

School-Based OCCUPATIONAL THERAPISTS: Help Your Students With Developmental Disabilities Through a Strengths-Based Approach



A Unique One-Day Live Online Seminar Presented by

Amy Coopersmith,
OTD, OTR/L, MA Ed, FAOTA

Award-Winning Occupational Therapist and National Speaker

**Specifically Designed for Occupational Therapists, Therapy Assistants
and Education Teams Working With Students in Preschool-Grade 12**

Proven OT techniques to help students with a wide range of developmental disabilities

Ready-to-use tools and resources to help students with disabilities better handle challenges at school

Strength-based approaches to improve students' confidence, self-awareness and academic success

Hands-on and engaging strategies you can apply immediately to boost students' coping skills

AOTA CEUs AVAILABLE

LIVE ONLINE SEMINARS

March 9

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

March 17

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

AOTA CEUs, CEUs and Graduate
Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*'Excellent information
today! Amy was
extremely knowledgeable
and a dynamic speaker.'*

— TRACIE OSTRANDER, OTR/L

Ten Key Benefits of Attending

*"I loved it so much!
So many things
that I can bring
to my sessions and
to the schools I
work in."*

– ADDIE MAIN, OTR/L



Who Should Attend

Occupational Therapists,
Therapy Assistants
and Education Teams
Working With Students in
Preschool-Grade 12

- 1. Improve Outcomes for Your Students With Developmental Disabilities**
Learn how to use your expertise as an occupational therapist to more effectively support students with specific diagnosis-related challenges such as Autism, Attention Deficit Disorder/ADHD, Intellectual Disability, Cerebral Palsy, Learning Disabilities, Down Syndrome, Oppositional Defiant Disorder, and Spina Bifida
- 2. Highly Practical Strength-Based Strategies to Significantly Improve Student Engagement**
Discover the most effective strengths-based strategies and techniques to boost your students' motivation and keep them more actively engaged in the learning process across all levels of intellectual ability
- 3. Enhance Your OT Learning Environment to Help Students With Developmental Disabilities**
Increase the effectiveness of your learning environment by implementing practices and specific classroom accommodations that maximize learning for your students with developmental disabilities
- 4. Help Your Students With Developmental Disabilities Set More Meaningful Goals**
Equip students with skills to set their own personally meaningful goals and monitor their own progress and behavior, fostering self-reflection and personal growth
- 5. Improve Your Students' Capacity to Work Independently**
Help your students understand their strengths and challenges as well as the skills they need to become more self-reliant in their daily lives ... Boost their confidence and independent work habits
- 6. Help Students Better Manage and Regulate Their Own Behavior**
Teach students valuable tools and techniques for managing and regulating their behavior, promoting better self-control and self-awareness ... Improve their success in all school environments
- 7. Practical OT Strategies to Help Students Approach and Overcome Challenges at School**
Equip students with strategies to examine and work on diagnosis related school challenges with confidence and success, addressing specific diagnosis-related challenges
- 8. Improve Your Students' Communication and Interpersonal Skills**
Develop your students' communication and interpersonal skills to foster better relationships across a wide range of diagnoses
- 9. Improve Students' Motivation and Engagement**
Learn practical ways to improve students' motivation and engagement at school using a strengths-based approach for your students with specific disabilities
- 10. Receive an Extensive Occupational Therapy Digital Resource Handbook**
Leave with an extensive occupational therapy digital resource handbook filled with detailed descriptions of all the therapy strategies and resources presented in the seminars

Outstanding Strategies You Can Use Immediately

Practical Strategies for Occupational Therapy Service Delivery ...

- **Practical strategies for enhancing motivation, self-efficacy, and positive self-talk** among the students with developmental disabilities, across all diagnoses and populations
- **Methods to foster better decision-making and choice-making skills** in OT sessions and classrooms
- **Techniques to improve student engagement** and their overall experience in the educational environment
- **Effective** ways OTP's can help students with disabilities improve academic achievement
- **Practical** approaches for creating a more empowering learning atmosphere
- Understand OTP's role in promoting **a wide range of students' academic and personal development**
- Share **readily available resources and tools** to aid in the development of students' decision-making and problem-solving skills
- Review **strategies to keep all students more actively engaged** in the learning process
- **Teaching tips** that help students to think critically and make wiser choices
- Practical tools for implementing the principles of self-determination to **promote autonomy**
- **Ready-to-use interventions** for students facing the greatest challenges in the school environment
- Guidance on **how to teach students who struggle with organization** and decision-making skills

"I enjoyed Amy's instruction. The variety of suggestions and tools have opened up a lot of treatment avenues for me."

