

Helping Your ENGLISH LANGUAGE NEWCOMERS: Strategies That Work!



A Unique One-Day Live Online Seminar Presented by

Damaris Perez-Mestre

Outstanding ELL Educator and National Presenter

Specifically Designed for Grades K-12 ELL Teachers, Classroom Teachers, Instructional Aides, Title I Staff, Interventionists, and Administrators

What to do and what not to do when English language newcomers first arrive

Highly practical ELL strategies to enhance achievement for your students new to learning English

Help your newcomers overcome the silent period with **less anxiety and more confidence**

Receive **an extensive digital resource handbook and ready-to-use free resources** for supporting your brand-new English learners

LIVE ONLINE SEMINARS

February 11

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

February 23

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

"Highly recommended!"

— ANGELICA RUDOLPH, ENL TEACHER

Ten Key Benefits of Attending

An excellent and informative program with strategies you can use right away.'

– STUART ELLISON, ENL
TEACHER



Who Should Attend

Grades K-12 ELL Teachers,
Classroom Teachers,
Instructional Aides, Title I
Staff, Interventionists, and
Administrators

- 1. Practical Strategies to Support Your Newcomers' English Language Development**
Learn the most effective and essential strategies and practices designed for helping your newcomers start to make language development progress from day one
- 2. Best Instructional Techniques to Enhance Learning for Your ELL Newcomers**
Research-based teaching strategies and multisensory techniques for increasing your newcomers' school success ... Ready for you to use immediately
- 3. Ease the Awkwardness of the ELL Silent Period Stage and Communicate Basic Needs**
Powerful strategies based on the best and most current research on how newcomers acquire language to get them through the silent period stage with greater ease
- 4. Significantly Improve Your Newcomer's Academic Conversation Skills**
Promote more learning with vocabulary practices to support newcomers' content knowledge of meaningful new words that are foundational for learning ... Discover the academic content they already know in their first language
- 5. Improve Participation and Meaningful Engagement in Learning**
Provide your newcomer students with strategies they can use to engage in learning activities more easily ... Give them the tools they need to be able to participate
- 6. What to Do and Not Do to Better Support Your English Language Newcomers**
What to do and what not to do when welcoming your newcomers ... A variety of approaches to provide newcomers the best support possible
- 7. Address Your Newcomers' Anxiety and Fear**
Fear shuts down the learning brain ... Boost your newcomers' overall success with practical resources and ideas to help newcomers deal with anxiety and fear of a new school environment
- 8. Technology as an Effective Learning Tool for Your Newcomers**
Easy to use digital resources and tools that can provide your newcomers with immediate and meaningful learning opportunities
- 9. Multi-Sensory Techniques for Improving Academic Vocabulary**
Discover ways to accelerate newcomers' academic growth in reading, writing, math, science, and social studies with research-based multisensory instructional techniques
- 10. Receive an Extensive ELL Newcomer Digital Resource Handbook**
You'll leave with a digital resource handbook filled with activities, ideas, and resources you can use immediately to better support your ELL newcomers

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Multisensory techniques** to increase your newcomers' school success
- Current research on **how newcomers best acquire English**
- How to **get newcomers through the silent stage** with greater ease
- **Vocabulary practices** to support your newcomers' content knowledge
- How to **learn the academic content your students may already know** in their first language
- **How to help newcomers develop more autonomy** and agency as learners in their new environment
- Help newcomers and their families **better transition to the school environment**
- **Language acquisition strategies** that work best with students new to English
- **Tips on preparing English-speaking peers** and classroom environments
- **Low or no cost digital resources** to support your newcomers
- Multiple strategies to **strengthen academic discourse** for English learners
- How to **promote active and productive participation** for your newcomers
- Ways to **support rich content discussion** for newcomers and English-speaking peers
- **Interactive, motivating activities** that build stronger language and content skills
- Proven teaching strategies to **reduce newcomers' anxiety** and fear of school
- Keys to **more successful communication, connection, and collaboration** with newly arrived families



"I so appreciated the excitement and passion exhibited by Damaris today. She was so knowledgeable and maintained our attention the entire day. I received so much information that will definitely be helpful."

— MONIQUE WINSTON, ELL PROGRAM COORDINATOR

Practical Ideas and Strategies

Welcoming English language newcomers can be equally rewarding and challenging depending on the resources, tools, and strategies ready for you to use. Make the experience more rewarding and less challenging by spending the day with experienced, knowledgeable educator **DAMARIS PEREZ-MESTRE**.

In this informative and interactive one-day seminar, Damaris will share her tried and true ready-to-use resources, formative assessment ideas, and research-based instructional strategies and techniques to help you increase your ELL newcomers' school success. You will leave with a range of practical and interactive ideas and instructional activities, which can be used immediately with your newly arrived, newcomer students. Learn exciting, practical, and engaging approaches to enhance your newcomers' experience and guide them to increased growth and greater school success!



A Message From Seminar Leader, Damaris Perez-Mestre

Uniquely Qualified Instructor

DAMARIS PEREZ-MESTRE is an experienced educator working with English Language Learners and Newcomers for over two decades. She shares her expertise regionally and around the country, as a national presenter and ELL consultant. Damaris has a wealth of experience as an ELL educator serving newcomers in elementary and secondary schools and has trained and mentored ELL teachers nationwide. She leads professional development and instructional training in grades K-12 specifically to help her fellow educators learn how to support their English language newcomers more effectively.

