

Working Successfully with Difficult Students and Challenging Behavior



A Unique One-Day Live Online Seminar Presented by

Sandy Stewart

Outstanding Educator and National Trainer

Specifically Designed for Educators Serving Grades K-12: Classroom Teachers, Special Education Staff, Counselors, Instructional Assistants, Title I Staff, School Psychologists, Social Workers and Administrators

Practical strategies to **decrease disruptive, difficult and noncompliant behaviors**

How to implement **trauma-aware and classroom-proven ideas to de-escalate** problematic situations with challenging students

Specific redirection and intervention strategies to help challenging students stay focused on learning

Powerful strategies to reach and teach all students regardless of their negative attitudes and behaviors

LIVE ONLINE SEMINARS

November 9

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

November 19

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"I loved this seminar!
It was very helpful
and insightful!"*

— GRACE BURNETTE-VICE,
SPECIAL EDUCATION TEACHER

Ten Key Benefits of Attending

"I've been teaching a long time and still took many pages of notes. Thanks, Sandy!"

– ALISA MOTE,
2ND GRADE TEACHER



Who Should Attend

Educators Serving Grades K-12: Classroom Teachers, Special Education Staff, Counselors, Instructional Assistants, Title I Staff, School Psychologists, Social Workers and Administrators

- 1. Practical and Doable Strategies to Decrease Challenging Student Behaviors**
Learn a wealth of practical, trauma-aware strategies that can help you transform disruptive, difficult and challenging students into more self-disciplined, cooperative, focused learners ... Proven strategies that work!
- 2. Address Disruptive Behaviors in Your Grades K-12 Classrooms**
Create a classroom in which disruptive behaviors and acting out are ineffective ways for students to get their needs met ... Expand your repertoire with numerous tips to maximize your effectiveness in decreasing problematic behaviors
- 3. High Leverage Classroom Routines That Result in Improved Student Behavior**
Effective routines have an immediate positive impact on your students' behavior ... Learn powerful and highly effective routines you can implement in your classroom immediately
- 4. Decrease Negative Behaviors and Increase Positive Interactions**
Discover how you can use specific strategies to create a cooperative, risk-free, positive classroom environment while decreasing the number of negative interactions that occur each day
- 5. Key Strategies to Help You with Challenging and Difficult Students In Your Classroom**
Key strategies to help you manage frustration and stress so you can handle disruptive behavior while maintaining your sense of professionalism and protecting the dignity of your students
- 6. Build Your Confidence When Faced with Challenging Behavior**
Develop practical skills that will enhance your classroom communication skills and build your confidence when faced with challenging students and difficult behavior
- 7. Strategies for Oppositional Defiant Disorder, ADD/ADHD, Emotional Disorders, Executive Function Skill Deficits, and Students with Learning Disabilities**
Learn and practice strategies specific to students with ODD, ADD/ADHD and other learning disabilities ... Decrease your frustration while meeting your students' needs
- 8. Decrease Disruptive Behaviors and Increase Student Motivation to Learn**
Specific suggestions for increasing accountability, responsibility and pro-social behaviors in your classroom ... Learn practical and effective strategies for a more cooperative and safer classroom environment
- 9. Successful Tips to Help Difficult Students Be More Mindful of Their Behavior**
Learn innovative techniques to be more mindful of their behavior ... Numerous strategies you can use immediately with your most challenging students
- 10. Receive an Extensive Classroom Management Digital Resource Handbook**
Receive a digital resource handbook filled with strategies to significantly decrease difficult student behavior, techniques for proactively managing your classroom and resolving discipline issues, plus advice on managing the stresses unique to educators

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Make informed decisions** about the most appropriate course of action once a behavior problem has occurred in your classroom
- Numerous proven approaches to **defuse disruptive and angry behavior**
- **Innovative strategies that connect with students** and families to promote respect and trust
- Practical positive behavioral support plans to **help your most challenging students achieve greater success** in your classroom
- **Highly effective intervention strategies** to help keep you out of confrontations with difficult students to maintain everyone's dignity and respect
- Specific ideas to **create individualized behavior management plans** for chronically disruptive students
- **Empower your challenging students** to become accountable and more responsive
- Ideas to **de-escalate** problematic situations with potentially violent students
- **Learn skills in paradoxical responses** with oppositional students
- Develop **routines and trauma-aware methods that work** with challenging students
- **Learn skills to work better with oppositional defiant disorders**, learning disabilities, emotional/behavioral disorders, and ADD/ADHD issues
- Techniques to **avoid power struggles and examine your personal triggers** in relation to disruptive behaviors and develop new skills for dealing with these behaviors
- **Decrease difficult discipline problems before they arise** through planning and organization and restore positive relationships
- Numerous **web resources, tools and proven approaches** for addressing challenging behavior effectively



*'Thank you, and especially for the handbook.
I plan to regularly use and share what I learned with colleagues.'*

– ANGELA SMITH, ACADEMIC INTERVENTIONIST

Practical Ideas and Strategies

Do you feel like you are spending 80% of your time with 20% of your students? Are these 20% disruptive, defiant and your most difficult students? If so, you won't want to miss this fast-paced, practical seminar focusing on the unique needs of difficult and defiant students in grades K-12. You will learn ready-to-use, time-tested strategies to help you decrease discipline problems and defuse and prevent anger. You will walk away with techniques, tools and ideas for de-escalating problematic situations, working with oppositional defiant disorders and ADD/ADHD students. Discover easy-to-implement tips for behavior management plans, contracts and effective parent communication. Whether you are a veteran teacher or at the beginning of your career, **SANDY STEWART** will answer your questions; provide valuable, trauma-aware strategies; and help you solve the problems you face in your classroom every day. **You will also take away from this seminar a digital resource handbook packed with prevention and intervention strategies you can put to immediate use as ideas, activities and strategies to help you make a real difference in your students' lives and renew your enthusiasm for teaching.**



