

RESTORATIVE PRACTICES in the Classroom:

Powerful Strategies that Build Better Relationships and Manage Student Behavior More Effectively



A Unique One-Day In-Person Seminar or Live Online Seminar
Presented by

Alan Krenek
Outstanding Teacher and Presenter

Specifically Designed for Classroom Teachers, Title I Staff,
Special Education Staff, Behavior Intervention Specialists, Counselors,
Instructional Assistants, School Improvement Teams, Discipline
Committee Members, and Administrators Serving Grades K-12

Practical ideas for effectively using a **restorative mindset approach**

Teacher-tested strategies for building a more productive learning environment
creating quality relationships, strengthening interpersonal skills and promoting
high-quality instruction

Practical, easy-to-implement methods for reducing students' problematic
behaviors while increasing their desire to act more responsibly and respectfully

Innovative techniques that help students develop more effective skills to deal
with difficult situations

Illinois

Champaign – March 3

Chicago North – February 28
(Elk Grove Village)

Chicago South – March 1
(Alsip)

Moline – March 2

Missouri

St. Louis – March 4
(Clayton)

LIVE ONLINE SEMINAR

March 11

9 AM Central, 10 AM Eastern,
8 AM Mountain, 7 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

Ten Key Benefits of Attending

'Alan is a wonderful, inspirational, knowledgeable, and interesting presenter! His love for students and for the teaching profession is evident.'

– KAY HELFRICH, TEACHER



Who Should Attend

Classroom Teachers,
Title I Staff, Special
Education Staff,
Behavior Intervention
Specialists, Counselors,
Instructional Assistants,
School Improvement
Teams, Discipline
Committee Members,
and Administrators Serving
Grades K-12

- 1. Reduce Teacher Time in Discipline**
Learn proven strategies to reduce teacher time in discipline, increase time for instruction and learning and help students take greater ownership of their own behavior
- 2. Guide Students to Improve Their Behavior and Strengthen Their Learning**
Discover the power of providing a roadmap to students to understand how their own behavior is impacting learning in the classroom with the Surface Discussion
- 3. Reduce Student Misbehaviors**
Dramatically decrease your students' misbehaviors using restorative discipline strategies that emphasize relationships rather than retribution
- 4. Help Students Improve Their Behavior**
Discover practical, classroom-tested restorative discipline strategies for helping students improve their behavior
- 5. Discover the Power of the Classroom Treatment Agreement**
Learn how to proactively build a set of norms that will cross the boundary of the traditional classroom environment to the virtual learning environment where students will be centered on how to treat each other and adults
- 6. Respond Effectively to Problematic Behavior**
Intervene appropriately in teaching students constructive skills for dealing with trigger situations to stop recurring behavior problems
- 7. Utilize Constructive Alternatives to Suspension and Detention that Focus on Teaching and Learning, Not Punishment**
Learn how to create a restorative mindset that focuses on keeping, making and building peace by shifting the focus from rules to relationships
- 8. Switch the Emphasis of a Lesson-Based Focus to Relationships First**
Learn easy-to-implement strategies that help you to prioritize and build sustainable relationships as an essential foundation to the content lessons you teach
- 9. Build Greater Trust and Respect**
Discover how a relationship-centered approach to classroom management can build greater empathy, trust, respect, and optimism in students and staff
- 10. Receive a Valuable Restorative Practices Resource Handbook**
Each participant will receive a restorative practices resource handbook filled with the techniques, strategies and activities discussed in the seminar

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Specific strategies** to adjust your responses to help guide students toward their own behavior change
- **Practical ways to incorporate a restorative mindset approach**
- Realistic and doable strategies to create a more emotionally safe classroom **through building trusting relationships**
- How to make a positive mindset a part of your daily classroom culture **so your students model positive interactions**
- **Specific strategies** to adjust your responses to help guide students toward their own behavior change
- How to **take yourself out of the conflict cycle** when teaching underperforming and unmotivated students
- **Down-to-earth, common sense methods** to effectively communicate with the most challenging students
- How to **encourage positive change in students** by facilitating, not punishing
- **Ways to help your students better regulate their thinking**, emotions and behaviors for success
- **How to effectively use relationships with students** to solve problems
- **Powerful ways to develop a learning atmosphere** that builds positive relationships and fosters mutual respect
- **How to create a culture of accountability** with effective ways to hold students accountable
- **Ways to help students own their behaviors** rather than disown them with excuses and blaming
- **Effective ways to stay emotionally neutral** while working with difficult and defiant students



'Alan knows his stuff! Not your typical PD - very energetic. He gave me hope that I'm on the right track on and showed me where I have work to do. Inspiring!'

