

Using Art and Music to Enhance EARLY LEARNING (PreK-Kindergarten)



A Unique One-Day Live Online Seminar Presented by

Michon Henegar

Outstanding Early Learning Teacher and National Presenter

Specifically Designed for Pre-K Teachers, Transitional Kindergarten
Teachers, Kindergarten Teachers, Paraprofessionals, and
Administrators Working with Young Children

Strengthen your students' early **literacy and numeracy** skills

Make **phonemic awareness, phonics and vocabulary** stick

Boost **fine motor, language, problem-solving, and social** skills

Receive an extensive digital handbook with dozens of activities to enrich your early learning program

LIVE ONLINE SEMINARS

October 27

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

November 5

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"Lots of great ideas! So
excited to go and try
them right away."*

— JENNIFER SEEL,
KINDERGARTEN TEACHER

Ten Key Benefits of Attending

'Thank you for the resources, tools, and strategies that you provided today! We learned so much and become better teachers through these skills.'

— ISABELLA VALDEZ,
KINDERGARTEN TEACHER



Who Should Attend

Pre-K Teachers, Transitional Kindergarten Teachers, Kindergarten Teachers, Paraprofessionals, and Administrators Working with Young Children

1. Enhance Learning for Your Pre-K and Kindergarten Students

Leave with dozens of hands-on art and music activities that will capture your young student's attention and keep them more actively involved in the learning process ... Brain-friendly activities that make learning stick!

2. Improve Your Students' Memory, Motor Skills and Emotional Regulation

Creative expression lights up multiple areas of the brain and supports development in memory, motor skills, and emotional regulation ... Learn how use art and music to engage the brain and make learning stick

3. Create Smoother Transitions and Reliable Routines

Set the stage for a calmer early learning classroom ... Leave with tools for more peaceful and productive days in your Pre-K and Kindergarten classroom

4. Use the Power of Music and Rhyme for Improving Language Development

Learn rhymes that children love, and how to use them to build phonemic awareness and vocabulary ... Let music and repetition support your students' language skills in a joyful, engaging way

5. Boost Your Pre-K and Kindergarten Students' Attention Span

Leave with dozens of repetition and rhythm activities to help your young students learn to concentrate and focus better, build more self-control, and stay engaged in learning longer

6. Improve Student Behavior

Take away tried-and-true calm-down tools and expressive outlets for young learners ... These simple ideas strengthen emotional skills and support self-regulation

7. Make Learning Last

Get creative ideas to use books and art to deepen understanding for young learners ... Bring your stories to life through drawing and craft

8. Puppets and Props That Make Learning Pop

Puppets and playful props encourage imagination, boost communication, and inspire participation in fun and meaningful ways

9. Reduce Challenging Behavior in Pre-K and Kindergarten

Teacher-tested strategies that are proven to reduce challenging behavior in Pre-K and Kindergarten classrooms ... Practical ways to help your young learners succeed socially and academically

10. Receive an Extensive Digital Resource Handbook

Each participant will receive a downloadable handbook filled with creative tools to support focused, engaged learning. It includes alphabet-themed art resources, drawing prompts, music playlists, and hands-on art ideas that align with early literacy and numeracy goals to keep students inspired all year long

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- Simple music transitions that create **calm routines and a peaceful classroom flow**
- How to engage young learners with art, drawing, and music to **increase focus and creativity**
- Hands-on ways to connect storytime with art for **deeper comprehension**
- Brain-based strategies using music to **boost long-term memory and concept retention**
- Creative uses for paper plates, sacks, popsicle sticks, and chenille wires to **inspire daily art**
- How rhyme and rhythm build **early language and literacy skills**
- Explore 20 playful ways to use clay for **fine motor growth and imagination**
- Online resources for **integrating music and art** into your early learning day
- How to use repetition, rhythm, and song to **improve student attention**
- DIY musical instruments made from recyclables that **bring learning to life**
- Intentional art boxes that support **emotional expression and self-regulation**
- The power of puppets and props to **spark curiosity and active participation**
- Why art is essential to daily learning and **how to make it playful and purposeful**
- How to activate curiosity and deeper learning through **joyful creative spaces**
- Fun ways to rewrite classic tunes with new lyrics to **reinforce key concepts through music**
- Access to a digital handbook full of drawing prompts, alphabet art, and themed playlists to **keep students inspired all year long**



"Very informative! I loved all of the tips and tricks to use in the classroom!"

– LINDSAY WUND, PRE-K TEACHER

Practical Ideas and Strategies

Art and music are more than just fun—they are essential tools for sparking engagement, building language, and supporting brain development in young children. In Pre-K and Kindergarten, students thrive when learning is hands-on, joyful and expressive. Drawing, singing, dancing, painting, and moving to rhythm allow children to explore academic concepts while strengthening fine motor skills, self-regulation, and creativity. This **inspiring NEW seminar** will show you how to use the power of creative expression to guide your students into more focused learning. You'll discover how simple tools like rhyme, repetition, and purposeful art activities can increase attention, deepen understanding, and bring new energy to your classroom. These strategies naturally boost vocabulary, build confidence, and strengthen early literacy skills in ways that feel playful and developmentally appropriate.

