



BUREAU OF EDUCATION & RESEARCH

A Unique Two-Day Live Online Conference



2026 RESTORATIVE PRACTICES Conference: Strategies That Work to Improve Behavior

March 11 and 12

Start Time: 9 AM Eastern

(8 AM Central, 7 AM Mountain, 6 AM Pacific)

CEUs and Graduate Credits Available

See page 7 for details

Choose from 21 Strategy-Packed Conference Sessions



Outstanding Trainers • Restorative Practices Resources • Hundreds of Practical Strategies

2026 RESTORATIVE PRACTICES Conference: Strategies That Work to Improve Behavior



Meet Your Team of Expert RESTORATIVE PRACTICES Instructors

JULIE COMPTON is an accomplished practitioner with proven experience working successfully with challenging, defiant students. She applies restorative practices with exceptional skill and insight. As a veteran classroom teacher, behavior specialist and trainer, she brings deep expertise in restorative practices. Her work has spanned Grades K-12, giving her a uniquely comprehensive perspective. Julie's transparent and relatable approach makes her a trusted guide for teachers. She has a talent for getting to the heart of the matter and equipping educators with highly practical strategies they can immediately implement in their restorative practices classrooms. Her extensive experience across time and grade levels empowers Julie to provide invaluable guidance to teachers.

MARYANN BRITTINGHAM is a highly experienced teacher, national presenter and a leading expert in working with challenging behavior for 35+ years. She is known for her motivational sessions that inspire and give teachers the specific strategies they need to make positive changes to increase students' success. She brings not only her extensive knowledge of what drives behavior and the science behind it, but strategies and restorative practices you will be able to put into practice to help students own and use the strategies themselves.

JO ANN FREIBERG is a highly sought-after educational consultant and nationally recognized expert in restorative practices. With extensive experience supporting school climates, she specializes in restorative practices, bullying prevention, and character education. Jo Ann provides professional development to schools and organizations across the country, training teachers and administrators on essential restorative practices, violence prevention, professional ethics, and fostering strong school, family, and community partnerships. She serves on the leadership team of the National School Climate Council and has contributed her expertise to a statewide task force on bullying prevention.



Who Should Attend

Grades K-12 Classroom Teachers, Title I Staff, Special Education Staff, Behavior Intervention Specialists, Counselors, Instructional Assistants, Program Specialists, School Improvement Teams, Discipline Committee



Day One

Keynote • 9:00 - 9:30 am

"Restorative Practices Unplugged: Myths, Missteps, and Magic"

– Jo Ann Freiberg

Let's cut through the noise and uncover the real deal about restorative practices! This keynote will bust myths, highlight common missteps, and show you the magic of doing it right. Plus, you'll see how being restorative isn't just for the classroom – it's a game-changer for life!

*"Highly recommend!
I am taking away
a lot to create
bite-sized lessons to
share with admin
and teaching staff!"*

– Christopher Samarripas, Counselor

MORNING SESSIONS • 9:40 am – 12:10 pm

Choose **ONE** Full Morning Session OR **TWO** 70-Minute Sessions
One mid-morning break

Full Morning Session • 9:40 am – 12:10 pm

A-1: Playing the Restorative Game: The Rules You Need to Win – Jo Ann Freiberg

Restorative practices aren't a cookie-cutter program – they're a mindset and a way of life. In this dynamic session, you'll uncover the essential rules and sneaky strategies to make restorative practices work like a charm. Let's learn how to play (and win) the restorative game with authenticity and flair!



*"One of the best
conferences I've
attended! Great
presenters and very
informative. LOVE, LOVE,
LOVED this!"*

– Raquel Edwards,

Elementary School Social Worker

First 70-Minute Morning Sessions 9:40 – 10:50 am

CHOOSE ONE: A-2 or A-3

A-2: Fundamentals of Restorative Practices

– Julie Compton

What really works to reduce students' problem behavior and increase their desire to act responsibly and respectfully? Learn the key elements for successfully implementing restorative practices in your class or school. Assess your practices and understand where you are headed in your discipline journey. You will be able to analyze your classroom activities and leave with new ideas that will produce respectful and responsible behavior and maximal learning.

A-3: Why Behavior Plans Fail and What to Do Instead – MaryAnn Brittingham

If the traditional behavior plan model is not working for your students, you won't want to miss this session! MaryAnn will share common reasons why they don't work and what you can do instead using a restorative practices lens. You will gain practical strategies and valuable tips for helping students take responsibility for their behavior and how you can break down the new behavior into small, doable steps.

