

Dealing With Challenging Behaviors Using Developmentally Appropriate Strategies (PreK–2)



A Unique One-Day Live Online Seminar Presented by

Adam Peterson

Outstanding Educator and National Presenter

Specifically Designed for Preschool Teachers, Kindergarten Teachers, First Grade Teachers, Second Grade Teachers, Multiage Teachers, Counselors, Instructional Aides, Child Care Providers, Specialists who Work With Young Children, Title I Staff, and Administrators

Immediate interventions and practical supports for decreasing challenging behaviors in grades PreK-2

Child-centered, developmentally appropriate practices for all students including special need populations

Self-care practices to counteract compassion fatigue so you can remain at your best and continue to help students with challenging behaviors

Ways to support the needs of students with challenging behaviors **while effectively reaching and teaching the whole class**

LIVE ONLINE SEMINARS

February 2

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

February 10

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"Adam was very
informative and offered
strategies that are
doable and fun!"*

– KAREN SCHULTZ, PRE-K TEACHER

Ten Key Benefits of Attending

"Adam was wonderful and had so many great ideas to share. I can't wait to try new things in my classroom!"

— ABIGAIL WILKINSON,
1ST GRADE TEACHER



Who Should Attend

Preschool Teachers,
Kindergarten Teachers,
First Grade Teachers,
Second Grade Teachers,
Multiage Teachers,
Counselors, Instructional
Aides, Child Care Providers,
Specialists who Work With
Young Children, Title I Staff,
and Administrators

1. Explore Highly Effective, Classroom-Proven Strategies for Dealing With Challenging Behaviors

Gain essential developmentally appropriate tools and strategies that work to help you address and manage challenging behavior ... Learn ways to teach your young students the knowledge, behavior, and skills needed to express their feelings and get what they need in more positive ways

2. Teach Appropriate Replacement Skills to Improve Student Behavior

Learn how to identify the function of your students' behavior and how to use that knowledge to teach developmentally appropriate replacement skills ... Strengthen students' social-emotional self-regulation skills

3. Provide Students With Transferable Behavior, Knowledge, and Skills

Teach your students to develop skills that will help them be successful, both socially and academically, across their learning environment ... Reinforce students' ability to sustain newly acquired developmentally appropriate problem-solving skills

4. Enhance Your Repertoire of Highly Effective Reinforcement Strategies and Replacement Skills

Discover developmentally appropriate practices that teach and substitute replacement skills and appropriate behaviors for challenging ones ... Explore several reinforcement techniques and strategies, including what to do when reinforcements no longer work!

5. Significantly Decrease Recurring Behaviors and Verbal Challenges

Learn the critical components necessary to understand stimuli that trigger students ... Incorporate the best prevention-based strategies and interventions to stop challenging behaviors before they start

6. Essential Self-Care Practices for Staff Working With Challenging Behaviors

Gain self-care practices for counteracting compassion fatigue so you can continue to best help students with challenging behaviors ... Explore asset mindset and coping strategies to help you positively decompress, de-stress, and remain at your best

7. Communicate More Effectively With Young Children With Developmental Delays and Challenging Behaviors

Apply proven strategies for more effectively providing directions, reinforcing rules, and verbally communicating expectations ... Support students' success during classroom routines and transitions

8. Increase Your Effectiveness in Successfully Dealing With Challenging, Disruptive Behaviors as They Happen

Learn specific methods to deal with problems and challenges as they happen with individual children while maintaining control of the classroom as a whole ... Ideas to help you de-escalate negative situations and avoid power struggles

9. Maintain Your Classroom Authority in Positive Ways

Manage the most difficult classroom disruptions and challenges while preserving dignity and controlling your emotions ... Learn practical, developmentally appropriate ways to help you successfully deal with your most challenging students while supporting each student as a valued member of the learning environment

10. Receive an Extensive Challenging Behaviors Digital Resource Handbook

You will receive an extensive digital resource handbook, specifically designed for this seminar, and filled with practical, developmentally appropriate techniques and strategies for dealing with challenging behaviors