A Message From Seminar Leader, Sandy Stewart



Uniquely Qualified Instructor

SANDY STEWART is an experienced classroom teacher and an outstanding trainer. As a current, full-time classroom teacher with diverse teaching experiences in both urban and suburban settings at a wide range of grade levels, Sandy knows what works and doesn't when it comes to challenging students. Throughout Sandy's career, she has been passionate about researching and incorporating the best strategies for helping each student reach his/her full potential in the classroom. Sandy is the author of *Effective Strategies for Working Successfully with Difficult Students and Challenging Behavior*, the extensive digital resource handbook you will receive at the seminar. **You will leave Sandy's seminar inspired, enthused, and equipped** with a wealth of strategies you'll be able to use immediately in your classroom.

Dear Colleague:

My first 15 years of teaching were in an inner city setting where I realized very quickly that student misbehavior was going to be one of the greatest challenges that I was going to face. That was true then and it still rings true now in my 37th year of teaching. Very early on I began my own journey in not only understanding the complex and fascinating theories and research behind student behavior, but taking these big ideas and translating them into the practical application in everyday teaching. That was my passion then and it remains my passion to this day. Over time, I also began to understand how these concepts were so closely intertwined with building sincere, genuine relationships with my students, offering high leverage instructional and emotional routines, and creating a healthy physical and emotional classroom environment. When I put it all together, I found something that really works!

Drawing on tried-and-true strategies from many years of classroom teaching experience, enhanced with the latest research and insights formed during extensive additional training, I have designed this seminar to share with you with practical strategies you can use immediately to address all levels of student misbehavior more effectively and successfully. Our day will be packed with cutting-edge research and realistic ideas and strategies that can be easily implemented into your fast and furious teaching day. I look forward to sharing my enthusiasm, experience and ideas with you so that you, in turn, can create the conditions to decrease challenging student behavior and help difficult students find greater success.

I wholeheartedly encourage you to join me for this engaging and interactive one-day seminar, and I look forward to meeting you there!

Sincerely,

Sandy Stewart

P.S. You will also receive the behavior management digital resource handbook I created specifically for this seminar. It is filled with highly effective **practical strategies and resources you can use immediately** in your classroom!

"I have designed this seminar to share with you with practical methods, cutting-edge research and realistic ideas and strategies that can be easily implemented into your fast and furious teaching day."

What Your Colleagues Say About Sandy Stewart

"I feel that this was one of the best PDs I have had!"

– Jill Marak, Music Teacher Grades K-4

*"I so highly enjoyed learning from Sandy today! It was incredible how she had **relevant neuroscience to back up these strategies**, and I'm looking forward to employing these strategies to maximize my instructional time and validate all learners."*

– Claire Tighe, 5th Grade Teacher

*"**Excellent** content. I'm glad to have some tools to return to, especially for planning for the year ahead."*

– Andrea Dedmon, Teacher

*"The seminar was **enlightening**, as well as solidify some of the concepts that have been thinking about pitching to my principal and well as central office leadership. **Sandy is a plethora of knowledge and shared experiences and I enjoyed this entire class!**"*

– Bettina Mason, Assistant Principal

*"Sandy was knowledgeable and had positive energy and **so many fabulous ideas and resources!** The first workshop I've attended in awhile that has been well worth my time and left me excited to try new strategies."*

– Marianne Saucier, Learning Specialist



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'This seminar gave me ideas I can use right now - the very definition of what a good seminar provides for its audience. Thank you!'

– MICHELLE MAGEE,
COUNSELOR

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Strategies for dealing with specific types of challenging students including those who are defiant, disruptive and aggressive
- Samples of individual student behavior management plans, contracts, monitoring cards, home-school communication systems, data tracking and much more
- Practical strategies for managing class time efficiently to reduce off-task behavior and restoring productive relationships with students
- Procedures for resolving discipline problems once they occur with challenging students

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in new, practical approaches to help students with challenging behavior.

Consultation Available

Sandy Stewart will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses *Improving the Behavior of Attention-Seeking, Manipulative and Challenging Students*, for Grades 1-12, *Practical Strategies for Dealing with Disrespectful and Disengaged Students*, for Grades 1-12, and other related courses are available for immediate registration. To enroll, visit www.ber.org/online

Working Successfully with Difficult Students and Challenging Behavior

Registration (DIX7F1)

- ☐ 1. **November 9, 2026** (Start time: 9 AM Eastern)
☐ 2. **November 19, 2026** (Start time: 9 AM Central)
— or —
☐ 3. **I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDIX7F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;
for teams of three or more registering at the same time, the fee is \$275
per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
☐ A purchase order is attached, P.O. # _____
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Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

 **SCAN QR code or visit:**
at.ber.org/regDIX



@ **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
3000 Northup Way • PO Box 96068
Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



DIX7F1

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An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

**Can't Attend Live? Order the Recorded Version to
access online at your convenience**

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Working Successfully with Difficult Students and Challenging Behavior (Grades K-12)

DIX7F1

Working Successfully with Difficult Students and Challenging Behavior



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Live Online Seminar or
Recorded Version



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(Or Order the Recorded Version to Access Online at Your Convenience)**

Presented by

Sandy Stewart

Outstanding Educator and National Trainer

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**How to implement trauma-aware and classroom-proven ideas to
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