Second 70-Minute Morning Sessions 11:00 am – 12:10 pm

CHOOSE ONE: A-4 or A-5

A-4: Debriefing: Seizing the Teachable Moment When Misbehavior Occurs

– Julie Compton

In the classroom where restorative practices are the focus, misbehavior is a teachable moment; the learner is active and the learning relevant. Few view problem behaviors as an opportunity to teach vital social and life skills. Learn a simple strategy to teach in response to troublesome behaviors, as they occur, and to restore relationships, and help students become successful as you create a more restorative environment in your classroom.

A-5: Breaking Conflict Cycles With Angry Students – MaryAnn Brittingham

Anger comes from a variety of places, most of which are not even found at school. Some students have anger always simmering below the surface. Once educators can understand the student's perception, they can help students see the patterns that lead to the release of that anger, so it can more effectively be interrupted. Through our response to an angry student, we can simultaneously help them identify the real cause while we provide the necessary support to result in an outcome that breaks the conflict cycle.



Team Discount

ONE DAY

One Person: \$325

BOTH DAYS

One Person: \$595

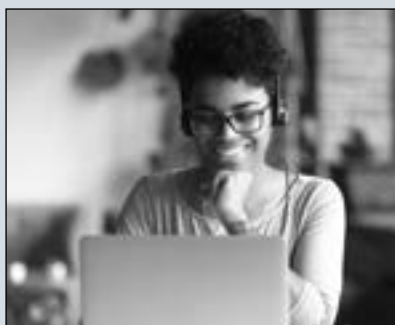
**Team of 3+: \$565 per person
when enrolled at the
same time**

Lunch break • 12:10 – 1:10 pm

... "Great session options. Personable instructors." ...

Who is BER?

The Bureau of Education & Research is North America's leading presenter of training for professional educators. Our goal is to provide high-quality PD programs, based on sound research, with an emphasis on practical strategies and techniques that can be immediately implemented.



Can't Attend? Online Professional Development Options: Related Online Courses

Related On-Demand Video-Based Online Learning courses, *Dealing Effectively with Disruptive Students: Practical, Proven Techniques*, for Grades K-12, *Practical Strategies for Dealing with Disrespectful and Disengaged Students*, for Grades 1-12, and other classroom management courses, are available for immediate registration. To enroll, visit www.ber.org/online

Day One

AFTERNOON SESSIONS • 1:10 – 3:40 pm

Choose **ONE** Full Afternoon Session OR **TWO** 70-Minute Sessions
One mid-afternoon break

Full Afternoon Session • 1:10 – 3:40 pm

B-1: Practical Restorative Strategies to Effectively Respond to Power Struggles

– *MaryAnn Brittingham*

Learn highly effective strategies to defuse power struggles. Identify your response style while dealing with disrespectful students. Learn specific restorative strategies to avoid escalating conversations into arguments – what you can say and how to say it. This session will provide educators with a variety of realistic strategies, skills, and attitudes to stay calm and circumvent power struggles.

First 70-Minute Afternoon Sessions 1:10 – 2:20 pm

CHOOSE ONE: B-2 or B-3

B-2: Circles That Spark Learning Magic

– *Jo Ann Freiberg*

Want to bring the buzz back to your classroom? Circles aren't just for bonding – they're a powerhouse for academic success too! Discover how to make circles a go-to strategy for teaching, building relationships, and creating a community your students will love.

B-3: Proven Strategies to Teach Social-Emotional Skills for Personal and Interpersonal Success – *Julie Compton*

Misbehavior is often a sign that students do not have the skills necessary to respond effectively to others. Learn to look at misbehavior as a teaching opportunity and determine what skills need to be taught and strengthened for the student to be successful. Learn simple strategies taken from a restorative practices approach that teach and encourage those skills, helping students to develop life-long social competencies.

Second 70-Minute Afternoon Sessions 2:30 – 3:40 pm

CHOOSE ONE: B-4 or B-5

B-4: Social Contracts: The Secret Sauce for Student Buy-In – *Jo Ann Freiberg*

Ditch the "rules are rules" approach and get your students onboard with contracts they help create! This session shows you the fun and effective way to build social contracts that foster accountability and keep everyone on the same page. Discover techniques to ensure that these contracts are both meaningful and impactful.

B-5: Rules Alone Don't Create an Orderly Environment – *Julie Compton*

Rules are everywhere, but what is it that creates an engaged, orderly classroom? Join Julie to explore which restorative practices, classroom activities and compelling procedures produce the respectful and responsible behavior all students are capable of achieving. Discover the key strategies needed to achieve a more engaged and orderly classroom. Understand the difference between a rule-bound classroom and one that is pleasant yet upholds both high expectations for behavior and learning and low tolerances for misbehavior.

Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/online

Day Two

MORNING SESSIONS • 9:00 – 11:40 am

Choose **ONE** Full Morning Session OR **TWO** 75-Minute Sessions
One mid-morning break

Full Morning Session • 9:00 – 11:40 am

C-1: Administrative Intervention: Including Restorative Practices Into Your Office Referrals – Julie Compton

There is scarcely a school that doesn't use the office discipline referral (ODR) as an eventual response for chronic or intense behavior. Come learn a proven process that supports teachers and maintains low tolerances for inappropriate behavior, all while strengthening the students' skills and avoiding typical punitive approaches such as suspensions and detentions. You will learn how to: help students regain self-control, problem solve with the student and teach skills vital for their success, assist the student with restitution that restores relationships, use predictable yet personal consequences, and ensure emotional security for the students through concern and a commitment to keep them successfully in school. ODRs will never be the same.

First 75-Minute Morning Sessions 9:00 – 10:15 am

CHOOSE ONE: C-2 or C-3

C-2: Working With Resistant Team Members Who Don't Like Change – MaryAnn Brittingham

Whether you have volunteer or mandatory involvement, there are always those who don't seem to have a stake in a schoolwide plan that may or may not make sense to them. Change is difficult even though it is the only constant in life. Learn ways to transition and support staff and colleagues who are not ready to jump into a new model of working with students' behaviors and fear change.

C-3: Restorative Practices: Science Meets Heart – Jo Ann Freiberg

What makes restorative practices work so well? It's science, baby! Dive into the brainy side of being human and discover why these approaches succeed where traditional discipline falls short. Spoiler alert: It's all about connection! Learn how neuroscience backs up the effectiveness of these powerful methods.

Second 75-Minute Morning Sessions 10:25 – 11:40 am

CHOOSE ONE: C-4 or C-5

C-4: Navigating the School Year: From Disappointment to Hope – MaryAnn Brittingham

Elevate your teaching journey with optimism and resilience. Embrace the wisdom of Martin Luther King Jr.: "We must accept finite disappointment, but never lose infinite hope." Explore the transformative power of resilience—the key to accepting and thriving in your new reality. Backed by research, you'll discover how cultivating hope is a learnable, measurable skill that significantly impacts success and persistence. Uncover personalized strategies to nurture hope and resilience, empowering you to confidently navigate the unique challenges each school year presents. Join MaryAnn for an inspiring session that transforms challenges into opportunities for growth and success.

C-5: Problem-Solving the Restorative Way: Quick, Easy, and Effective – Jo Ann Freiberg

Got a tough situation? Restorative questions to the rescue! This session is your crash course on how to use these magical tools for solving problems in groups big and small – no special facilitator required. Learn techniques that can be applied immediately to create a more harmonious and understanding classroom.

Lunch Break • 11:40 am – 12:40 pm

Comprehensive Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this conference. Included in the handbook are resource materials for ALL conference sessions, even those you don't attend. These materials include:

- Strategies to transform your discipline approach to one based on restorative practices that foster learning and growth
- Effective verbal skills that decrease conflict, promote emotional intelligence and communicate respect and caring
- Techniques to help students replace negative attitudes with positive ones
- Clear steps for helping students give up the victim stance and take personal responsibility for their choices and actions

"I've learned so much. Each presenter was a joy to learn from, and the resources I've gathered from these short two days will alter how I teach moving forward!"

– Maximo Penichet, Behavior Development
Special Education Teacher



On-Site Training

Conferences like this one along with many other topics can be brought to your school or district. Please view all of our On-Site PD options at www.ber.org/onsite or call 877-857-8964 to speak with an On-Site Training PD Consultant.



ABOUT BER CONFERENCES

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructors, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Day Two

AFTERNOON SESSIONS • 12:40 – 3:20 pm

Choose **TWO** 75-Minute Afternoon Sessions
One mid-afternoon break

First 75-Minute Afternoon Sessions 12:40 – 1:55 pm

CHOOSE ONE: D-1, D-2 or D-3

D-1: De-Escalation of Intense Behavior – Julie Compton

When student behavior escalates it is crucial to have the skill set that will steer you to remain calm and supportive while also calming the student. Learn the language and behaviors to avoid as well as proven verbal interactions to calm students in crisis and help them regain self-control. You won't want to miss these key restorative strategies!

