

# **Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions**

**(Preschool-Second Grade)**



A Unique One-Day In-Person Seminar Presented by

**Lisa Rogers**

**Outstanding Presenter and  
Behavior Intervention Specialist**

**Designed Specifically for Early Childhood Educators: Preschool Teachers, Kindergarten Teachers, First Grade Teachers, Second Grade Teachers, Multiage Teachers, Counselors, Special Education Staff, Instructional Aides, Child Care Providers, Specialists who work with young children, Title I Staff, and Administrators**

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**Specific, practical strategies to reduce disruptive and often repeated, attention-getting behaviors** including tattling, screaming, roaming, blurting out, excessive talking, tantrums, and outright refusal to follow directions

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**Positive intervention strategies** to address problem behaviors and make them teachable moments to develop self-regulation and problem-solving skills whether teaching online or in-person

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**Key components of effective consequences that are instructive versus punitive** in order to teach and nurture confidence and resilience

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**Receive an extensive resource handbook** filled with ready-to-use intervention and prevention strategies that work for preschool-second grade students

## **Maine**

**Portland – November 8**  
(South Portland)

## **New Hampshire**

**Manchester – November 9**  
(Bedford)

## **New York**

**Albany – November 10**

CEUs and Graduate Credit Available  
See page 6 for details

## **CAN'T ATTEND?**

Order the recorded version and take the seminar online at your convenience (see page 6)

# Ten Key Benefits of Attending

*'Hands-on, real-life situations and examples. I came with a half-full toolbox and I'm leaving with an overflowing treasure chest! Very helpful strategies that I can start using tomorrow.'*

– KATELYN CROSS,  
PRESCHOOL TEACHER



## Who Should Attend

Early Childhood

Educators: Preschool Teachers, Kindergarten Teachers, First Grade Teachers, Second Grade Teachers, Multiage Teachers, Counselors, Special Education Staff, Instructional Aides, Child Care Providers, Specialists who work with young children, Title I Staff, and Administrators

### 1. Practical and Doable Strategies to Reduce Repeated Attention-Getting Behaviors

Specific strategies to significantly decrease attention-getting behaviors that repeatedly disrupt class time and get in the way of learning ... Learn ways to teach your young students how to get what they need in more productive ways whether online or in-person

### 2. Decrease Tantrum Behaviors that Frequently Turn into Episodes

Positive intervention strategies to address tantrum behaviors and make them teachable moments for developing self-regulation and problem-solving skills in your students

### 3. Analyze the Function of the Behavior to Develop a Meaningful and Strategic Plan of Action

It is imperative to strive to understand the “why” of the behavior before making decisions on how to best prevent the behavior in the future ... Tools you can use to better understand students’ behavior

### 4. How Traditional Management Systems May Exacerbate Problem Behaviors

Find new ways to address problem behaviors, especially those problem behaviors that continue to persist in spite of good intentions

### 5. Practical Strategies to Develop Young Children’s Self-Regulation Skills

Reduce behavior problems and increase learning with practical and doable strategies to develop children’s self-regulation skills ... Ideas you can use and adapt to meet the needs of your preschool-second grade students online or in-person

### 6. Build the Necessary Skills that are Critical for Success in Social Environments

Ideas for planning actions and carrying them out, following directions, taking turns, and communicating verbally ... Ideas you can use immediately and adapt to meet the needs of your students

### 7. Increase Your Young Students’ Ability to Stay Engaged in Group Activities

Use strategies to help your students increase their attention, engagement and focus on thinking and learning while participating in small and large group activities, in the classroom or on the playground

### 8. Develop a Toolkit of Consequences that are Instructive and Teach Replacement Behaviors

Students with more persistent and challenging behaviors may respond negatively in a downward cycle to certain consequences ... Learn how to create more effective consequences that teach students the replacement behavior that gets them what they need whether online or in-person

