

Maximize Success in Your BLOCK SCHEDULE Classes (Grades 6-12)



A Unique One-Day Live Online Seminar Presented by

Janet Crews

Outstanding Secondary Block Schedule Teacher and
National Presenter

Specifically Designed for Educators Using or Considering
Block Scheduling, Grades 6-12

Practical techniques and strategies that make the best use of extended class periods

Classroom-tested block schedule teaching methods and activities you can implement immediately

Effective methods to increase and maintain **student focus and engagement** over extended periods of time

An extensive digital resource handbook packed with dozens of practical ideas you can use to maximize success in your block schedule

LIVE ONLINE SEMINARS

November 18

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

December 4

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*'This was an
EXCELLENT seminar! I
learned so much that I
can bring right back
to my classroom and
implement immediately.'*

Ten Key Benefits of Attending

"Janet is a fantastic presenter. Her enthusiasm is infectious and she's an amazing teacher. She made the seminar day really enjoyable!"



Who Should Attend

Educators Using or
Considering Block
Scheduling, Grades 6-12

- 1. Expand Your Teaching Options Within the Block Schedule**
Take full advantage of the valuable time provided by block schedules ... Learn new and practical strategies for engaging your secondary students
- 2. Design Lessons That Maximize Learning in Extended Class Periods**
Discover a wealth of practical strategies and classroom approaches to create learning groups, manage transitions and maintain student attention ... Take full advantage of the valuable time provided by block schedules to produce maximum results
- 3. Leverage Extended Class Periods to Promote and Increase Student Engagement**
Discover innovative ideas and easy-to-use activities that will help sustain student focus and participation throughout extended class periods
- 4. Deepen Student Learning and Understanding with the Latest Brain Research on Learning**
Learn how to put the block schedule to best use with brain research-based strategies that help students deeply understand the concepts you teach in ways not always possible in a shorter teaching block
- 5. Enrich Your Existing Curriculum**
Learn effective methods for adapting your current curriculum to fit within a block schedule, maintaining your curricular objectives while creating meaningful experiences for your students
- 6. Strengthen Class Participation and Student Interaction in Your Extended Class Periods**
Empower your students with student-centered learning activities that promote communication and collaboration and provide opportunities for personalized feedback and support
- 7. Learn the Key Components of a Successful Block Schedule Program**
Learn the elements teachers need to know and understand as they implement a new block schedule format or strive to enhance an existing one
- 8. Boost Your Instructional Expertise on Teaching in an Extended Class Period**
Explore practical, easy-to-implement instructional strategies for the extended class period that are adaptable to all content areas ... Enhance your toolkit!
- 9. Build an Inclusive Secondary Classroom Within the Block Schedule**
Learn how to use longer periods of class time to create a classroom environment that supports all students, fosters interdependence, and builds higher levels of student thinking and learning
- 10. Receive an Extensive Block Schedule Digital Resource Handbook**
Your digital resource handbook provides valuable, practical resources you can implement immediately into your own block schedule classroom

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Highly effective, proven strategies** that take advantage of the extended period to maximize success in your block schedule classes
- Effective methods to **increase and maintain student focus** and engagement over extended periods of time
- Innovative ideas for **integrating brain-based learning activities** into your block schedule classroom
- Exciting classroom activities that **increase student participation and collaboration** in an extended class period
- **Block schedule teaching techniques** that deepen understanding and increase student motivation
- **Powerful and easy-to-use instructional strategies**, appropriate for use in any curriculum
- Effective ideas for **creating learning groups** in extended class periods
- **Practical assessment techniques** for non-traditional learning activities
- Proven methods and approaches to **better motivate students** to achieve high academic standards
- **How to efficiently utilize the time provided** in block lessons to develop higher order thinking and problem-solving skills
- Proven strategies for **increasing the achievement** of students in a block schedule format
- How to utilize extended classroom time to **strengthen support for struggling students** and extend thinking for those ready for greater challenges



"Janet's seminar was amazing. I'm leaving with many practical strategies that I am excited to use in my classroom."

Practical Ideas and Strategies

If your school is considering, is making the move, or has already moved to a block schedule and you are searching for practical strategies and activities to make the most effective use of extended class periods, this is a seminar you won't want to miss! Join us for a highly practical and engaging one-day seminar with **JANET CREWS**, an experienced secondary educator with decades of experience teaching in and supporting teachers in a block schedule. Over the course of the day, Janet will share her best strategies and practices for making the most of extended class periods and dozens of her best classroom-tested tips and tools for maximizing success in your block schedule classes. Janet will present the key elements of designing and delivering effective block schedule lessons. Throughout the day, you'll receive research-based ideas and practical techniques that can be incorporated into various disciplines. **You'll leave this informative seminar with a wealth of practical, innovative ideas, increased confidence in your block format teaching abilities, and a valuable digital resource handbook filled with practical, ready-to-use materials and activities.**



A Message From Seminar Leader, Janet Crews



Uniquely Qualified Instructor

JANET CREWS is a highly experienced, award-winning secondary educator, national presenter, and a dynamite coach who is passionate about helping teachers accomplish more with their students in a block schedule. Janet enjoys sharing with fellow secondary teachers and coaches recent research-based ideas and what she has learned about most effectively using the time in a block schedule format. Her ideas are powerful, practical, and proven to work in block schedule classrooms to foster student success and engagement. Janet is the author of *Maximize Success in Your BLOCK SCHEDULE Classes (Grades 6-12)*, the extensive digital resource handbook you will receive at the seminar.

