

TWO-DAY TRAIN-THE-TRAINER INSTITUTE

Live Online Institute or
Recorded Version

Current, Best Strategies to Improve Executive Function Skills



A Unique Two-Day In-Person or Live Online Institute Presented by

Presented by Lisa Rogers
Outstanding Presenter, Behavior Intervention Specialist,
Author, and Teacher Trainer

Designed Specifically for Grades K-12: School and District Trainers, Teacher Leaders, Classroom Teachers, and Administrators

- Train your teachers to use the **most current, practical strategies to help students strengthen executive function skills** ... Strategies for improving working memory, planning and organization, attention control, inhibitory control, and shifting attention
- Train your teachers **how to use positive intervention strategies to help students with executive function challenges**
- **Build expertise among your staff** to develop and use effective consequences that teach students executive function skills ... Learn how to be instructive versus punitive and help students learn to self-regulate and solve problems
- Receive critical information on **how to deliver high-quality, engaging, and effective training sessions to your staff** along with a comprehensive digital handbook full of training resources

IN-PERSON INSTITUTE

Illinois

Chicago (Alsip) – March 17-18

LIVE ONLINE INSTITUTE

March 4-5

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

Can't Attend?

Order the recorded version and take the course online at your convenience (see page 6)

*“The amount of resources
and discussions this training
has provided was incredible!”*

– Amanda DePinho, School Psychologist

Practical Ideas and Strategies

Do you have students who struggle with executive function skills? These critical skills that help us plan, focus, prioritize, and control our impulses seem more difficult to teach than ever. When students struggle with executive function skills, they may have difficulty with tasks such as staying on task, following directions, and managing their emotions. This can lead to disruptive behaviors in the classroom, which can make it difficult for them to learn and for their teachers to teach.

This two-day train-the-trainer institute will leave you with greater knowledge and with the skills you need to train other teachers or staff. You will gain the tools critical to helping all students develop executive function skills. You will learn how best to train other staff about the different components of executive function, specific tools and tips for helping students improve their skills, and the most current strategies for improving learning and decreasing disruptive behaviors.

LISA ROGERS, outstanding presenter and behavior intervention specialist, has designed this **fast-paced, strategy-packed, train-the-trainer opportunity to train your teachers and staff** to use practical solutions to teach the skills that will help your students be more successful, both socially and academically. You will leave this training with the precise tools needed to train other teachers and staff. From dozens of strategies to use immediately to reach your students who lack the skills to self-regulate, follow directions, share, take turns, stay focused and remain calm in stressful situations, to presentation tips and strategies proven to be most effective when training others.

This two-day train-the-trainer institute focuses on how to increase the executive function skills of your students and how to implement a comprehensive plan for training other teachers. Participants who attend will begin to build expertise in applying **specific interventions to significantly increase executive function skills** that increase student learning and promote positive behaviors.

A Practical, Two-Day Train-the-Trainer Institute to Train Your Teachers to Improve Your Students' Executive Function Skills

Send one or more staff members or a team to this training program and they will return to your school(s) with professional development strategies and resources to support and train your teachers to work more effectively with students who need to improve their executive function skills.

Participants will learn:

- Tools and tips for training other teachers and staff
- Practical strategies to address executive function weaknesses that prevent students from finding success in school
- How to implement executive function best practices at the classroom level and the school level
- Demonstrations, activities, examples, checklists, and much more, including a comprehensive digital resource handbook you can take back and begin using the many resources immediately as you train other teachers and staff



This Two-Day Train-the-Trainer Program is Cost Effective

If you are interested in providing high-quality training in working with challenging behaviors of students to your teachers, school(s) or district, this is the perfect opportunity. Send one teacher or a team and they will leave with an extensive digital resource training handbook filled with the tools needed for their own training. The focus of the two-day training will be on implementing the crucial components necessary to improve students' executive function skills. You will leave with presentation tips and tools as well as dozens of practical strategies that can be used to help students who have difficulty maintaining attention and organizing their time, tasks, personal space, and materials skills.



