

Help Students Better Retain What You Teach Them: Practical Applications of the SCIENCE OF LEARNING (Grades 1-5)



A Unique One-Day Live Online Seminar Presented by

Annemarie Johnson

Outstanding Teacher and International Presenter

**Specifically Designed for Educators Serving Grades 1-5:
Classroom Teachers, Reading Specialists, Special Education Staff,
Interventionists, Instructional Coaches, and Administrators**

Research-based techniques proven to enhance student learning and long-term memory – across your existing curriculum

Explicit instructional routines that make complex skills more digestible and memorable for students

Insights into why students forget and what to do instead of reteaching the same way

Receive an extensive Science of Learning digital resource handbook with dozens of practical strategies you can implement immediately

LIVE ONLINE SEMINARS

October 28

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

November 12

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

"This was a great seminar! I have so many ideas and tools I am excited to use in my classroom!"

Ten Key Benefits of Attending

Annemarie was very knowledgeable and engaging. I'm taking away so many strategies to implement with my students.'



Who Should Attend

Educators Serving Grades
1-5: Classroom Teachers,
Reading Specialists,
Special Education
Staff, Interventionists,
Instructional Coaches,
and Administrators

- 1. Apply the Science of Learning to Your Everyday Instruction**
Learn how research-based principles impact memory and transfer ... Easily incorporate these principles to help students better retain what you teach – across your existing curriculum
- 2. Boost Student Retention with Retrieval Practice**
Discover why retrieval strengthens memory ... Explore simple, low-prep routines you can easily include daily
- 3. Debunk Harmful Learning Myths That Undermine Instruction**
Explore common misconceptions like “learning styles” or “engagement equals learning” ... Learn what research really says about how learning happens and how to adjust instruction accordingly
- 4. Use Spaced Repetition to Make Learning Stick**
Learn how to build spaced review into your instructional routines ... Find ways to revisit content without adding extra time
- 5. Reduce Cognitive Overload with Explicit Instruction**
Break down complex content into manageable chunks ... Teach with greater clarity and structure to improve student focus
- 6. Check for Understanding in Real Time**
Try out easy, effective checks for understanding ... Get immediate feedback that will inform your next instructional moves
- 7. Design Lessons That Maximize Student Engagement**
Replace passive learning with active response strategies ... Engage all students in processing, not just answering
- 8. Incorporate Writing, Discussion, and Movement to Deepen Learning**
Discover how oral, written, and physical response opportunities increase thinking and recall ... Use everyday materials to enhance active student learning
- 9. Celebrate Mistakes to Maximize Students’ Growth Mindset**
Shift the culture from fear of error to learning through error ... Learn how to model mistake analysis as a powerful teaching tool
- 10. Receive a Comprehensive Science of Learning Digital Resource Handbook**
Return to your school with the latest research from the Science of Learning ... This digital resource handbook is full of practical, ready-to-use, easy-to-implement activities, strategies, and ideas you can use tomorrow with ALL your students

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Highly practical Science of Learning strategies** to greatly improve student memory and retention
- **Ways to easily apply retrieval practice** across content areas
- **Clarification of common learning myths** and what the research actually shows
- **Spaced repetition routines** you can use daily without taking extra time
- **Ways to reduce cognitive overload** through chunking and clarity
- **Oral, written, and movement-based response routines** to deepen student engagement and thinking
- **Make abstract concepts more concrete** using dual coding and visual strategies
- **Quick daily review ideas** that strengthen long-term retention
- Mistake-friendly strategies to **help maximize a growth mindset**
- **Active learning routines** that boost participation and academic risk-taking
- **Receive an extensive Science of Learning digital resource handbook** with ready-to-use ideas, examples, prompts, and tools to boost student retention



"I love how the information offered in this seminar was organized in a way that made it easy to turnKey to the classroom."

Practical Ideas and Strategies

Explore how to make your teaching “stick” by applying the latest research from the Science of Learning in highly practical ways. We now know more than ever about how the brain processes, stores, and retrieves information, but too often, these insights don’t make it into daily instruction. This seminar bridges that gap. Join outstanding teacher and international presenter **ANNEMARIE JOHNSON** as she unpacks key concepts such as retrieval practice, spaced repetition, cognitive load, metacognition, and active learning. Discover why students often forget what they’ve “learned” and how small shifts in instruction can dramatically improve retention, engagement, and understanding. Gain dozens of easy-to-implement routines, prompts, and tools that don’t require a curriculum overhaul. No matter what content areas you teach, you can embed these strategies into your existing instruction.

You’ll also receive an extensive digital resource handbook packed with practical tools, ready-to-use examples, and links to deeper learning. Join Annemarie to enhance your instruction and help students better retain what you teach them.



A Message From Seminar Leader, Annemarie Johnson



Uniquely Qualified Instructor

ANNEMARIE JOHNSON is a nationally recognized presenter, consultant, and highly experienced teacher. She helps teachers, coaches, and school leaders across the U.S. and Canada implement high-impact strategies rooted in the Science of Learning.

