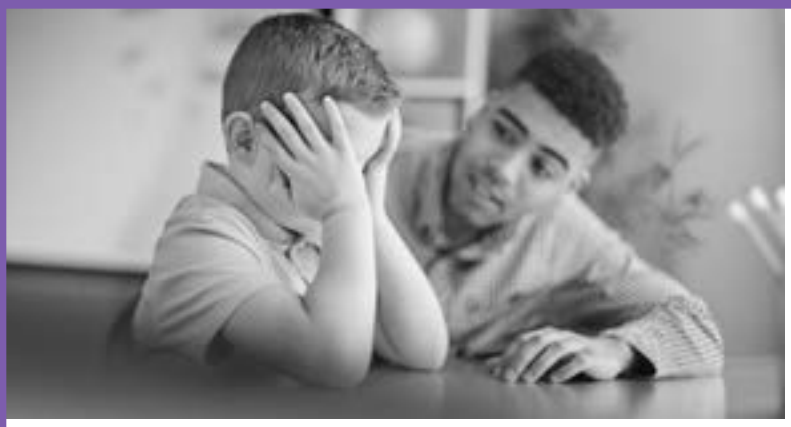
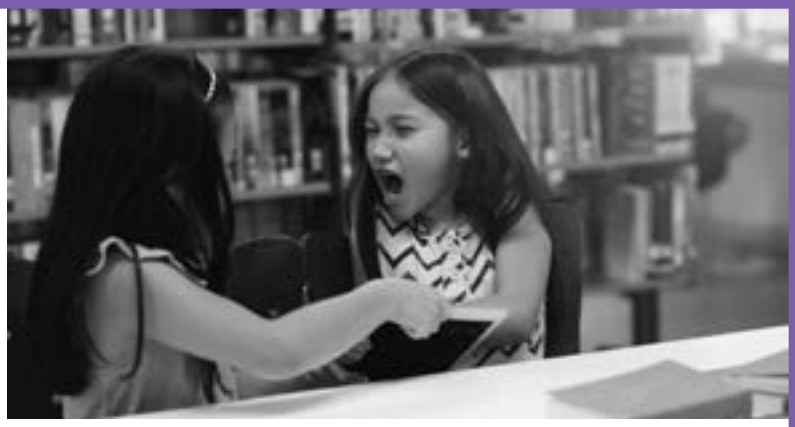
Bureau of Education & Research

Live Online Seminar or Recorded Version

Reducing Disruptive Behaviors While Increasing Self-Regulation

(Grades PreK-2)





A Unique One-Day Live Online Seminar Presented by

Melissa Davis

Outstanding Teacher and National Presenter

Designed Specifically for Preschool Teachers, Transitional Kindergarten Teachers, Kindergarten Teachers, First Grade Teachers, Second Grade Teachers, Multiage Teachers, Counselors, Special Education Staff, Instructional Aides, Childcare Providers, Specialists Who Work With Young Children, Title I Staff, and Administrators

Decrease challenging behaviors while increasing self-regulation for all your students

How-to strategies to **decrease attention-getting behaviors and increase motivation** for students lacking readiness and self-awareness

Proven intervention strategies to address problematic behaviors when they occur and to proactively support behavior changes in the future

Extensive disruptive behaviors digital resource handbook filled with intervention and prevention strategies that work for grades PreK-2 students

LIVE ONLINE SEMINARS

March 2

9 AM Central, 8 AM Mountain, 7 AM Pacific, 10 AM Eastern

March 12

9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version and take the seminar online at your convenience (see page 6)

"Melissa was GREAT! So many resources I can ACTUALLY use with my kiddos!"

– MICHELLE JAY, LIBRARIAN

Ten Key Benefits of Attending

"Wonderful! Melissa took us through so many ideas we can try! She covers plenty, so you are bound to find at least a handful to refresh your toolbox or to add to it!"

