

One-Day Train-the-Trainer Institute

SCHOOL NURSES:

Enhance Effective Medical Emergency Response Teams at Each of Your School Sites



A Unique One-Day Live Online Train-the-Trainer Institute Presented by

Evilia Jankowski

MSA, BSN, RN, NCSN

Outstanding School Nurse and National Presenter

Specifically Designed for School Nurses, District Nurses, Supervisors, and Coordinators Serving Grades PreK-12

Train and establish effective teams to respond to school medical emergencies – you'll receive all the training materials for use in your own schools

Develop standardized emergency action steps for the most common emergency conditions using current, evidence-based recommendations

Equip your team with the current, best knowledge and skills in caring for Sudden Cardiac Arrest and the BIG 4 (Asthma, Anaphylaxis, Diabetes, and Seizures)

LIVE ONLINE INSTITUTES

February 5

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

February 10

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available

Nursing CEUs Available in Certain States

See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the institute online at
your convenience (see page 6)

'Excellent! Lots of ideas. I plan to improve our medical emergency response using tools I learned today.'

– DEB JOHNSON, SCHOOL NURSE

Ten Key Benefits of Attending

*'Can't say enough!
Awesome ideas
and resources!'*

– KATIE ENGELHARDT,
SCHOOL NURSE



Who Should Attend

School Nurses, District
Nurses, Supervisors, and
Coordinators Serving
Grades PreK-12

- 1. Establish and Train a School Medical Emergency Response Team (MERT)**
Receive the training you need to enhance a Medical Emergency Response Team at each of your school sites ... Leave this train-the-trainer workshop with a wealth of tools and an implementation plan
- 2. Streamline Medical Emergency Response**
Learn highly effective practices to plan for and address medical emergencies that occur before, during and after school ... Easily integrate these practices into your schools' existing safety plans
- 3. Empower and Train Your Staff**
Receive the tools, strategies and components you need to conduct professional development to train and empower staff to respond effectively in emergencies ... You'll receive all the training materials for use in your own schools
- 4. Sudden Cardiac Arrest and the BIG 4**
Receive current, best information and practices for the emergency management of Sudden Cardiac Arrest, Asthma, Anaphylaxis, Diabetes, and Seizures ... Learn what you and your team need to know most
- 5. Essential Elements of Emergency Response Plans**
Craft emergency response plans that reflect the most important local and national data, trends and requirements ... Leverage evidence-based approaches from NASN's Framework for the 21st Century School Nursing Practice
- 6. Maximize Effective Staff Communication During Emergencies**
Facilitate clear communication and problem solving among all staff for a smooth and effective response to medical emergencies
- 7. Build School and District Support**
Learn strategies to build support among administrators and staff ... Become the change agent for a coordinated and effective emergency response plan in your school and district
- 8. Who, What, When, and Where**
How to delegate appropriate roles and responsibilities for the most effective response to medical emergencies ... Maximize medical expertise
- 9. Practice and Plan for MERT Trainings**
Participate in interactive activities to help you learn and practice essential elements of a school medical response team ... Establish a clear action plan
- 10. Receive a Medical Emergency Response Team Digital Resource Handbook**
As a participant, you will receive a MERT digital resource handbook packed with tools and strategies to help you establish and train school medical response teams at each of your school sites ... Plus receive online access to these tools and the ability to customize them to meet your specific needs

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Create and train a school Medical Emergency Response Team (MERT)** that is prepared to respond to medical emergencies at each of your school sites
- Powerful ways to apply the *School Nursing: Scope and Standard of Practice* along with NASN's *School Nursing Practice Framework* to **plan for school medical emergencies**
- Train your MERT on **the latest information and best practices regarding emergency care for the BIG 4** (Asthma, Anaphylaxis, Diabetes, and Seizures)
- Easy-to-follow **action sequence algorithms** to respond to common medical emergencies
- Implement **effective systems-level leadership**
- **Secure buy-in from administrators and stakeholders** for the MERT Plan
- **Develop protocols** to address medical emergencies during the school day, after school and during large evening events
- **Assemble interdisciplinary teams** to effectively respond to medical emergencies
- Manage school medical emergencies through a **team approach**
- Easy-to-implement tools to **delegate responsibilities**
- Create a collaborative and **effective emergency communication plan**
- **Integrate communication strategies** for maximum effectiveness
- **Implement common language and protocols** to enhance communication during medical emergencies in the school setting
- **Comply with state and national regulations** regarding school medical emergencies



"Amazing institute! Great research and resources to help us move forward in a systematic manner."

