

# SCHOOL NURSES:

## Best Strategies for Helping Students with Asthma, Allergies, and Anaphylaxis



A Unique One-Day Live Online Seminar Presented by

**Evilia Jankowski, MSA, BSN, RN, NCSN-E**  
Outstanding School Nurse and National Presenter

**Specifically Designed for School Nurses, District Nurses and School Health Coordinators, and Those Working in the School Health Office, Serving Grades Pre-K-12**

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**Gain the expertise to confidently identify and manage** asthma, allergy and anaphylaxis emergencies in the school setting

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**Discover the most effective tools** for planning and providing optimal care for students with asthma and life-threatening allergies

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**Access a wealth of free resources** to optimize your time and enhance your ability to care for your students with asthma and life-threatening allergies

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**Receive an asthma, allergies, and anaphylaxis digital resource handbook**, filled with useful protocols, handouts and resources

### LIVE ONLINE SEMINAR

**December 16**

**9 AM Eastern**, 8 AM Central,  
7 AM Mountain, 6 AM Pacific

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CEUs and Graduate Credit Available

**Nursing CEUs Available  
in Certain States**

See page 6 for details

### CAN'T ATTEND?

Order the recorded version  
and take the seminar online at  
your convenience (see page 6)

*"Excellent seminar  
with extremely helpful  
resources. What a terrific  
instructor. Evilia is very  
knowledgeable!"*

# Ten Key Benefits of Attending

*'This seminar was amazing and informative. This will increase the safety of my students and staff on many levels.'*



## Who Should Attend

School Nurses, District Nurses and School Health Coordinators, and Those Working in the School Health Office, Serving Grades Pre-K-12

- 1. Save Lives with Quick and Efficient Response to Asthma Emergencies and Anaphylaxis**  
Be confident and ready to act during critical moments in the school setting ...  
Leave with practical strategies for managing emergencies more efficiently
- 2. Be Competent in Identifying and Treating Allergic Emergencies**  
React promptly and competently to life-threatening allergic reactions ...  
Every second counts!
- 3. Sorting Old Practices From New – Advances in Asthma Care**  
Discover updated approaches to successfully managing asthma care
- 4. Improved Strategies for Planning Student Care**  
Learn how to effectively plan and manage student care with useful care plans and enhance student health outcomes ... Explore different types of care plans and their role in managing student health
- 5. Lead Coordinated All-Staff Response to Allergic Emergencies**  
Incorporate your school Medical Emergency Response Team to ensure a coordinated school health response to life-threatening allergies
- 6. Discover Valuable Resources to Streamline and Enhance Care**  
Explore free links and free downloadable resources to supplement and strengthen your school health program
- 7. Gain Practical Ideas for Health Office Management of Asthma and Allergies**  
Take a deep dive into how to effectively support your students with asthma and allergies ... Proactive strategies every school nurse wants to learn!
- 8. Educate and Empower Your School's Staff to Respond to Student Health Concerns**  
Empower your staff with the knowledge they need to keep students safe ... Equip them with the ability to recognize common symptoms of asthma and allergies as well as appropriate responses to medical emergencies
- 9. Build a Collaborative Approach to Student Health Care**  
Learn how to build better relationships with students, families, and healthcare providers to ensure a coordinated approach to student health care
- 10. Extensive Asthma, Allergies, and Anaphylaxis Digital Resource Handbook**  
Receive a comprehensive digital resource handbook packed with practical resources, protocols, handouts, and forms to streamline your school nursing practice and better support your school's health needs