Outstanding Strategies You Can Use Immediately

- **Training tips and tools** to lead others in strengthening the executive function skills of all students
- Dozens of practical **strategies designed to increase attention, focus and impulse control**
- **Strategies for co-teaching**, inclusive and general and special education classrooms
- **Simple yet effective strategies** for training others
- **Executive function skills to increase student success** in social emotional functioning
- **Flexible problem-solving strategies** to fit the needs of specific students
- **Emotional regulation strategies** you can use immediately
- **Memory strategies** for studying, test-taking, homework, and long-term project planning
- Clearly **define key executive function skills** and how they impact academic and social success
- **Low-prep strategies** you can use immediately as you train other teachers and staff
- **Proven ideas to help students** plan their homework, manage short- and long-term projects/assignments and carry out tasks to completion
- **Set up all your students for success** in an inclusive classroom
- **Dozens of practical strategies for training** other teachers and staff

“*This seminar surpassed my expectations. I am thrilled to have so many resources to share with colleagues!*”

— EUDONA HARVEY, SPECIAL EDUCATION TEACHER



**To Register,
Call Toll-Free**

1-800-735-3503

A Message From Institute Leader, Lisa Rogers



“Join me at this unique, two-day train-the-trainer institute to discover valuable tools and practical strategies that your schools can use immediately to help students who are struggling every day with executive function skills.”



Bureau of Education & Research

915 118th Avenue SE • PO Box 96068 • Bellevue, WA 98009-9668
Phone (800) 735-3503 • Fax (425) 453-1134 • www.ber.org

Dear Colleague:

I am excited to invite you to a unique, two-day train-the-trainer institute focusing on best practices for teaching executive function skills to Grades K-12 students.

As an educator, you know that executive function skills are essential for success in school, work, and life. These skills include things like planning, organizing, managing time, and controlling impulses. Unfortunately, many students struggle with executive function skills. This can lead to challenges in the classroom, such as difficulty following directions, staying on task, and completing assignments.

Join me at this unique, two-day train-the-trainer institute to discover valuable tools and practical strategies that your schools can use immediately to help students who are struggling every day with executive function skills. You'll walk away with tips, tricks, and resources for training your colleagues in these highly effective practices. In this institute, you will learn dozens of practical, doable strategies to teach students to plan, organize, and manage their time. We will also look at how to increase students' ability to focus and stay engaged. You will leave with new ways to both help your students develop executive function skills and strategies you can use to train your fellow educators.

This will be an active, fast-paced, two-day event filled with activities and applications. You will have the opportunity to transfer and personalize training tips to make them your own. Don't miss this chance to discover a full supply of ideas and tools to use as you train others who work to increase the executive function skills of Grades K-12 students.

I look forward to meeting you at the institute.

Sincerely,

Lisa Rogers

P.S. **Be prepared to leave with dozens of practical solutions to help all students develop executive function skills in a fun and engaging way.** You will also be able to use these strategies to train others in your school(s) and district. I hope to see you there!

What Your Colleagues Say About Lisa Rogers

*"Lisa did **an excellent job of teaching the material but also incorporating it into her presentation.** She tried to include everyone and was extremely personable. It was great!"*

– Sophie Petratos, Middle School Social Studies Teacher

*"We covered SO much ground these last 2 days! **The breadth and scope of all of the resources is nothing short of amazing!!** I cannot wait to share with my colleagues and family. Thank you so very much!!"*

– Julie Horton, Special Education Teacher K-8

*"This was by far the best BER training I have attended. Lisa was absolutely incredible. **She led amazing discussions and she provided so many useful resources.** This was truly amazing, I would love to attend more trainings by Lisa. I am leaving this seminar with more knowledge, many resources, and confidence in my teaching!"*

– Danielle Harrison, SPED Teacher/Liaison



Uniquely Qualified Instructor

LISA ROGERS is an acclaimed presenter and veteran educator who specializes in helping educators. She has over 30 years of experience in working with students who exhibit difficult behaviors that prevent them from learning and socializing appropriately with others. Lisa's extensive experience provides a practical perspective for teaching students who have attention-seeking behaviors and self-regulation deficits including impulsivity, lack of focus and an inability to think and plan actions, which often lead to disruptive behaviors.