– MELANIE SMITH, TEACHER

Who Should Attend

Preschool Teachers, Transitional Kindergarten Teachers, Kindergarten Teachers, First Grade Teachers, Second Grade Teachers, Multiage Teachers, Counselors, Special Education Staff, Instructional Aides, Childcare Providers, Specialists Who Work With Young Children, Title I Staff, and Administrators

1. **Decrease Young Students' Distracting Behaviors**

   Ideas to boost students' confidence while creating a sense of calm and empowerment through practices and routines structured for their success

2. **Ready-to-Use Opening Routines to Start Each Day With Increased Focus**

   Many students can't get past the challenges they bring with them to class … Learn how to break the cycle of entering with negativity, replacing it instead with a positive start to the school day

3. **Strategies to Maximize Learning Time**

   Discover easy-to-use strategies for developing motivation and self-regulation without taking away from time on task, or adding to your already full plate

4. **Reduce Disruptive Behaviors**

   Establish a self-awareness support structure, woven throughout your routines and classroom operations, leading to improved self-regulation, self-efficacy, and better behavior

5. **Boost Young Students' Attention Skills**

   Learn the tools needed to reduce students' anxiety and increase their focus without distracting others or disrupting the classroom environment

6. **Help Your Students Who Lack Key Readiness Skills**

   Learn how to empower your students who otherwise display constant attention-seeking behaviors and lack READINESS for learning

7. **Stop the Cycle of Attention-Seeking Behavior and Consequences**

   Teach your students to reduce attention-seeking behaviors

8. **Find the "Why" Behind Behavior**

   Learn how to reinforce behavior changes in your students by ensuring that you are targeting the "why" behind their behaviors

9. **Significantly Reduce Recurring Behavior Challenges**

   Gain a wealth of proven, developmentally appropriate strategies to address challenging student behaviors head on

10. **Receive a Reducing Disruptive Behaviors Digital Resource Handbook**

    You'll receive an extensive digital resource handbook, specifically designed for this seminar, and filled with practical, developmentally appropriate ideas, techniques, and strategies for reducing disruptive behaviors in your PreK-2 students

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- Practical strategies to **create a positive, productive learning environment and reduce challenging, disruptive behaviors**
- **Numerous use-tomorrow routines** to help you maximize every instructional minute
- **Proven, developmentally appropriate ideas** to dissolve challenging behaviors
- Ways to increase resilience and **expand academic success for all students**
- **Strategies that promote self-regulation** and calm, focused attention
- **How to build a culture of SUCCESS** where academic achievement is the natural focal point of your classroom
- **Classroom-tested strategies** to increase academic success and reduce anxiety in your young learners
- **Innovative, minor shifts you can make** that will yield optimal results with maladaptive behaviors in your classroom
- **The key time for teaching** replacement skills and behaviors
- **Ideas for making your most challenging students** a positive part of your classroom community
- **Strategies to help you persist** in working successfully with young children that demonstrate challenging behaviors
- Methods to increase time-on-task and **decrease negative, attention-seeking behaviors** in your most challenging students

"This was a wonderful day. Many real-world examples I can immediately put into practice. I'd definitely recommend this seminar to other teachers."

– COLLEEN MAXSON, TEACHER

Practical Ideas and Strategies

This engaging and interactive seminar will provide innovative techniques for strengthening the learning of all your students in easy-to-use, yet highly effective ways. Experienced general and special education teacher **MELISSA DAVIS** understands firsthand how scaffolding for success is the powerful tool all teachers need to reduce disruptive behaviors while increasing self-regulation and academic success. Learn how to decrease disruptive behaviors while increasing clarity, calm, and attentiveness, helping you maximize every school-day minute. Explore dozens of new ideas and proven techniques you can incorporate into your existing program. Positively impact the behaviors that challenge you daily and flip the script on student motivation in any instructional setting. Though we can't control the mental and emotional states that our students bring from home each morning, we can integrate innovative strategies that enable our students to improve their behavior, learning, and skill retention. **You'll leave with a robust toolkit and an extensive digital resource handbook to help you reduce disruptive behaviors while increasing self-regulation and academic success in your grades PreK-2 learners.**

