



BUREAU OF EDUCATION & RESEARCH

## A Unique Two-Day In-Person Conference



# 2026 Co-Teaching Conference Building Better Partnerships

**Columbus, OH**

**March 23 and 24**

CEUs and Graduate Credits Available  
See page 7 for details

**Boston, MA**

**(Wakefield)**

**March 25 and 26**

CEUs and Graduate Credits Available  
See page 7 for details

## Choose from 21 Strategy-Packed Conference Sessions



**Expert Instructors • Co-Teaching Resources • Hundreds of Practical Strategies**

# Co-Teaching Strategies to Take Back to Your Classroom!



## Meet Your Team of Expert Instructors

**PETRA NELSON** is a highly experienced special education teacher, Co-Teacher, educational consultant, and international presenter. With decades of grades PreK-12 experience, Petra has worked extensively as a Co-Teacher and special educator. She has also trained and supported thousands of teachers and administrators on effective inclusive practices using Co-Teaching. Petra knows firsthand the unique challenges facing Co-Teachers in creating the most effective Co-Taught classrooms to better support students with special needs. She is passionate about providing real, doable, practical approaches for helping students make maximum gains through Co-Teaching strategies and partnerships.

**CINDY JONES** has extensive experience as a Co-Teacher of special needs and general education students, a crisis interventionist, a principal of a school for students with behavior and emotional challenges, an at-risk consultant, and a behavior specialist. Because of her extensive background, she offers dozens of practical and effective strategies that have worked for her and countless educators in Co-Taught classrooms. Her lively, practical sessions feature cutting-edge, research-based information, engaging activities and effective strategies that will work for you.

**LISA ROGERS** is an acclaimed presenter and veteran co-teacher. With over 20 years of experience in special education and consulting, Lisa is known for her ability to strengthen school programs and bring collaborative teams together as they strive to meet the unique needs of students with special needs. Lisa is a frequent presenter at local and state conferences and has developed inclusive education training modules with accompanying video. You'll leave Lisa's sessions with many new, exciting ideas and strategies you can use right away in your Co-Teaching practice.



### Who Should Attend

K-12 General Education Teachers,  
Special Education Staff, Paraprofessionals,  
and other specialists who Co-Teach or  
are preparing to Co-Teach as part of their  
inclusion practices



# Day One

**Keynote • 8:30 – 9:05 AM**

## **“Harness the Power of Co-Teaching ... Making the Most of Your Co-Teaching Partnership!” – Petra Nelson**

Co-Teaching is a powerful way to support students in an inclusive classroom. Join us as we explore practical ways to enhance collaboration, co-planning, co-instructing, co-assessing, and MORE to maximize the impact of your Co-Taught classroom. You will leave inspired, motivated and ready to implement innovative strategies to strengthen your Co-Taught learning environment. Get ready to maximize student engagement and outcomes!

## **MORNING SESSIONS • 9:15 – 11:50 AM**

Choose **ONE** Full Morning Session OR **TWO** 70-Minute Sessions  
One mid-morning break

**Full Morning Session • 9:15 – 11:50 AM**

### **A-1: Improving the Behaviors of Attention-Seeking and Challenging Students in the Co-Taught Classroom – Cindy Jones**

Students with challenging behaviors are becoming more prevalent in our schools and more difficult to teach than ever. Explore the neuroscience that drives these attention-seeking and challenging behaviors. Examine the WHY of student behavior and effective and practical strategies for addressing them. Explore tools and specific strategies to help diminish attention-seeking, power, and revenge behaviors by leveraging your Co-Teaching models.

**First 70-Minute Morning Sessions  
9:15 – 10:25 AM**

**Second 70-Minute Morning Sessions  
10:40 – 11:50 AM**

### **CHOOSE ONE: A-2 or A-3**

#### **A-2: Level-Up Your Instructional Design Using the Six Co-Teaching Formats – Petra Nelson**

Co-Teaching is much more than two teachers occupying the same space in a classroom. The one-teach one-support format is only a beginning for Co-Teachers, so let's explore ways to move beyond that. This interactive session will launch your thinking and current Co-Teaching practice by examining the formats and deciding which ones will yield higher outcomes for your students.