# Outstanding Strategies You Can Use Immediately

## What You Will Learn ...

- Identify the **gold standard of care** for responding to anaphylaxis and learn what works and what doesn't
- Develop **emergency care protocols** from customizable templates for your population and school district to save time and effort
- Review medications and determine the **correct dosage for your students in responding to allergic emergencies**
- **Discover effective ways to inform staff** about high impact student health issues ... Learn what works best to keep students safe and in school
- Explore the **latest trends in asthma medications**
- Learn different resources for **implementing stock epinephrine and stock albuterol** based on state requirements and how to approach it in your school
- Acquire **real-life strategies to prevent allergic reactions** from happening in the first place
- **Better support students with asthma and allergies**, the most common chronic health conditions seen in school
- **Differentiate between mild and severe** allergic reactions and be prepared to respond accordingly
- Review **assessment techniques to distinguish respiratory issues** caused by asthma
- **Collaborate with staff** on coordinated school health response by leveraging or initiating the Medical Emergency Response Team
- **Enhance your school nursing practice** with the latest techniques – whether you are a first-year, an experienced nurse, or anywhere in between



*"Evilia - thank you SO much for all the great information you provided. I truly appreciate your time and expertise."*

## Practical Ideas and Strategies

If you're looking for great ways to strengthen your management of allergies, asthma and anaphylaxis, this seminar has all that you need! Spend the day with **EVILIA JANKOWSKI**, a school nurse with over 30 years of experience, and come away with practical strategies to provide evidence-based care for your students. With her expert guidance, you'll learn how to more effectively plan for, prepare for, and manage asthma, allergies, and anaphylaxis in the school setting. Discover the latest evidence-based care and medication approaches and gain the resources and knowledge to confidently tackle these complex health issues. As school nurses, it is critical to advocate for the best strategies and approaches to care for your students in our ever-changing world. **You will leave with a renewed sense of passion and a plethora of innovative, practical strategies to enhance your role as a school nurse and provide top-notch care for your students.**



# A Message From Seminar Leader, Evilia Jankowski

## Uniquely Qualified Instructor

**EVILIA JANKOWSKI** is an outstanding school nurse and national presenter with a broad and extensive base of school nursing experience. Evilia has pursued her passion for public health, serving as a school nurse at elementary, middle, and high schools. Evilia has served as the State School Nurse Consultant in her home state. She has also served as president of her state association of school nurses. She is one of two Epinephrine Resource School Nurses in her state and has worked on her state asthma program for more than 25 years. Evilia has been instrumental in addressing the challenges of supporting students with diabetes across her state, where there is not a school nurse in every school. Evilia is a highly sought speaker on the topic of training and implementing school Medical Emergency Response Teams (MERT) and school medical emergencies. She is also the author of *SCHOOL NURSES: Best Strategies for Helping Students with Asthma, Allergies, and Anaphylaxis*, the extensive digital resource handbook you will receive at her seminar. **Join Evilia for a fast-paced, learning-rich, practical day full of best practices for helping students with asthma, allergies, and anaphylaxis.**

Dear Colleague:

A school nurse's day rarely goes exactly the way we expect it to! We need to be ready on a daily basis to meet the needs of our students – from the simple need for connection to a full-blown medical emergency. As a school nurse and school nursing leader for over 30 years, I'd like to say I've seen it all, but every day as a school nurse brings something new and unanticipated. And we need to be ready for it all!

Staying current in our practice is vital. And in school nursing, the knowledge base is huge! I've always believed we need to know "something about everything!" We often speak of the "Big 4" – allergies, asthma, diabetes, and seizures – as the most common chronic health conditions we need to be aware of at school. School personnel often report worrying most about seizures or a diabetic emergency. Yet asthma and life-threatening allergies are far more prevalent and therefore are most likely to be the cause of a medical emergency at school.

Join me for a day of valuable information about asthma, allergies, and anaphylaxis. I want to help you be ready to respond in appropriate and effective ways to students who experience the daily impacts of these health issues as well as be prepared for any possible emergencies. We'll talk about prevention in order to minimize school emergencies, while promoting student self-management for when they are not at school under your care. Know that you're not alone in what you do – we'll collaborate and share ideas and strategies to make you love what you do more than ever.