A Message From Seminar Leader, Melissa Davis

Uniquely Qualified Instructor

MELISSA DAVIS brings over 20 years of experience working with grades PreK-2 students. As a special and general education teacher she has worked with diverse students, including those with developmental delays, emotional challenges, and disruptive behaviors. Driven by a passion for helping all children achieve success and a deep understanding gained from working with challenging students, Melissa leverages her expertise to present at conferences and schools nationwide. Her approach emphasizes proactive teaching strategies that empower educators to address potential behavior issues before they escalate, while equipping students with essential tools for self-regulation and emotional control, ultimately leading to more positive and productive learning environments. Melissa is also the author of *Reducing Disruptive Behaviors While Increasing Self-Regulation (Grades PreK-2),* the extensive digital resource handbook you will receive at the seminar. **Join Melissa for a day full of great ideas you'll want to use immediately. You will leave equipped with practical strategies to reduce disruptive behaviors and unlock the full learning potential of your young students.**

Dear Colleague:

As educators, it seems with each passing year we continue to experience increasing challenges in both our students and the learning environment. Now, more than ever, our youngest grades PreK-2 learners require effective strategies to manage their challenging behaviors and ensure optimal learning experiences.

Throughout my career as a special and general education teacher, I've prioritized supporting students beyond just academics. Working with diverse learners, from those with developmental delays and challenging behaviors to their typically developing peers, I've taken particular interest in helping young students who present with challenging behaviors. This passion has led to the creation of dozens of classroom-tested techniques that have markedly improved student focus, reduced disruptive behaviors, and ultimately enhanced learning.

In this new seminar I am excited to share these valuable tools and techniques with you! Drawing on my classroom experience and my coaching work with teachers, we'll explore dozens of easy-to-use, classroom-tested strategies you can implement immediately to decrease disruptive behaviors and increase student learning. We'll explore success stories and practical applications of these strategies, allowing you to tailor them to your unique classroom environment.

Drawing on nearly two decades of experience working challenging student behaviors, I'll guide you through practical methods for creating a more supportive and productive learning environment for your grades PreK-2 students. Let's work together to empower them and ensure their success!

Sincerely,

Melissa Davis

P.S. The focus of our day together will be on practical, classroom-tested strategies you can implement right away!

"We'll explore dozens of easy-to-use, classroom-tested strategies you can implement immediately to decrease disruptive behaviors and increase student learning."

What Your Colleagues Say About Melissa Davis

*"Phenomenal! For a group of veteran teachers, Melissa provided **so many new resources** and ways of thinking about successfully managing challenging behaviors."*

*"I really enjoyed how Melissa incorporated personal experiences and stories. They made her presentation feel **very relatable.**"*

*"Melissa's resources are so, so, so helpful! **I am truly excited** to get to back to my classroom."*

*"**Tons of helpful info!** I'm excited to implement many of the ideas Melissa shared!"*

*"**Great advice and ideas!** Melissa provided a very solid breakdown of the negative behaviors that we see."*

*"**Outstanding presentation!** Melissa shared many examples of typical behaviors and strategies to work toward improving the needed skills to minimize challenging behaviors!"*

About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

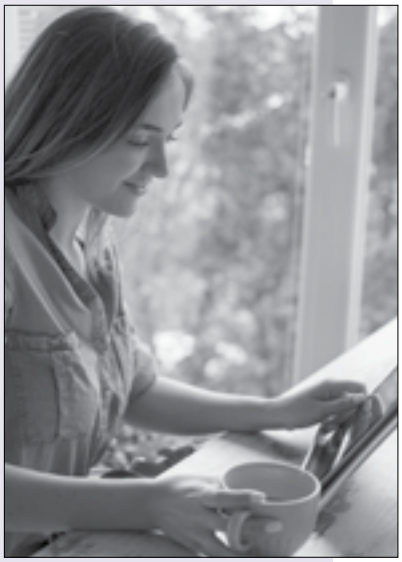
Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"This workshop was amazing and Melissa was phenomenal! It has given me so much hope!"

