

RESTORATIVE PRACTICES: Developmentally Appropriate Strategies For Dealing with Challenging Behaviors (Grades PreK-2)



A Unique One-Day Live Online Seminar Presented by

Gaye Lang

Outstanding Educator, Author, and National Presenter

Specifically Designed for Preschool Teachers, Kindergarten Teachers, First Grade Teachers, Second Grade Teachers, Multiage Teachers, Counselors, Special Education Staff, Instructional Aides, Childcare Providers, Specialists Who Work with Young Children, Title I Staff, and Administrators

Highly effective restorative strategies for dealing with challenging behaviors with grades PreK-2 students

Restorative practices that decrease young students' challenging behaviors, promote self-regulation, and improve social interactions

Developmentally appropriate practices that successfully address the capabilities and limitations of young learners with challenging behaviors

Effective, in-the-moment problem-solving strategies to redirect behavior, offer alternatives, and clarify expectations

LIVE ONLINE SEMINARS

January 19

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

January 28

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

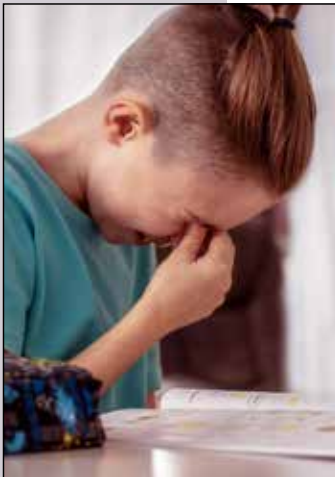
*"Very informative and
engaging seminar. I
learned many strategies
I can easily implement
in my classroom."*

– POLLY YEATES, TEACHER

Ten Key Benefits of Attending

'This seminar was great! Dr. Lang was very knowledgeable and full of enthusiasm!'

— SAMANTHA LORUSSO,
TEACHER



Who Should Attend

Preschool Teachers,
Kindergarten Teachers,
First Grade Teachers,
Second Grade Teachers,
Multiage Teachers,
Counselors, Special
Education Staff,
Instructional Aides,
Childcare Providers,
Specialists Who Work with
Young Children, Title I Staff,
and Administrators

1. Explore Highly Effective Restorative Practices for Dealing with Challenging Behaviors

Gain essential developmentally appropriate restorative practices and strategies that work to help you deal with challenging behaviors ... Learn ways to teach your young students the knowledge, behavior, and skills needed to express their feelings and get what they need in more positive ways

2. Address the Capabilities and Limitations of Young Learners

Understanding how children learn and absorb information can result in more successful educational experiences for both students and teachers ... Learn classroom-proven restorative practices to address age-appropriate behaviors

3. Gain Restorative Strategies for Addressing Challenging Behaviors

Analyze a behavior management plan for restorative practice that promotes positive behavior ... Strengthen desired behaviors while discouraging challenging ones

4. Explore In-the-Moment Problem Solving Behaviors for Young Students

Engage students in problem identification, solution brainstorming, and attempting several approaches to a solution ... Support critical, creative thinking when students encounter difficulties to encourage independent, confident problem solving

5. Significantly Decrease Challenging and Unacceptable Behaviors

Help young students develop critical self-regulation skills and improve their social interactions ... Learn restorative practices that provide clear expectations and set appropriate boundaries to reduce challenging behaviors

6. Teach Appropriate Replacement Skills to Improve Behavior

Provide students with alternative coping strategies, communication techniques, and problem-solving methods ... Give young students more adaptive ways to handle challenging situations and reduce the likelihood of engaging in problem behaviors

7. More Effectively Problem Solve Student Behaviors in the Moment

Keep your calm and composure, and redirect behavior by offering alternatives or consequences ... Strategies to de-escalate, address behaviors privately, and follow up after incidents to clarify expectations and consequences for future behavior

8. Create Respect Agreements

Involve young students in creating respect agreements, increasing their sense of ownership and understanding of the rules ... Learn a variety of ways to implement respect agreements to help young children understand and follow your expectations

9. Design Developmentally Appropriate Restorative Lesson Plans

Learn how to design restorative lesson plans for young students that focus on building positive relationships, teaching empathy, and promoting problem-solving skills ... Incorporate activities that will help students resolve conflicts peacefully

