### Day One

### Keynote • 8:30 - 9:05 AM

### "Harness the Power of Co-Teaching ... Making the Most of Your Co-Teaching Partnership!" - Petra Nelson

Co-Teaching is a powerful way to support students in an inclusive classroom. Join us as we explore practical ways to enhance collaboration, co-planning, co-instructing, co-assessing, and MORE to maximize the impact of your Co-Taught classroom. You will leave inspired, motivated and ready to implement innovative strategies to strengthen your Co-Taught learning environment. Get ready to maximize student engagement and outcomes!

### MORNING SESSIONS • 9:15 - 11:50 AM

Choose ONE Full Morning Session OR TWO 70-Minute Sessions One mid-morning break

#### Full Morning Session • 9:15 - 11:50 AM

#### A-1: Improving the Behaviors of Attention-Seeking and Challenging Students in the Co-Taught Classroom - Cindy Jones

Students with challenging behaviors are becoming more prevalent in our schools and more difficult to teach than ever. Explore the neuroscience that drives these attention-seeking and challenging behaviors. Examine the WHY of student behavior and effective and practical strategies for addressing them. Explore tools and specific strategies to help diminish attention-seeking, power, and revenge behaviors by leveraging your Co-Teaching models.

First 70-Minute Morning Sessions 9:15 - 10:25 AM

**Second 70-Minute Morning Sessions** 10:40 - 11:50 AM

#### **CHOOSE ONE: A-2 or A-3**

### A-2: Level-Up Your Instructional Design **Using the Six Co-Teaching Formats**

#### - Petra Nelson

Co-Teaching is much more than two teachers occupying the same space in a classroom. The one-teach one-support format is only a beginning for Co-Teachers, so let's explore ways to move beyond that. This interactive session will launch your thinking and current Co-Teaching practice by examining the formats and deciding which ones will yield higher outcomes for your students.

### A-3: Accommodations, Modifications, and Co-Teaching, Oh My! - Lisa Rogers

While the Individual Education Planning team identifies which accommodations and/or modifications are needed, Co-Teachers bring it to life with all your knowledge and skill. Learn the best ways to implement each to their fullest in the least restrictive Co-Taught environment.

#### **CHOOSE ONE: A-4 or A-5**

### A-4: Co-Planning is the "Meat and Potatoes" of Co-Teaching - Petra Nelson

Commit to your Co-Teaching partnership by learning new ways to make the most of your co-planning time. This session will investigate creative ways to find time to coplan and maximize the time provided. Learn the conditions for establishing more effective co-planning and ways to strengthen your partnership through planning. Walk away with practical ideas for being more prepared to Co-Teach and ready to celebrate your success!

### A-5: The Power of Predictability and Visual **Supports in the Co-Teaching Classroom**

#### - Lisa Rogers

As Co-Teachers, we can agree that to learn optimally, our students need to be able to plan, organize and complete tasks. However, students with disabilities often face challenges in each of these areas. Learn more about neurological differences and how they may impact student engagement in academic tasks, and how the powerful combination of predictability and visual support work together to promote improved academic growth in the Co-Taught classroom.

Lunch break • 11:50 AM – 1:05 PM (On your own; a great time to network with colleagues!)

"This was the most informative and engaging PD I have attended in years!"

- Tracy Mellini, Teacher



"Practical forms, ideas and tools to make Co-Teaching better for me, my co-teacher and my students."

- Carolyn Strauch, HS Teacher



#### **Team Discount**

ONE DAY One Person: \$325

**BOTH DAYS** One Person: \$595

Team of 3+: \$565 per person when enrolled at the same time



### Who is BER? BER

The Bureau of Education & Research is North America's leading presenter of training for professional educators. Our goal is to provide high-quality PD programs, based on sound research, with an emphasis on practical strategies and techniques that can be immediately implemented.



### Day One

### AFTERNOON SESSIONS • 1:05 – 3:35 PM

Choose ONE Full Afternoon Session OR TWO 70-Minute Sessions
One mid-afternoon break

Full Afternoon Session • 1:05-3:35 PM

### B-1: Inclusive Co-Teaching Practices for Students With Autism Spectrum Disorders – Lisa Rogers

Serving students with autism is a reality in today's classrooms. Learn how to leverage your Co-Teaching practices to create an environment to help your students with autism better navigate challenging academic and social situations. You'll leave with practical tools and strategies that can help decrease neurological stress and allow students with autism spectrum disorders to reach their greatest potential.