### 9. Help Students Generalize Positive Behaviors Across Settings

Discover how to use everyday experiences to teach students how to participate in school activities successfully ... Proactive strategies that will help students generalize positive behaviors in other social settings

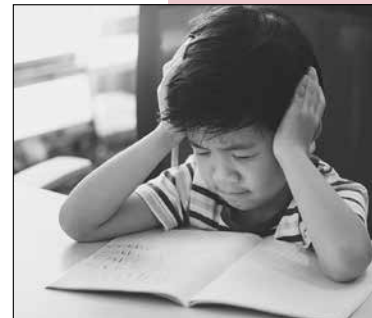
### 10. Work Successfully with Students with Special Needs

How to apply all the strategies to the most difficult behaviors whether working in-person or online ... Implement a comprehensive plan for prevention that works for developing students, including those with special needs

# Outstanding Strategies You Can Use Immediately

## What You Will Learn ...

- **Specific strategies to significantly decrease attention-getting behaviors** that repeatedly disrupt class time and get in the way of students' learning and your teaching online or in-person
- Teach your students to **develop skills that will help them be successful**, both socially and academically
- How to **help students learn appropriate behavior** through instruction, practice, feedback, and encouragement
- Develop a toolkit of **consequences that are instructive and teach replacement behaviors**
- **Make transition times fast and easy** using visual and auditory cues online or in-person
- **Assess the function of behaviors** through different data collection tools
- Innovative ideas for **making minor adjustments** in your classroom structure for greater results
- Learn specific strategies to **teach students to regulate their thinking, emotions and behavior**
- **Scaffold for success** using visual tools that clarify expectations and provide reinforcement
- Increase your students' ability to **focus and stay engaged** online or in-person
- Practical ways to **prevent conflict due to frustration**, compounded by a lack of self-regulation
- Build a classroom environment that **encourages problem solving between students**
- **Develop specific strategies** that will teach your students to respond more appropriately



*'Excellent, excellent, excellent! Filled with useful and interactive information.  
An enjoyable day. THANK YOU!'*

– JEN GOOZE, KINDERGARTEN TEACHER

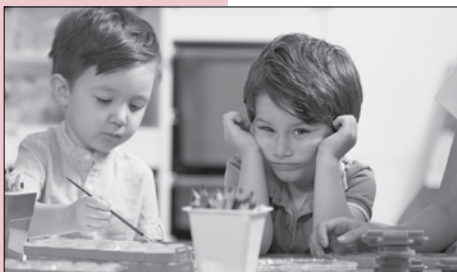
## Practical Ideas and Strategies

Do you have students who present challenging behaviors online or in-person that disrupt the flow of your classroom and the learning of others? Do some of these behaviors include tattling, screaming, roaming, blurting out, excessive talking, tantrums, and even outright refusal? Of course the answer is yes! While the percentage of students who engage in these types of disruptive behaviors may be small, the impact on the entire class can feel and be much more significant. **Lisa Rogers**, outstanding presenter and behavior intervention specialist, has designed this seminar to give you practical solutions to teach the skills that will help your students be successful, both socially and academically. You will learn dozens of strategies to use immediately to reach your students who lack the skills to follow directions, share, take turns, stay focused, and remain calm in stressful situations. Ideas for simple, yet highly effective visual cues, ways to talk about behavior and thinking and positive intervention strategies to use when you need to address problem behaviors, will all be given.

