Efficient and Effective Therapy Techniques for Articulation Errors: A Systematic Approach to Frontal Lisp, Lateral Lisp and Distorted “R” and “S” Remediation

Presented by STEPHEN SACKS, CCC-SLP
Outstanding Speech-Language Pathologist, Author and Presenter

Specifically Designed for Speech-Language Pathologists Serving Students in Grades PreK-12

- Time-saving therapy strategies for remediation of articulation errors using a systematic approach
- Highly effective therapy techniques that have proven successful in school settings for remediating frontal lisp, lateral lisp and distorted “R” and “S”
- How to use a simple therapy tool to get the correct “R” sound in your initial session
- Highly motivational carryover activities that help students make faster progress
- Receive a detailed step-by-step articulation resource handbook to support your therapy work with students

2014 SCHEDULE

Illinois
Champaign – January 10
Chicago – January 9
(Carol Stream)
IL CPDUs Available (5 Hours)

New Jersey
Cherry Hill – January 7
(Voorhees)
NJ Professional Development Hours Available with Prior District Approval
PA CPE Hours Verification Available with Prior District Approval

New York
White Plains – January 8
(New Rochelle)
NY CPE Hours Verification Available with Prior District Approval
CT Five (5) Contact Hours Available with District Approval
NJ Professional Development Hours Available with Prior District Approval

“Stephen is very informative and easy to understand. His practical techniques and therapy instruction are very hands on and applicable to my work environment!”

– KARIN LARSON, SLP
Practical Strategies

Specifically designed for Speech-Language Pathologists and their assistants, this outstanding seminar presents unique articulation strategies based on the best methods from past and present research as well as techniques Stephen Sacks has developed and used for over 30 years. The “S” and “R” sounds make up the bulk of SLP’s articulation caseload and the good news is that in most cases they can be remediated quickly and efficiently. Throughout the day, Stephen will share step-by-step, specific techniques for remediation of these sounds along with others. Included in the seminar are actual videos of his students in each step of the remediation process. Due to the diversity in our students, he will address the use of specific contexts for different students. In addition, you will receive a wealth of practical, timesaving ideas that can help make your therapy sessions more productive, help your students progress more rapidly and decrease your caseload more quickly.

You will leave with lots of new tools to add to your toolbox and a new positive attitude for remediating articulation errors including “R” and “S.”

Benefits of Attending

1. Remediate Articulation Deficits Faster
   Learn a systematic method which has been shown to remediate “S” and “Z” error sounds in 3 hours time instead of the typical 18-20 hours

2. Spend Less Time Per Therapy Session
   Successful individual therapy sessions are done in 10 minutes once a week

3. Make Customized Material for Your Students in Less Than 1 Minute
   Learn how to make systematic lists and eliminate any sounds that are not in your students’ repertoire or interfere with the target sound

4. Use Facilitating Contexts to RemEDIATE Difficult “R” and “S” Sounds
   Learn which sounds, when paired with “R” and “S,” lead to quick success

5. Learn the 6 Elements in the SATPAC Approach
   These are things they didn’t teach you in school but have come with 32 years of clinical practice

6. Learn the Direct Connection Between the Remediation Process and Transfer to Conversation
   Practice in a way that leads to quicker transfer

7. Classify Error Sounds in an Easier Way that Makes Sense
   Prevocalic and postvocalic error sounds make sense … As you will learn, there are no medial sounds

8. Remediate Phonological Processes Faster
   Learn how to work on different processes at the same time in CVCCVC word combinations

9. Systematically Improve Childhood Apraxia of Speech (CAS)
   Systematic CVCV lists take the child from where he is into developing hundreds of new words in a short time

10. Use a Multimodality Approach for Remediation
    Involve the auditory, visual and tactile-kinesthetic senses that are often the missing pieces in the remediation process

11. Understand Stabilization and Differentiation
    Learn why our “R” and “S” students are using their articulators incorrectly and what they need to do to use them properly

12. Develop Self-Confidence in Remediating the “R” and “S” Sounds
    Most can be remediated quickly and efficiently using a systematic approach
Outstanding Strategies You Can Use Immediately

- How to get tongue stabilization for “R” using an infant tongue depressor
- Teach proper tongue placement to eliminate lateral lisps
- Use deep practice to develop consistent motor skills for all sounds
- Learn techniques to move the tongue back for the back “R”
- Use tongue pops to get correct “S” placement
- Teach the French “T” to get a correct “S” sound
- Use a tally counter for generalization both in therapy and at home
- Practice contrastive stress sentences to simulate normal conversation and take the stress away from the target sound
- Use a metacognitive approach so our students take more responsibility for their speech
- Practice nonwords to develop consistent motor patterns
- Involve parents, teachers, family members, and classmates in the remediation process
- Use a mirror and a flashlight to make the “R” visible
- Learn how to find facilitating contexts for error sounds
- Use a systematic approach to carryover

“Stephen is very knowledgeable about what he does and provides interesting, practical information. I can go back to my school and use these techniques immediately.”

