Improve Behavior and Increase Learning:
Develop Self-Regulation Skills, Increase Attention
and Build Tolerance in Young Children
(Preschool – Second Grade)

Seminar Presented by LISA ROGERS
Outstanding Presenter and Behavior Intervention Specialist

Designed Specifically for Early Childhood Educators: Preschool Teachers, Prekindergarten Teachers, K-2 Classroom Teachers, Counselors, Special Education Staff, Instructional Aides, Child Care Providers, Specialists who work with young children, Title I Staff, and Administrators

- Dozens of proven techniques to develop SELF-REGULATION SKILLS in young children to help them be successful in school, both socially and academically
- How to increase your students’ ability to focus their attention, stay on task, ignore distractions, inhibit impulsivity, follow directions, take turns, and cooperate with others
- Positive intervention strategies to address problem behaviors and make them teachable moments to develop self-regulation and problem-solving skills
- Key components of a proactive classroom environment to maximize learning time – ideas for stations, transitions, visual and auditory cues, and much more!
- Demonstrations, activities, examples, checklists, and much more, including a comprehensive resource handbook you can take back and begin using immediately with your students

2017 SCHEDULE

Alabama
Birmingham – December 12
AL Verification of Attendance Available
MS CEUs Available

Georgia
Atlanta – December 11

Louisiana
New Orleans – December 14 (Metairie)
MS CEUs Available

Maine
Portland – November 7
5 Contact Hours Available with Prior Approval from your Local Certification Support System

Massachusetts
Boston – November 6 (Woburn)
Contact Hours Verification Available
CT Five (5) Contact Hours Available with Prior District Approval
RI Five (5) Contact Hours Available

New Hampshire
Manchester – November 8 (Bedford)
NH Clock Hours Verification Available
For MA, Contact Hours Verification Available

Rhode Island
Providence – November 9 (Warwick)
RI Five (5) Contact Hours Available
CT Five (5) Contact Hours Available with Prior District Approval
For MA, Contact Hours Verification Available

Tennessee
Nashville – December 13
TN Credit Available with Prior District Approval
Ten Key Benefits of Attending

1. **Practical Strategies to Develop Self-Regulation Skills in Young Children**
   Reduce behavior problems and increase learning with practical and doable strategies to develop children’s self-regulation skills … Ideas you can use and adapt to meet the needs of your preschool–second grade students.

2. **Tools to Improve Behavior, Social Skills and Teach Emotional Regulation**
   Young children need to be taught how to regulate their emotions and thinking to enable them to learn and get along with others … Learn how you can teach these vital skills to young students through everyday experiences and help them become more independent with strategies they can learn to apply.

3. **Build the Necessary Skills Critical to Regulate Thinking and Behavior**
   Ideas for focusing attention, staying on task, ignoring distractions, inhibit impulsivity, planning actions and carrying them out, following directions, taking turns, and communicating verbally … Ideas you can try immediately and adapt to meet the needs of your students.

4. **Increase Young Students’ Ability to Focus Their Attention Using Current Brain Research**
   Use strategies to help students increase their attention, focus and engage in thinking and learning in both emotional and academic situations … Discover the practical application of the latest brain research and how it will greatly benefit your students.

5. **How Self-Regulation Skills Impact Young Students’ Behavior and What You Can Do About It**
   Regulating one’s thinking, emotions and behavior is critical for success in school and life … Understand why it’s key to help all your young students develop self-regulation skills and how it can make the difference in learning and positive social skills.

6. **Essential Components for a Proactive Classroom Environment**
   Focus on the components that will get you the greatest results … What’s most important for young children to develop and maintain self-regulation skills when facing anxiety and stressful situations.

7. **How Traditional Management Systems May Exacerbate Problem Behaviors**
   Find new ways to address problem behaviors … How to use goal-setting and self-evaluation systems that are easy, really work and enable students to become more independent in your classroom.

8. **Ideas to Make Transition Times Fast and Easy**
   Use visual and auditory cues to help students make problem-free transitions … Strategies you can use immediately and see results.

9. **Working Successfully with Students with Special Needs**
   How to apply all the strategies to your most difficult behaviors … How to implement a comprehensive plan for prevention that works for typically developing students as well as those with special needs.

