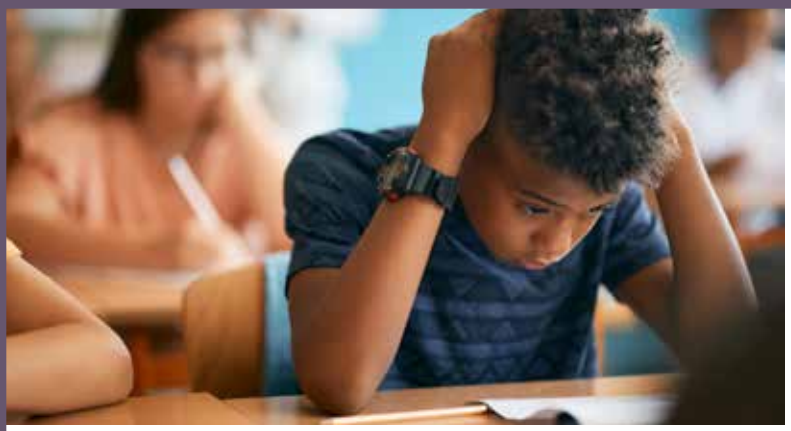
Bureau of Education & Research

Live Online Seminar or Recorded Version

Helping Students Who Have or May Have ADHD





A Unique One-Day Live Online Seminar Presented by

Melissa Davis

Outstanding Teacher and National Presenter

Specifically Designed for Educators Serving Grades PreK-12: General Education Teachers, Special Education Staff, Counselors, Instructional Assistants, Title I Staff, and Administrators

Effective and proven intervention strategies for excessive fidgeting or restlessness, difficulty staying seated or quiet, and frequent interrupting

Specific, practical strategies to reduce disruptive and often repeated, attention-getting behaviors including roaming, blurting out, excessive talking, and inability to focus

Practical, proven tools to help you improve student behavior … Increase productivity and decrease time off task

Ways to improve executive function skills in students with ADHD … Organization of tasks and personal space, time management, task initiation and completion, impulse control, emotional self-regulation, and working memory

LIVE ONLINE SEMINARS

March 4

9 AM Central, 8 AM Mountain, 7 AM Pacific, 10 AM Eastern

March 10

9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version and take the seminar online at your convenience (see page 6)

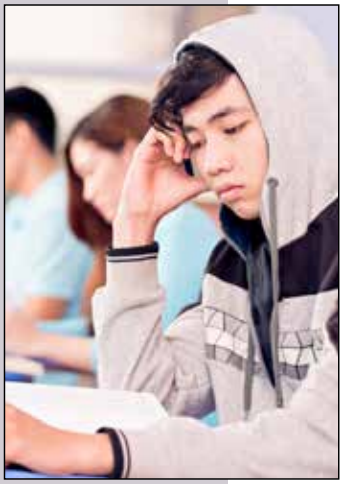
"I loved this seminar! So many great resources, strategies, and tips. I am excited to use them all!"

– LYDIA PRAY, TEACHER

Ten Key Benefits of Attending

"Informational content, well presented, with many resources shared that I can use tomorrow!"

– SAMUEL PRESTON, DIRECTOR OF STUDENT SUPPORT



Who Should Attend

Educators Serving Grades PreK-12: General Education Teachers, Special Education Staff, Counselors, Instructional Assistants, Title I Staff, and Administrators

1. **What Every Educator Should Know About Helping Students Who Have or May Have ADHD**
   Discover highly practical behavioral and academic supports for helping students who have or may have ADHD … Explore doable ways of greatly increasing support for students without adding to your already busy plate

2. **Improve Attention and Focus in the Classroom**
   Discover practical strategies to help students who have or may have ADHD maintain focus and sustain attention during lengthy tasks and extended work periods

3. **Techniques to Immediately Address Impulsivity Issues**
   Teach students to recognize impulsive behavior, such as blurting out, interrupting, and not being able to wait their turn – and how to make better in-the-moment choices

4. **Address Students' Hyperactivity**
   Discover highly effective ways to address hyperactivity in students using a variety of activities and best-practice instructional ideas

5. **De-escalate Behaviors with Practical, Effective and Doable Strategies**
   Discover specific, practical strategies to significantly deescalate students when they are dysregulated … Teach your students to get what they need in more productive ways