10. Receive a Restorative Practices Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this seminar, and filled with practical, developmentally appropriate restorative practices for dealing with challenging behaviors in young students

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Outstanding, developmentally appropriate restorative** strategies to provide intensive support for young students who exhibit challenging behaviors
- **Evidence-based intervention solutions** with step-by-step instructions outlining what to do at each stage of implementation
- Developmentally appropriate ideas to **teach young students to articulate their needs more effectively**
- Restorative strategies to **enhance students' self-regulation** and reduce the need for adult intervention
- Ways to establish an environment in which **all students can learn, and you can teach**, even when dealing with challenging behaviors
- **How to identify the underlying causes** of the challenging behaviors that are regularly observed, and the implications for interventions and subsequent actions
- **How to address the needs of all students**, including those with challenging behaviors, while maintaining high-quality instruction
- **Innovative, slight tweaks** that can offer considerably greater results with young students with problematic behaviors
- Practical suggestions to **increase student motivation and promote on-task** behavior in young students with challenging behaviors
- **Successful techniques** that will help you persist in working with young students with challenging behaviors
- Proactive, **developmentally appropriate restorative methods** to reduce problematic behaviors before they begin



"Dr. Lang was warm, energetic, interesting, and motivating! Thanks for a great day!"

– PAULA PASSERO, TEACHER

Practical Ideas and Strategies

Increasingly we see young children with challenging behaviors demonstrating a combination of behavioral challenges and academic struggles that impact their ability to positively engage in their daily learning opportunities. How can we as educators most effectively address these combined challenges? In this **NEW**, interactive seminar, outstanding teacher, principal, and national presenter **DR. GAYE LANG** will share developmentally appropriate restorative practices to help you work smarter, not harder to reduce challenging behaviors, maintain smooth daily routines and schedules, and increase success for your PreK-2 students. Explore techniques for facilitating circle-time discussions, implementing proactive measures to prevent conflicts, and guiding young children through the process of making amends. Cultivate a culture of respect and cooperation, laying the foundation for lifelong interpersonal skills. Engaging in restorative practices from an early age can empower children to navigate their emotions and relationships in a healthy, constructive way. **Join Dr. Lang for a day full of proven, use-tomorrow, developmentally appropriate restorative practices to help you deal with challenging behaviors.**



A Message From Seminar Leader, Dr. Gaye Lang



Uniquely Qualified Instructor

DR. GAYE LANG brings years of experience, having worked extensively with grades PreK-2 students with challenging behaviors. A highly sought speaker, Dr. Lang regularly presents in schools, districts, states, and nationally on developmentally appropriate restorative practices, managing challenging behaviors, and restorative discipline practices in early childhood. She takes great pride in supporting fellow educators in planning their next steps and providing tangible strategies for immediate implementation in the classroom. Dr. Lang is a published author and co-author of several books and publications including *Raising the Bar: Measuring Restorative Practices* (2019) and *Restorative Discipline Practices* (Park Place Publications, 2017). Her commitment to restorative practices training and coaching has positively impacted thousands of participants. **Join Dr. Lang and discover a wealth of developmentally appropriate restorative practices and strategies for effectively dealing with challenging behaviors in PreK-2 students.**

Dear Colleague:

Having served for many years as both a teacher and principal, I share your passion for finding innovative solutions to improve student behavior and learning outcomes. That's why I am thrilled to present this seminar. And we know that implementing restorative practices with young children holds tremendous promise for transformative change in building relationships, fostering empathy, and teaching conflict resolution skills.

My goal is to equip you with practical strategies and insights that will greatly enhance your daily interactions with young children with challenging behaviors. Throughout our interactive day together, we'll explore techniques for facilitating circle-time discussions, guiding young children through the process of making amends, and implementing proactive measures to prevent conflicts.

Everything I present is grounded in practicality and developmental appropriateness. Gain specific ways to teach your young students with challenging behaviors to regulate their thinking, emotions, and behavior. Learn strategies for defusing difficult situations and rebuilding trusting relationships during and after challenging episodes.

I am excited to share my very best restorative practice ideas for helping your young students with challenging behaviors develop and maintain the skills and behaviors they need to succeed. This seminar promises to be an interactive day filled with developmentally appropriate strategies, techniques, practices, and resources that you can immediately implement with your young students with challenging behaviors.