10. **Ideas, Ideas and More Ideas Specifically for Preschool – Second Grade Students with Challenging Behaviors**
    Multiple developmentally appropriate activities, strategies and ideas perfect for your students … Receive an extensive resource handbook to help you increase your students’ success.
Outstanding Strategies You Can Use Immediately

- **Practical strategies to address self-regulation** deficits that prevent students from finding success in school

- Increase positive behavior and learning using **strategies that teach young children self-regulation skills**

- Specific strategies to **teach students to regulate their thinking, emotions and behavior**

- Scaffold for success using questions to facilitate students’ thinking skills and provide opportunities to learn and practice self-regulation skills

- **Practical behavior interventions** and supports for inclusive classrooms

- **Strategies to teach students appropriate behavior** through instruction, practice, feedback, and encouragement

- Increase young children’s ability to **focus and maintain attention**

- **Low-prep strategies** you can use immediately in the classroom or resource room

- Ways to **prevent conflict** due to a lack of self-regulating

- **Innovative ideas** for making adjustments in your physical environment

- **Help students internalize self-regulation skills** through scaffolding and modeling

- Build a classroom environment that **encourages the development of problem-solving strategies**

- Apply specific strategies that will **teach your children to make better choices**

- **Help your most difficult students** achieve daily successes

- Strategies that **address students with special needs**

- How to **build tolerance** in your young students

- Recognize and **strategize to teach young students who struggle to think and act** in an organized way

"This seminar is exceptional! Lisa is a fantastic presenter. I learned new techniques to incorporate into my classroom that will address the entire class, including difficult students! Thank you!"

– ERIKA CHAPMAN, KINDERGARTEN TEACHER

To Register,
Call Toll-Free
1-800-735-3503
A Message From Your Seminar Leader, Lisa Rogers

Dear Colleague:

When children don’t know how to read, write or do math, we teach them. When children don’t know how to behave in school, we often give consequences. Shouldn’t we teach them how to behave appropriately using the same methods we do when we teach skills and concepts? Model, use guided instruction, guided practice, feedback, and encouragement at their zone of proximal development? Of course we should, but too often we forget that young children do not walk through our school doors knowing how to behave and learn. Many children have not yet learned all these skills and they don’t acquire them naturally.

Even the well-prepared child needs our help in learning and applying self-regulation skills in a school setting. I am excited to share with you practical and easy ways you can teach these skills to all your students and get the results you want – students learning and working together, problem-solving in productive ways, and thinking before they act! In this strategy-packed day, you will learn dozens of ideas for creating and maintaining a classroom environment that teaches skills to help students be successful in school – socially and academically. We will cover how to reduce impulsive, negative behaviors, ignore distractions, and to plan and think before acting, with empathy and tolerance for others. In addition, I will share no-nonsense strategies for teaching students to follow directions, take turns, focus, and maintain attention in developmentally appropriate ways.

Dozens of practical strategies and tips will be presented to help you build your own successful program in support of young children with diverse needs. My goal is that you leave with new strategies, various resources and a renewed passion for teaching.

I look forward to meeting you and sharing specific strategies that you can implement immediately to reduce problematic behavior in your preschool–second grade classrooms.

Sincerely,

Lisa Rogers

P.S. You will leave with dozens of practical ideas and an extensive resource handbook to help you implement the strategies in your classroom.
Uniquely Qualified Instructor

Lisa Rogers is an acclaimed presenter and veteran educator who specializes in working with preschool–second grade students. She has over 20 years of experience in working with young children who exhibit difficult behaviors that prevent them from learning and socializing appropriately with others. Lisa’s extensive experience provides a practical perspective for teaching students who have self-regulation deficits including impulsivity, lack of focus and inability to think and plan actions. Lisa is a frequent presenter at local and state conferences and has developed inclusive education training modules with accompanying video. She is the author of Improve Behavior and Increase Learning: Develop Self-Regulation Skills, Increase Attention and Build Tolerance in Young Children (Preschool – Second Grade), the extensive resource handbook you will receive at the seminar that is filled with research-based ideas and strategies you will be able to immediately apply or adopt in your own classroom.