– TAMMI SPENCE, MS, OTR/L

Learning Outcomes:

At the end of the seminar you will be able to:

- Name potential strategies and therapeutic activities for promoting success of students with a wide range of developmental disabilities
- Select effective tools for teaching improved problem solving and decision-making skills
- Recognize the implications of diagnosis-related challenges and provide appropriate accommodations and modifications

Practical Ideas and Strategies

Do you work with students who have been diagnosed with a developmental disability affecting their participation at school? Do teachers frequently approach you with concerns about students who struggle because of a physical, intellectual, or emotional disability? Are you facing challenges in effectively communicating solutions with all members of the educational team, including families, to address students' behavioral challenges? If you're seeking evidence-based, practical approaches to address the impact of students' developmental disabilities, this strategy-packed seminar is a must-attend event.

Join innovative school-based occupational therapist **AMY COOPERSMITH** as she guides you through a well-established framework designed to foster student engagement among students. Dr. Coopersmith will provide easy-to-use, evidence-informed strategies to promote self-awareness, engagement, and independence. You'll gain valuable knowledge to proactively prevent demotivation and learn practical ways to help students with developmental disabilities learn essential skills such as goal setting, problem-solving, and decision-making. Don't miss this opportunity to make a positive impact on your students' learning experiences.



A Message From Seminar Leader, Amy Coopersmith



Uniquely Qualified Instructor

DR. AMY COOPERSMITH, OTD, OTR/L, MA Ed, FAOTA, is an experienced OTP with over 30 years of experience as an occupational therapist and teacher. She implemented the ideas discussed in the seminar as an occupational therapist and found that children made faster progress and demonstrated greater motivation and engagement using these methods. Author of the *Self-Determination Strategies Toolkit* and the *Captain Me™* program for young children, Amy strives to share her expertise with practitioners and educators on how to implement evidence-informed strategies to promote children's autonomy and success. Amy presents at national conferences and seminars where she shares her passion for translating research into practical, effective practice.

Dear Colleague:

For years as a school-based OT working with students, I dealt with daily issues related to lack of student motivation and engagement, poor decision-making and problem-solving skills, little interest in goal setting, and simply a general disinterest in learning. As a dedicated member of the team, I wanted answers. This led me to conduct research into practical solutions to better support a wide range of developmental disabilities. I understand the importance of equipping our students with the tools they need to overcome challenges, and I have them for you!

Throughout my career, I've had the privilege of witnessing the transformation of many students, as they learned to focus on their strengths and conquer challenges. My approach, firmly rooted in self-determination theory, has yielded remarkable results – increasing students' motivation, engagement, and self-efficacy. By the end of the seminar, you will have an array of practical strategies to help students with a wide range of diagnoses to regulate their own behavior, boost their self-perception, and confidently tackle even the most challenging learning objectives. We explore dozens of practical solutions you can apply to your practice immediately. I want to leave you doable ideas you can use to boost your students' confidence, motivation, achievement, and overall participation at school and in their daily lives.

I am delighted to invite you to this one-day seminar where we'll dive deep into methods to support students with developmental disabilities through effective Occupational Therapy techniques that leverages their strengths and leads them toward greater success. I look forward to meeting you there!

Warm regards,

Amy Coopersmith , OTD, OTR/L, MA Ed, FAOTA

P.S. As an experienced school-based Occupational Therapist, I know just how valuable your time is. My focus will be on sharing practical strategies that you can put into practice immediately!

"Come gain an array of practical strategies to help students with a wide range of diagnoses regulate their own behavior, boost their self-perception, and confidently tackle even the most challenging learning objectives."