– TOMMY FLYNN, SLP

To Register,
Call Toll-Free
1-800-735-3503
Dear Colleague:

After 30 years of experience as a school SLP, I often reflect back to my first day on the job. I had perhaps 6 students with “R” problems and I realized I didn’t have the skills to help them. That day shaped my future as I resolved to become an expert on remediating articulation disorders.

What followed was an evolution trying to figure out how to consistently be effective. One student would do fine using my techniques and the next would have difficulty. It took between 15-20 years to develop the skills that I have and that I’ve been sharing with other SLPs for the past 9 years.

The SLPs who attend my seminars describe their education experience as being very similar to mine. They learned a lot of theory, but lacked the hands-on skills to remediate articulation/phonology disorders, particularly with the “R” and “S” sounds which make up the bulk of our articulation students.

As I wind down my career, my goal is to pass on, to my fellow SLPs, successful remediation techniques so that you don’t have to do what I did; spend the first 15-20 years of your career trying to figure it out on your own.

I’m excited and passionate about my successes and want to share my knowledge with you. Some of the things I’ve noticed are:

1) remediating “R” is easier than most SLPs think;
2) beginning with a proper foundation for “S” and spending the time needed to accomplish this, leads to quick remediation of “S” problems and
3) using a metacognitive approach so that our students understand and can explain what they are doing (either incorrect or correct) speeds up the remediation process and gives our students a sense of control of their own destiny.

After doing a seminar I love getting feedback like “I’ve been working for months on the “R” sound with no success and we got an “R” the first time we tried today” and “I’m now confident I can get an “R” sound from my students in the first session.”

I look forward to our time together in what I hope will be a career-changing day.

Sincerely,

Stephen Sacks

P.S. I will focus on specific, highly successful therapy techniques that can be implemented immediately.
What Your Colleagues Say About Stephen Sacks

“Stephen has an amazing passion for the field of Speech-Language Pathology especially articulation, phonological disorders.” – Michaela Greene, SLP

“I am eager to apply these strategies during my therapy sessions and follow the results.” – Meredith Vaughn, CCC-SLP

“Stephen offers therapeutic techniques and remediation strategies to implement in a school-based setting. This seminar is well worth the money.” – Kim Chase, SLP

“Very insightful and user-friendly information that can be easily incorporated into my therapy practice immediately.” – Stephanie Sauyer, SLP

“I enjoyed the presentation today, Stephen, is very entertaining while presenting useful techniques. The case studies and videos are great.” – Renee Strickland, SLP

“It’s wonderful to have the experience and real-world insight into school-based therapy by an SLP who has been in schools for over 30 years. Stephen gives us techniques we can use right away even for our most difficult articulations cases!” – Phyllis Eberhart, SLP

“Interesting, useful and hands-on! I can use the techniques and information that Stephen presents immediately. I have definitely increased my “toolbox” with many ideas for “S” and “R” therapy!” – Kelly Rollet, SLP

“Informative and functional, I can’t wait to start using these techniques!” – Kristine Grimm, SLP

“Good, practical, interesting information – I am happy I participated.” – Hope Kirby, SLP

“Great information about ‘stabilization’. Thank you for the needed reminder!” – Jean Wegelin, SLP

“This seminar is very helpful with specific strategies used to remediate specific sound errors. The techniques explained are unique and I’m leaving this seminar with strategies I can use the very next day in my practice. Thank you.” – Teale Darnell, SLP

“Thank you! Amazing work – all heart.” – Meredith Ray, SLP

Uniquely Qualified Instructor

Stephen Sacks has spent his entire 32 year career in schools working with preschoolers through high school students in Central California. The last three years he has been designated as the articulation consultant in the districts where he has worked. He has given approximately 75 presentations privately, at various state conventions and for ASHA. Stephen was the recipient of the 2011 Roland Van Hattum Award by the American Speech Language Hearing Foundation for his commitment and contribution of excellence in the school setting. He is the developer of the SATPAC program, which has been used in the USA and in other English speaking countries throughout the world. He developed the SATPAC approach in response to remediation of articulation/phonology disorders. In addition, Stephen is the author of Efficient and Effective Therapy Techniques for Articulation Errors: A Systematic Approach to Frontal Lisp, Lateral Lisp and Distorted “R” and “S” Remediation, the resource handbook each participant will receive at the seminar.
Special Benefits of Attending