Lisa is a frequent presenter at local and state conferences and has developed extensive inclusive education training strategies. She is the author of *Train-the-Trainer: Current, Best Strategies to Improve Executive Function Skills*, the extensive digital resource handbook you will receive at the two-day institute. It is filled with research-based ideas and strategies you will be able to immediately apply or adapt in your own schools and use to train others.

You won't want to miss this unique two-day train-the-trainer institute where Lisa will share resources and provide solutions to addressing your students' most challenging behaviors!

About BER Institutes

Outstanding Instructors

All programs are led by outstanding BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital resource handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.



Special Benefits of Attending



Who Should Attend

Grades K-12:
School and District Trainers, Teacher
Leaders, Classroom Teachers,
and Administrators

“*I learned many strategies to use in my classroom, valuable information on EF skills and the brain, as well as a lot about myself!*”

— Kim Blanchard, Classroom Teacher

On-Site Training

Most BER institutes can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Step-by-step strategies for meeting the needs of your students with executive function deficits
- Ideas, tools and tips for training other teachers and staff
- A wealth of free resources to share with your teachers
- Ready-to-use templates for training teachers to better support students with executive function weaknesses

For In-Person Institutes, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Consultation Available

Lisa Rogers will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Institutes and those completing the Recorded Version online can receive a certificate of participation that may be used to verify ten continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global
A nonprofit affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details may be found at www.ber.org/credit

Train-The-Trainer Institute

Current, Best Strategies
to Improve
Executive Function Skills

RESOURCE HANDBOOK

by Lisa Rogers



Bureau of Education & Research

Can't Attend?

Other Professional Development Options:



Recorded Version of the Institute

Order the recorded version of this institute to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Two related On-Demand Video-Based Online Learning courses, *Strengthening the Executive Function Skills of Students with Special Needs*, for Grades K-12, and *Catching Up Your Students with Disabilities Who Have Fallen Behind*, for Grades 1-12, are available for immediate registration. To enroll, visit www.ber.org/online

Current, Best Strategies to Improve Executive Function Skills

Registration (VXR6S1)

- ☐ 1. **Chicago** (Alsip), IL – March 17-18, 2026
- ☐ 2. **LIVE ONLINE:** March 4-5, 2026 (Start time: 9 AM Eastern)
- or—
- ☐ 3. **I'd like to order the recorded version of this institute**

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
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SCHOOL MAILING ADDRESS	
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CITY & STATE	ZIP CODE
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SCHOOL PHONE NUMBER	HOME PHONE NUMBER
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Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	<hr/>

IMPORTANT – PRIORITY ID CODE: EVXR6S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is **\$695 per person**; for teams of three or more registering at the same time, the fee is \$645 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- ☐ Charge my: ☐ MasterCard ☐ VISA ☐ Discover
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(Found on back of card)
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- Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:



SCAN QR code or visit:
at.ber.org/regVXR



EMAIL this form to: register@ber.org



PHONE toll-free: **1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)



FAX this form to: **1-425-453-1134**



MAIL this form to: **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

- All **In-Person** Institutes are scheduled 8:30 AM – 3:15 PM. Check-in is 8:00 AM – 8:30 AM.
- All **Live Online** Institutes are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Institute.

Meeting Sites and Hotel Accommodations

Institute will be held at the following site:

- Chicago:** DoubleTree – Alsip, (708) 371-7300

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Fee

The registration fee is \$695 per person; \$645 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes institute registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for In-Person Institutes, Live Online Institutes or Recorded Institutes.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

For In-Person Institutes, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Cancellations/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the institute. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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Two-Day Train-the-Trainer Institute **Current, Best Strategies to Improve** **Executive Function Skills**

- **An outstanding two-day Train-the-Trainer Institute**
- **Includes an extensive digital Resource Handbook**
- **Can't Attend? Order the Recorded Version to access online at your convenience**

VXR651

LIVE ONLINE

TWO-DAY TRAIN-THE-TRAINER INSTITUTE

Current, Best Strategies to Improve Executive Function Skills

A Unique Two-Day Institute

(Or Order the Recorded Online Version to Access at Your Convenience)

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