

RESTORATIVE DISCIPLINE:

Decrease the Need for Traditional Discipline and Increase Instructional Minutes



A Unique One-Day Live Online Seminar Presented by

Gaye Lang

Outstanding Educator, Author, and National Presenter

Specifically Designed for Educators Serving Grades K-12: Classroom Teachers, Title I Staff, Special Education Staff, Behavior Intervention Specialists, Counselors, Instructional Assistants, Program Specialists, School Improvement Teams, Discipline Committee Members, and Administrators

The best, most current Restorative Discipline approaches for decreasing the need for traditional discipline and increasing instructional minutes in schools and classrooms

Practical, easy-to-implement Restorative Discipline strategies for addressing students' problematic behavior and increasing their desire to act more responsibly, respectfully and safely

Proven Restorative Discipline practices for building a productive learning environment with quality relationships, effective interpersonal skills and highly-positive academic outcomes

Innovative restorative techniques to help students progress socially, emotionally, behaviorally, and academically

LIVE ONLINE SEMINARS

December 3

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

December 15

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"Wonderfully done!
And well-structured
with engagement."*

— SOFIA GRANADOS, COUNSELOR

Ten Key Benefits of Attending

'I learned a lot today and am excited going forward with restorative discipline.'

– JOE JACQUOT, TEACHER



Who Should Attend

Educators Serving
Grades K-12: Classroom
Teachers, Title I Staff,
Special Education Staff,
Behavior Intervention
Specialists, Counselors,
Instructional Assistants,
Program Specialists,
School Improvement
Teams, Discipline
Committee Members, and
Administrators

- 1. Significantly Decrease Discipline Problems While Increasing Instructional Time**
Discover the most essential Restorative Discipline practices designed to effectively address student behaviors that impede the learning process ... Increase instructional time, and promote accountability and equity across the entire learning community
- 2. Decrease Disruptive Behaviors and Strengthen Students' Social-Emotional Skills**
Expand your repertoire of Restorative Discipline strategies to maximize your effectiveness in decreasing inappropriate behaviors and rewarding appropriate ones ... Help students learn and develop positive social-emotional skills
- 3. Increase Student Accountability, Responsibility and Access to the Curriculum**
Learn explicit restorative strategies that dramatically decrease misbehavior and increase student accountability and responsibility ... Discover practical, easy-to-implement strategies that gain back and increase valuable instructional time
- 4. Address and Prevent Angry, Maladaptive, and Dangerous Student Behaviors**
Intervene effectively with students who have a history of escalating to potentially dangerous levels ... Acquire practical planning strategies for breaking past the crisis response cycle toward proactively responding to and preventing serious behaviors
- 5. Develop a Responsive Classroom**
Decrease the need for traditional discipline practices with practical restorative practices that build a classroom environment for success ... Specific and practical approaches for developing a classroom focused on dignity, inclusiveness and shared responsibility
- 6. Switch the Emphasis From Getting Even to Getting Well**
Gain restorative strategies for using student mistakes in behavior as an opportunity for them to learn to focus on more positive, productive behaviors in the future
- 7. Utilize Constructive, Restorative Alternatives to Suspension and Detention That Focus on Teaching and Learning Rather Than Punishment**
Learn how to create a restorative mindset that focuses on keeping, making and building peace by shifting the focus from rules to relationships
- 8. Avoid Escalation of Power Struggles**
Learn specific ways to avoid power struggles without losing respect ... Practical ways to verbally respond to upset or out-of-control students that de-escalate tense situations and lay the groundwork for positive outcomes
- 9. Respond Effectively to Problematic Behavior**
Master how to specifically respond to difficult, disruptive behavior without losing control of your emotions ... Successfully interact with your most challenging students while keeping your dignity and each student's dignity intact
- 10. Receive a Valuable Restorative Discipline Digital Resource Handbook**
You will receive and have the opportunity to thoroughly explore an extensive digital resource handbook filled with the techniques, strategies and activities discussed in this seminar