– CHRIS SIMPSON, SCHOOL NURSE

Practical Ideas and Strategies

Are the school staff you support fully prepared and trained to respond in case of an emergency – whether you are on campus or not?

In this one-day train-the-trainer program you will learn to craft effective school emergency medical interventions and establish and train a Medical Emergency Response Team (MERT) in every building where you work! **EVILIA JANKOWSKI**, an expert on developing school MERTs, brings over 30 years of school nursing experience to this important topic. Evilia provides critical and practical strategies to ensure that your MERT is prepared for any emergency situation.

Empower building staff with the skills, confidence and preparation needed for the unexpected. Leverage strategies outlined in the NASN *School Nursing Practice Framework* to develop a multi-disciplinary, collaborative response to medical emergencies.

You will leave this institute with all of the tools and training materials you need to create an effective Medical Emergency Response Team in your school building(s). **Join Evilia for a dynamic, fast-paced day filled with evidence-based, yet practical, proven ways you can help safeguard the buildings where you work in case of an emergency. Gain the tools, knowledge and confidence to establish and train effective Medical Emergency Response Teams.**



A Message From Your Institute Leader, Evilia Jankowski



Uniquely Qualified Instructor

EVILIA JANKOWSKI is an outstanding school nurse and national presenter with a broad and extensive base of school nursing experience. Evilia has pursued her passion for public health, serving as a school nurse at elementary, middle and high schools. Evilia has also served as the State School Nurse Consultant in her home state. Evilia has also served as president of her state association of school nurses. She is one of two Epinephrine Resource School Nurses in her state and has worked on her state asthma program for over 25 years. Evilia is a highly sought speaker on the topic of training and implementing school Medical Emergency Response Teams (MERT). She is also the author of *SCHOOL NURSES: Enhance Effective Medical Emergency Response Teams at Each of Your School Sites*, the comprehensive digital resource handbook you will receive at the institute. **Join Evilia for a fast-paced, learning-rich, practical day!**

Dear Colleague:

Medical emergencies occur in our schools. Inevitably, emergencies often happen when the school nurse is away from the building. What if you could be assured that anyone experiencing a medical emergency will have an effective response, even when the school nurse is not able to respond?

In this one-day train-the-trainer program, I will show you how to establish or enhance your Medical Emergency Response Team (MERT) with well-defined individual actions and responsibilities so that all required actions will be taken.

There is nothing more frightening to staff than a student or adult struggling to breathe, experiencing a seizure or another medical emergency. Even more frightening is the feeling of helplessness when they don't know how to help in these situations.

I want to help you provide the staff with whom you work the knowledge and skills they need to respond appropriately to any medical emergency in school – whether you are present or not. Learn how to empower your staff and get the added benefit of a team who can provide competent assistance when it is most needed.

Please join me for a critical day in which I will provide you with all the practical tips, tools and approaches you need to successfully implement the MERT process in your school(s). I want to help you be a leader and change agent in effectively preparing staff to respond in case of an emergency. I look forward to meeting you and working with you!

Sincerely,

Evilia Jankowski, MSA, BSN, RN, NCSN

P.S. You will leave this institute with a digital handbook complete with templates and tools to help you implement the MERT process. Don't miss this opportunity!

"I want to help you provide the staff with whom you work the knowledge and skills they need to respond appropriately to any medical emergency in school - whether you are present or not."

What Your Colleagues Say About Evilia Jankowski

*"This was a **wonderful and informative institute**. I can't wait to get teams going in my district."*

– Victoria Bainbridge, School Nurse

*"**Great material**. I appreciate the information, resources and organization of MERT. Thank you!"*

– Tonia Hoffman, District Nurse

*"Thanks, Evilia! I **am so grateful for the online access and ability to customize the materials** for our own purpose."*

– Carol Bruce, District Nurse

*"**Excellent! This gave me the tools I need** to establish a MERT in my school."*

– Kathleen Bringardner, CSN



*"Great information. Experienced presenter. **Would recommend to all school nurses!**"*

– Jeanette Slimmer, School Nurse

*"**Ms. Jankowski's training on the MERT process is a valuable tool** for all school nurses. It is a comprehensive and well thought-out training program that enhances the safety and well-being of our students."*

– Sandra Eggerl, BSN, RN, NCSN

*"Excellent presentation and content! **Learned a lot of useful and important information.**"*

– Laureen Baldwin, CSN

*"**Wonderful institute;** thank you, Evilia!"*

– Claire Wood, School Nurse

Special Benefits of Attending



*'Excellent
train-the-trainer!
Very practical and
motivating steps
for implementing a
MERT team.'*

