassion and knowing the difference it can make for you and your students

4. How You Can Make Growth Mindset a Daily Habit

Learn the key components necessary to teach a positive growth mindset and how to incorporate them into your daily lessons ... Make growth mindset a daily habit for you and your students

5. How to Give Feedback to Your Students and Use Rubrics for Student Self-Evaluation

Give feedback to help your students learn that success comes through struggle and practice ... If it comes easy, it's not challenging enough ... Rubrics you can use to get your students thinking daily about their mindset

6. Incorporate What We Know About How the Brain Works Into Your Instruction

Teach students how the brain works in order to keep or break habits ... Simple ways we can teach students to grow, rewire and change their brain and their thinking

7. Practical Ideas to Help Your Students Learn from Failure and See its Value in Learning

Practical ideas you can use to change the meaning of failure in your classroom ... Create a classroom where students are taught to learn from mistakes rather than fearing failure and giving up before trying

8. Tips for Changing How You Correct and Critique Students to Build Self-Confidence

Simple ways to change how to talk to your students that will help them hear the intended message ... Easy ways to reframe what you say to promote a positive action from students

9. Help Students Focus on and Value the Process of Learning

Learn ways to teach your students to focus on the process of learning vs. grades ... Improve students' self-perceptions of intelligence and worth while eliminating fixed mindsets

10. Receive an Extensive Growth Mindset Resource Handbook

Each participant will receive an extensive resource handbook filled with practical strategies and useful resources presented in this seminar

Outstanding Strategies You Can Use Immediately

- **Practical strategies** to establish and maintain a growth mindset classroom
- **Teach students the power and value of optimism, flexibility and resilience**, especially with the influence they experience with social media
- How to **make growth mindset a daily habit** in your classroom
- Key elements to **incorporate growth mindset principles** into every lesson
- **Realistic and doable strategies to create an emotionally safe classroom** through building trusting relationships
- **Ready- to-use resources** to build a growth mindset in your classroom, including mindset assessment tools
- **Discover how mindset affects school achievement** and how you can help students see differently
- **Help your students see the value in risk-taking** through strategies that teach the value of the process of learning
- Rubrics to **help your students self-evaluate** their thinking
- Use process praise to **improve your students' attitudes toward themselves and their work**
- **Teach your students that struggling is a part of learning** and in fact, necessary for learning
- How our own **fixed and growth mindsets impact the behavior** of our students and ourselves
- **Increase student energy and engagement** in your classroom with strategies based on brain research
- Strategies to **change the meaning of failure and effort** in your classroom and school
- **Storytelling strategies** to form positive mental pathways
- **How to practice positive self-talk** to build habits of resilience through productive inner dialogue
- **Judgment vs compassion** and the difference it can make for you and your students
- **Help your students regulate their thinking**, emotions and behaviors for success
- How to **make a positive growth mindset a part of your daily classroom culture** so your students choose to take responsibility

“ *I was so engaged during this seminar. Thank you for such a great experience! I can't wait to get started in my school!*”

– KATIE BREITHOLTZ, BILINGUAL TEACHER



**To Register,
Call Toll-Free**

1-800-735-3503

A Message From Seminar Leader, MaryAnn Brittingham



Bureau of Education & Research

915 118th Avenue SE • PO Box 96068 • Bellevue, WA 98009-9668
Phone (800) 735-3503 • Fax (425) 453-1134 • www.ber.org

Dear Colleague:

Most educators are not aware that almost 75% of achievement is a product of psychological skills and a mere 25% is due to actual IQ. The development of skills such as perseverance, resiliency, grit, emotional regulation, and optimism is vital, so they need to be deliberately taught, modeled and promoted in the classroom. It is my hope that this seminar will open new doors to better help you reach the needs of your students using a growth mindset set of strategies.

This seminar will be the spark that reignites your passion for teaching, as you leave with the desire to transform the lives of your unreachable students. You will learn practical strategies that can be used immediately within your classroom to help your students move from a fixed mindset to a growth mindset. We will cover ways to teach students how to increase their academic success using growth mindset skills and strategies, and quickly become aware of their own negative self-defeating attitudes that get in the way of learning and controlling their emotions. We will also discuss how to change the meaning of failure and teach students that struggling is a part of learning.

Come and learn numerous strategies and interventions to make a significant difference for all your students! You can help your unmotivated, underachieving students improve their performance and expand their potential!