Extensive Resource Handbook
Each participant will receive an extensive resource handbook specifically designed for this seminar. The handbook includes:

- Specific hierarchical steps in remediating “R” and “S”
- The 6 key elements in the SATPAC approach leading to efficient and effective remediation
- A list of inexpensive, high impact therapy tools
- A description of stabilization and differentiation – both critical for remediation
- An overview of the complexity approach
- A multitude of ideas on how to achieve carryover

Meet and Share
This seminar provides a wonderful opportunity for participants to meet and share ideas with others interested in enhancing their tool kit for “R” and “S” remediation.

Consultation Available
Stephen Sacks will be available at the seminar for consultation regarding the questions and the unique needs of your practice.

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RESOURCE HANDBOOK
by Stephen Sacks

Online Learning
BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. Now offering On Demand Video-Based courses as well as Scheduled Instructor-Led courses. You also may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/onlinelearning.

On-Site Training
Most BER seminars can be brought to your school or district. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Can’t Attend?
A related BER seminar, Current, Best Strategies to Help SPEECH-LANGUAGE PATHOLOGISTS Better Meet Student Needs (Grades K-12), presented by another Speech-Language Pathologist, Linda Eve Seth, is available on CDs with a comprehensive resource handbook at a cost of $99.00 plus $9.00 shipping and handling. To order, call toll-free 1-800-735-3503 (Stock #A-XPS-1791) or use the order form on the back page.

PLEASE NOTE: ASHA CEUs are not available for audio seminar programs.
Who Should Attend
Speech-Language Pathologists serving students in Grades PreK-12.

Program Hours
All seminars are scheduled 8:30 a.m. - 3:15 p.m.
Check-in 8:00 a.m. - 8:30 a.m.

Fee
The registration fee is $229 per person, $209 per person for groups of five or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. Payment is due prior to the program. No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

Cancellations/Substitutions
100% of your paid registration fee will be refunded if you can’t attend and notify us at least 10 days before the seminar. Late cancellations can exchange for a certificate to attend another seminar or will be refunded less a $15 service fee. Substitutions may be made anytime without charge.

Further Questions
Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org. The Bureau is North America’s leading presenter of seminar training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

Meeting Sites and Hotel Accommodations
Seminars will be held at the following sites:
- Champaign: Hilton Garden Inn, (217) 352-9970
- Cherry Hill: Mansion on Main Street – Voorhees, (856) 751-1717; hotel accommodations available at Hampton Inn – Voorhees, (856) 346-4500
- Chicago: Holiday Inn Hotel & Suites – Carol Stream, (630) 665-3000
- White Plains: Radisson – New Rochelle, (914) 576-3700
If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Possible Funding Sources
Race to the Top grants; Elementary and Secondary Education Act funds, including Title I School Improvement Grants; Title VI; Title VII; Restructuring grants; At-Risk grants, Bilingual/ESL and Migrant Education funds; IDEA; Demonstration School Funds; Parent Teacher Organizations; and Inservice Training funds.

Program Guarantee
We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we’ll give you a 100% refund of your registration fee.
### Efficient and Effective Therapy Techniques for Articulation Errors: A Systematic Approach to Frontal Lisp, Lateral Lisp and Distorted “R” and “S” Remediation

#### Registration (XSA4W1)

- **1. Champaign, IL** – January 10, 2014
- **2. Cherry Hill (Voorhees), NJ** – January 7, 2014
- **3. Chicago (Carol Stream), IL** – January 9, 2014

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**IMPORTANT: PRIORITY ID CODE** EXSA4W1

### Method of Payment

The registration fee is $229 per person, for groups of five or more registering at the same time, the fee is $209 per person. **Payment is due prior to the program. No cash please.**

- [ ] A check (payable to Bureau of Education & Research) is attached
- [ ] A purchase order is attached, P.O. # __________
  (Be sure to include priority ID code on the P.O.)
- [ ] Charge my: [ ] MasterCard  [ ] VISA  [ ] Discover

Account # __________ Exp. Date: __________ MO/YR

Please print name as it appears on card Signature (required for credit card purchases)

**CONFIRMATION #** (If you are confirming a previous registration) __________

### Can’t Attend?

- [ ] I’d like to order the CD version of the related seminar, Current, Best Strategies to Help SPEECH-LANGUAGE PATHOLOGISTS Better Meet Student Needs (Grades K-12), by Linda Eve Seth, $99.00 plus $9.00 shipping (Stock #A-XPS-1791).