What Your Colleagues Say About Lisa Rogers

“Lisa is exceptionally knowledgeable and very engaging. She paced the material comfortably and offered ample opportunity to address individual questions. Every strategy is useful!”

– Randi Scheiner Valencia, Senior Occupational Therapist

“This is a great seminar! I can’t wait to try the ideas and strategies with my students.”

– Jha-Ion Motley, 1st Grade ISA Teacher

“I loved this seminar! The videos and examples were so helpful! Lisa Rogers is very knowledgeable and the strategies can be implemented immediately. Thank you!”

– Amie Ross, Counselor

“Lisa Rogers provided helpful strategies to use in the classroom. She is also energetic and engaging, which made the day fly by. Thank you!”

– Conley Burns, K-1 Special Education

“Useful information! I gained many transition ideas, as well as strategies to help focus and keep the attention of my students.”

– Mary Martin, Director/Kindergarten Teacher

“Very practical tips and ideas! Lisa is knowledgeable, fun and engaging!”

– Linda DeBlock, Teacher

“I enjoyed Lisa’s seminar and learned many new ideas and strategies that I look forward to applying in my classroom.”

– Lorraine DiPasquale, Kindergarten Teacher

“Lisa shared many practical strategies that I can immediately implement in my classroom. Thank you!”

– Christine Pricipato, Teacher

“I loved the examples, videos, sharing of materials, and how engaging Lisa was throughout the day. I will recommend this seminar to my colleagues!”

– Kim Smith, Special Education

“Thank you for the practical and useful ideas to take back to my school and share with my colleagues!”

– Jennifer Malefsky, Kindergarten Teacher
Special Benefits of Attending

Extensive Resource Handbook
Each participant will receive an extensive resource handbook specifically designed for this seminar. The handbook includes:

- Visual strategies to prevent off task and other behavioral challenges
- Goal setting and self evaluation forms
- Choice boards and “I Can...” charts to increase focus, attention and motivation
- What to say and do when children struggle to stay engaged
- Strategies to de-escalate anger and frustration
- Fun ways to transition and celebrate success

Meet and Share
This seminar provides a wonderful opportunity for participants to meet and share ideas with other educators interested in improving behavior and increasing learning in their preschool–second grade programs.

Consultation Available
Lisa Rogers will be available at the seminar for consultation regarding your questions and the unique needs of your own program.

Earn One to Four Graduate Semester Credits
Up to four graduate level professional development credit is available with an additional fee and completion of follow-up practicum activities. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at this program.

Meet Inservice Requirements
At the end of the program, each attendee will receive a certificate of participation that may be used to verify hours of participation in meeting continuing education requirements.

Can’t Attend?
Other Professional Development Options:

- Related Online Course
A related On Demand Video-Based Online Learning course, Discipline Strategies for Dealing with Challenging, Difficult Students, for Grades K-2, is available for immediate registration. To enroll, visit www.ber.org/onlinelearning

- Related Staff Development Audio Training
A related BER seminar, Practical Discipline Strategies for the Difficult Young Child, Grades PK-2, presented by another discipline expert, Gene Bedley, is available on CDs with a comprehensive resource handbook at a cost of $99.00 plus $9.00 shipping and handling. To order, call toll-free 1-800-735-3503 (Stock # A-DPB-1975) or use the order form on the back page.

Please visit www.berproducts.org/audio-seminars.html for more information.

"Excellent seminar! Useful strategies I can easily implement in my classroom. Thank you!"
– DEBBIE JORDAN, KINDERGARTEN TEACHER

Online Learning
BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. BER is now offering On Demand Video-Based courses as well as Scheduled Instructor-Led courses. You also may earn optional graduate-level credits for most courses. See the catalog of available courses at www.ber.org/onlinelearning

On-Site Training
Most BER seminars can be brought to your school or district. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.
PRE-REGISTRATION REQUIRED DUE TO LIMITED ENROLLMENT.

FOUR EASY WAYS TO REGISTER:

PHONE toll-free: 1-800-735-3503
(Weekdays 6 a.m. - 6 p.m. Pacific Time)

REGISTER ONLINE at: www.ber.org

MAIL this form to:
Bureau of Education & Research
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

FAX this form to: 1-425-453-1134

Who Should Attend
Early Childhood Educators: Preschool Teachers, Prekindergarten Teachers, K-2 Classroom Teachers, Counselors, Special Education Staff, Instructional Aides, Child Care Providers, Specialists who work with young children, Title I Staff, and Administrators.