6. **Practical Strategies to Develop Students' Self-Regulation Skills**
   Reduce behavioral problems and increase learning with practical and easy-to-implement strategies that develop students' self-regulation skills

7. **Build Foundational Organization and Time Management Skills**
   Explore a variety of easy-to-implement, successful strategies for helping students who may have ADHD learn how to organize their materials, begin to break activities down into manageable tasks, and follow multi-step instructions

8. **Improve Learning and Retention in Students with ADHD**
   Learn quick, easy ways to create and use visual strategies to help students with ADHD better understand their environment, learn, and retain information

9. **Avoid Common Mistakes in Working Students Who Have or May Have ADHD**
   See common pitfalls and practical ways to avoid them … Walk away with ready-to-use solutions to more effectively correct and redirect student behaviors

10. **Receive an Extensive ADHD Digital Resource Handbook**
    You will receive an extensive digital resource handbook, specifically designed for this seminar and filled with practical methods, ideas and techniques for helping students who have or may have ADHD

Outstanding Strategies You Can Use Immediately

What You Will Learn ...



- **Practical strategies** to make a dramatic difference for your students who have or may have ADHD
- Highly effective strategies to **decrease blurting out behavior**
- How to be more proactive and **spend less time addressing difficult behaviors**
- **Ideas to increase time on task** and help sustain attention to lessons
- Specific techniques to **strengthen organization and time management skills**
- Quick, easy visual strategies to **develop students' executive functioning** skills
- Proven ideas to **help students manage short- and long-term projects**, homework, and assignments – persisting with tasks to completion
- Activities and strategies to **increase engagement and learning** for students who may have ADHD
- **How to help students better manage their behaviors** and reactions
- **Practical classroom-based interventions** to decrease difficult student behaviors
- Ways to **increase your students' ability to focus** and stay engaged
- **Specific strategies to teach students** to regulate their thinking, emotions and behavior
- **Highly effective strategies for addressing hyperactivity** in the classroom
- **Effective ways to address how the ADHD brain works** … Highlight students' strengths while working on areas of concern



"I appreciated how this seminar gave concrete strategies I can use immediately with my students."

– MIRIAM KOZUKHIN, TEACHER

Practical Ideas and Strategies



Is it challenging, trying to keep your students with ADHD engaged and on task? Do interruptions, inattention, and constant repetition drain your instructional time? This seminar, presented by **MELISSA DAVIS**, is designed to equip busy educators with practical, research-based strategies to more effectively support students with ADHD in school settings. Melissa offers insights grounded in her many years of working with challenging and disruptive behaviors. As a highly experienced teacher, a spouse of someone with ADHD, and a mother of a child with ADHD, Melissa brings a unique, well-rounded perspective to managing attention, impulse control, emotional regulation, and organizational challenges in students. Gain easy-to-implement techniques designed to seamlessly integrate into your existing instruction. You will also receive a comprehensive ADHD digital resource handbook, filled with ready-made strategies, tools, and practical ideas you can use immediately. **Join Melissa for the day and leave feeling re-energized and equipped to create a more structured and supportive learning environment – ready to engage and empower even your most challenging students who have or may have ADHD.**

A Message From Seminar Leader, Melissa Davis



Uniquely Qualified Instructor

MELISSA DAVIS brings years of experience supporting grades PreK-12 students, particularly those who have or may have ADHD. As a special and general education teacher, she has worked with diverse learners, including those with emotional and behavioral challenges commonly associated with ADHD. She also brings unique experience as the spouse of someone with ADHD and parent of a child with ADHD. Driven by a passion for helping all students thrive, Melissa leverages her expertise to present practical, highly effective strategies at conferences and schools nationwide. Her approach emphasizes proactive teaching methods that empower educators to address ADHD-related behavior challenges, while equipping students with essential self-regulation and executive functioning skills. Melissa is the author of the children's book, *My Boy and His ADHD: A Dog's Perspective* (2026). She is also the author of *Helping Students Who Have or May Have ADHD,* the extensive digital resource handbook you will receive at the seminar. **Join Melissa for a day full of actionable strategies you can implement immediately to better support students who have or may have ADHD.**

Dear Colleague:

Would you agree with me that each day as an educator presents us with new and unique challenges? We're witnessing increased dysregulation among students, difficulties with transitions, organizational struggles, challenges with work planning and assignment completion, and frequent lesson interruptions. Additionally, our students exhibit decreased attention spans, hindering their ability to stay engaged in the learning. Consequently, we often must dedicate disproportionate time to managing individual students, taking away from the time and attention the rest of our students need.