– PAM LONG, SPEC. ED. TEACHER

Practical Ideas and Strategies

In this outstanding seminar, **Alan Krenek**, nationally-recognized expert on restorative practices, will share dozens of practical strategies you can use immediately to develop and maintain a more positive, productive learning environment that is focused on teaching and learning, utilizing a restorative practices approach. Alan will share proven ways to significantly reduce instructional time lost to student behavior issues by helping students develop a greater understanding of how their behaviors affect you and others. You'll learn how an emphasis on restoring relationships rather than punishment when misbehavior occurs can be a valuable opportunity for learning.

You'll leave this seminar with an extensive restorative practices resource handbook and dozens of strategies to help students develop more positive relationship skills and become more responsible and accountable for their own behavior.



A Message From Seminar Leader, Alan Krenek



Uniquely Qualified Instructor

Experienced as a special education teacher, behavior specialist, and school administrator,

ALAN KRENEK has a unique understanding of a school day from both the teacher and campus administrator perspective. As a teacher, he taught students with behavior and emotional challenges; building relationships that transcended the school's walls. Outside the classroom, he championed for students; ensuring their voices were heard and needs met. As a behavior specialist, Alan began working with educators to equip them with instructional and behavioral proven strategies necessary to transform their classroom. His passion for helping students and educators led him to restorative practices; an alternative method for managing disruptive behavior. Now, Alan is an energetic and engaging national presenter specializing in restorative practices.

His lively, practical seminars allow participants to leave informed and empowered to begin creating more productive learning environments where students take greater responsibility for their own behavior.

Dear Colleague:

If you are like most educators across the nation, you face the reality of returning to a re-imagined classroom. We cannot reopen our schools and classrooms as usual. We enter the school year with the concern that students may have possibly fallen behind in the curriculum they missed last year, combined with the culture of high stakes testing and accountability, the pressure of student achievement weighs more substantial than ever before.

Despite our new reality of redesigned classrooms and online and hybrid learning environments, we are still confronted with student behaviors every day that interfere with the learning process and result in a loss of valuable instructional time. Unfortunately, most traditional exclusionary school management practices are hierarchical and employ punitive sanctions to address these student misconducts. This approach is now widely recognized as efficient but ineffective. It fails to create a constructive learning environment in which students can flourish and rarely reduces student misconduct in the long term. There is mounting evidence that a shift from this traditional practice toward a restorative classroom climate can break this cycle. Successes and challenges in creating this learning environment begin with educators who understand and embrace the theory, values, and principles of teaching with a more proactive relational mindset and apply them with fidelity in their schools.

I've created this seminar to share practical, common-sense ideas, strategies, techniques, and methods with restorative practices as a foundation. I am confident that you can put these valuable tools to use to help students see themselves as able, capable, and responsible. In a short amount of time, you'll find yourself not only dealing more effectively with challenging behaviors when they occur but also developing the skills and attitudes to make it less likely that behavior challenges will happen in the future. I look forward to meeting you at the seminar and working with you soon.,

Sincerely,

Alan Krenek

P.S. Spend a day with me and **discover the transformative power of restorative practices and authentic connections** that will transform your learning environment and the relationships you have with students.

"I've designed this seminar to help you step outside of the 'box' we often find ourselves in as educators and discover a more effective way of dealing with difficult behaviors."

What Your Colleagues Say About Alan Krenek

*"Alan is **a great speaker!** He is energetic and kept my attention the entire time. I have learned a lot of tools that I will definitely use in my classroom and share with my fellow teachers."*

– Jill Schmelz, 4th Grade Teacher

*"Alan presented totally engaging and realistic **material to apply in my classroom tomorrow.** I am excited to pass along my new knowledge to my kindergarten team of teachers."*

– Katelyn Cooper, Kindergarten Teacher

*"Alan's **seminar accomplishes so much in giving a new mindset, practical strategies that are doable and inspiration** to be a more loving, patient and effective professional."*

– Marcia Tinman, Paraprofessional

*"Alan **provides helpful strategies to implement in the classroom.**"* – Amy Borowiec, Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers

Extensive Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources. (For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.)

