

School-Based OTs

Sensory Processing Tools and Strategies: Improving Attention, Focus, and Function



A Unique One-Day Live Online Seminar Presented by

Jenny L. Clark, OTR/L

Outstanding Occupational Therapist and International Presenter

Specifically Designed for Occupational Therapists, Occupational Therapy Assistants and Education Teams Working with Students in Preschool-Grade 12

Realistic, easy-to-use tools and strategies utilizing the most up-to-date sensory processing research and knowledge

Practical, highly effective techniques to **improve your students' focus and attention**

Hands-on and engaging Sensory Processing resources, activities, and tools you can use immediately

Practical, sensory-based interventions to support students' academic success and engagement

AOTA CEUs AVAILABLE

LIVE ONLINE SEMINARS

January 15

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

January 29

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

AOTA CEUs, CEUs and Graduate
Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"I really enjoyed all of
Jenny's practical ideas,
which I can use in the
school setting, and all the
freebies and resources
she shared."*

– STACEY RICE, COTA/L

Ten Key Benefits of Attending

'This was a wonderful and informational seminar! Jenny did an excellent job explaining sensory processing and providing great resources for helping children with sensory processing challenges.'

– TAMMY MARSHALL, OT



Who Should Attend

Occupational Therapists,
Occupational Therapy
Assistants, and Education
Teams Working with
Students in Preschool-
Grade 12

- 1. Maximize Your Role as a School-Based Occupational Therapist Addressing Sensory Processing Challenges**
Learn a wealth of practical ways to improve students' attention, focus and function
- 2. Strengthen Your Clinical Observation Skills of Students with Sensory Processing Disorder**
Become more skilled at identifying the different subtypes of sensory processing disorder through your clinical observations, classroom observations ... Receive highly practical evaluation tools and checklists
- 3. Learn Sensory Processing Strategies to Improve Student Engagement and Behavior**
Understand how sensory processing or other developmental factors, such as executive functioning deficits, may impact a student's behavior and their ability to focus and participate in the classroom
- 4. Improve Students' Sensory Processing Skills and Boost Their Confidence to Learn**
Understand the importance of interoception processing and how to help students become more self-aware and confident so they can better advocate for their own sensory needs in the classroom
- 5. Help Students Manage Their Sensory Experiences at School**
Students do better when they can self-regulate ... Learn practical ways to teach and empower students to better understand their own sensory processing and when to practice specific self-regulation strategies
- 6. Hands-On Sensory Tools and Activities You Can Use Immediately**
Learn tried and true sensory integration techniques to easily incorporate throughout the school day ... Learn practical accommodations to improve your students' attention, focus and concentration, helping them be more successful
- 7. Practical Ways to Measure Students' Progress in Developing Sensory Processing Skills**
Measure the effectiveness of your intervention strategies with easy-to-use documentation that helps you monitor students' growth and progress ... Learn what to look for and how to use the information with colleagues
- 8. Powerful Intervention Strategies That Support Students with Sensory Processing Difficulties**
Boost your OT intervention strategies toolkit with tools, resources and ideas that will support better outcomes for students with sensory processing difficulties
- 9. Enhance Your Ability to Create Individualized Sensory Processing Plans**
Develop effective plans tailored to each student's unique needs, incorporating sensory techniques and strategies to promote academic success and confidence
- 10. Receive an Extensive Occupational Therapy Digital Resource Handbook**
Leave with an extensive occupational therapy digital resource handbook filled with detailed descriptions of all the sensory processing therapy strategies and resources presented in the seminar

Outstanding Strategies You Can Use Immediately

Practical Strategies for Occupational Therapy Service Delivery ...

- **Identify best ways** to provide appropriate sensory processing strategies, accommodations or modifications
- Examine why and how sensory processing skills are **essential for students to perform at an optimal level**
- **Discuss easy-to-implement classroom techniques** to improve attention, focus and function
- Identify **the subtle difference between sensory integration and sensory processing** and how they impact school success
- Select **proven strategies and approaches** to addressing challenges related to sensory disorders
- **New activities and approaches to improve sensory integration** that can be used by teachers and support staff
- Select techniques to **design and implement sensory-friendly** classrooms and schools, promoting a positive and inclusive learning environment
- Apply strategies to **enhance students' sensory awareness and self-regulation skills**, leading to improved academic performance and behavior

Learning Outcomes

At the end of the seminar you will be able to:

- **Recognize new and innovative strategies** to support students with Sensory Processing difficulties
- **Identify the lagging skills that are impacting** a student's attention, focus and function at school, and what you can do in your role as an occupational therapist
- **Select activities that will improve sensory processing** and specific ways to improve carryover to the classroom and beyond

"Excellent seminar. I enjoyed Jenny's enthusiasm for the topic."