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- Outstanding **use-tomorrow developmentally appropriate strategies** to provide intensive supports for young students with challenging behaviors
- **Intervention strategies** with practical, evidence-based, step-by-step guidance that outline what actions to take at each phase of implementation
- Developmentally appropriate ideas to teach your young students **how to express what they need** in productive ways
- **Techniques to increase students' self-regulation** and help them need less adult intervention over time
- How to **create the conditions where all students can learn, and you can teach** when working with challenging behaviors
- **Ideas that balance addressing the needs** of students with challenging behaviors while maintaining high-quality instructional practices with the rest of the class
- **Innovative, minor shifts you can make** that will yield far greater results with students with challenging behaviors
- **How to get to the root** of what drives challenging behaviors you frequently see, and implications for interventions and next steps
- Effective ways to **help students learn appropriate behavior** through instruction, practice, feedback, and encouragement



"I really enjoyed this live online training and can't wait to implement the ideas I learned today!"

– KRISTEN SWIGERT, ECSE TEACHER

Practical Ideas and Strategies

Increasingly we see young children with challenging behaviors demonstrating a combination of behavioral issues and academic struggles that impact their ability to positively engage in their daily learning opportunities. How can we as educators most effectively identify, understand, and address these combined challenges? In this **NEW**, interactive seminar, outstanding educator and national presenter **ADAM PETERSON** will share developmentally appropriate practices to help you work smarter, not harder to reduce challenging behaviors, maintain smooth daily routines and schedules, and increase success for your PreK–2nd grade students. Explore a wealth of practical, educator-friendly strategies that simultaneously work to address challenging behaviors and academic struggles. Gain self-care practices for counteracting compassion fatigue so you can continue to best help students with challenging behaviors. Discover developmentally appropriate ways to teach and substitute appropriate behaviors for challenging ones, and strategies for what to do when reinforcements no longer work. Plus, much, much more! Join Adam for a day full of proven, use-tomorrow, developmentally appropriate strategies and techniques to help you address and manage challenging behaviors.



A Message From Seminar Leader, Adam Peterson



Uniquely Qualified Instructor

ADAM PETERSON is an award-winning primary grades teacher, best-selling author and internationally recognized speaker. After spending more than a decade teaching in early learning classrooms, Adam now also uses his knowledge and talents to inspire, educate and motivate colleagues working in grades PreK-2 to apply more developmentally appropriate ways to manage their most challenging students. Adam is the author of the best-selling book, *Teach, Play, Learn!*, as well as the author of many children's books. He is also the author of *Dealing With Challenging Behaviors Using Developmentally Appropriate Strategies (PreK-2)*, the extensive digital resource handbook you will receive at this dynamic one-day training. You will leave Adam's seminar with a wealth of developmentally appropriate techniques and strategies for addressing and managing challenging behaviors in your PreK-2 students.

Dear Colleague:

Managing challenging behaviors in preschool to 2nd grade students can be a daunting task. Have you ever felt overwhelmed? I certainly have, more than once. When I glanced at my classroom at the end of the day feeling discouraged and defeated, the only solution that came to mind was to throw in the towel. All I wanted was to teach, but it seemed like an impossible task. If you've experienced similar frustrations, please know that you are not alone.

I am writing to invite you to a seminar where I will share numerous developmentally appropriate strategies and techniques that are practical and easy to incorporate. These strategies have proven to be effective in reducing challenging behaviors and breaking the cycle of recurring disruptive actions that hinder productive teaching and learning. My goal is to provide support by equipping you with proven techniques for addressing and managing the challenging behaviors of your young students.

Throughout our time together, everything I present will be both practical and developmentally appropriate. You will learn methods to help young students regulate their thoughts, emotions, and behaviors, and techniques to enhance their ability to focus and remain engaged. We will explore approaches to defuse difficult episodes and rebuild trusting relationships during and after challenging situations. Additionally, we will delve into self-care practices that combat compassion fatigue, enabling you to continue providing the best support to students with challenging behaviors.

