

Increasing the Success of Your School-Based OCCUPATIONAL THERAPY Outcomes



A Unique One-Day Live Online Seminar Presented by

Constance M. de la Vega, MA, OTR/L
Outstanding Occupational Therapist and National Presenter

**Specifically Designed for School-Based Occupational Therapists and
Occupational Therapy Assistants Serving Preschool Through Grade 12**

Practical evidence-based interventions and tools to improve Occupational Therapy outcomes for your students

Timesaving OT ideas to help improve student function

Effective OT intervention techniques for use with students of all ages

Receive an extensive digital resource handbook with practical OT strategies that **support academic success**

LIVE ONLINE SEMINARS

April 8

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

April 16

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

AOTA CEUs, CEUs and Graduate Credit
Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"Constance was a
wonderful presenter and
I learned a ton."*

Ten Key Benefits of Attending

"Loved it. I learned great, practical, fast-acting tips and techniques."



Who Should Attend

School-Based Occupational Therapists and Occupational Therapy Assistants Serving Preschool Through Grade 12

- 1. Practical Strategies to Improve the Outcomes of Your School-Based Occupational Therapist Practice**
Expanded your repertoire of evidence-based intervention strategies ... Boost student outcomes and success!
- 2. Dynamic and Ready-to-Use Strategies to Strengthen Your OT Interventions**
Complement your toolkit with effective strategies that address diverse and changing student and classroom needs ... Practical ideas you can use immediately in your role as an OT or COTA
- 3. Fresh, Innovative, and Fun Ideas and Strategies to Expand Your Therapy Repertoire With Your Students**
Expand your OT toolbox with interventions, adaptations, strategies, accommodations, and technologies that range from inexpensive to free and can easily be integrated into your students' daily routine
- 4. Address the Volume of School-Based Occupational Therapy Referrals**
Discuss RTI/MTSS strategies that can be implemented immediately to address fine motor, visual motor, handwriting, and sensory/work behaviors before an evaluation is indicated
- 5. Encourage Stronger Carryover of Your OT Interventions**
Tips and techniques to help your students' more greatly benefit from your interventions and accommodations ... Improve generalization across school environments, even when you're not there!
- 6. Spend Less Time "Teaching Handwriting" and More Time Implementing Foundational Skill Training**
Use your expertise and training to teach and support school colleagues on handwriting as it relates to a child's development ... Learn important questions to ask related to the complex task of handwriting
- 7. Learn Time-Efficient School-Based OT Documentation and Progress Monitoring Strategies**
Simplify your day with easy-to-use ideas to organize, plan, document, and evaluate the efficacy of your therapy sessions
- 8. Increase Your Effectiveness as a School-Based Occupational Therapist**
Learn better ways to manage your caseload with increasing demands on the school-based occupational therapist ... Discover how to be more efficient and effective in your unique role as a medically trained professional working in schools
- 9. Modify the Classroom Environment to Improve Students' Success With Your OT Interventions**
Learn how to improve functional outcomes that can reduce distractions and increase attention, focus, and engagement for increased success for the students on your caseload
- 10. Receive an Extensive OT Interventions Digital Resource Handbook**
You will leave this seminar with a comprehensive digital resource handbook that includes strategies and tools along with detailed descriptions of the activities and concepts for more successful OT interventions

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Learn strategies that address volume of school-based referrals** and provide ideas and strategies through an RTI/MTSS approach interest and expanding your activity analysis skills
- **Merge your existing skills and knowledge with therapeutic interventions** that work for your schedule, complement your interaction style and uncovers your potential for growth and development
- **Develop more effective treatment plans** and interventions that address foundational skills for improving function in school
- **Utilize innovative ideas** for your therapy toolbox including accommodations, interventions, and adaptations for improved outcomes
- **Identify treatment environments** available in your practice setting to allow you to better support your students throughout their school day
- **Discuss and identify alternative intervention delivery models**, such as collaboration and push-in treatment, while keeping 'Least Restrictive Environment' in mind
- Identify strategies to help you **spend less time planning and more time providing therapy**
- **Create a plan to increase the effectiveness of your collaboration** with education teams to improve student performance in the classroom
- Examine ways to **work smarter, not harder** in designing interventions and documentation
- **Fine motor, visual motor and perceptual activities, strategies and ideas** to help your students better access their education



"Constance's broad background has given her a true understanding. She doesn't try to give a 'one size fits all' approach."

Practical Ideas and Strategies

Specifically designed for school-based Occupational Therapists and COTAs, this seminar will provide you with a variety of practical strategies you'll be able to use immediately. **CONSTANCE M. DE LA VEGA**, an outstanding school-based Occupational Therapist and mentor, will share dozens of proven ideas and strategies to help you increase outcomes for your students. Whether you are a new practitioner or an experienced clinician, this seminar combines current, best OT approaches with the realities of providing services in today's demanding school settings. The emphasis will be on the best ways to help you ensure accountability, determine efficacy of your interventions and guide your recommendation for levels of intervention. A variety of service delivery models will be discussed along with practical solutions you can immediately implement in your practice.