— JEAN CHUNG,
SCHOOL NURSE

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Receive an Extensive Medical Emergency Response Team Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this institute. The handbook includes:

- Strategies, ideas, resources, documents, training materials, and forms to help your school staff effectively address school medical emergencies
- Ways to gain support from school staff
- Checklists to ensure supplies are ready when needed
- Ready-to-use emergency and healthcare forms to prepare for medical events
- Practical tips to engage and build relationships with EMS
- Samples procedures to make your medical emergency training drills efficient and complete

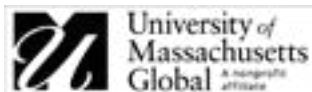
Meet and Share

This institute provides a wonderful opportunity for participants to meet and share ideas with other educators interested in training and developing a Medical Emergency Response Team.

Meet Inservice Requirements / Earn State CEUs

- Participants of Live Online Institutes and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus
- **Nursing CEUs:** Provider approved by the California Board of Registered Nursing, Provider #CEP 15144, for five (5) Contact Hours for RNs and LPNs. For specific details, visit www.ber.org/nursing-ceus

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Institute

Order the recorded version of this institute to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *SCHOOL NURSES: Best Practices for Addressing Mental Health Issues in Your School*, for Grades K-12, *School Nurses: Best, Current Practices for School Medical Emergencies*, for Grades K-12, and other related courses, are available for immediate registration. To enroll, visit www.ber.org/online

One-Day Train-the-Trainer Institute

SCHOOL NURSES: Enhance Effective Medical Emergency Teams at Each of Your School Sites

Registration (XN56W1)

- ☐ 1. **February 5, 2026** (Start time: 9 AM Eastern)
- ☐ 2. **February 10, 2026** (Start time: 9 AM Central)
- or —
- ☐ 3. **I'd like to order the recorded version of this institute**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE

ZIP CODE

SCHOOL PHONE NUMBER

HOME PHONE NUMBER

()

()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE

ZIP CODE

IMPORTANT – PRIORITY ID CODE: EXN56W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$395 per person;

for teams of three or more registering at the same time, the fee is \$375 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____
MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:



SCAN QR code or visit:
at.ber.org/regXN5



EMAIL this form to: register@ber.org



PHONE toll-free: 1-800-735-3503
(Weekdays 5:30 am - 5:00 pm Pacific Time)



FAX this form to: 1-425-453-1134



MAIL this form to: Bureau of Education & Research
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online Institutes** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Institute.

Fee

The registration fee is \$395 per person; \$375 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes institute registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Institutes or Recorded Institutes.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the institute. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research 800-735-3503 or visit us online at **www.ber.org**

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



XN56W1

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One-Day Train-the-Trainer Institute

SCHOOL NURSES: **Enhance Effective Medical Emergency Teams at Each of Your School Sites**



**An outstanding one-day Live Online
Train-the-Trainer Institute**

Includes an extensive digital Resource Handbook

**Can't Attend Live? Order the Recorded Version
to access online at your convenience**



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www.ber.org

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Research

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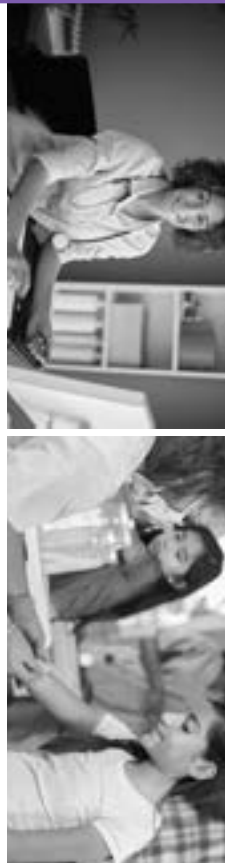
SCHOOL NURSES: **Develop Effective Medical Emergency Response Teams at Each of Your School Sites**

XN56W1



One-Day Train-the-Trainer Institute

SCHOOL NURSES: **Enhance Effective Medical Emergency Response Teams at Each of Your School Sites**



A Unique One-Day Live Online Institute

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Evilia Jankowski
Outstanding School Nurse and National Presenter

Train and establish effective teams to respond to school medical emergencies – you'll receive all the training materials for use in your own schools

Develop standardized emergency action steps for the most common emergency conditions using current, evidence-based recommendations

Equip your team with the current, best knowledge and skills in caring for Sudden Cardiac Arrest and the BIG 4 (Asthma, Anaphylaxis, Diabetes, and Seizures)

**Live Online Institute
or Recorded Version**