

SCHOOL NURSES: Best Strategies for Success During School Medical Emergencies



A Unique One-Day Live Online Seminar Presented by

Sandra Moritz, M.Ed., BS, RN, NCSN-E
Exceptional School Nurse Trainer

Specifically Designed for School Nurses, District Nurses and School Health Coordinators, and those working in the School Health Office, serving Grades K-12

Yes, the health office is the school's emergency room ... And YOU are the school's medical expert!

Receive training resources outside the "school nurse bubble" ... Update your orders and protocols to make sure your school ER is ready for any emergency

Review and learn from "real life" school nurse emergency rounds ... "Assess your best" with new information on anaphylaxis, cardiac, respiratory conditions, bleeding and serious infections ... Ensure key supplies are available in multiple locations for mass casualty events and acts of violence in the school setting

Be ready for Neffy! As states approve its use by staff, examine a sample protocol for your office for this exciting addition to our emergency supplies

LIVE ONLINE SEMINARS

March 23

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

March 31

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available

Nursing CEUs Available in

Certain States

See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*'Outstanding!
One of the best -
if not the best - seminars
I have ever attended
as a school nurse!'*

- ELIZABETH LOTTO, SCHOOL NURSE

Ten Key Benefits of Attending

'Well organized, interactive, great, useful information! Also a wonderful opportunity to meet and exchange ideas with other school nurses.'

– ROZ BALWIN,
SCHOOL NURSE, RN, BSN



Who Should Attend

School Nurses, District Nurses and School Health Coordinators, and those working in the School Health Office, serving Grades K-12

1. Experience Emergency School Nurse Rounds

“Lessons learned” from colleagues who will prepare you for the “what ifs” in your practice

2. Examine Your “Set Up” for Emergencies

Apply plans and team training for lockdowns and evacuations ... The “set up” for success

3. Understand the History of School Violence

Connect the history of violence at school to what we need in our own emergency room

4. Get the Stock You Need in the New AED Case

Stock saves lives ... Get protocols to implement stock albuterol, epinephrine, naloxone and more

5. Are You Too Good for Your Own Good?

Be positive, be well and practice self-care ... Be your best to give your best in the health room

6. Walk and Talk Through Trainings for Preparedness

Stop the Bleed, SALT Triage, and supplies you must have for emergencies will be talked through

7. Is it Emergent, Urgent or Non-Urgent? Be Ready to Assess and Act as Emergencies Occur in the Health Room

Practical tips and the latest resources to respond to respiratory, cardiac, and life-threatening situations

8. New Best Professional Friends – Your Local Ambulance Association

Collaborate with first responders for “spot-on” trainings, and add an ambulance transfer form to your office clipboard

9. Avoid the Dreaded “I’m Calling my Lawyer” Conversation

Protect your practice with a review of scenarios of concern to decrease risks

10. Receive a Detailed Digital Resource Handbook

Protocols, orders, forms and resource materials for your office will be available for you to utilize in your practice and have at your fingertips for easy access

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **The new first aid guidelines for severe bleeding** ... Recognize strategies to Stop the Bleed – review practices to apply tourniquets, compression dressings and receive a sample severe bleeding protocol for your practice
- The current recommendations from **EMS1, Parent Heart Watch, SADS (Sudden Arrhythmia Death Syndromes), Stop the Bleed, and more**
- **Understand the rapid evaluation tool, PAT (Pediatric Assessment Triangle)**, for quick evaluations during a pediatric emergency
- **Auscultation skills and charting suggestions to assess respiratory emergencies** ... What did you hear, see and determine to do during these respiratory presentations?
- **What are the new medications being presented in your office?** ... Be prepared with the latest knowledge
- **Trends in access to first aid equipment including AEDS and stock medications** ... Stock it or regret it
- Discover community liaisons with medical groups and foundations that can add to your knowledge and training resources ... Make **professional “best friends” with invested groups in the community**
- **Makeovers for you and your office** with laughter, free posters, and calming strategies for a brighter office space ... School nursing can be stressful and we need to be healthy to help others too



"I would recommend this seminar to better prepare for emergencies and get up-to-date information on the changing best practices that face school nurses today."

– CHRISTINE SIMMONS, RN, BSN, AE-C

Practical Ideas and Strategies

If you are looking for current, best practices and evidence to support your school emergency medical interventions, this is a seminar you won't want to miss! During this intensive, interactive and collaborative seminar, outstanding school nurse of more than 31 years, **SANDRA MORITZ**, will share dozens of the most current practices, strategies and practical tips to help school nurses become better first responders to medical emergencies in a school setting. As a school nurse, Sandra can relate to the seriousness of the daily health and medical challenges in your practice. Your ever-changing role as a school nurse will be examined from a perspective of how you can best respond when medical emergencies occur in your school setting. Gain greater confidence in your practice, discover new products that are now available to make daily interventions more effective and become better prepared for the unexpected. Realize your full potential by addressing the stress of your career choice, and learn ways to be more proactive with stress-reducing tips to survive and flourish as today's school nurse.

You will leave this seminar refreshed and renewed professionally and personally. Your effectiveness will be increased as the first responder in your school to medical emergencies, including lockdowns and evacuations. The evidence-based strategies and tools you'll gain will give you the confidence you need to be tomorrow's school nurse!