Equipped with an extensive OT therapy digital resource handbook and dozens of current, best strategies, you will leave feeling confident and empowered to make an even greater impact on your students and the educational team with whom you work.



A Message From Seminar Leader, Constance M. de la Vega



Uniquely Qualified Instructor

CONSTANCE M. de la VEGA is an experienced occupational therapist with decades of school-based practice. Ms. de la Vega has both a Bachelor of Science in Education degree and a Master of Arts degree in Occupational Therapy. Her experience working with students and families as a special education teacher ignited a desire to work more closely and individually with students as an Occupational Therapist. Ms. de la Vega continues to share her expertise with her state's Occupational Therapy Association, and to a national audience with her informative and highly practical one-day seminars for school-based occupational therapists.

Dear Colleague:

Being a school-based practitioner can be joyful and rewarding. Lately, it has also felt more challenging than ever. Over my decades of practice as an Occupational Therapist, I have witnessed much change. With increased expectations for evidence-based treatment and producing the best possible outcomes for our students, along with growing numbers of student needs, it can feel overwhelming. The demands for OT services in the academic environment have dramatically increased in recent years. Now more than ever we school-based practitioners are juggling so many barriers to consistently offer best practices, while also holding onto the joy and rewards of our everyday work.

The focus of this one-day seminar is on practical, fun, and impactful current strategies and interventions that will increase the success of your school-based therapy outcomes. The content embodies AOTA's Vision 2025, IDEA (Individuals with Disabilities Education Act) and ESSA (Every Student Succeeds Act) guidelines, while providing you with practical, doable strategies you can use immediately. My goal is to share my favorite practical strategies for putting the current best-practices into effect— to cross the bridge from theory to impactful therapy. I plan to share tips on how to increase your efficiency and effectiveness when collaborating with your teams to ensure carryover of your interventions. You will learn timesaving strategies that will ensure compliance with documentation requirements while effectively monitoring student progress and enhancing the efficacy of your interventions, all of which truly does result in improved student outcomes.

Remembering that we have specific talents and skills that make us unique is key to being successful in our unique school-based practice. Our occupational therapy services are of vital importance to the students we serve. I look forward to the opportunity to share what I've learned at this one-day seminar and spend an informative and uplifting day together.

Sincerely,

Constance M. de la Vega

P.S. I guarantee that after our time together at this seminar, **you will leave refreshed and excited to implement new ideas** for enhancing outcomes and improving your students' success.

"You'll learn timesaving strategies that will ensure compliance with documentation requirements while effectively monitoring student progress and enhancing the efficacy of your interventions - all of which truly does result in improved student outcomes."

What Your Colleagues Say About Constance M. de la Vega

*"Excellent, upbeat seminar. Wonderful collaboration. Thank you for all of the **wonderful resources and ideas!!!**"*

– Sarah Henderson, OTR/L

*"This was a **comprehensive** seminar with a **knowledgeable** presenter."*

– Karen Moore, Occupational Therapist

*"The resources were **excellent! The time today flew by!** Thank you so much!!"*

– Tracie Ostrander, OTR/L

*"Excellent training. I especially liked the handbook with all of the **links and examples** of data tracking. **Super helpful. Will recommend to all my school OT friends.**"*

– Joanna Reschke, Occupational Therapist

*"Constance was very engaging and provided **practical and useful** tips and tricks that can be **applied tomorrow.**"*

– Sarah Spink, OTR/L



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'I can't wait to share all that I learned with my team.'

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Specific treatment ideas to help increase outcomes for your students
- Valuable resource lists and websites
- Practical tools and resources you can use in your school-based OT practice immediately

AOTA CEUs/Contact Hours Available

BER is an AOTA Approved Provider of professional development (APP# 6353). PD activity approval ID# 11319. This Distance Learning – Interactive seminar is offered at .5 CEUs/5 Contact Hours per day of attendance. Educational level: Introductory; Category: Occupational Therapy Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



You will be required to fully attend the program and complete a program evaluation and a learning outcomes assessment at the end. For more information regarding this program, including a time-ordered agenda, please visit our website at www.ber.org

Financial & Non-financial Disclosure Statement for CONSTANCE M. DE LA VEGA

Presenter for the Bureau of Education & Research and receives honorarium compensation.

Presenter may also have a financial or non-financial interest in products or services mentioned at this seminar.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On-Demand Video-Based Online Learning course, *Practical Interventions for Increasing the Success of Your School-Based Occupational Therapy Outcomes*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

Increasing the Success of Your School-Based OCCUPATIONAL THERAPY Outcomes

Registration (XTE6S1)

- ☐ **1. April 8, 2026** (Start time: 9 AM Central)
☐ **2. April 16, 2026** (Start time: 9 AM Eastern)
— or —
☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EXTE6S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;
for teams of three or more registering at the same time, the fee is \$275
per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
☐ A purchase order is attached, P.O. # _____
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Please print name as it appears on card


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 **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
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Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



XTE6S1

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