You'll also learn how to turn classic children's songs into engaging learning moments by using new, content-rich lyrics that reinforce academic concepts in a fun and memorable way. Learn how to structure your day with music transitions, create calm with intentional art spaces, and make every moment count with high-impact, low-prep strategies. Explore dozens of ideas for using music, movement, singing, dancing, and visual arts to support academic learning and social-emotional development. Join your colleagues and **MICHON HENEGAR** for a day of energizing stories, hands-on examples, and creative practices that will leave you inspired and equipped. Count on walking away with a digital resource handbook and a renewed excitement for helping your young students thrive through the arts.



A Message From Seminar Leader, Michon Henegar



Uniquely Qualified Instructor

MICHON HENEGAR has extensive experience teaching students in Pre-K through Kindergarten and is known for bringing classrooms to life through creative art, music, puppets, and purposeful play. Beyond the classroom, she has presented nationwide on how to create joyful, engaging, and developmentally rich environments for young learners. Her seminars consistently leave educators inspired and equipped with practical, hands-on strategies that make an immediate impact. You'll appreciate her ability to connect with teachers through relatable stories, creative demonstrations and meaningful conversations that reflect the real challenges and triumphs of early childhood education. You will find that her strategies foster increased learning and support better behavior through engagement and connection. Join Michon and your colleagues for a day filled with fresh ideas, artistic inspiration and powerful teaching tools you can begin using right away in your Pre-K or Kindergarten classroom.

Dear Colleague:

I'm so excited you'll be joining me for this special day of learning and inspiration! Whether you're new to teaching Pre-K and Kindergarten or have been in the classroom for years, you know that the early years are full of energy, curiosity and potential. Incorporating music and art into my daily routines has completely transformed the way I teach. I've seen how a simple melody can center a room full of young learners, how painting can unlock confidence in a reluctant child, and how hands-on activity consistently leads to deeper learning. Music helps children recognize patterns, place objects in space, and strengthen memory through rhythm and repetition. Art builds critical thinking, problem-solving skills, and helps children express what they can't yet put into words. These tools have become the heartbeat of my classroom, and the difference in student focus, confidence, and excitement is remarkable.

You'll leave this seminar with practical strategies you can use right away, along with fresh inspiration to uplevel your curriculum in a way that feels engaging, developmentally appropriate, and deeply meaningful. From unique art ideas that spark curiosity to new songs and classic tunes with playful, purposeful lyrics that work, we'll explore ways to make every learning moment count for YOUR young learners!

Throughout the day, I will share my favorite creative routines, easy classroom rhythms, and ideas that bring learning to life through movement, music, and art. Join me for a full day of energizing stories, classroom-tested ideas, and creative practices that will leave you inspired and equipped. You'll also receive a digital resource handbook filled with music playlists, art prompts, alphabet tools, and more, to keep your students learning, laughing and growing all year long.

Warmly,

Michon Henegar

P.S. Whether you're looking for fresh inspiration or some new ideas to freshen your toolbox, this day is for you! Come ready to laugh, learn and create. You'll leave reenergized and full of joyful strategies to take back to your classroom.

"Incorporating music and art into my daily routines has completely transformed the way I teach. Come acquire the tools that have become the heartbeat of my classroom, and see the difference in student focus, confidence and excitement!"

What Your Colleagues Say About Michon Henegar

"Excellent practical ideas and information. Enjoyed simple definitions about how the brain works, **looking at it from a teacher lens** (rather than a biologist or scientist!)."

– Claire Rafala, Kindergarten Teacher

"Really loved the background information and how **many practical strategies** were provided that I can use right away."

– Michelle Fiddick, Early Childhood SpEd

"Engaging and dynamic."

– Jennifer Youngblood, Early Childhood Teacher

"This seminar was super helpful! Gave me wonderful resources as a music teacher that I will take with me in my classroom and beyond!"

– Kelli Perez, Music Teacher

"The seminar was very informative. I am walking away with many great ideas that are easy to implement in my classroom as soon as tomorrow. Michon clearly has a strong understanding of early childhood development and the importance of music, art, and play within a preschool classroom."

– Heather Czuba, PreK Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"I enjoyed how Michon connected the brain to art and music and explained why it is important."

— JEANINE HELFRICH,
PRE-K-GRADE 4 TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Ready-to-use art and music activities to energize your daily routine
- Alphabet art ideas for every letter from A to Z at your fingertips
- Dozens of ideas to encourage developmentally appropriate pre-writing and writing skills
- Printable activity cards for easy and engaging creative experiences
- Printable song cards featuring simple, playful lyrics children love

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in enhancing their programs for young learners.

Consultation Available

Michon Henegar will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



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Massachusetts
Global A nonprofit
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Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses *Purposeful Play to Increase Students' Academic Learning and Social-Emotional Growth*, for Grades PK-K, *Help Young Children with Developmental Delays and Challenging Behaviors*, for Grades PK-K, and other related courses are available for immediate registration. To enroll, visit www.ber.org/online

Using Art and Music to Enhance EARLY LEARNING (PreK-Kindergarten)

Registration (QLH7F1)

- ☐ 1. **October 27, 2026** (Start time: 9 AM Central)
- ☐ 2. **November 5, 2026** (Start time: 9 AM Eastern)
- or—
- ☐ 3. **I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EQLH7F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;

for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
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FAX this form to: 1-425-453-1134



MAIL this form to: Bureau of Education & Research
3000 Northup Way • PO Box 96068
Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



QLH7F1

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An outstanding Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to access online at your convenience

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Recorded Version



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