First 70-Minute Afternoon Sessions
1:05-2:15 PM

**CHOOSE ONE: B-2 or B-3** 

### **B-2: Strengthening Your Behavior Intervention Plans** – Cindy Jones

When behavior intervention plans are not working effectively, things can quickly get out of hand in classrooms. Fortunately, there are a variety of Co-Teaching strategies that can be implemented to increase the strength of your behavior plan. In this highly practical session, we will explore six of these to help you better support behavior outcomes in both the Co-Taught settings.

### B-3: Go From "Sit and Get" to "Get and Go"

#### - Petra Nelson

Energize your Co-Taught math class by integrating research-based math strategies that support all learners in your classroom. Math can be a difficult concept for many students to grasp; however, the power of two teachers can make math more interactive, engaging and fun for students K-12. Come to this session and walk away with new strategies you can use the next day!

Second 70-Minute Afternoon Sessions 2:25-3:35 PM

**CHOOSE ONE: B-4 or B-5** 

# B-4: Co-Teaching Strategies for Dealing With Disrespectful and Disengaged Students - Cindy Jones

Discover proactive, de-escalating and redirecting Co-Teaching strategies that will reduce and prevent disrespectful and off-task behavior from taking away your valuable teaching time. This session will help you and your Co-Teaching partner get on the same page for handling disruptions. Learn how to avoid power struggles, redirect more effectively, and use the same language your Co-Teaching partner does to maintain consistency... Strategies you will be able use immediately!

### B-5: Flexible Groupings of Students in the Co-Taught Classroom are Infinite

#### - Petra Nelson

This session looks at the power of flexible groupings within the Co-Taught classroom. Explore the many ways students can be grouped according to the lesson and desired goal. You will discover how to create more cooperative learning lessons for students that will move them from working "just" in a group to collaborating as a unified group for improved outcomes.

Can't Attend?
Online Professional
Development Options:

### Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at <a href="https://www.ber.org/online">www.ber.org/online</a>

### Day Two

### MORNING SESSIONS • 8:30 – 11:15 AM

Choose ONE Full Morning Session OR TWO 75-Minute Sessions
One mid-morning break

Full Morning Session • 8:30 - 11:15 AM

### C-1: Strengthen Your Co-Teaching Partnership With Practical Strategies to Boost Collaboration and Parity – Petra Nelson

Equality in the Co-Teaching relationship is fundamental in establishing an effective Co-Taught classroom. Boost your collaboration skills by exploring essential tools and practical strategies that support the parity of instruction in your Co-Taught classroom. Participants will investigate ways to build the Co-Teacher partnerships through communication, trust, problem solving, and a growth mindset. Leave this session with ideas to create and maintain a stronger Co-Teaching partnership throughout the school year.

First 75-Minute Morning Sessions 8:30-9:45 AM Second 75-Minute Morning Sessions 10:00 - 11:15 AM

#### CHOOSE ONE: C-2 or C-3

### C-2: The Co-Teachers' Role in Reducing Student Anxiety - Cindy Jones

In a recent survey, educators reported that anxiety related misbehavior are major issues with students today. We'll explore these issues and various Co-Teaching strategies to help reduce them, including what to do about profanity, gaslighting, arguing, drawing boundaries, and lack of social skills. Discover the best way to calm down someone having a panic attack. You can use this valuable information in the Co-Taught classroom and life.

### C-3: Executive Functioning Skills for Behavior and Academic Success!

#### Lisa Rogers

Executive functioning skills serve as the foundation for positive behaviors and help students make healthier choices for themselves and others. This session will provide you with practical strategies and visual tools you can use to teach critical executive functioning skills and promote academic and behavioral success in your Co-Taught classroom.

#### CHOOSE ONE: C-4 or C-5

# C-4: Co-Teaching for Helping Students Overcome the Challenges of ADHD, Executive Function Deficits, and Poor SelfRegulation Skills – Cindy Jones

Students with ADHD often have difficulty with concentration, distraction, impulsivity, and "timeblindness" among other challenges. Discover strategies to help your students with ADHD experience more academic and social success. Learn how their brains are different from neurotypical students and how you can best support them. We'll explore helpful behavior interventions, tools, organizational tips, co-morbidity, and executive function and self-regulation skills you can use immediately.

### C-5: Leveraging the Co-Taught Classroom to Prevent Challenging or Difficult Behavior

#### Lisa Rogers

Most educators agree that they would much rather prevent challenging behaviors than deal with the negative impact of aggression, elopement, screaming, or work avoidance. Explore a menu of practical preventive strategies with real-life examples of how you can implement each in your Co-Taught classroom.