Program Hours
All seminars are scheduled 8:30 a.m. - 3:15 p.m.
Check-in 8:00 a.m. - 8:30 a.m.

Fee
The registration fee is $239 per person, $219 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. Payment is due prior to the program. No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

Cancellations/Substitutions
100% of your paid registration fee will be refunded if you can’t attend and notify us at least 10 days before the seminar. Late cancellations can exchange for a certificate to attend another seminar or will be refunded less a $15 service fee. Substitutions may be made anytime without charge.

Further Questions
Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org. The Bureau is North America’s leading presenter of seminar training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

Meeting Sites and Hotel Accommodations
Seminars will be held at the following sites:
- Atlanta: DoubleTree Buckhead, (404) 231-1234
- Birmingham: DoubleTree, (205) 933-9000
- Boston: Hilton – Woburn, (781) 932-0999
- Manchester: SERESC Conference Center – Bedford, (603) 206-6800; hotel accommodations available at Hampton Inn – Bedford, (603) 623-2040
- Nashville: Hilton Garden Inn – Vanderbilt, (615) 369-5900
- New Orleans: Best Western Plus Landmark – Metairie, (504) 888-9500
- Portland: Fireside Inn & Suites, (207) 774-5601
- Providence: Crowne Plaza – Warwick, (401) 732-6000

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Possible Funding Sources
Elementary and Secondary Education Act funds, including Title I School Improvement grants; Title VI; Title VII; Restructuring grants; At-Risk grants, Bilingual/ESL and Migrant Education funds; IDEA; Demonstration School funds; Parent Teacher Organizations; and Inservice Training funds.

Program Guarantee
We stand behind the high quality of our programs by providing the following unconditional guarantee:
If you are not satisfied with this program, we’ll give you a 100% refund of your registration fee.
Registration (DSR8F1)

- 1. Atlanta, GA – December 11, 2017
- 2. Birmingham, AL – December 12, 2017
- 3. Boston (Woburn), MA – November 6, 2017
- 4. Manchester (Bedford), NH – November 8, 2017
- 6. New Orleans (Metairie), LA – December 14, 2017
- 7. Portland, ME – November 7, 2017
- 8. Providence (Warwick), RI – November 9, 2017

PLEASE DO NOT DETACH MAILING LABEL (Just make corrections as needed)

Improve Behavior and Increase Learning in Your Preschool–Second Grade Program!

List additional registrants on a copy of this form

First Name M.I. Last Name

Position, Subject Taught Grade Level

Seminar Location Number: _________ (Please see list above)

E-mail Address

Home Mailing Address

City & State Zip Code

School Phone Number Home Phone Number

( ) ( )

Registration confirmations are sent via e-mail. If you would like a confirmation, please provide your e-mail address.

E-mail Address

Home Mailing Address

City & State Zip Code

Important: Priority ID Code EDSR8F1

Four Easy Ways to Register:

- Phone toll-free: 1-800-735-3503 (M-F 6 a.m. - 6 p.m. PST)
- Fax this form to: 1-425-453-1134
- Mail this form to: Bureau of Education & Research 915 118th Avenue SE • PO Box 96068 Bellevue, WA 98009-9668
- Register online at: www.ber.org

Method of Payment

The registration fee is $239 per person, for groups of three or more registering at the same time, the fee is $219 per person. Payment is due prior to the program. No cash please.

□ A check (payable to Bureau of Education & Research) is attached

□ A purchase order is attached, P.O. #__________ (Be sure to include priority ID code on the P.O.)

□ Charge my: □ MasterCard □ VISA □ Discover

Account #: ____________________________ Exp. Date: _______ MO/yr

Billing Zip Code: ______________________ 3 Digit CVV Code: ______________________ (Found on back of card)

Please print name as it appears on card Signature (required for credit card purchases)

Can’t Attend?

□ I’d like to order the CD version of the related seminar, Practical Discipline Strategies for the Difficult Young Child, Grades PK-2, by Gene Bedley, $99.00 plus $9.00 shipping (Stock #A-DPB-1975).

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