– LISA WALKER, TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Disruptive Behaviors Digital Resource Handbook

You will receive an extensive digital resource handbook specifically designed for this seminar. Included in the handbook are:

- Practical strategies to establish calm and clarity in your classroom
- Ideas to help your students develop habits that increase confidence, establish self-regulation, and decrease disruptive behaviors
- Strategies to decrease distracting behaviors, while increasing focus and purposeful learning
- Ready-to-use activities, strategies, and ideas to improve young
- students' behavior
- Step-by-step, developmentally appropriate strategies and resources to support young students with challenging behaviors
- Visual strategies to prevent off-task and other behavioral challenges

Share Ideas

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in helping their students self-regulate and achieve academic success.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits

University of Massachusetts Global

Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:

Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit

Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions,* for Grades PK-2, *A Practical Approach to Classroom Management and Discipline: Management and Intervention Strategies that Promote Responsible Student Behavior and Prevent Discipline Problems,* for Grades K-2, and other classroom management courses, are available for immediate registration. To enroll, visit www.ber.org/online

Reducing Disruptive Behaviors While Increasing Self-Regulation (Grades PreK-2)

Registration (DCY6W1)

☐ **1. March 2, 2026** (Start time: 9 AM Central)
☐ **2. March 12, 2026** (Start time: 9 AM Eastern)
—or —
☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

( ) ( )

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDCY6W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is $295 per person;
for teams of three or more registering at the same time, the fee is $275 per person. **Payment is due prior to the program.** No cash, please.

☐ A check (payable to **Bureau of Education & Research**) is attached

☐ A purchase order is attached, P.O. #_____
(Be sure to include priority ID code on the P.O.)

Cards accepted: MasterCard, VISA, Discover, AMEX

Account # _____ Exp. Date: _____ MO/YR

Billing Zip Code: _____ 3 Digit CVV Code: _____ (Found on back of card)

_____
Please print name as it appears on card

FIVE EASY WAYS TO REGISTER:

SCAN QR code or visit: **at.ber.org/regDCY**

EMAIL this form to: **register@ber.org**

PHONE toll-free: **1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

FAX this form to: **1-425-453-1134**

MAIL this form to: **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is $295 per person, $275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a $15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**

DCY6W1

© 2025 Bureau of Education & Research. All rights reserved.

Reducing Disruptive Behaviors While Increasing Self-Regulation (Grades PreK-2)

An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to access online at your convenience

DCY6W1

BUREAU OF EDUCATION & RESEARCH
915 118th Avenue SE
PO Box 96068
Bellevue, WA 98009-9668
www.ber.org

Prsrt Std
U.S. Postage
PAID
Bureau of
Education &
Research

Decrease Disruptive Behaviors
(Grades PreK-2)

Bureau of Education & Research

Reducing Disruptive Behaviors While Increasing Self-Regulation
(Grades PreK-2)

Live Online Seminar or Recorded Version

A Unique One-Day Live Online Seminar

(Or Order the Recorded Version to Access Online at Your Convenience)

Presented by

Melissa Davis

Outstanding Teacher and National Presenter

- **Decrease challenging behaviors** while increasing self-regulation for all your students
- How-to strategies to **decrease attention-getting behaviors and increase motivation** for students lacking readiness and self-awareness
- **Proven intervention strategies** to address problematic behaviors when they occur and to proactively support behavior changes in the future
- **Extensive disruptive behaviors digital resource handbook** filled with intervention and prevention strategies that work for grades PreK-2 students