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **The most effective Restorative Discipline methods** for decreasing the need for traditional discipline while increasing instructional minutes for students
- Outstanding teaching strategies that **help teachers implement necessary corrective discipline** without resorting to consequences that are unrelated, unreasonable or disrespectful
- **Effective methods for reducing behavior referrals** and discipline-related time outside of class
- Proven Restorative Discipline techniques that **reduce student misbehavior**
- Procedures that **encourage students to become self-regulated learners**, assuming increasing amounts of control over their school lives
- **Preventative strategies** that reduce the rates of suspension and expulsion
- **Strategies for increasing students' conflict resolution skills** while fostering genuine personal accountability and responsibility
- **How to strengthen the climate and culture** of your classroom and/or school and decrease the need for traditional disciplinary practices
- Approaches that **move students away from punishment** and along a continuum from inappropriate behavior to remorse to making amends
- Ways to **respond effectively to problematic behavior** to stop recurring behavior problems from occurring
- How to **avoid escalation of power struggles** using alternatives to traditional discipline
- **Solutions that reduce defensiveness**, increase student accountability, create open dialogue, foster empathy, and encourage reflection rather than fault-finding



"Well thought-out content. I am looking forward to implementing these tools and strategies in my school."

– JOHN MOCZYGEMBA, SPECIAL EDUCATION TEACHER

Practical Ideas and Strategies

Have you experienced the frustration of seeing students return from a visit to the office, In-School Suspension (ISS) or Out-of-School Suspension (OSS), only to continue exhibiting disruptive, off-task, and even dangerous behaviors? Have you noticed a critical gap in your discipline strategies – one that truly fosters meaningful behavioral change while maximizing instructional time?

In this exceptional seminar, **GAYE LANG**, a seasoned educator, administrator, and expert in Restorative Discipline, will present a range of proactive strategies designed to cultivate essential skills and positive attitudes in students while strengthening relationships among students and staff. You will explore a structured system of Restorative Discipline practices that focus on repairing relationships through reflective discussions, allowing students to recognize the impact of their actions, take accountability, and develop actionable plans to make amends. **Equipped with a comprehensive digital resource handbook and a powerful set of strategies, you will leave this seminar empowered and ready to make a lasting impact on your most challenging students.**



A Message From Seminar Leader, Gaye Lang



Uniquely Qualified Instructor

DR. GAYE LANG brings extensive grades K-12 experience, working with students and addressing challenging behaviors using Restorative Practices. Dr. Lang regularly presents to schools, districts, and national audiences on the effective implementation of Restorative Discipline strategies, behavior management, and fostering positive school climates. Her expertise spans all grade levels, providing developmentally appropriate approaches to help educators cultivate meaningful change in students. Dr. Lang is a published author and co-author of several influential books and publications, including *Raising the Bar: Measuring Restorative Practices* (2019) and *Restorative Discipline Practices* (Park Place Publications, 2017). She is also the author of *Restorative Discipline: Decrease the Need for Traditional Discipline and Increase Instructional Minutes*, the comprehensive digital resource handbook you will receive at the seminar. With a strong commitment to Restorative Practices training and coaching, she has positively impacted thousands of educators and students alike. **Join Dr. Lang for this common-sense approach and explore practical, research-based restorative strategies with the power to transform your classroom, school and the lives of your students.**

Dear Colleague:

If you are like most educators across the nation, you are increasingly becoming frustrated with persistent, challenging and disruptive student behaviors that interfere with the learning process and result in a loss of valuable instructional time. Administrators are often limited to employing a few “cookie cutter” approaches to managing student behavior that stopped being effective for most students years ago. While successful in temporarily removing the offender from the classroom environment, these unfortunately do nothing to teach students about making more positive choices in the future. Plus, these practices often result in significant additional losses in instructional time.

Traditional disciplinary practices have proven themselves to be incredibly ineffective in changing negative student behavior, time and again. But what if you could use an approach that has proven to be highly effective? One that consumes minimal time if implemented correctly? And that significantly reduces the amount of time spent writing and responding to behavior referrals, or taking disciplinary action? What if this approach could also significantly increase the instructional minutes for your students?