Join Janet for innovative, practical block schedule ideas and strategies you can easily implement the very next day. Leave with a wealth of ready-to-use tools and resources to help you maximize success in your block schedule classes.

Dear Colleague:

Do you ever feel like there just isn't enough time to teach deeply? It seems you're just getting started when the bell rings. Having spent decades teaching in both a traditional and a block schedule format, I learned to genuinely appreciate the opportunity to extend my lessons beyond the traditional 50 minutes, truly paving the way for improved student engagement, deeper learning, and maximized success. My extensive experience in my own classroom, and as a coach with secondary teachers in every content area, has equipped me with a wealth of practical strategies, creative ideas, and engaging block schedule methods and activities for putting it all into practice with ease. These tools will help you actively engage your students in collaborative, relevant, and meaningful learning experiences tailored to teaching in a block schedule format.

The block schedule format offers tremendous benefits, opening the door to remarkable teaching and learning opportunities. The offerings in this seminar are designed to boost classroom participation, nurture essential communication and problem-solving skills, foster creativity, maximize learning potential, and heighten engagement within extended class periods, all while creating a dynamic, positive classroom community. In this one-day seminar, we will explore the most effective instructional methods you can easily implement into your block schedule classes to maximize your students' success. Your active involvement will provide you with the tools needed to immediately apply these strategies in your own extended period classroom.

If you are a coach or someone who supports teachers, you will find this seminar equally beneficial! Because the strategies are universal, you can bring them back to whatever team you work with and feel confident that you are providing valuable resources to better engage students in their learning.

I extend an invitation to join me for this valuable experience that promises to inspire and motivate you to return to your extended period classroom with renewed enthusiasm and excitement. I eagerly anticipate our day together and the opportunity to share strategies that will rekindle your passion for teaching.

Sincerely,

Janet Crews

P.S. You will leave with classroom-tested, practical resources and strategies you can immediately implement into your block classes as well as next steps for future lesson planning!

"We will explore the most effective instructional methods you can easily implement into your block schedule classes to maximize your students' success."

What Your Colleagues Say About Janet Crews

"An excellent and informative seminar. The ideas Janet shared were practical and will be useful for applying block scheduling effectively in the classroom."

– Jocelyn Serrano, Teacher

"This was extremely helpful and fun to learn through. The time flew by and I am walking away with a lot!"

– Sarah Gray, Teacher

"Fantastic block schedule strategies and ideas. Outstanding items presented I hadn't thought of before. Thanks so much, Janet!"

– Thomas Eldridge, Principal

"The instructor and the information presented was thought-provoking, useful, and will move my department (and hopefully our school building) ahead with the utilization of block schedule."

– Andrew Starowicz, Teacher

"This seminar was so beneficial! I really appreciated the content and the way Janet taught us and modeled how to access information and apply it. This was well worth the time and money invested. Thank you very much!"

– Jannette Martes, Vice Principal



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Janet is a terrific speaker! She's very informative, knowledgeable, easy to listen to, and highly engaging.'

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Block Schedule Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Ready-to-use block schedule strategies and activities to maximize student success
- Classroom-tested ideas and techniques for immediate use in your block schedule classes
- Tools, resources, methods and models for organizing your time and teaching within extended class periods
- Proven strategies for engaging secondary students during the entire block
- Examples of lessons in various disciplines adaptable to your own curriculum

Share Ideas

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in enhancing their block scheduling teaching.

Consultation Available

Janet Crews will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global
A nonprofit
affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On-Demand Video-Based Online Learning course, *Strengthen Student Learning in Block Schedule Classes*, for Grades 6-12, is available for immediate registration. To enroll, visit www.ber.org/online

Maximize Success in Your BLOCK SCHEDULE Classes (Grades 6-12)

Registration (TBC7F1)

- ☐ **1. November 18, 2026** (Start time: 9 AM Central)
☐ **2. December 4, 2026** (Start time: 9 AM Eastern)
☐ —or—
☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: ETBC7F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;
for teams of three or more registering at the same time, the fee is \$275
per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____
MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

 **SCAN QR code or visit:**
at.ber.org/regTBC



@ **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
3000 Northup Way • PO Box 96068
Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person; \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



TBC7F1

© 2026 Bureau of Education & Research. All rights reserved.

Maximize Success in Your BLOCK SCHEDULE Classes (Grades 6-12)



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to
access online at your convenience

BER
BUREAU OF EDUCATION & RESEARCH
3000 Northup Way
PO Box 96068
Bellevue, WA 98004
www.ber.org

Prsrt Std
U.S. Postage
PAID
Bureau of
Education &
Research

BLOCK SCHEDULE: Maximize Success (Grades 6-12)

TBC7F1



Maximize Success in Your BLOCK SCHEDULE Classes (Grades 6-12)

BER
Bureau of Education & Research

Live Online Seminar or
Recorded Version

A Unique One-Day Live Online Seminar
(Or Order the Recorded Version to Access Online at Your Convenience)

Presented by
Janet Crews
Outstanding Secondary Block Schedule Teacher and
National Presenter

Practical techniques and strategies that make the best use of
extended class periods

Classroom-tested block schedule teaching methods and activities you
can implement immediately

Effective methods to increase and maintain **student focus and
engagement** over extended periods of time

An **extensive digital resource handbook** packed with dozens of
practical ideas you can use to maximize success in your
block schedule