I'll provide content in an interactive format and with time to brainstorm new strategies with other school nurses. I've also prepared an extensive digital resource handbook for you to keep and to refer to after our time together. We'll work to increase your confidence as you deliver clinically sound care while using critical thinking to help you to manage the unexpected!

Sincerely,



Evilia Jankowski, MSA, BSN, RN, NCSN-E

**P.S. I know your time is valuable, so I'll pack the day with practical strategies you can immediately implement.**

*"Join me for a day of valuable information about asthma, allergies, and anaphylaxis. I want to help you be ready to respond in appropriate and effective ways to students who experience the daily impacts of these health issues as well as be prepared for any possible emergencies."*



# What Your Colleagues Say About Evilia Jankowski

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***"Excellent presentation! Evilia gave me lots to think about."***

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***"This was a great training! I'm feeling much more prepared."***

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***"Evilia was so knowledgeable and today was so practical!"***

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***"Evilia is Awesome! Very well presented, engaging and dynamic!"***

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***"GREAT Job, Evilia! This is such an important topic."***

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***"Terrific day! Thank you for the many practical resources and ideas shared!"***

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## About BER Seminars

### Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

### Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

### Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

### Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

# Special Benefits of Attending



'This was a very comprehensive seminar. It was a great overview of some standard care practices, while also providing lots of helpful new information.'

## On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Extensive Asthma, Allergies, and Anaphylaxis Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Strategies, ideas, and resources, including documents, forms, and the best apps and websites to help you better address allergy and asthma issues
- School health-related references and websites with free and inexpensive resources for your office
- Ready-made resources for you to use right away
- Practical tips for medication storage with easy access
- Pertinent video resources for providing education to staff, students and their families

## Share Ideas

This seminar provides a wonderful opportunity for participants to share ideas with others interested in enhancing their school nursing practice.

## Consultation Available

Evilia Jankowski will be available at the seminar for consultation regarding your questions and the unique needs of your own program.

## Meet Inservice Requirements / Earn State CEUs

- Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit [www.ber.org/ceus](http://www.ber.org/ceus)
- Nursing CEUs: Provider approved by the California Board of Registered Nursing, Provider #CEP 15144, for five (5) Contact Hours for RNs and LPNs. For specific details, visit [www.ber.org/nursing-ceus](http://www.ber.org/nursing-ceus)

## Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at [www.ber.org/credit](http://www.ber.org/credit)

## Can't Attend?

### Other Professional Development Options:



#### Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit [www.ber.org/credit](http://www.ber.org/credit)



#### Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *SCHOOL NURSES: Best Practices for Addressing Mental Health Issues in Your School*, for Grades K-12, *School Nurses: Best, Current Practices for School Medical Emergencies*, for Grades K-12, and other related courses are available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)

# SCHOOL NURSES:

## Best Strategies for Helping Students with Asthma, Allergies, and Anaphylaxis

### Registration (XNU7F1)

- ☐ 1. **December 16, 2026** (Start time: 9 AM Eastern)  
—or—  
☐ 2. **I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: \_\_\_\_\_ (Please see list above)

*List additional registrants on a copy of this form*

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

( ) ( )

**Registration confirmations and login details are sent via e-mail**

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

**IMPORTANT – PRIORITY ID CODE: EXNU7F1**

### METHOD OF PAYMENT – Team Discount Available

**The registration fee is \$295 per person;**  
for teams of three or more registering at the same time, the fee is \$275  
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- ☐ A check (payable to **Bureau of Education & Research**) is attached  
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### Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

### Fee

The registration fee is \$295 per person; \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

**WA residents:** visit [www.dor.wa.gov/TaxRateLookup](http://www.dor.wa.gov/TaxRateLookup) to find your required WA sales tax rate.

### Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

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### Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



XNU7F1

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An outstanding Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to  
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Live Online Seminar or  
Recorded Version



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Presented by

**Evilia Jankowski, MSA, BSN, RN, NCSN-E**

Outstanding School Nurse and National Presenter

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