What Your Colleagues Say About Amy Coopersmith

*"I think **you are onto something AMAZING** and a critical piece of treatment that yields results!"*

*"After 10 years as a practitioner, **I feel a renewed understanding of my role and a sense of purpose.** I'm excited to go to work tomorrow!"*

*"**I have never had so many students move so quickly towards goal achievement** (while pretty much getting rid of the need for external rewards)!"*

*"A lot of my students struggle with the daily demands that are placed on them. Self-determination shifts the paradigm from compliance to autonomy, which alleviates their anxiety. **Thank you for the practical ideas!**"*



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"Engaging seminar. Clear list of strategies with great examples and case studies. I look forward to using this in my practice."

– CATHY LYNN GONZALEZ,
MS, OTR/L

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook designed specifically for this seminar. The handbook includes:

- Helpful OT Intervention resources that you can use and share with team members immediately
- Evidence-based, practical strategies that you can use immediately to help your students with disabilities improve their engagement in learning and productivity at school
- Effective tools to strengthen students' problem solving and decision-making skills

AOTA CEUs/Contact Hours Available

Bureau of Education and Research is an AOTA Approved Provider of professional development (APP# 6353). Course approval ID# 10664. This Distance Learning – Interactive/Independent seminar is offered at .5 CEUs/5 Contact Hours per day of attendance. Educational level: Introductory; Category: Occupational Therapy Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

You will be required to fully attend the program and complete a program evaluation and a learning outcomes assessment at the end. For more information regarding this program, including a time-ordered agenda, please visit our website at www.ber.org

Financial and Non-Financial Disclosure for AMY COOPERSMITH:

Presenter for the Bureau of Education and Research and receives honorarium compensation.

Presenter may also have a financial or non-financial interest in products or services mentioned at this seminar.



Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars, and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On-Demand Video-Based Online Learning course, *Practical Interventions for Increasing the Success of Your School-Based Occupational Therapy Outcomes*, Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

School-Based OCCUPATIONAL THERAPISTS: Help Your Students With Developmental Disabilities Through A Strengths-Based Approach

Registration (XTB6S1)

- ☐ **1. March 9, 2026** (Start time: 9 AM Eastern)
- ☐ **2. March 17, 2026** (Start time: 9 AM Central)
— or —
- ☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
SEMINAR NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
SCHOOL MAILING ADDRESS	
CITY & STATE	ZIP CODE
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
()	()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
HOME MAILING ADDRESS	
CITY & STATE	ZIP CODE

IMPORTANT – PRIORITY ID CODE: XTB6S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person, for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____
MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:



SCAN QR code or visit:
at.ber.org/regXTB



EMAIL this form to: register@ber.org



PHONE toll-free: 1-800-735-3503
(Weekdays 5:30 am - 5:00 pm Pacific Time)



FAX this form to: 1-425-453-1134



MAIL this form to: Bureau of Education & Research
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



XTB6S1

© 2026 Bureau of Education & Research. All rights reserved.

OTs: Help Your Students With Developmental Disabilities Through a Strengths-Based Approach



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to access online at your convenience

BER
BUREAU OF EDUCATION & RESEARCH
915 118th Avenue SE
PO Box 96068
Bellevue, WA 98009-9668
www.ber.org

Prsrt Std
U.S. Postage
PAID
Bureau of
Education &
Research

**School-Based OCCUPATIONAL THERAPISTS:
Help Your Students With Developmental Disabilities
AOTA CEUs Available**

XTB651

**School-Based OCCUPATIONAL THERAPISTS:
Help Your Students With Developmental Disabilities
Through A Strengths-Based Approach**

BER
Bureau of Education & Research

**AOTA
CEUs Available**
Live Online Seminar or
Recorded Version



**A Unique One-Day Live Online Seminar
(Or Order the Recorded Online Version to Access at Your Convenience)**

Presented by

Amy Coopersmith,
OTD, OTR/L, MA Ed, FAOTA

Award-Winning Occupational Therapist and National Speaker

Proven OT techniques to help students with a wide range of developmental disabilities

Ready-to-use tools and resources to help students with disabilities better handle challenges at school

Strength-based approaches to improve students' confidence, self-awareness and academic success

Hands-on and engaging strategies you can apply immediately to boost students' coping skills