Annemarie regularly presents PD on the Science of Learning. Her work bridges research and practice, empowering educators to make small but powerful shifts that lead to significant gains in student achievement. Annemarie translates research from cognitive science, psychology, and neuroscience into practical classroom routines that strengthen student engagement, memory, and confidence. Annemarie is also the author of *Help Students Better Retain What You Teach Them: Practical Applications of the SCIENCE OF LEARNING (Grades 1-5)*, the extensive digital resource handbook you will receive at the seminar. **Join Annemarie for a day filled with innovative routines and tools you can use the very next day. You'll leave inspired, equipped, and energized to make learning "stick."**

Dear Colleague:

How many times have you taught a lesson, only to discover days later that students didn't retain it? You're not alone! One of the biggest frustrations teachers face is when learning doesn't "stick" – even after engaging lessons and thoughtful planning.

In this seminar, I'll show you how to change that!

We now have a rich body of research in the Science of Learning that tells us not only why students forget, but also what we can do about it. The good news? You don't need a new curriculum – just the right strategies woven into what you already do.

During our day together, I'll share clear, research-backed ideas you can use right away, including:

- *Retrieval and review routines*
- *High-engagement strategies*
- *Practical response formats*
- *Effective checks for understanding*
- *...and so much more!*

Every concept, strategy, and routine is designed to help your grades 1-5 students better retain and apply what you've taught. You'll leave with dozens of ready-to-use tools, my comprehensive Science of Learning digital resource handbook, and practical strategies that will strengthen and enrich your instruction.

I can't wait to share these powerful, practical ideas with you. Let's make learning "stick"... together!

Sincerely,

A handwritten signature in cursive script that reads "Annemarie Johnson".

Annemarie Johnson

P.S. You'll leave with my Science of Learning digital resource handbook, packed with practical examples, strategies, and instructional routines you can use the very next day – no matter what subjects or grades you teach.

"One of the biggest frustrations teachers face is when learning doesn't 'stick' - even after engaging lessons and thoughtful planning. In this seminar, I'll show you how to change that!"

What Your Colleagues Say About Annemarie Johnson

"I learned many new ways to support my students. Thank you for taking the time to help me add new things to my teacher toolbox for years to come!"

*"Annemarie – thank you for all the **invaluable resources** you shared!"*

*"I am heading back to my classroom with many new ideas to implement with my students. **I am excited to try these new strategies.**"*

*"Annemarie Johnson was **very knowledgeable and passionate about the topic.** She presented content in a fluid, easy-to-understand way. I appreciate all the resources she shared."*

*"**Annemarie was so knowledgeable and helpful!** I listened intently to every word!"*

*"Great strategies! In addition to her digital resource handbook, I love having access to **Annemarie's online Padlet full of resources.**"*



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Very informative seminar. Annemarie provided many great resources I will use with my students. Thank you so much!'

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Science of Learning Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Dozens of practical strategies grounded in the Science of Learning research
- Practical tools for retrieval practice, spaced repetition, and active learning
- Sample prompts and routines for oral, written, and movement-based responses
- Templates and planning guides to support explicit instruction and lesson design – using your existing curriculum
- Curated resource lists, video links, and recommended readings for deeper learning

Share Ideas

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in practical ways to apply Science of Learning to enhance instruction.

Consultation Available

Annemarie Johnson will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

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Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



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Help Students Better Retain What You Teach Them: Practical Applications of the SCIENCE OF LEARNING (Grades 1-5)

Registration (TLJ7F1)

- ☐ **1. October 28, 2026** (Start time: 9 AM Eastern)
☐ **2. November 12, 2026** (Start time: 9 AM Central)
—or—
☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: ETLJ7F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;

for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
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(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

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Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



TLJ7F1

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Help Students Better Retain What You Teach Them: Practical Applications of the SCIENCE OF LEARNING (Grades 1-5)



An outstanding Live Online Seminar

Includes an extensive digital Resource Handbook

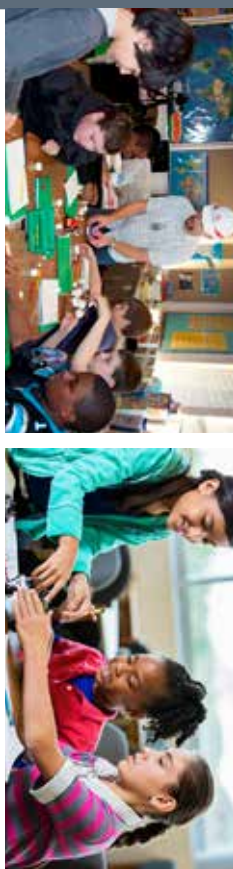
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SCIENCE OF LEARNING: Make Your Teaching "Stick" (Grades 1-5)

TLJ7F1



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Help Students Better Retain What You Teach Them:
Practical Applications of the SCIENCE OF LEARNING
(Grades 1-5)

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