Sincerely,

MaryAnn Brittingham

P.S. This seminar is a must if you have students who give up easily, believe they cannot succeed and don't take risks for fear of failure.

“ You will learn practical strategies that can be used immediately within your classroom to help your students move from a fixed mindset to a growth mindset.”

What Your Colleagues Say About MaryAnn Brittingham

*"Outstanding material **presented in a fun, engaging and informative manner.** This seminar made me re-think my mindset and how I pre-judge students."*

– Don Hoener, High School Special Education Teacher

*"This seminar gave me a ton of strategies to help implement a growth mindset in my classroom. MaryAnn is extremely **knowledgeable, articulate, prepared, and dynamic.**"*

– Cheryl Christensen, 7th & 8th Grade Math Teacher

*"This was amazing! These **tools will change me and my mindset forever!** Thank you!"*

– Arsenia Tate, Teaching Assistant

*"Refreshing and motivating! **Excellent perspective that can be used daily in the classroom** - regardless of the subject or grade level."*

– John Wright, Resource Teacher

*"MaryAnn is such an inspiration. She brings **practical and feasible strategies** to implement in the classroom that positively impact everyone involved (staff, students, teachers, parents). This is the second seminar I've attended and I would attend another in a heartbeat!"*

– Jennifer Davis, 4th Grade Teacher

*"Very powerful and inspirational. **Great ideas to help promote growth mindsets** in ourselves and our students!"*

– Mary Reepmeyer, Teacher

*"I cannot wait to start using MaryAnn's ideas in my classroom. **I am leaving with so many tools** that will help my students."*

– Debbie Hasselbacher, English Teacher

*"MaryAnn is amazing. She is so **interesting and knowledgeable.** Her love for students is contagious!"*

– Brandie Jacobs, Special Educator

*"MaryAnn Brittingham's seminar on growth mindset is **engaging, informational, reflective, and inspirational.**"*

– Marni Foderaro, Teacher

*"Outstanding! Great ideas and practical **strategies to empower kids** to persevere."*

– Colleen Fields, Assistant Principal

Uniquely Qualified Instructor

MaryAnn Brittingham has extensive, firsthand experience working with unmotivated, underachieving students who don't believe they can be successful in school. As a teacher, child/family counselor and a parent/teacher educator, she is a sought-after speaker and seminar leader. She is the author of *Practical Strategies to Develop a Positive GROWTH MINDSET to Increase Your Students' Grit, Motivation and Responsibility for Their School Success (Grades 3-12)*, the extensive resource handbook each participant will receive at the seminar. MaryAnn focuses on practical solutions for helping students be successful in both school and in life. She brings not only her extensive knowledge of the latest behavioral strategies and techniques crucial for student success in school, but also practical ideas to help students move from a fixed mindset to a growth mindset.

With 35 years in education, MaryAnn is attuned to the realities of the classroom and the daily challenges teachers face. She is known for her high-energy, motivational seminars filled with a wealth of insights and useful ideas you can implement immediately in your own classroom. **Join MaryAnn and your colleagues for a fast-paced day filled with strategies to develop a positive growth mindset in all your students.**



Special Benefits of Attending



Who Should Attend

Classroom Teachers, Counselors, Social Workers, Instructional Specialists and Coaches, Special Education Staff, Title I Staff, Behavior Intervention Specialists, Counselors, School Psychologists, Instructional Assistants, and Administrators serving grades 3-12.

Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/online

On-Site Training

Most BER seminars can be brought to your school or district. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Resource Handbook

Each participant will receive an extensive resource handbook specifically designed for this seminar.

The handbook includes:

- Classroom practices to teach growth mindsets
- Mindset assessments to evaluate your students' growth mindset
- Numerous strategies to keep growth mindsets alive in the classroom
- Simple ways to explain how the brain works
- Activities to wake up the brain and to create a cohesive classroom environment
- A variety of ways to learn from failure

Meet and Share

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in increasing their students' growth mindset and responsibility for their school work.

Consultation Available

MaryAnn Brittingham will be available at the seminar for consultation regarding your questions and the unique needs of your own program.

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

Meet Inservice Requirements

At the end of the program, each attendee will receive a certificate of participation that may be used to verify hours of participation in meeting continuing education requirements.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Can't Attend?

Other Professional Development Options:

Related Online Course

A related On Demand Video-Based Online Learning course, *Motivation, Mindset and Grit: Practical, Proven Strategies to Increase Learning*, for Grades K-12, is available for immediate registration.