*You won't want to miss this strategy-packed day filled with practical and developmentally appropriate ways to decrease behaviors that disrupt learning and increase the skills students need to be successful in school.*



# A Message From Seminar Leader, Lisa Rogers



**LISA ROGERS** is an acclaimed presenter and veteran educator who specializes in working with preschool–second grade students. She has over 20 years of experience in working with young children who exhibit difficult behaviors that prevent them from learning and socializing appropriately with others. Lisa’s extensive experience provides a practical perspective for teaching students who have attention-seeking behaviors and self-regulation deficits including impulsivity, lack of focus and an inability to think and plan actions, which often lead to tantrums. Lisa is a frequent presenter at local and state conferences and has developed inclusive education training modules with accompanying videos. She is the author of *Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions (Preschool – Second Grade)*, the extensive resource handbook you will receive at the seminar that is filled with research-based ideas and strategies you will be able to immediately apply or adapt in your own classroom. You won’t want to miss this seminar where Lisa will answer your questions and provide solutions to addressing your students’ most challenging behaviors!

Dear Colleague:

Although we have probably never met, I’ll bet I can make an educated guess about why you might be interested in spending a day together. I’ll guess that you have a classroom full of beautiful young students who you care about deeply. I’ll also bet that you are passionate about your life as a teacher and consider each day a gift of possibilities – and you have one, two or maybe more students that have rocked your world a bit. They might not sit when you tell them to sit, or they might even scream, run out of the room, talk incessantly, push others, or run around – and all the strategies you have used before don’t seem to work.

During our day together, I will give you dozens of practical, doable strategies to stop the cycle of repeated attention-getting behaviors that get in the way of productive class activities and learning. We will explore specific ways to use visual and auditory cues, transition routines, strategies to teach students to regulate their thinking, emotions and behavior, as well as how to increase your young students’ ability to focus and stay engaged. We will also look at what to do during and after a tantrum to defuse the situation and reduce re-occurrences.

I hope you will join me so that we can work together to build new strategies and help your students develop the skills and behaviors that you and I know they will need to be successful inside and outside your classroom. I promise you will leave with a toolkit of strategies that really work, along with a renewed energy to do the valuable work of teaching young children!

Sincerely,

Lisa Rogers

**P.S.** Be prepared to leave with **dozens of practical solutions** to develop social skills that help young children respond in more appropriate and acceptable ways in the classroom setting.

*“I promise you will leave with a toolkit of strategies that really work, along with a renewed energy to do the valuable work of teaching young children!”*

# What Your Colleagues Say About Lisa Rogers

*"This is my second seminar with Lisa and I **always walk away with a big wave of inspiration and a bunch of new ideas** to try! I love how she gives us hundreds of resources that are already made but that can also be tailored/edited to the needs and interests of my students."*

**Addy Upton, Early Childhood Special Education Teacher**

*"Lisa's energy and manner of presentation made this one of my favorite seminars! The **strategies that were shared can be easily and quickly implemented**. This seminar made me think about my students and my classroom in fresh, new ways."*

**Amanda Forbes, Preschool Teacher**

*"My brain is so **full of ideas, plans and excitement!** I am eager to implement much of what Lisa shared."*

**Sarah Kilfoil, Teacher**

*"This was probably the **most engaging and energetic PD I have ever experienced during the 9 years I have been teaching**. I knew many of the things shown due to my background in special education, but I loved how it was presented and shown today. I definitely needed the refresher and am pleasantly surprised at how much I enjoyed this PD. I would definitely recommend to a friend and would love to take any other seminars lead by Lisa Rogers."*

**Ashton Gibbs, PK-3 Teacher**



*"Loved this **opportunity to look at challenging behavior through a different lens**. Instead of simply reacting to a child's misbehavior, I now feel I have a better repertoire of strategies to give a child what they truly need."*

**Denise Nolan, Kindergarten Teacher**

*"Upbeat, informative and flexible format, with Lisa addressing our individual questions and concerns. I loved the **highly useable information, materials, tools, and positive ideas** for prevention. By far one of the BEST seminars I've attended!"*

**Valentia Leanza, Teacher**

*"Lisa did an excellent job of presenting both **research and practical, real-life ideas**. This seminar was a good mixture of discussion, sharing, and videos. I look forward to using the many resources immediately."*