A Message From Seminar Leader, Sandra Moritz



Uniquely Qualified Instructor

SANDRA MORITZ is a nationally certified and experienced school nurse and coordinator with more than 31 years of hands-on school nursing practice. As her state's School Nurse of the Year, a recent National Association of School Nurses (2022) presenter and a national speaker, she is a frequent presenter at conferences, in-services and seminars. Sandra is the author of *SCHOOL NURSES: Best Strategies for Success During School Medical Emergencies*, the extensive digital resource handbook participants will receive at the seminar. She has authored many articles in professional journals, including *Advance for Nurses* and *NASN's School Nurse*. The often solo role of the school nurse transforms into the sharing world of school nurses as a result of the interactions with others at Sandra's seminars.

Sandra's participants find her seminars to be a knowledge-gaining experience and leave energized with new ideas and strategies and a personal connection to the world of school nursing.

Dear Colleague:

As a fellow school nurse and colleague, I understand the unique challenges we face in our changing role as today's school nurse. We are the first responders in schools, assisting students who need us the most. As a school nurse and health services coordinator of more than 31 years, I can relate to your daily concerns. To stay current in our roles today, we must be prepared for the unexpected. As the first set of medical eyes in the school setting, planning for the unplanned is now another function of our role. We must respond quickly with assessment skills and knowledge based on the latest research. My ability to relate to other school nurses gives me a unique opportunity for a great day of sharing, as only one school nurse to another can understand. As your professional colleague, we will explore the current challenges in our career choice of school nursing.

Enjoy a day of collaboration with other school nurses who also understand today's challenges. Learn practical new strategies to keep students safe while in your care. Get the latest information so that you can respond with confidence during the increasingly common school medical emergency. Be prepared for life-threatening situations by creating best practices during evacuations and lockdowns. Take care of yourself so your energies will be ready for our daily challenges. I believe you will leave this seminar refreshed, renewed with professional energy and better prepared to handle the stressors of your job. You will excel as the healthcare provider in your school setting and be confident in your skills as the school nurse! You'll gain practical information to use immediately in your school nurse setting and an extensive digital resource handbook written by your professional colleague – another school nurse!

Sincerely,

Sandra Moritz, M.Ed., BS, RN, NCSN-E

P.S. You will receive **an extensive school medical emergency digital resource handbook** containing a summary of all the information and resources presented in this seminar.

'To stay current in our roles today, we must be prepared for the unexpected. As the first set of medical eyes in the school setting, planning for the unplanned is part of our role today.'

What Your Colleagues Say About Sandra Moritz

*"Sandra is **extremely knowledgeable and engaging as a speaker**. The topics that were covered are reflective of what school nurses are dealing with today."*

– Sheryl Zulkeski, Nurse Supervisor

*"Sandra Moritz is a great speaker. She is **engaging and fun**."*

– Michele Britell, School Nurse, RN

*"This was **one of the best and most informative seminars** I have ever attended."*

– Doreen Mondry, RN

*"**Dynamic speaker!** Sandra kept the day moving and incorporated a lot of content into the seminar. Very interactive."*

– Patti Falvey, School Nurse, RN

*"Sandra is a **very dynamic speaker**. Listening to her was a wonderful and empowering experience. It was like an adrenaline boost for school nurses. She had wonderful ideas and also allowed for brainstorming with other nurses."*

– Mary Dever Brady, School Nurse



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"This is a great presentation for new school nurses as well as experienced ones!"

– DINA JAWIDZIK,
SCHOOL NURSE

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Strategies, ideas, and resources, including the documents, forms, and the best apps and websites to help you better address school medical emergencies
- School health-related references and websites with free and inexpensive resources for your office
- At-your-fingertips reviews, articles and studies which impact your protocols
- Professional, evidence-based strategies to support changes in the nurse's office
- Concise step-by-step splinting and first aid applications for common injuries
- Ready-to-use emergency and health care forms to prepare for medical events
- Practical tips on triage and transfers for smoother EMS transitions
- Samples of procedures to make your medical emergency training drills efficient and complete

Meet Inservice Requirements / Earn State CEUs

- Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus
- **Nursing CEUs:** Provider approved by the California Board of Registered Nursing, Provider #CEP 15144, for five (5) Contact Hours for RNs and LPNs. For specific details, visit www.ber.org/nursing-ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global A nonprofit affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *SCHOOL NURSES: Best Practices for Addressing Mental Health Issues in Your School*, for Grades K-12, *School Nurses: Best, Current Practices for School Medical Emergencies*, for Grades K-12, and other school nursing related courses, are available for immediate registration. To enroll, visit www.ber.org/online

SCHOOL NURSES:

Best Strategies for Success During School Medical Emergencies

Registration (XNO6S1)

- ☐ **1. March 23, 2026** (Start time: 9 AM Eastern)
- ☐ **2. March 31, 2026** (Start time: 9 AM Central)
— or —
- ☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT: PRIORITY ID CODE

Fill in the six digit number on the mail label next to the word "ID" or on your email

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;

for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____ MO/YR


Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:


 **SCAN QR code or visit:**
at.ber.org/regXNO



 **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All Live Online Seminars are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



XNO6S1

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SCHOOL NURSES: Best Strategies for Success During School Medical Emergencies



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

**Can't Attend Live? Order the Recorded Version
to access online at your convenience**

SCHOOL NURSES: Better Respond to School Medical Emergencies

XNO651



Bureau of Education & Research

SCHOOL NURSES: Best Strategies for Success During School Medical Emergencies

Live Online Seminar or
Recorded Version



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(Or Order the Recorded Version to Access Online at Your Convenience)**

Presented by

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Be ready for Netfy! As states approve its use by staff, examine a sample
protocol for your office for this exciting addition to our emergency supplies