– BRUCE BOREN, OT

Practical Ideas and Strategies

Do you work with students who struggle with sensory processing, finding it hard to focus, maintain attention, or function effectively? Are you seeking ways to support these students who, despite their intelligence and potential, seem unable to meet academic expectations and are often unfairly labeled with terms like "lazy," "manipulative," "attention-seeking," or "difficult"? Join accomplished school-based occupational therapist **JENNY CLARK** in this seminar, where she will share proven methods to reduce challenging sensory-related concerns and help you greatly enhance student achievement. Jenny will share highly effective techniques to bolster students' focus, attention, and overall functioning, offering **practical insights rooted in current sensory processing knowledge** and its impact on the brain. Discover how to accurately pinpoint the root causes behind these challenges and gain practical strategies to effectively address them. **You'll learn how to more effectively work with students who struggle with sensory integration and sensory processing disorder and help them find greater success at school.**



A Message From Seminar Leader, Jenny L. Clark



Uniquely Qualified Instructor

JENNY L. CLARK is a passionate and experienced pediatric occupational therapist with years of school-based experience helping students reach their full potential. Jenny has collaborated with students, teachers, and families to create inclusive learning environments that cater to the unique needs of children with sensory processing difficulties. She has authored two evidence-based books, *Learn to Move, Move to Learn: Sensorimotor Early Childhood Activity Themes* (Future Horizons, Inc., 2023) and *Learn to Move, Moving Up! Sensorimotor Elementary School Activity Themes* (Future Horizons, Inc., 2023). She invented the popular *Letter Treasure Hunt* handwriting game (Therapro, 2014). Jenny is also the author of *School-Based OTs Sensory Processing Tools and Strategies: Improving Attention, Focus, and Function*, the extensive digital resource handbook you'll receive at the seminar. **You'll leave Jenny's seminar excited to return to your school with new sensory processing strategies that will help students succeed and improve their attention, focus and function at school.**

Dear Colleague:

As an occupational therapist specializing in sensory processing within school environments, I've noticed a growing emphasis on addressing the sensory needs of students. While there's a strong effort to manage these needs through familiar techniques such as point systems and clip charts, there's a crucial aspect missing – the consideration of students' physiological and emotional states. Are we doing all we can to ensure they have the necessary classroom support to navigate their sensory environment?

Current research highlights the significance of understanding these sensory and emotional aspects to create an environment conducive to learning. By focusing on these fundamental needs, we can provide students with the tools they require to thrive. During our time together, I will offer a fresh perspective by shifting our attention from management techniques to a deeper understanding of sensory processing. I'll share innovative strategies and activities aimed at improving sensory experiences for your students. We'll explore ideas for addressing these needs with teachers, paraprofessionals, and administrators, empowering you to create more sensory-friendly environments for all students.

My goal is for you to leave this one-day seminar invigorated and ready to return to your school with new insights into helping students with sensory processing challenges. With evidence-based solutions and a deeper understanding of sensory needs, you'll be better equipped to support students within your own educational setting. I'm excited about the opportunity to collaborate and share our experiences with one another!

Sincerely,

A handwritten signature in blue ink that reads "Jenny L. Clark, OTR/L". The signature is written in a cursive, flowing style.

Jenny L. Clark, OTR/L

P.S. With new ideas and new lenses comes new energy! My goal is for you to leave with practical tools and resources you can immediately implement.

"I'll share innovative strategies and activities aimed at improving sensory experiences for your students."

What Your Colleagues Say About Jenny L. Clark

"Great practical strategies for use in school therapy sessions."

– Holly Rylant, OT

"I appreciate the hands-on and interactive components Jenny shared with us. That's what I was looking for so I can bring new strategies and tools back to students and teachers!"

– Hannah Johnson, OTR/L

*"This seminar was **very well organized and informative!** I learned new strategies and techniques I can immediately incorporate into my work at my schools! Thank you, Jenny!"*

– Addie Main, OTR/L

*"It was a pleasure to have Jenny present her wealth of knowledge to us today. **I learned so much.** I'd love to attend another presentation of hers in the future."*

– Steffi Wilson, OT

*"I found this seminar **very inspiring and with lots for enhancing my skills as a school based OT.** Jenny was very informative and provided great insight and helpful resources to help me better serve my students!"*

– Melissa Stevens, OT



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Thank you for a wonderful presentation! I now have many new ideas and look forward to spending more time looking closely through Jenny's digital resource handbook.'

– FELICE ZINDERMAN, OT

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Sensory Processing Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Practical, proven strategies you can use immediately with your students with sensory related challenges
- Reproducible forms to help improve your classroom observations, evaluation and data collection
- Highly useful sensory processing strategies and activities to improve student success
- Actionable tools and templates to help you develop effective sensory processing plans and strategies for your students
- Valuable resources featuring detailed descriptions of sensory processing strategies, techniques, and activities to support student learning

AOTA CEUs/Contact Hours Available

Bureau of Education & Research is an AOTA Approved Provider of professional development (APP# 6353). Course approval ID# 10569. This Distance Learning -



American
Occupational Therapy
Association

Approved Provider

Interactive/Independent seminar is offered at

.5 CEUs/5 Contact Hours per day of attendance Educational level: Introductory, Category: Occupational Therapy Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

You will be required to fully attend the program and complete a program evaluation and a learning outcomes assessment at the end. For more information regarding this program, including a time-ordered agenda, please visit our website at www.ber.org

Financial and Non-Financial Disclosure for Jenny L Clark, OTR/L:

Presenter for the Bureau of Education and Research and receives honorarium compensation.

Presenter may also have a financial or non-financial interest in products or services mentioned at this seminar.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars, and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global
A nonprofit
affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On-Demand Video-Based Online Learning course, *Practical Interventions for Increasing the Success of Your School-Based Occupational Therapy Outcomes*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

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Registration (XTI7W1)

- ☐ **1. January 15, 2027** (Start time: 9 AM Central)
- ☐ **2. January 29, 2027** (Start time: 9 AM Eastern)
— or —
- ☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: XTI7W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person,
for teams of three or more registering at the same time, the fee is \$275
per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Cards accepted: MasterCard, VISA, Discover, AMEX

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(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

 **SCAN QR code or visit:**
at.ber.org/regXTI



@ **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
3000 Northup Way • PO Box 96068
Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



XTI7W1

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Practical, sensory-based interventions to support students' academic success and engagement