As a native speaker of a language other than English and once an ELL newcomer herself, Damaris brings authentic firsthand perspective to her ELL Newcomer seminars. Her seminars are packed with high-interest and ready-to-use strategies and tools that can be used in your classroom immediately, quickly, and effectively for the benefit of all newcomers and ELLs alike. Damaris is the author of *Helping Your ENGLISH LANGUAGE NEWCOMERS: Strategies That Work*, the digital resource handbook you will receive by attending this seminar.

Dear Colleague:

An ELL newcomer can arrive at any moment with little to no warning, sometimes with no known background or school history. We are very aware of the challenges this scenario can present for us as educators. Once an English language newcomer myself, I also know firsthand the challenges faced by the newcomer student as well. As an educator with over two decades of experience in classrooms as a teacher, ELD specialist, ELL instructional coach, and as an ELL national presenter, and educational researcher, I bring an in-depth understanding and a whole lot of compassion for the challenges and opportunities faced by newcomer students and their educators alike.

Years of experience working with ELL and newcomer students have inspired me to create this seminar to help my fellow educators turn those challenges into opportunities for success and celebration. I will share dozens of practical strategies that will help you maximize your ELL newcomers' language development, improve their self-confidence, and minimize the barriers and challenges experienced by students and teachers from the minute newcomers are welcomed into the classroom. I look forward to sharing all that I have learned to help newcomers during their difficult transition to a new language, culture, and environment and to help you, their teachers, better navigate the terrain of welcoming a newcomer into your classroom and giving them the best education possible. I will offer you dozens of ready to use activities, tools, tips, and advice I learned from my experience over the years. I'll leave you with resources you can use immediately with your newcomer students.

I am excited to be able to share my knowledge and experiences with you in an informative and engaging one-day seminar! I will bring a wide range of resources that you can quickly use and share with your colleagues. It's my goal to leave you ready to turn the challenges of teaching ELL newcomers into your own stories of success and rewarding experiences. See you there!

Sincerely,



Damaris Perez-Mestre

P.S. I guarantee you will leave my seminar with many outstanding strategies you can use help your Newcomer English Learners!

"Maximize your ELL newcomers' language development, improve their self-confidence, and minimize the barriers and challenges experienced by students and teachers from the minute newcomers are welcomed into the classroom."

What Your Colleagues Say About Damaris Perez-Mestre

*"Damaris is so very knowledgeable. **I would love to take more of her seminars.**"*

– Terra Williamson, District EL Teacher

*"**I learned a lot of great things today! I'm excited to go back** to my team to discuss what we will be implementing for our students."*

– Jazlee Castaneda, Bilingual Paraeducator

*"Loved how **passionate** Damaris was, and **informative** of different strategies that she uses."*

– Ashley Owen, ELD Teacher

*"I found **a lot of useful information** and better ways to implement some of the strategies I currently use. I also found many new ones, and **I loved listening to other educators and their experiences as well.**"*

– Melissa Villanueva, Teacher

*"Damaris was **very helpful and informative.** I loved her stories!"*

– Michele Hayes, ELL Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Lots of practical strategies. Sometimes PD is all research and theory. Damaris was all about what we can do right now.'

– LISA HAMMOND, TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Practical screeners and assessments you can successfully use with your newcomers
- Digital tools and resources ideal for students just beginning to learn English
- Tips and strategies to enhance your effectiveness with newcomers and their families
- Research-based teaching techniques to reinforce and strengthen newcomers' language proficiency
- Tools to increase participation and interaction in teaching ELL students and much, much more!

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in enhancing their ELL program.

Consultation Available

Damaris Perez-Mestre will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *Catching Up Your English Language Learners Who Have Fallen Behind*, for Grades K-12, *Helping English Language Learners Exit Your ELL Program*, for Grades K-8 and other ELL-related courses, are available for immediate registration. To enroll, visit www.ber.org/online

Helping Your ENGLISH LANGUAGE NEWCOMERS: Strategies That Work!

Registration (ENP6W1)

- ☐ 1. **February 11, 2026** (Start time: 9 AM Eastern)
☐ 2. **February 23, 2026** (Start time: 9 AM Central)
— or —
☐ 3. **I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EENP6W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;

for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
Cards accepted: MasterCard, VISA, Discover, AMEX

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Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:



SCAN QR code or visit:
at.ber.org/regENP



EMAIL this form to: register@ber.org



PHONE toll-free: 1-800-735-3503
(Weekdays 5:30 am - 5:00 pm Pacific Time)



FAX this form to: 1-425-453-1134



MAIL this form to: Bureau of Education & Research
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person; \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



ENP6W1

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Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version
to access online at your convenience

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Live Online Seminar or
Recorded Version



A Unique One-Day Live Online Seminar
(Or Order the Recorded Version to Access Online at Your Convenience)

Presented by

Damaris Perez-Mestre

Outstanding ELL Educator and National Presenter

What to do and what not to do when English language newcomers
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Highly practical ELL strategies to enhance achievement for your
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Help your newcomers overcome the silent period with **less anxiety and
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Receive an **extensive digital resource handbook and ready-to-use
free resources** for supporting your brand-new English learners