To enroll, visit www.ber.org/online

Practical Strategies to Develop a Positive GROWTH MINDSET to Increase Your Students' Grit, Motivation and Responsibility for Their School Success (Grades 3-12)

RESOURCE HANDBOOK

by MaryAnn Brittingham



Bureau of Education & Research

Practical Strategies to Develop a Positive GROWTH MINDSET to Increase Your Students' Grit, Motivation and Responsibility for Their School Success (Grades 3-12)

Registration (LMBOF1)

- 1. **Anaheim, CA** – February 5, 2020
- 2. **Boston (Woburn), MA** – December 9, 2019
- 3. **Honolulu, HI** – February 7, 2020
- 4. **Long Island (Plainview), NY** – December 13, 2019
- 5. **Manchester, NH** – December 11, 2019
- 6. **Pasadena (Arcadia), CA** – February 6, 2020
- 7. **Phoenix (Mesa), AZ** – February 3, 2020
- 8. **Portland (South Portland), ME** – December 12, 2019
- 9. **Providence (Warwick), RI** – December 10, 2019
- 10. **Sacramento (Elk Grove), CA** – February 4, 2020

FIRST NAME	M.I.	LAST NAME
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
SCHOOL MAILING ADDRESS	
CITY & STATE	ZIP CODE
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
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Registration confirmations are sent via e-mail. If you would like a confirmation, please provide your e-mail address.

E-MAIL ADDRESS	
HOME MAILING ADDRESS	
CITY & STATE	ZIP CODE

IMPORTANT: PRIORITY ID CODE ELMBOF1

METHOD OF PAYMENT – Group Discount Available

The registration fee is \$279 per person, for groups of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash please.

A check (payable to **Bureau of Education & Research**) is attached

A purchase order is attached, P.O. # _____ (Be sure to include priority ID code on the P.O.)

Charge my: MasterCard VISA Discover

Account # _____ Exp. Date: _____ MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____ (Found on back of card)

_____/_____/_____

Please print name as it appears on card Signature (required for credit card purchases)

FOUR EASY WAYS TO REGISTER:

- REGISTER ONLINE at: www.ber.org
- FAX this form to: **1-425-453-1134**
- PHONE toll-free: **1-800-735-3503** (Weekdays 6 am - 5 pm Pacific Time)
- MAIL this form to: **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

PRE-REGISTRATION REQUIRED DUE TO LIMITED ENROLLMENT

Program Hours

All seminars are scheduled 8:30 a.m. - 3:15 p.m.
Check-in 8:00 a.m. - 8:30 a.m.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Anaheim: Red Lion, (714) 750-2801
- Boston: Hilton – Woburn, (781) 932-0999
- Honolulu: DoubleTree Alana Waikiki, (808) 941-7275
- Long Island: Holiday Inn – Plainview, (516) 349-7400
- Manchester: Executive Court Banquet Facility, (603) 626-4788; hotel accommodations available at Best Western Plus Executive Court Inn, (603) 627-2525
- Pasadena: Embassy Suites – Arcadia, (626) 445-8525
- Phoenix: Mesa Convention Center – Building A, (480) 644-2178; hotel accommodations available at Delta Hotel – Mesa, (480) 898-8300
- Portland: Home2 Suites – Airport, (207) 517-3636
- Providence: Radisson – Airport, (401) 739-3000
- Sacramento: Holiday Inn Express & Suites Central – Elk Grove, (916) 478-9000

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Cancellations/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations can exchange for a certificate to attend another seminar or will be refunded less a \$15 service fee. Substitutions may be made anytime without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org



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Strategies to Help Your Students Develop a Positive GROWTH MINDSET

- **Best Practices to Establish a Growth Mindset Classroom**
- **A Unique One-Day Seminar**
- **Coming to a Location Near You**

LMB0F1

Practical Strategies to Develop a Positive GROWTH MINDSET to Increase Your Students' Grit, Motivation and Responsibility for Their School Success (Grades 3-12)



A Unique One-Day Seminar Coming to a Location Near You

Ready-to-use resources to help all your students develop a positive growth mindset

Response strategies to reduce "I can't" language and self-defeating attitudes

Research-based strategies to increase student grit to help students do their best and persevere

Understand the barriers to developing a growth mindset and help your students work toward overcoming them



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