#### **A-3: Accommodations, Modifications, and Co-Teaching, Oh My! – Lisa Rogers**

While the Individual Education Planning team identifies which accommodations and/or modifications are needed, Co-Teachers bring it to life with all your knowledge and skill. Learn the best ways to implement each to their fullest in the least restrictive Co-Taught environment.

### **CHOOSE ONE: A-4 or A-5**

#### **A-4: Co-Planning is the “Meat and Potatoes” of Co-Teaching – Petra Nelson**

Commit to your Co-Teaching partnership by learning new ways to make the most of your co-planning time. This session will investigate creative ways to find time to co-plan and maximize the time provided. Learn the conditions for establishing more effective co-planning and ways to strengthen your partnership through planning. Walk away with practical ideas for being more prepared to Co-Teach and ready to celebrate your success!

#### **A-5: The Power of Predictability and Visual Supports in the Co-Teaching Classroom – Lisa Rogers**

As Co-Teachers, we can agree that to learn optimally, our students need to be able to plan, organize and complete tasks. However, students with disabilities often face challenges in each of these areas. Learn more about neurological differences and how they may impact student engagement in academic tasks, and how the powerful combination of predictability and visual support work together to promote improved academic growth in the Co-Taught classroom.

*“This was the most informative and engaging PD I have attended in years!”*

– Tracy Mellini, Teacher



*“Practical forms, ideas and tools to make Co-Teaching better for me, my co-teacher and my students.”*

– Carolyn Strauch, HS Teacher



### **Team Discount**

#### **ONE DAY**

One Person: \$325

#### **BOTH DAYS**

One Person: \$595

**Team of 3+: \$565 per person  
when enrolled at the  
same time**

**Lunch break • 11:50 AM – 1:05 PM (On your own; a great time to network with colleagues!)**

*“I’m walking away with great resources and a stronger understanding of Co-Teaching.” 3*



### Who is BER?

The Bureau of Education & Research is North America's leading presenter of training for professional educators. Our goal is to provide high-quality PD programs, based on sound research, with an emphasis on practical strategies and techniques that can be immediately implemented.



### Can't Attend? Online Professional Development Options:



### Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses. You may earn optional graduate-level credits for most courses. See the catalog of available courses at [www.ber.org/online](http://www.ber.org/online)

# Day One

## AFTERNOON SESSIONS • 1:05 – 3:35 PM

Choose **ONE** Full Afternoon Session OR **TWO** 70-Minute Sessions  
One mid-afternoon break

### Full Afternoon Session • 1:05 – 3:35 PM

#### **B-1: Inclusive Co-Teaching Practices for Students With Autism Spectrum Disorders**

– Lisa Rogers

Serving students with autism is a reality in today's classrooms. Learn how to leverage your Co-Teaching practices to create an environment to help your students with autism better navigate challenging academic and social situations. You'll leave with practical tools and strategies that can help decrease neurological stress and allow students with autism spectrum disorders to reach their greatest potential.

### First 70-Minute Afternoon Sessions 1:05 – 2:15 PM

#### **CHOOSE ONE: B-2 or B-3**

##### **B-2: Strengthening Your Behavior Intervention Plans – Cindy Jones**

When behavior intervention plans are not working effectively, things can quickly get out of hand in classrooms. Fortunately, there are a variety of Co-Teaching strategies that can be implemented to increase the strength of your behavior plan. In this highly practical session, we will explore six of these to help you better support behavior outcomes in both the Co-Taught settings.

##### **B-3: Go From "Sit and Get" to "Get and Go" – Petra Nelson**

Energize your Co-Taught math class by integrating research-based math strategies that support all learners in your classroom. Math can be a difficult concept for many students to grasp; however, the power of two teachers can make math more interactive, engaging and fun for students K-12. Come to this session and walk away with new strategies you can use the next day!