Sincerely,

A handwritten signature in cursive script that reads "Gaye Lang".

Dr. Gaye Lang

P.S. Engaging in restorative practices can empower young students to navigate their emotions and relationships in healthy and constructive ways. You'll gain practical, developmentally appropriate strategies that can make a real difference.

"I am excited to share my very best restorative practice ideas for helping your young students with challenging behaviors develop and maintain the skills and behaviors they need to succeed."

What Your Colleagues Say About Dr. Gaye Lang

*"Wonderful information and **very engaging presentation**. Dr. Lang was fun and very knowledgeable."*

– Rosanne Field, Principal

*"Dr. Lang provided a wonderful and engaging seminar. **I truly learned so much from her.** I appreciate her knowledge and look forward to implementing these strategies in my classroom!"*

– Amanda Bishop, Teacher

*"The seminar was very rewarding and engaging. I learned **so many new things that I am excited to implement!**"*

– Abigail Neilan, Teacher

*"**Great and informative seminar.** I learned so much and gained confidence in teaching new strategies to my children. Dr. Lang was amazing, fun, and knowledgeable."*

– Adriana Jimenez, Teacher

*"**Dr. Lang was highly engaging and kept the pace moving.** This was very beneficial for my teaching and I look forward to sharing the content with my teacher peers!"*

– Rebekah Hayes, Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 49 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Dr. Lang was amazing. Her intelligence, enthusiasm and commitment to education is truly respected. Thank you.'

– SARA WEST, TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Restorative Practices Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Developmentally appropriate restorative practices for dealing with challenging behaviors, teaching empathy, and promoting accountability in young students
- Strategies to redirect student misbehavior and teach appropriate replacement skills to improve students' behavior
- Effective problem-solving methods for in-the-moment student behavior
- Guidelines for facilitating respect agreements with young students
- A step-by-step guide for delivering impactful developmentally appropriate restorative practice lessons

Share Ideas

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in using restorative practices to deal with challenging behaviors.

Consultation Available

Dr. Gaye Lang will be available for consultation regarding your questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global
A nonprofit
affiliate

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions*, for Grades PK-2, *A Practical Approach to Classroom Management and Discipline: Management and Intervention Strategies that Promote Responsible Student Behavior and Prevent Discipline Problems*, for Grades K-2, and other classroom management courses, are available for immediate registration. To enroll, visit www.ber.org/online

RESTORATIVE PRACTICES:

Developmentally Appropriate Strategies For Dealing with Challenging Behaviors (Grades PreK-2)

Registration (DCZ7W1)

- ☐ 1. **January 19, 2027** (Start time: 9 AM Central)
- ☐ 2. **January 28, 2027** (Start time: 9 AM Eastern)
- or—
- ☐ 3. **I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDCZ7W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person;

for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
- ☐ A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____
MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

 **SCAN QR code or visit:**
at.ber.org/regDCZ



 **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
3000 Northup Way • PO Box 96068
Bellevue, WA 98004

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



DCZ7W1

© 2026 Bureau of Education & Research. All rights reserved.

RESTORATIVE PRACTICES: Developmentally Appropriate Strategies For Dealing with Challenging Behaviors (Grades PreK-2)



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version
to access online at your convenience

BER
BUREAU OF EDUCATION & RESEARCH
3000 Northup Way
PO Box 96068
Bellevue, WA 98004
www.ber.org

Prsrt Std
U.S. Postage
PAID
Bureau of
Education &
Research

RESTORATIVE PRACTICES: Deal with Challenging Behaviors (Grades PreK-2)

DCZ7W1



RESTORATIVE PRACTICES: Developmentally Appropriate Strategies For Dealing with Challenging Behaviors (Grades PreK-2)

BER
Bureau of Education & Research

Live Online Seminar or
Recorded Version

A Unique One-Day Live Online Seminar
(Or Order the Recorded Version to Access Online at Your Convenience)

Presented by

Gaye Lang

Outstanding Educator, Author, and National Presenter

Highly effective restorative strategies for dealing with challenging behaviors with grades PreK-2 students

Restorative practices that decrease young students' challenging behaviors, promote self-regulation, and improve social interactions

Developmentally appropriate practices that successfully address the capabilities and limitations of young learners with challenging behaviors

Effective, in-the-moment problem-solving strategies to redirect behavior, offer alternatives, and clarify expectations