## Comprehensive Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this conference. Included in the handbook are resource materials for ALL conference sessions, even those you don't attend. These materials include:

- Timesaving tips and effective procedures for co-planning
- Fresh ideas to establish and nurture strong collaborative partnerships
- Teacher-friendly, easy-to-use strategies for differentiating instruction in Co-Taught classrooms

A printed copy of the resource handbook will be available to registrants at the conference site as long as their registration is received in the BER office at least 15 calendar days before the event.

"Great tools, resources, conversations, excitement for learning and sharing throughout.
Thank you ALL!!"

- Julie Dain, Intervention Specialist



Lunch Break • 11:15 AM – 12:30 PM • (On your own; time to network!)

# **Conference Locations & Hotel Accommodations**



**COLUMBUS** offers a great variety of area attractions, including the Columbus Zoo and Aquarium, Franklin Park Conservatory, COSI Museum, and Ohio Stadium.

#### Conference Location and Overnight Accommodations:

Embassy Suites – Airport • (614) 536-0500

\$135 (Single/Double) plus tax, based on availability. Book your overnight accommodations by March 8, 2026 to receive this rate. For reservations, please call 614-536-0500 and reference Group Code: CES902, or use the link below.

https://at.ber.org/Co-TeachingColumbus



BOSTON rewards visitors with many sightseeing opportunities, including the world-renowned Museum of Fine Arts, the Isabella Stewart Museum, the Freedom Trail through Boston's historic sites, or a boat cruise on the Charles River.

### Conference Location and Overnight Accommodations:

Four Points By Sheraton – Wakefield • (781) 245-9300

\$139 (Single/Double) plus tax, based on availability. Book your overnight accommodations by March 3, 2026 to receive this rate. For reservations, please call 781-245-9300 and mention you are attending this Co-Teaching Conference, or use the link below.

https://at.ber.org/CoTeachingBoston

### **Day Two**

### AFTERNOON SESSIONS • 12:30 – 3:10 PM

Choose TWO 75-Minute Afternoon Sessions
One mid-afternoon break

First 75-Minute Afternoon Sessions 12:30-1:45 PM

CHOOSE ONE: D-1, D-2 or D-3

### D-1: Co-Teaching for How Today's Students Learn! - Cindy Jones

Current brain research reveals the major ways that students learn today. Discover how to teach using movement, interactive small group discussions, visuals, art, music, and social interaction to engage students and cement content into long-term memory. You will take away a variety of practical examples well-suited for Co-Taught classrooms.

### D-2: Differentiation Works When You Work It! - Petra Nelson

Differentiation is responsive teaching. Participants will explore ways to support students through differentiation in the Co-Taught classroom. Ways to differentiate the environment, product, process, and content to improve student outcomes will be discussed. Take away valuable strategies that you can implement tomorrow in your classroom.

### D-3: Making Time to Fill Your Co-Teaching Bucket – Lisa Rogers

Self-care is so important for Co-Teachers ... Learn how to press pause and reflect, to continually fill and structure your "Co-Teaching buckets" with flexibility, integrity, respect, trust, honesty, kindness, and caring practices for yourself, each other, colleagues, and your Co-Taught students and their families. This session offers ways to co-manage and organize your buckets with academics, functional skills, inclusive strategies, sights, sites, and, of course, smiles!

Second 75-Minute Afternoon Sessions 1:55-3:10 PM

#### CHOOSE ONE: D-4, D-5 or D-6

### D-4: Incorporating Movement Into Your Co-Teaching Without Creating Chaos

- Cindy Jones

In this active session, you will learn how to leverage the co-teaching model to incorporate movement with simple structures and quick transitions to keep students on-task. Learn how two teachers can easily integrate needed brain breaks, structured activity, and movement to increase student energy and gain focus and attention. Numerous kinesthetic strategies for all grades will be presented.

### D-5: The Power of Student Choice in the Co-Taught Classroom – Petra Nelson

Make the choice to discover the best ways to create opportunities for student choice. Participants will learn how to support student choice by empowering them to make a more positive learning environment for themselves. Anchor routines that promote high student engagement will be shared.

### **D-6:** Making Room for Self-Regulation in Your Co-Teaching Practice – Lisa Rogers

For many of our students, self-regulation is still under development and can result in what seems to be "a zero to a hundred" explosion of emotions, anger or even aggression. Learn the critical initial steps of modeling and teaching how to be more regulated and successful. Learn and practice a variety of specific Co-Teaching tools to help build powerful bridges to a more peaceful Co-Taught classroom.

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### **Related Online Courses**

A related On Demand Video-Based Online Learning course, *Co-Teaching in Inclusive Classrooms: Effective Whole Group Structures and Strategies*, for Grades K-6, is available for immediate registration. To enroll, visit www.ber.org/online