### Second 70-Minute Afternoon Sessions 2:25 – 3:35 PM

#### **CHOOSE ONE: B-4 or B-5**

##### **B-4: Co-Teaching Strategies for Dealing With Disrespectful and Disengaged Students – Cindy Jones**

Discover proactive, de-escalating and redirecting Co-Teaching strategies that will reduce and prevent disrespectful and off-task behavior from taking away your valuable teaching time. This session will help you and your Co-Teaching partner get on the same page for handling disruptions. Learn how to avoid power struggles, redirect more effectively, and use the same language your Co-Teaching partner does to maintain consistency... Strategies you will be able to use immediately!

##### **B-5: Flexible Groupings of Students in the Co-Taught Classroom are Infinite – Petra Nelson**

This session looks at the power of flexible groupings within the Co-Taught classroom. Explore the many ways students can be grouped according to the lesson and desired goal. You will discover how to create more cooperative learning lessons for students that will move them from working "just" in a group to collaborating as a unified group for improved outcomes.



# Day Two

## MORNING SESSIONS • 8:30 – 11:15 AM

Choose **ONE** Full Morning Session OR **TWO** 75-Minute Sessions  
One mid-morning break

### Full Morning Session • 8:30 – 11:15 AM

#### **C-1: Strengthen Your Co-Teaching Partnership With Practical Strategies to Boost Collaboration and Parity – Petra Nelson**

Equality in the Co-Teaching relationship is fundamental in establishing an effective Co-Taught classroom. Boost your collaboration skills by exploring essential tools and practical strategies that support the parity of instruction in your Co-Taught classroom. Participants will investigate ways to build the Co-Teacher partnerships through communication, trust, problem solving, and a growth mindset. Leave this session with ideas to create and maintain a stronger Co-Teaching partnership throughout the school year.

#### **First 75-Minute Morning Sessions 8:30 – 9:45 AM**

##### **CHOOSE ONE: C-2 or C-3**

#### **C-2: The Co- Teachers' Role in Reducing Student Anxiety – Cindy Jones**

In a recent survey, educators reported that anxiety related misbehavior are major issues with students today. We'll explore these issues and various Co-Teaching strategies to help reduce them, including what to do about profanity, gaslighting, arguing, drawing boundaries, and lack of social skills. Discover the best way to calm down someone having a panic attack. You can use this valuable information in the Co-Taught classroom and life.

#### **C-3: Executive Functioning Skills for Behavior and Academic Success!**

– Lisa Rogers

Executive functioning skills serve as the foundation for positive behaviors and help students make healthier choices for themselves and others. This session will provide you with practical strategies and visual tools you can use to teach critical executive functioning skills and promote academic and behavioral success in your Co-Taught classroom.

#### **Second 75-Minute Morning Sessions 10:00 – 11:15 AM**

##### **CHOOSE ONE: C-4 or C-5**

#### **C-4: Co-Teaching for Helping Students Overcome the Challenges of ADHD, Executive Function Deficits, and Poor Self-Regulation Skills – Cindy Jones**

Students with ADHD often have difficulty with concentration, distraction, impulsivity, and "time-blindness" among other challenges. Discover strategies to help your students with ADHD experience more academic and social success. Learn how their brains are different from neurotypical students and how you can best support them. We'll explore helpful behavior interventions, tools, organizational tips, co-morbidity, and executive function and self-regulation skills you can use immediately.

#### **C-5: Leveraging the Co-Taught Classroom to Prevent Challenging or Difficult Behavior – Lisa Rogers**

Most educators agree that they would much rather prevent challenging behaviors than deal with the negative impact of aggression, elopement, screaming, or work avoidance. Explore a menu of practical preventive strategies with real-life examples of how you can implement each in your Co-Taught classroom.

## Comprehensive Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this conference. Included in the handbook are resource materials for ALL conference sessions, even those you don't attend. These materials include:

- Timesaving tips and effective procedures for co-planning
- Fresh ideas to establish and nurture strong collaborative partnerships
- Teacher-friendly, easy-to-use strategies for differentiating instruction in Co-Taught classrooms

**A printed copy of the resource handbook will be available to registrants at the conference site as long as their registration is received in the BER office at least 15 calendar days before the event.**

*"Great tools, resources, conversations, excitement for learning and sharing throughout. Thank you ALL!!"*

– Julie Dain, Intervention Specialist



**Lunch Break • 11:15 AM – 12:30 PM • (On your own; time to network!)**

*"The best I've attended – I'm already planning to implement new ideas tomorrow!"*

## Conference Locations & Hotel Accommodations



**COLUMBUS** offers a great variety of area attractions, including the Columbus Zoo and Aquarium, Franklin Park Conservatory, COSI Museum, and Ohio Stadium.

