Bureau of Education & Research

AOTA CEUs Available
Live Online Seminar or Recorded Version

Practical Interventions for Increasing the Success of Your School-Based OCCUPATIONAL THERAPY Outcomes





A Unique One-Day Live Online Seminar

Olivia Shindel, MS, OTR/L

Outstanding Occupational Therapist and National Speaker

Specifically Designed for Occupational Therapists and Occupational Therapy Assistants Serving Preschool-Grade 12

Practical evidence-based interventions and tools to improve fine motor, handwriting, sensory, and movement goals

Hands-on and engaging motor development activities you can apply immediately in your OT Interventions

Incorporate the most effective OT intervention techniques with students of all ages

Practical intervention strategies to **help your students increase academic success**

AOTA CEUs AVAILABLE

LIVE ONLINE SEMINAR

February 23

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

AOTA CEUs Available
CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?
Order the recorded version and take the seminar online at your convenience (see page 6)

"Wonderful! Great, budget-friendly ideas."
– CHRISTINE MATRISCIANO, OTR

Ten Key Benefits of Attending

"Perfect pace and very informative."
– AMANDA GASKILL, COTA/L



1. **Increase the Effectiveness of Your School-Based Occupational Therapist Interventions**
   Learn how to be a more effective and efficient OT with an expanded repertoire of evidence-based intervention strategies that will make you a highly valued resource and team member
2. **Utilize Motor Development Techniques to Help Students to be More Successful in School**
   Boost your knowledge of easy-to-implement strategies that address visual motor skills related to managing classroom tools such as scissor/cutting skills, grasp on a writing tool, and much more
3. **Fresh, Innovative, and Fun Ideas and Strategies to Expand Your Therapy Repertoire with Your Students**
   Expand your OT toolbox with interventions, adaptations, strategies, accommodations, and technologies that range from inexpensive to free and can easily be integrated into the student's daily routine
4. **Address the Volume of School-Based Occupational Therapy Referrals**
   Discuss RTI/MTSS strategies that can be implemented immediately to address fine motor, visual motor, handwriting, and sensory/work behaviors before an evaluation is indicated
5. **Learn Environmental Strategies to Create a Sensory Space for Improved Classroom-Based Interventions**
   Utilize effective room-designs and strategies to meet student's sensory needs and to provide effective therapy strategies
6. **Spend Less Time "Teaching Handwriting" and More Time Implementing Foundational Skill Training**
   Use your expertise and training to teach and support classroom personnel regarding introduction of handwriting as it relates to a child's development and questions to ask related to the complex task of handwriting
7. **Incorporate Evidence-Based Treatment Strategies Related to Hand Development**
   Discover and review key factors in overall hand development skills for functional outcomes … Learn interventions that incorporate hand development skills
8. **Practical Strategies to Increase Your Effectiveness as a School-Based Occupational Therapist**
   Learn how to manage your caseload with increasing demands on the school-based occupational therapist … Discover how to be more efficient and effective in your unique role as a medically trained professional working in an educational model
9. **Modify the Classroom Environment to Improve Students' Success with Your OT Interventions**
   Learn how to improve functional outcomes that can reduce distractions and increase attention, focus, and engagement for increased success for the students on your caseload
10. **Receive an Extensive OT Interventions Digital Resource Handbook**
    You will leave this seminar with a comprehensive digital resource handbook that includes strategies and tools along with detailed descriptions of the activities and concepts for more successful OT interventions

Who Should Attend

Occupational Therapists and Occupational Therapy Assistants Serving Preschool-Grade 12

Outstanding Strategies You Can Use Immediately

Learning Outcomes:

At the end of the seminar you will be able to:

- **Identify interventions** to improve students' motor planning, hand strength, motor separation of the hand, and in-hand manipulative skills affecting functional outcomes
- **Select specific strategies** to help students increase classroom participation, independence, attention and focus while developing an inviting space that meets their sensory needs and improves work behaviors
- **Name uses of technology** and OT Apps that can address fine motor skills and visual motor/visual perceptual skills pertaining to writing legibly
- **Identify proven interventions** to boost motor development and use of classroom tools for improved functional outcomes
- Select collaboration strategies to communicate more effectively with parents, teachers, administrators, and school personnel from students' intake to graduation

Practical Strategies for Occupational Therapy Service Delivery ...