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants

Program Guarantee

As we have for 44 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Alan's seminar is extremely informative and helpful.'

CLIFF BRUGMAN,
STUDENT COACH

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Strategies for increasing respectful, responsible and cooperative behaviors in hard-to-reach students
- Ready-to-use strategies for all students, even the most difficult
- Ideas for creating a consistent positive classroom environment with fewer discipline issues and more time for learning

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in improving the behavior and learning of their students.

Consultation Available

Alan Krenek will be available to answer your specific questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of In-Person Seminars, Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global A nonprofit
affiliate

Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details for direct enrollment with University of Massachusetts Global, will be available at this program.

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

A video recorded version of this seminar will be available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available. To enroll, see registration form on page 7.



Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *Practical Strategies for Improving the Behavior of Attention-Seeking, Manipulative and Challenging Students*, for Grades 1-12, and *Restorative Discipline: Help Students Improve Their Behavior and Strengthen Their Learning*, for Grades K-12, are available for immediate registration. To enroll, visit www.ber.org/online

RESTORATIVE PRACTICES in the Classroom: Powerful Strategies that Build Better Relationships and Manage Student Behavior More Effectively

Registration (DRK2S1)

- 1. Champaign, IL – March 3, 2022
- 2. Chicago North (Elk Grove Village), IL – February 28, 2022
- 3. Chicago South (Alsip), IL – March 1, 2022
- 4. Moline, IL – March 2, 2022
- 5. St. Louis (Clayton), MO – March 4, 2022
- 6. **LIVE ONLINE:** March 11, 2022 (Start time: 9 AM Central)
— or —
- 7. I'd like to order the recorded version of this seminar

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
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SCHOOL MAILING ADDRESS	
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CITY & STATE	ZIP CODE
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SCHOOL PHONE NUMBER	HOME PHONE NUMBER
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Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	<hr/>

IMPORTANT – PRIORITY ID CODE: EDRK2S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
 - A purchase order is attached, P.O. # _____ (Be sure to include priority ID code on the P.O.)
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FIVE EASY WAYS TO REGISTER:

-  **REGISTER ONLINE** at: www.ber.org
-  **EMAIL** this form to: register@ber.org
-  **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:30 pm Pacific Time)
-  **FAX** this form to: **1-425-453-1134**
-  **MAIL** this form to: **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

- All In-Person Seminars are scheduled 8:30 a.m. – 3:15 p.m. Check-in is 8:00 a.m. – 8:30 a.m.
- All **Live Online** Seminars are scheduled 9:00 a.m. – 3:30 p.m. in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for In-Person Seminars, Live Online Seminars or Recorded Seminars.

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Champaign: Holiday Inn, (217) 398-3400
- Chicago North: Holiday Inn – Elk Grove Village, (847) 437-6010
- Chicago South: DoubleTree – Alsip, (708) 371-7300
- Moline: Stoney Creek Hotel & Conference Center, (309) 743-0101
- St Louis: Clayton Plaza Hotel – Clayton, (314) 726-5400

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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RESTORATIVE PRACTICES in the Classroom:

**Powerful Strategies that Build Better
 Relationships and Manage Student
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**An outstanding one-day In-Person Seminar
 or Live Online Seminar**

Includes an extensive Resource Handbook

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 to use online at your convenience**

Restorative Practices Reduce Behavior Problems, Increase Learning

DRK251



RESTORATIVE PRACTICES **in the Classroom:** **Powerful Strategies that Build** **Better Relationships and Manage Student** **Behavior More Effectively**

**In-Person Seminar,
 Live Online Seminar,
 Recorded Version**



**A Unique One-Day
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 (Also available as a Recorded Online Version
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Presented by
Alan Krenek
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Practical Ideas for effectively using a **restorative mindset approach**

Teacher-tested strategies for building a more productive learning environment creating quality relationships, strengthening interpersonal skills and promoting high-quality instruction

Practical, easy-to-implement methods for reducing students' problematic behaviors while increasing their desire to act more responsibly and respectfully

Innovative techniques that help students develop more effective skills to deal with difficult situations