I appreciate your desire to experience a seminar designed to give you alternatives to traditional disciplinary practices. I have designed this seminar with Restorative Disciplinary practices as the foundation and to provide you with proven strategies that will not only help you to deal with challenging behaviors when they occur but will also help students develop the necessary skills and attitudes to minimize or eliminate many of these behaviors in the future. And I'll share the ideas, strategies, techniques and methods I have seen work with even the most challenging, disrespectful students.

Please join me and discover practical, easy-to-implement Restorative Discipline practices that can better enable you to successfully deal with and help challenging students in your classroom and school. I guarantee you will leave this seminar with many practical strategies you can use immediately to help students see themselves as able, capable, valuable, and responsible. In a short amount of time, you will be telling others emphatically, “This stuff works!”

Sincerely,

Gaye Lang

P.S. I can honestly say I don't believe any student is unreachable when he or she has the appropriate tools and knowledge. **Invest a day with me and together we can make a real difference in the lives of your students.**

“Traditional disciplinary practices have proven themselves to be incredibly ineffective in changing negative student behavior, time and again. But what if you could use an approach that has proven to be highly effective?”

What Your Colleagues Say About Gaye Lang

*"Ms. Lang did an exceptional job facilitating this restorative practices seminar. **I learned so much** and I appreciate the digital resource handbook she provided us. Can't wait to try this out at school!"*

– Allison Jester, Teacher

*"**Dr. Lang was amazing.** I learned so many great things I will actually use in class that will help facilitate better relationships with my students."*

– Bryan Winn, Dean of Students

*"**Dr. Lang was very informative** and her presence was that of a tried-and-true educator. She kept engagement high and really showed her knowledge through answering questions and providing feedback to meet our specific concerns."*

– Jacob Mannis, Department Chair

*"**Loved the training.** It will be helpful for gaining trust from students and creating strong relationships, and I have great de-escalation techniques I can use in the future."*

– Amber Kirby, Teacher

*"Dr. Lang was amazing. I learned so much from her and **she was so charismatic and enjoyable to learn from.**"*

– Taylor Ebarb, English Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"Thank you so much. This was an excellent seminar!"

– GINA HALL, PRINCIPAL

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Restorative Discipline Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Strategies for decreasing the need for traditional discipline and restorative practice strategies that increase student learning, growth and instructional minutes
- Effective verbal skills that decrease conflict, promote emotional and intellectual intelligence, and communicate respect and caring
- Techniques for helping students replace negative attitudes with positive ones
- Skills that promote a positive and inclusive atmosphere, laying the groundwork for effective conflict resolution
- Clear steps for helping students give up the victim stance and take personal responsibility for their choices and actions

Share Ideas

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in decreasing the need for traditional discipline and increasing instructional minutes with their students.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global
A nonprofit
affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *Dealing Effectively with Disruptive Students: Practical, Proven Techniques*, for Grades K-12, *Practical Strategies for Dealing with Disrespectful and Disengaged Students*, for Grades 1-12, and other classroom management courses are available for immediate registration. To enroll, visit www.ber.org/online

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Registration (DEL7F1)

- ☐ **1. December 3, 2026** (Start time: 9 AM Central)
- ☐ **2. December 15, 2026** (Start time: 9 AM Eastern)
- or—
- ☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDEL7F1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;

for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____ (Be sure to include priority ID code on the P.O.)
- Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____ MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____ (Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:



SCAN QR code or visit:
at.ber.org/regDEL



EMAIL this form to: register@ber.org



PHONE toll-free: 1-800-735-3503
(Weekdays 5:30 am - 5:00 pm Pacific Time)



FAX this form to: 1-425-453-1134



MAIL this form to: Bureau of Education & Research
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Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



DEL7F1

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Recorded Version

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Presented by

Gaye Lang

Outstanding Educator, Author, and National Presenter

The best, most current Restorative Discipline approaches
for decreasing the need for traditional discipline and increasing
instructional minutes in schools and classrooms

Practical, easy-to-implement Restorative Discipline strategies for
addressing students' problematic behavior and increasing their desire
to act more responsibly, respectfully and safely

Proven Restorative Discipline practices for building a productive
learning environment with quality relationships, effective interpersonal
skills and highly-positive academic outcomes

Innovative restorative techniques to help students progress socially,
emotionally, behaviorally, and academically