- **Differentiate between evidence and non-evidence-based strategies** to allow for best practice while building student interest
- **Learn strategies that address volume of school-based referrals** and provide ideas and strategies through an RTI/MTSS approach interest and expanding your activity analysis skills
- **Merge your existing skills and knowledge with therapeutic interventions** that work for your schedule, complement your interaction style and uncovers your potential for growth and development
- **Develop more effective treatment plans** and interventions that address foundational skills for improving function in school
- **Name proven techniques to help you** gain greater control of your caseload demands, schedule and referral stream
- **Utilize fresh, new, innovative ideas** for your therapy toolbox including accommodations, interventions, and adaptations for better goal achievement

"Very realistic for the school setting; creative ideas."

– SUSAN GARFIELD, OCCUPATIONAL THERAPIST

Practical Ideas and Strategies

Designed for school-based occupational therapists, this engaging and innovative seminar is designed to fill your therapy toolbox with practical, evidence-based intervention strategies you'll be able to use immediately. In this seminar, outstanding OT **OLIVIA SHINDEL** will share dozens of highly effective treatment ideas to boost goal achievement. Throughout the day, you will learn new and innovative strategies to improve your therapy out-comes with students. This informative seminar will combine best practice strategies with the understanding and reality that a school-based OT may encounter working in an educational model: caseload demands, limited time, limited workspace, and limited resources and supplies. Working with evidence-based strategies and AOTA's Terminology Framework, you will be better-equipped in your position as a critical member of the school-based treatment team. You will leave this seminar ready and excited to immediately implement the strategies you've learned in your own therapy plans!



A Message From Seminar Leader, Olivia Shindel



Uniquely Qualified Instructor

OLIVIA SHINDEL MS, OTR/L has extensive experience providing occupational therapy interventions. An engaging and passionate speaker, Olivia brings to each seminar her expertise as a school-based OT, serving students ranging from 3 to 22 years of age. Olivia's experience includes serving students from a variety of school settings, both in-person and remotely providing virtual therapy services. Olivia has grown and adapted to the pandemic-related and other challenges that she has faced as an occupational therapist in the school setting, honing both her passion and focus. She looks forward to sharing practical ideas and strategies that can be immediately implemented by attendees of this seminar.

Dear Colleague:

The last few years have taught us that we need to be adaptable and more prepared for the unexpected. The School-Based Occupational Therapist is uniquely designed and equipped to juggle various tasks, responsibilities, and challenges that arise, so we need to be fluid and flexible. We are accustomed to changes in routines, unexpected interruptions, and a caseload that can be daunting at times. Remembering that we have specific talents and skills that make us unique is key. Recognizing and identifying our unique gifts, talents, and skills are important steps in the journey. Tapping into those talents and skills is critical to be the most effective therapist we can be! Thank you for attending this seminar, and I look forward to sharing OT ideas and strategies with you that you can use immediately when you return to work. My wish is that you discover the joy of working with your students in the school environment.

With decades of experience as a school-based Occupational Therapist, I have seen tremendous change in the practice of Occupational Therapy within the school setting, especially during the last few years. Along with those changes comes the challenge of managing caseloads and schedules, implementing best practice for our students while retaining our passion for our profession. I believe that tapping into our own creative outlook while managing time, schedules, collaboration and consultation, along with direct student contact is key to embracing the change and challenge that comes your way now, and into the future.

This seminar is designed to help make your treatment strategies and interventions ones that students and teachers embrace, enjoy and USE! It is my goal that when you leave this seminar, you will have practical strategies to use right away. These new tools will enhance your existing practice and complement the creative techniques that you are currently using. Whether newer to the profession or just needing a rejuvenating pick me up, this seminar is designed for you! Let's come together to recognize all that you can do to support both students and staff whether working in-person or through teletherapy.