I am thrilled to share my absolute best ideas for helping your students develop and maintain the skills and behaviors they need for success. Get ready for an interactive day filled with developmentally appropriate strategies, techniques, practices, and resources that you can implement immediately with your young students.

I eagerly look forward to meeting you at the seminar!

Sincerely,

Adam Peterson

P.S. By transforming the life of just one student this year, your time will have been well spent. Invest a day with me and gain practical, developmentally appropriate strategies that can truly make a difference in the lives of your young students!

"These strategies have proven to be effective in reducing challenging behaviors and breaking the cycle of recurring disruptive actions that hinder productive teaching and learning."

What Your Colleagues Say About Adam Peterson

*"So many **great ideas** to use in classrooms. Seminar was **developmentally appropriate, focused on building relationship, and the need for play.** Thank you!"*

– Brenda Dutton, Dean & IEP Coordinator

*"Thank you, Adam, for sharing your **great ideas and strategies** with us. Really appreciate it. Showed us how to **think outside the box and change rooted thinking and strategies to better meet the needs of our students and how they learn today.**"*

– Christine Gouin, 2nd Grade Teacher

*"**Amazing.** Especially loved the new songs I learned and games to play with kids."*

– Madeleine Hurley, 1st Grade Teacher

*"I really appreciated Adam's spirit, his love for fostering a love of learning in children, and the real-life experiences he shared with us. **I truly enjoyed every moment of this PD and gained a lot resources to take back and share** with other teachers at my school!"*

– Taylor Epps, Kindergarten Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 48 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"Very informational seminar. Lots of ideas easily implemented yet highly helpful. Adam was easy to listen to and learn with online. Thank you!"

— KAMALA BLEVINS,
PRE-K TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Specific ready to use activities, strategies, and ideas to help improve young students' behavior
- Proven techniques to better manage challenging behavior
- Self-care practices to help you restore your energy and reduce your stress
- Step-by-step developmentally appropriate strategies and resources to support young students with challenging behaviors

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in enhancing their young learners program.

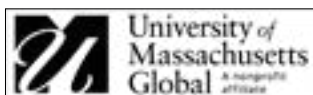
Consultation Available

Adam Peterson will be available to address your specific questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the recorded version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate-level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have 90-day access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Related On-Demand Video-Based Online Learning courses, *Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions*, for Grades PK-2, *Help Young Children with Developmental Delays and Challenging Behaviors*, for Grades PK-K, and other classroom management courses are available for immediate registration. To enroll, visit www.ber.org/online

Dealing With Challenging Behaviors Using Developmentally Appropriate Strategies (PreK-2)

Registration (DCP6W1)

- ☐ **1. February 2, 2026** (Start time: 9 AM Central)
- ☐ **2. February 10, 2026** (Start time: 9 AM Eastern)
— or —
- ☐ **3. I'd like to order the recorded version of this seminar**

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDCP6W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$295 per person, for teams of three or more registering at the same time, the fee is \$275 per person. **Payment is due prior to the program.** No cash, please.

- ☐ A check (payable to **Bureau of Education & Research**) is attached
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(Be sure to include priority ID code on the P.O.)
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 **SCAN QR code or visit:**
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 **FAX this form to: 1-425-453-1134**

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Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$295 per person, \$275 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

WA residents: visit www.dor.wa.gov/TaxRateLookup to find your required WA sales tax rate.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**



DCP6W1

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DCP6W1



Bureau of Education & Research

Dealing With Challenging Behaviors Using Developmentally Appropriate Strategies (PreK-2)

Live Online Seminar or
Recorded Version



A Unique One-Day Live Online Seminar
(Or Order the Recorded Version to access online at your convenience)

Presented by

Adam Peterson

Outstanding Educator and National Presenter

Immediate interventions and practical supports for decreasing
challenging behaviors in grades PreK-2

Child-centered, developmentally appropriate practices for all
students including special need populations

Self-care practices to counteract compassion fatigue so you
can remain at your best and continue to help students with
challenging behaviors

Ways to support the needs of students with challenging behaviors
while effectively reaching and teaching the whole class