D-2: Creating Classrooms That Feel Like Home – Jo Ann Freiberg

Say goodbye to chaos and hello to calm with routines and rituals that make your classroom a place where everyone feels safe and welcome. From daily rituals to special celebrations, you'll learn how to create a space students love showing up to every day.

D-3: Improve Emotional Dysregulation Through Mindfulness – MaryAnn Brittingham

Anxiety is a common factor for people who have problems managing their emotions. Increased awareness helps us gain control of behavior. We can't change our thoughts or emotions unless we are aware of what we're thinking and feeling. There are many benefits to incorporating mindfulness as a restorative tool in your toolbox including strategies to improve students' attention.

Second 75-Minute Afternoon Sessions 2:05 – 3:20 pm

CHOOSE ONE: D-4, D-5 or D-6

D-4: Restitution and Restoration: Helping Students Make Things Right – Julie Compton

A punishment orientation reinforces a low level of moral development and does not help students develop a higher, more socially valuable level of morality. Learn the role of restitution in a restorative classroom to repair any damage or harm done to others, how to help students take ownership for making amends, and how to guide them to a successful classroom re-entry.

D-5: Relationships Rule: Building a Classroom Community That Lasts – Jo Ann Freiberg

A strong classroom community isn't just nice to have – it's the foundation of restorative success. Learn playful, powerful strategies to create a classroom vibe that feels like family. When relationships thrive, everything else falls into place, fostering an environment where students feel valued and supported.

D-6: Building Resilience: A Trauma-Sensitive Classroom – MaryAnn Brittingham

Unlock the keys to a resilient learning environment in MaryAnn's session designed for anyone wanting a more trauma-sensitive classroom. Discover practical strategies to navigate the impact of trauma and chronic stress on students and their academic journey. Gain insights into utilizing Bruce Perry's 'upside down triangle' for student self-regulation, identifying triggers, and fostering a compassionate response. Walk away equipped with actionable tools to create a supportive space that empowers both educators and students. Join MaryAnn to discover the tools to turn obstacles into workable solutions.

2026 RESTORATIVE PRACTICES Conference: Strategies That Work to Improve Behavior

Registration (NIU6S1)

(Please copy this registration form for additional registrants)

MARCH 11 and 12, 2026 (Start time: 9 AM Eastern)

Both days: ☐ March 11 and 12, 2026

Day One only: ☐ March 11, 2026

Day Two only: ☐ March 12, 2026

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER
() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

PRIORITY ID CODE: ENIU6S1

METHOD OF PAYMENT – Group Discount Available

Payment is due prior to the program. No cash, please.

One day only, **\$325**; both days, **\$595**;

\$565 per person for groups of three or more registering at the same time for both days.

☐ A check (payable to **Bureau of Education & Research**) is attached

☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)

Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____ MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Meet Inservice Requirements / Earn State CEUs

Participants can receive a certificate of participation that may be used to verify continuing education hours. In addition, state CEUs are available. For details, visit www.ber.org/ceus

Registration Fee

The fee for the first or second day registration only is \$325 per person. If a person registers for both days, the registration fee is discounted to \$595 per person; \$565 per person for groups of three or more registering at the same time for both days. **Registration fees are due prior to the program. No cash, please.**

Fee includes conference registration, a certificate of daily attendance and an extensive digital resource handbook with materials for all sessions – even those you don't attend.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

FIVE EASY WAYS TO REGISTER:



SCAN QR code or visit:
at.ber.org/regNIU



@ EMAIL this form to:
register@ber.org



PHONE toll-free:
1-800-735-3503
(Weekdays 5:30 am - 5:00 pm Pacific Time)



FAX this form to:
1-425-453-1134



MAIL this form to:
Bureau of Education & Research
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Session Preferences: Session Numbers Required

DAY 1

☐ One Full Morning Session: A-1

– OR –

☐ Two 70-Minute Morning Sessions

A- _____ – and – A- _____
(A-2 or A-3) (A-4 or A-5)

☐ One Full Afternoon Session: B-1

– OR –

☐ Two 70-Minute Afternoon Sessions

B- _____ – and – B- _____
(B-2 or B-3) (B-4 or B-5)

DAY 2

☐ One Full Morning Session: C-1

– OR –

☐ Two 75-Minute Morning Sessions

C- _____ – and – C- _____
(C-2 or C-3) (C-4 or C-5)

☐ Two 75-Minute Afternoon Sessions

D- _____ (D-1, D-2 or D-3)

– AND –

D- _____ (D-4, D-5 or D-6)

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations made prior to the conference date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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NIU651



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