I look forward to meeting you, sharing meaningful information and leaving you with an eagerness to use ideas and strategies the next day in making your practice truly yours!

Sincerely,

Olivia Shindel, MS, OTR/L

P.S. I guarantee that after our time together at this seminar, **you'll leave refreshed and excited to immediately implement new ideas for enhancing your OT interventions and boosting your students' success!**

"This seminar is designed to help make your treatment strategies and interventions ones that students and teachers embrace, enjoy and USE!"

What Your Colleagues Say About Olivia Shindel

*"I love the **hands-on, practical** therapy ideas."*

– Valerie Knowles, Occupational Therapist

*"Olivia covered **a wide range of topics with great ideas to be implemented next week!**"*

– Erlinde Beliveau, Occupational Therapist

*"**Excellent collection of practical strategies** to apply right away!"*

– Helen Cluff, Occupational Therapist

*"I loved all of the **wonderful therapy activity/tool ideas!**"*

– Stacey Lafferman, Occupational Therapist

*"It was **nice to finally attend a seminar specifically designed for school-based OT/OTAs.** It contained a lot of useful information!"*

– Jeanne Jarmon, COTA/L

*"**Great information and presentation.**"*

– Terri Harrison, 3rd Grade Teacher







About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"Many good and helpful strategies that I can use right away."
– LORI DWYER, OCCUPATIONAL THERAPIST

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Specific treatment ideas
- Resource lists and websites
- Practical resources you can use immediately
- Research-based interventions and strategies to strengthen your expertise as a school-based OT or OT Assistant
- Provide affordable and fun methods, materials, and ideas that are effective and efficient and support your budget

AOTA CEUs/Contact Hours Available

Bureau of Education & Research is an AOTA Approved Provider of professional development (APP# 6353). PD activity approval ID# 03312. This Distance Learning - Interactive/ Independent seminar is offered at .5 CEUs/5 Contact Hours per day of attendance. Educational level: Introductory. Category: Occupational Therapy Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

American Occupational Therapy Association
Approved Provider

You will be required to fully attend the program and complete a program evaluation and a learning outcomes assessment at the end. For more information regarding this program, including a time-ordered agenda, please visit our website at www.ber.org

Disclosure Statement for OLIVIA SHINDEL, MS, OTR/L:
Financial: Presenter for the Bureau of Education & Research and receives honorarium compensation.
Nonfinancial: No relevant nonfinancial relationships exist.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits

University of Massachusetts Global A nonprofit affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Can't Attend?
Other Professional Development Options:

Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit

Related On-Demand Online Courses

A related On-Demand Video-Based Online Learning course, *Practical Interventions for Increasing the Success of Your School-Based Occupational Therapy Outcomes*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

Practical Interventions for Increasing the Success of Your School-Based OCCUPATIONAL THERAPY Outcomes

Registration (XT37W1)

☐ **1. February 23, 2027** (Start time: 9 AM Eastern)

—or —

☐ **2. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

( ) ( )

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EXT37W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is $295 per person,
for teams of three or more registering at the same time, the fee is $275 per person. **Payment is due prior to the program.** No cash, please.

☐ A check (payable to **Bureau of Education & Research**) is attached

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FIVE EASY WAYS TO REGISTER:

SCAN QR code or visit: **at.ber.org/regXT3**

EMAIL this form to: **register@ber.org**

PHONE toll-free: **1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

FAX this form to: **1-425-453-1134**

MAIL this form to: **Bureau of Education & Research**
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Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is $295 per person, $275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a $15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



XT37W1

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Increasing the Success of Your School-Based OT Outcomes

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Practical Interventions for Increasing the Success of Your School-Based OCCUPATIONAL THERAPY Outcomes

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Live Online Seminar or Recorded Version





A Unique One-Day Live Online Seminar

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Presented by

Olivia Shindel, MS, OTR/L

Outstanding Occupational Therapist and National Speaker

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