Rather than "admiring the problem," this seminar addresses these pressing concerns by focusing on practical, easy-to-implement strategies for better supporting students who have or may have ADHD. By equipping you with these tools, my goal is to alleviate teacher burnout and facilitate a return to the instruction all your students need.

I want to provide you with a comprehensive toolkit of evidence-based, yet highly practical interventions. We'll focus on addressing the core challenges associated with ADHD, while simultaneously equipping you with valuable strategies that will empower your students both in the immediate classroom setting and in their future endeavors.

Join me for a positive and productive day where we'll look at ways to actively avoid common pitfalls, while acquiring a wealth of new resources for helping students who have or may have ADHD. I'm excited to help you develop strategies that will positively impact students' behavior and learning.

Sincerely,

Melissa Davis

P.S. You'll leave with lots of practical ideas and my extensive ADHD digital resource handbook, filled with strategies you can implement immediately.

"Rather than 'admiring the problem,' this seminar addresses these pressing concerns by focusing on practical, easy-to-implement strategies for better supporting students who have or may have ADHD."

What Your Colleagues Say About Melissa Davis

*"Melissa – thank you for the **numerous resources** and clear communication on how to use them. This was a helpful seminar with lots of ideas for how to support my students with ADHD."*

– Joy Kasper, Educational Support Teacher

*"**Melissa was very knowledgeable and engaging.** She provided so many resources to take and use right away. I'm excited to try so many of the strategies she shared."*

– Kelly Palmer, Special Education Teacher

*"**Great information I can put to use right away!** Thank you!"*

– Brenda Roth, Teacher

*"This was a **very helpful and informative seminar!** I appreciated Melissa and how knowledgeable she is around supporting students with ADHD."*

– Wade Banowsky, Co-Teacher

*"**I absolutely loved this seminar!** It was extremely beneficial for working with students of all ages who have or may have ADHD."*

– Natalia Martel, Paraeducator







About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 50 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"Melissa was amazing and provided us with so many resources!"

– DIANA BOSSLER, TEACHER

Extensive ADHD Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Teacher-tested, classroom-proven strategies for helping students who have or may have ADHD
- Practical ideas for working with inattentive and hyperactive students
- Visual strategies to prevent off-task behaviors
- Ready-to-use strategies for working with students who have or may have ADHD
- Multiple resources and next-day ideas for improving organization, impulse control, memory, behavioral regulation, and attention

Share Ideas

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in helping students who have or may have ADHD.

Consultation Available

Melissa Davis will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits

University of Massachusetts Global A nonprofit affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:

Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit

Related On-Demand Online Courses

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On-Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/online

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Helping Students Who Have or May Have ADHD

Registration (TJD7W1)

☐ **1. March 4, 2027** (Start time: 9 AM Central)
☐ **2. March 10, 2027** (Start time: 9 AM Eastern)
—or —
☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

( ) ( )

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: ETJD7W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is $295 per person;
for teams of three or more registering at the same time, the fee is $275 per person. **Payment is due prior to the program.** No cash, please.

☐ A check (payable to **Bureau of Education & Research**) is attached

☐ A purchase order is attached, P.O. #_____
(Be sure to include priority ID code on the P.O.)

Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____ MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____ (Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

SCAN QR code or visit: **at.ber.org/regTJD**

EMAIL this form to: **register@ber.org**

PHONE toll-free: **1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

FAX this form to: **1-425-453-1134**

MAIL this form to: **Bureau of Education & Research**
3000 Northup Way
Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is $295 per person, $275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a $15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



TJD7W1

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Helping Students Who Have or May Have ADHD





An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to access online at your convenience

TJD7W1

BUREAU OF EDUCATION & RESEARCH
3000 Northup Way
Bellevue, WA 98004
www.ber.org

50 YEARS OF SERVICE
1977 - 2027

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Help Students Who Have or May Have ADHD





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