### Conference Location and Overnight Accommodations:

Embassy Suites – Airport  
• (614) 536-0500

\$135 (Single/Double) plus tax, based on availability. Book your overnight accommodations by March 8, 2026 to receive this rate. For reservations, please call 614-536-0500 and reference Group Code: CES902, or use the link below.  
<https://at.ber.org/Co-TeachingColumbus>



**BOSTON** rewards visitors with many sightseeing opportunities, including the world-renowned Museum of Fine Arts, the Isabella Stewart Museum, the Freedom Trail through Boston's historic sites, or a boat cruise on the Charles River.

### Conference Location and Overnight Accommodations:

Four Points By Sheraton – Wakefield  
• (781) 245-9300

\$139 (Single/Double) plus tax, based on availability. Book your overnight accommodations by March 3, 2026 to receive this rate. For reservations, please call 781-245-9300 and mention you are attending this Co-Teaching Conference, or use the link below.  
<https://at.ber.org/CoTeachingBoston>

## Day Two

### AFTERNOON SESSIONS • 12:30 – 3:10 PM

Choose **TWO** 75-Minute Afternoon Sessions  
One mid-afternoon break

#### First 75-Minute Afternoon Sessions 12:30 – 1:45 PM

##### **CHOOSE ONE: D-1, D-2 or D-3**

#### **D-1: Co-Teaching for How Today's Students Learn! – *Cindy Jones***

Current brain research reveals the major ways that students learn today. Discover how to teach using movement, interactive small group discussions, visuals, art, music, and social interaction to engage students and cement content into long-term memory. You will take away a variety of practical examples well-suited for Co-Taught classrooms.

#### **D-2: Differentiation Works When You Work It! – *Petra Nelson***

Differentiation is responsive teaching. Participants will explore ways to support students through differentiation in the Co-Taught classroom. Ways to differentiate the environment, product, process, and content to improve student outcomes will be discussed. Take away valuable strategies that you can implement tomorrow in your classroom.

#### **D-3: Making Time to Fill Your Co-Teaching Bucket – *Lisa Rogers***

Self-care is so important for Co-Teachers ... Learn how to press pause and reflect, to continually fill and structure your "Co-Teaching buckets" with flexibility, integrity, respect, trust, honesty, kindness, and caring practices for yourself, each other, colleagues, and your Co-Taught students and their families. This session offers ways to co-manage and organize your buckets with academics, functional skills, inclusive strategies, sights, sites, and, of course, smiles!

#### Second 75-Minute Afternoon Sessions 1:55 – 3:10 PM

##### **CHOOSE ONE: D-4, D-5 or D-6**

#### **D-4: Incorporating Movement Into Your Co-Teaching Without Creating Chaos – *Cindy Jones***

In this active session, you will learn how to leverage the co-teaching model to incorporate movement with simple structures and quick transitions to keep students on-task. Learn how two teachers can easily integrate needed brain breaks, structured activity, and movement to increase student energy and gain focus and attention. Numerous kinesthetic strategies for all grades will be presented.

#### **D-5: The Power of Student Choice in the Co-Taught Classroom – *Petra Nelson***

Make the choice to discover the best ways to create opportunities for student choice. Participants will learn how to support student choice by empowering them to make a more positive learning environment for themselves. Anchor routines that promote high student engagement will be shared.

#### **D-6: Making Room for Self-Regulation in Your Co-Teaching Practice – *Lisa Rogers***

For many of our students, self-regulation is still under development and can result in what seems to be "a zero to a hundred" explosion of emotions, anger or even aggression. Learn the critical initial steps of modeling and teaching how to be more regulated and successful. Learn and practice a variety of specific Co-Teaching tools to help build powerful bridges to a more peaceful Co-Taught classroom.