**Kris Andree, Kindergarten Teacher**

# Special Benefits of Attending



*'Lisa was amazing. Compassionate, engaging, and very knowledgeable about the topic. I would definitely take another course from her in the future. She was able to relate ALL contents of the course to my exact experiences.'*

JORDYN RIMMER,  
KINDERGARTEN TEACHER

## On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Extensive Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Visual strategies to prevent off-task and other behavioral challenges
- Goal setting and self-evaluation forms
- Choice boards and "I Can..." charts to increase focus, attention and motivation
- What to say and do when your students struggle to stay engaged whether online or in-person
- Strategies to deescalate anger and frustration
- Fun ways to transition and celebrate success

**For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.**

## Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in practical solutions for addressing young students' challenging behaviors.

## Consultation Available

Lisa Rogers will be available at the seminar for consultation regarding your questions and the unique needs of your own program.

## Meet Inservice Requirements / Earn State CEUs

Participants of In-Person and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit [www.ber.org/ceus](http://www.ber.org/ceus)

## Earn One to Four Graduate Semester Credits

Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.



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## Can't Attend?

### Other Professional Development Options:



#### Recorded Version of the Seminar

A video recorded version of this seminar will be available to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. Optional CEUs and graduate credit available. To enroll, see registration form on page 7.



#### Related On-Demand Online Courses

Related On Demand Video-Based Online Learning courses, *Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions*, for Grades PK-2, *Discipline Strategies for Dealing with Challenging, Difficult Students*, for Grades K-2, and other classroom management courses are available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)

# Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions (Preschool-Second Grade)

## Registration (DCR2F1)

1. **Albany, NY** – November 10, 2021
2. **Manchester** (Bedford), **NH** – November 9, 2021
3. **Portland** (South Portland), **ME** – November 8, 2021  
— or —
4. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
_____		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
_____		
SEMINAR NUMBER: _____ (Please see list above)		

*List additional registrants on a copy of this form*

SCHOOL NAME	
_____	
SCHOOL MAILING ADDRESS	
_____	
CITY & STATE	ZIP CODE
_____	_____
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
( )	( )

**Registration confirmations and login details are sent via e-mail**

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
_____	
HOME MAILING ADDRESS	
_____	
CITY & STATE	ZIP CODE
_____	_____

**IMPORTANT – PRIORITY ID CODE: EDCR2F1**

## METHOD OF PAYMENT – Team Discount Available


The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # \_\_\_\_\_  
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## FIVE EASY WAYS TO REGISTER:

 **REGISTER ONLINE** at: [www.ber.org](http://www.ber.org)

 **EMAIL this form to:** [register@ber.org](mailto:register@ber.org)

 **PHONE toll-free:** **1-800-735-3503**  
(Weekdays 5:30 am - 5:30 pm Pacific Time)

 **FAX this form to:** **1-425-453-1134**

 **MAIL this form to:** **Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

## Program Hours

All **In-Person** Seminars are scheduled 8:30 a.m. – 3:15 p.m.  
Check-in is 8:00 a.m. – 8:30 a.m.

## Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for In-Person Seminars or Recorded Seminars.

**For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.**

## Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Albany: Hilton Garden Inn Medical Center, (518) 396-3500
- Manchester: Country Inn & Suites – Bedford, (603) 666-4600
- Portland: Home2 Suites – Airport, (207) 517-3636

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

## Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

## Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

## Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

# Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions (Preschool-Second Grade)



An outstanding one-day In-Person Seminar

Includes an extensive Resource Handbook

Can't Attend? A Recorded Version is available  
to use online at your convenience



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# Decrease Attention-Getting and Tantrum Behaviors! (Preschool – Second Grade)

DCR2F1

# Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions (Preschool-Second Grade)



Bureau of Education & Research

In-Person Seminar  
or Recorded Version



**A Unique One-Day In-Person Seminar**  
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Presented by

**Lisa Rogers**

Outstanding Presenter and Behavior Intervention Specialist

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