### Related Online Courses

A related On Demand Video-Based Online Learning course, *Co-Teaching in Inclusive Classrooms: Effective Whole Group Structures and Strategies*, for Grades K-6, is available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)

# Co-Teaching Conference: Building Better Partnerships

## Registration NC46S1

(Please copy this registration form for additional registrants)

### ☐ Columbus, OH

- Both days:** ☐ March 23 and 24, 2026  
**Day One only:** ☐ March 23, 2026  
**Day Two only:** ☐ March 24, 2026

### ☐ Boston (Wakefield), MA

- Both days:** ☐ March 25 and 26, 2026  
**Day One only:** ☐ March 25, 2026  
**Day Two only:** ☐ March 26, 2026

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER  
( ) ( )

### Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

**PRIORITY ID CODE: ENC46S1**

## METHOD OF PAYMENT

**Payment is due prior to the program.** No cash please.

One day only, **\$325**; both days, **\$595**;

**\$565** per person for groups of three or more registering at the same time for both days.

- ☐ A check (payable to **Bureau of Education & Research**) is attached  
☐ A purchase order is attached, P.O. # \_\_\_\_\_  
(Be sure to include priority ID code on the P.O.)

Cards accepted: MasterCard, VISA, Discover, AMEX

Account # \_\_\_\_\_ Exp. Date: \_\_\_\_\_ MO/YR

Billing Zip Code: \_\_\_\_\_ 3 Digit CVV Code: \_\_\_\_\_  
(Found on back of card)

Please print name as it appears on card

## Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at [www.ber.org/credit](http://www.ber.org/credit)

## Meet Inservice Requirements / Earn State CEUs

Participants can receive a certificate of participation that may be used to verify continuing education hours. In addition, state CEUs are available. For details, visit [www.ber.org/ceus](http://www.ber.org/ceus)

## Registration Fee

The fee for the first or second day registration only is \$325 per person. If a person registers for both days, the registration fee is discounted to \$595 per person; \$565 per person for groups of three or more registering at the same time for both days. Registration fees are **due prior to the program**. No cash, please.

Fee includes conference registration, a certificate of daily attendance and an extensive digital resource handbook with materials for all sessions – even those you don't attend.

**A printed copy of the resource handbook will be available to registrants at the conference site as long as their registration is received in the BER office at least 15 calendar days before the event.**

**WA residents:** visit [www.dor.wa.gov/TaxRateLookup](http://www.dor.wa.gov/TaxRateLookup) to find your required WA sales tax rate.

## FIVE EASY WAYS TO REGISTER:

**SCAN QR code or visit:**  
[at.ber.org/regNC4](http://at.ber.org/regNC4)



**EMAIL this form to:**  
[register@ber.org](mailto:register@ber.org)

**PHONE toll-free:**  
**1-800-735-3503**  
(Weekdays 5:30 am - 5:00 pm Pacific Time)

**FAX this form to:**  
**1-425-453-1134**

**MAIL this form to:**  
**Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

## Session Preferences: Session Numbers Required

### DAY 1

☐ One Full Morning Session: A-1

– OR –

☐ Two 70-Minute Morning Sessions

A- \_\_\_\_\_ – and – A- \_\_\_\_\_  
(A-2 or A-3) (A-4 or A-5)

☐ One Full Afternoon Session: B-1

– OR –

☐ Two 70-Minute Afternoon Sessions

B- \_\_\_\_\_ – and – B- \_\_\_\_\_  
(B-2 or B-3) (B-4 or B-5)

### DAY 2

☐ One Full Morning Session: C-1

– OR –

☐ Two 75-Minute Morning Sessions

C- \_\_\_\_\_ – and – C- \_\_\_\_\_  
(C-2 or C-3) (C-4 or C-5)

☐ Two 75-Minute Afternoon Sessions

D- \_\_\_\_\_ (D-1, D-2 or D-3)

– AND –

D- \_\_\_\_\_ (D-4, D-5 or D-6)

## Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the conference. Late cancellations made prior to the conference date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

## Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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**In-Person Conference**  
*Practical Strategies You Can  
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NC4651



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